

### Pre-Reflection Examples

- 1) I am going for this service project because ..... (why did I go for this programme?)
- 2) My perception and understanding of the beneficiaries that I am going to serve before meeting and serving the beneficiaries (how well you understand about the beneficiaries and VWO?)
- 3) I will need to do/think/consider .... when working with someone with the community (describe what you need to do/think/consider and explain why)
- 4) I feel .... excited/worried/scared/concerned (state your feelings) knowing that I am going to work with someone from the community that I don't know. (examine your feelings and explain why)
- 5) For this project, I can contribute by ... (examine your skills, ability, interest, strength and weaknesses that are needed to contribute and why)

### Post - Reflection Resources

Learning Domain	Academic Learning, Personal Growth and Civic Learning
<b>Specific Learning Outcome</b>	<b>Examples</b> ( <i>may differ for different S-L programme</i> ) <ol style="list-style-type: none"> <li>1) To apply video creation and editing skills to teach a group of seniors in creating their own biography.</li> <li>2) To increase knowledge and understanding of Yong En Care Centre and and it's "Cool 60 programme" senior community.</li> <li>3) To understand the importance of being culturally aware as a global-smart professional</li> <li>4) To display increased knowledge and understanding of the sub-community and their subculture (including way of life and challenges faced), and by extension, to other marginalized communities.</li> <li>5) Appreciate the meaning of 'gratitude', how the community live their lives with resilience, and how it relates to themselves.</li> </ol>
<b>DEAL/ Describe</b> (objectively...)	<ol style="list-style-type: none"> <li>1) When did this experience take place? Where did it take place?</li> <li>2) Who was there? Who wasn't there?</li> <li>3) What did I do? What did others do? What actions did I/we take? What did I/we communicate?</li> <li>4) Who didn't speak or act? Did I/others laugh, cry, make a face, complain, criticize, argue, etc.?</li> </ol>

	<ol style="list-style-type: none"> <li>5) Describe the/a person that you interacted with, in terms of personal attributes (e.g. personality, attitude, outlook of life, interaction style)</li> <li>6) Describe a particular interaction that was interesting/surprising to you.</li> </ol>
<b>DEAL/ Examine</b> (Six levels are based on Bloom's Taxonomy)	<p><b>Examine the Academic Learning:</b></p> <ol style="list-style-type: none"> <li>1) What are the skills that are needed to execute the service?</li> <li>2) How have you applied the skills in the service?</li> <li>3) Through the service, give examples how you did you use your IT skills to teach the seniors?</li> <li>4) Did the seniors learnt what you have intended to teach? How did you know that the seniors have learnt what you intended to teach?</li> <li>5) Evaluate how you have applied your skills to the service? Rate it from 1 (poor) to 10 (best) to how you applied your skills to the service. Explain why it give the particular score.</li> </ol> <p><b>Examine the Personal Growth (particularly in gratitude):</b></p> <ol style="list-style-type: none"> <li>1) What did you feel during the experience? What did you learn about your own stereotypes and presumptions about seniors?</li> <li>2) What is 1 value that you have learnt from the seniors through the service? How did you learn the value? Give evidences to support your learning.</li> <li>3) Did you learn about gratitude? What is gratitude and how have you learnt about it during the service?</li> <li>4) How can someone show more gratitude / be more grateful?</li> <li>5) Give examples how you have learnt about gratitude during the service.</li> <li>6) How can you link what you have learnt about gratitude to your own life (family, friends, colleagues and bosses)? Who is the most grateful person that you know and why do you think so?</li> <li>7) What are you particularly grateful in your life at the moment? Why?</li> <li>8) Is Ngee Ann Poly doing a good job teaching the value of gratitude to our students? Why and why not?</li> <li>9) How can our school teach the value of gratitude? Using the service experience you had, suggest ways that gratitude can be taught to your students.</li> </ol> <p><b>Examine the Civic Learning:</b></p> <ol style="list-style-type: none"> <li>1) What have you have learnt about the seniors' sharing of their life</li> </ol>

	<p>stories?</p> <ol style="list-style-type: none"> <li>2) Express your learning, in terms that other persons who are different from you can understand.</li> <li>3) Why does Yong En Care Centre exist? Should it? Why or why not?</li> <li>4) What more would you like to know about Yong En Care Centre and its community that was not part of the discussion? Do you think this is the kind of organization that you could support? Why or why not?</li> <li>5) What wasn't discuss about Yong En Care Centre? How do you think that Yong En Care Centre compares to other social services reaching out to Seniors?</li> <li>6) Based on your knowledge of Yong En Care Centre and charities in Singapore, what recommendations can you make about how charities function in Singapore.</li> <li>7) Should organizations like Yong En Care Centre be replaced by government agencies focused on the same issues? Why or why not? What kinds of evidence might be collected to determine the effectiveness of Yong En's programs?</li> <li>8) Should the government be fully responsible of the issues that arise from aging? Why and why not? Then whose responsibility should it be?</li> </ol>
<b>DEAL/ Articulate Learning</b>	<p>As a result of completing this reflection . . .</p> <ul style="list-style-type: none"> <li>● I learned that . . .</li> <li>● I learned this when . . .</li> <li>● This learning matters because . . .</li> <li>● In light of this learning, in the future I will . . .</li> </ul>