

CURRICULAM VITAE



AKASH

SHIV PURI PART 1

DEENPUR NAJAFGARH

NEW DELHI PIN-110043

Contact No: - 9560369072

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OBJECTIVE

am a qualified and professional Yoga Teacher with five years of experience in Yoga Teaching . Strong creative and analytical skills. Team player with an eye for detail.

EDUCATIONAL QUALIFICATION

- 10th passed from CBSE Board
- 12th passed from CBSE Board
- B.A from University of Delhi
- BPED from Kurukshetra University
- MA Yoga from Uttarakhand Sanskrit University
- NCC 'C' Certificate A Grade

HIGHLIGHTS

- | | |
|--------------------------|-----------------------------------|
| • Encouraging Teacher | Fast Learner |
| • Adaptable Professional | Understanding Teacher |
| • Flexible Instructor | Customize Programs to Individuals |

EXPERIENCE

- **Four Year Experience in Govt school as Part Time Yoga Coach**
- **Three Year Experience in Motilal Nehru College University of Delhi as Volunteer Yoga Coach**
- **Seven Year Yoga Coaching Experience in Various Yoga Competitions**
- **One Year Experience Table Tennis & Badminton as Part Time Coach**
- **Two Year Experience NCC Training Like Marching, Guard Of Honor, Section Attack Drill and Attend Various NCC Training Camps like Army Attachment Camp, Combined Annual Training Camp, Prime Minister Rally Camp, Thal Sainik Camp**

Achievements

- **Work as volunteer Sports Athlete in Khelo India Youth Games Panchkula 2022**
- **Basic Knowledge of Computer MS OFFICE ,POWER POINT, EMAIL HANDLING .**

PERSONAL DETAILS

Father's Name : Shri Dayashanker
Date of Birth : 11 June 1997
Marital status : Unmarried
Religion : Hindu
Languages Known : Hindi & English
Nationality : Indian

Declaration:

I hereby declare that the above written particulars are true to the best of my knowledge.

Date -

Place: -

AKASH