

Introduction & Disclaimer

In light of a recent executive order signed by US president Donald Trump, the Executive Office of the President of the United States has published the article “Keeping Education Accessible and Ending Covid-19 Vaccine Mandates in Schools” on February 13th, 2025 to directly relay the contents of this document. To justify this order, Trump et al. cite alarming trends, including rising obesity, diabetes, mental illness, and autoimmune conditions, which they claim contribute to high healthcare costs and national security risks. While US government website contents are currently subject to arbitrary change and rampant security vulnerabilities, this document is available at The White House [website](#). The following summary only applies to the contents viewed as of February 17th, 2025.

Summary

This executive order establishes the **Make America Healthy Again Commission** with a special focus on chronic disease and childhood health issues. The commission functions as an advisory body with its powers limited to research, recommendations, and reporting. Its initial mission is to deliver an initial health assessment to the president within 100 days and a detailed plan of action to address these areas within 180 days.

Within 100 days, the commission must provide a report detailing the state of childhood chronic disease in the U.S. and its contributing factors. The report must assess the impact of medications, food additives, chemicals, and environmental exposures on children's health. This initial assessment will act as a Drug Utilization Review (DUR) for the youth of the entire country by unknown members of a Political Action Committee (PAC).

Within 180 days, the Commission must propose a national strategy to restructure federal health efforts and implement effective solutions. After submitting its strategy, the Commission will recommend any future work needed before reconvening which may result in it receiving updates to its directives and reports. From here, this commission is effectively dead in the water.

Conclusions

The executive order appears to have an unspoken goal of increasing military enlistment eligibility by reducing disqualifying psychiatric diagnoses and limiting long-term medication use. While framed as a public health initiative, its focus on chronic disease and mental health suggests a link to military readiness concerns, as 77% of young adults are ineligible for service, often due to health conditions.

By scrutinizing psychiatric medications like SSRIs, antipsychotics, and stimulants, the order implies a belief that these drugs are overprescribed. Stricter diagnostic criteria could lead to fewer official mental health diagnoses, making more individuals eligible for enlistment but potentially restricting necessary treatment which is supported by the ongoing attempts to cut public healthcare spending.

This approach risks worsening military suicide rates, which is the leading cause of death for US service members. The military already struggles with mental health stigma, and

discouraging early intervention could further endanger service members. If the priority is boosting enlistment rather than ensuring proper care, it may ultimately harm long-term health outcomes and national security.

Works Cited

Unknown Author. "Keeping Education Accessible and Ending Covid-19 Vaccine Mandates in Schools." Edited by Donald J Trump et al., The White House, Executive Office of the President of the United States, 13 Feb. 2025,
www.whitehouse.gov/presidential-actions/2025/02/establishing-the-presidents-make-america-healthy-again-commission/.