# PRACTICAL RESEARCH 12 & INQUIRIES, INVESTIGATION, AND IMMERSION

### THE IMPACT OF HOME-BASED CLASSES TO THE HEALTH OF SENIOR HIGH SCHOOL FACULTY MEMBERS IN ONE PRIVATE SCHOOL IN MARIKINA CITY

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### **ABSTRACT**

This study entitled "The Impact of Home Based Classes to the Health of Senior High School Faculty Members in One Private School in Marikina City" is a descriptive correlational study which aimed to know what is the impact of home based classes to the health of Senior High School Faculty members (morning shift) in terms of physical, mental, social health. This study will identify if there is a relationship between teachers' performance in their home based classes and their current health status.

The researchers gathered the data using a checklist questionnaire method through Google Forms covering the health level in terms of physical health, mental health, social health, and also, the teacher workload. The respondents were selected through Accidental sampling, from the whole population of Senior High School Faculty members (morning shift) only eighteen (18) teachers were able to submit their answers on or before December 30, 2020.

Based on the calculated results, the tabular r 0.468 is higher than the computed r 0.403. This, therefore, dictates that there is no significant relationship between teachers' performance in their home based classes and their current health status. It means that the health level will not affect the workload of the teacher.

### MODERN TRANSITION: EBOOK IMPLEMENTATION READINESS OF A NON-SECTARIAN SCHOOL IN MARIKINA CITY

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### **ABSTRACT**

This study entitled "Modern Transition: E – Book Implementation Readiness of a Non – Sectarian School in Marikina City" is a study to see if E – Books are suitable alternatives for traditional paper books. This study utilized as a product of the movement of technology as E – Books is believed to aid readers the same knowledge but with the proficiency of portability to decrease the paper weight that you will always feel when you bring an actual book. The study was developed as a response to the requirement of the subject Practical Research 2.

Data were collected by survey questionnaires, consisting of tables with the range of 1 to 5 with 5 being highest and 1 being lowest. The respondents were selected through purposive sampling, the study included 60 (sixty) officers from the Grade 12 Senior High School Department of Our Lady of Perpetual Succor College.

Based on the results, The Researchers hypothesis is rejected, the researchers have envisioned that Our Lady of Perpetual Succor College would not be prepared for the implementation but the collected data showed that the students are prepared for the implementation of E – Books. But taking note of the issue of student's expenses to online classes, the parents will be able to financially support at a certain extent. As covered by the researcher's survey questionnaire

## THE YOUTH'S CHANGE OF TODAY: A CORRELATIONAL ANALYSIS ON YOUTH ACTIVISM/MOVEMENTS AND ACADEMIC PERFORMANCE OF SENIOR HIGH SCHOOL STUDENTS

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#### **ABSTRACT**

This study is entitled "The Youth's Change of Today: A Correlational analysis on Youth Activism/Movements and Academic Performance of Senior High School Students" aims to identify the relationship between youth activism and academic performance whether activism has a negative impact or positive impact on the youth's performance academically. The researchers made use of an online questionnaire in a platform called Google forms to measure the effectiveness to the respondents.

The Data were collected by the said online questionnaire, consisting of two major parts: how well they could perform in school and how aware they were in the

community. The study included 90 (ninety) senior high school students in Marikina, mainly members of the group 'Sikhay'.

Based on the results after tallying the data, the hypothesis is rejected which means that youth activism has a positive impact on the academic performances of the youth activists and rather become a good source of information to them that would highly make them aware of the community that they live in.

#### PERCEPTIONS OF MARKETING ACROSS SELECTED AGE GROUPS IN THE PHILIPPINES

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#### **ABSTRACT**

The study entitled "Perceptions of Marketing Across Selected Age Groups in The Philippines" of how each generation plays a vital role in today's business. The survey was conducted within the Philippines and according to generation (Gen X, Gen Y, Baby Boomers). This survey is to know the Perspective in Marketing, Marketing Experience and Strategic Planning of each generation. The researchers utilize that baby boomers in terms of marketing is they use technology to gain interest to others, when it comes to Experience, they use old school strategies that have unique effects and by strategic planning is using social media to promote and to advertise their product. Gen Y in terms of perspective is influenced by using social media. Millennial marketing is a conventional marketing strategy that relies only on the demographics of the thousand years being accomplished and strategic planning the use of social media platforms

effective to persuade the customer. Gen X utilize that the perspective in marketing is modern because they using technology and marketing experience is needed by to attract the customer for being creative and cheaper.

Using a marketing identity aligned with the changing generation could result in an instant image impact for a brand. The Baby boomers, Generation Y and Generation Z will be scrutinized on how unique their marketing is in the field of advertising. Marketing identity plays a vital role in today's business as people have a preference towards the entire product or service that a business offers. The business tends to cope with changing times of today to generate sales to meet the needs of today's customers and to stay competitive in the market. The marketing identity of a business can gather our attention, awareness and most importantly the interest of the consumers or buyers in variable ways. The different generations have different strategies and identity in terms of how they market a certain product through word of mouth, advertisements and now, through social media.

### E-COMMERCE: THE NEW TREND OF ONLINE SELLING DURING PANDEMIC (AN ANALYSIS)

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#### **ABSTRACT**

The pandemic changed everything immensely. It transformed everything including economic and global trends. E-commerce is one of the industries that grew progress during the pandemic. E-commerce is defined as anything that involves the buying and selling of products or goods online. This purpose of this study is to assess

the trends in e-commerce as well as to know whether it can help improve the income of the sellers. The researchers used convenience sampling to collect information from their respondents who are ten online sellers. The findings of the study showed the different products or goods sold, the trends followed and the online applications used by the online sellers. The study also showed that e-commerce can help increase profit to online sellers.

### THEORY OF EDUCATIONAL PRODUCTIVITY AS AN APPROACH TO SENIOR HIGH SCHOOL STUDENTS' FECUNDITY DURING COVID-19 PANDEMIC

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#### **ABSTRACT**

This study entitled "Theory of Educational Productivity as an Approach to Senior High School Students' Fecundity During COVID-19 Pandemic" is a correlational study that aims to determine if the class schedule of a student has a direct impact on their education productivity. The researchers' respondents were the Grade 11 students which includes all the sections of both class schedules.

The data that was collected through the use of Google Forms to conduct the survey because of the ongoing pandemic. The respondents were selected through the use of the convenience sampling method which garneren 43 students from the morning schedule and 13 from the afternoon which in total is 56 students all from Our Lady Of Perpetual Succor College.

In comparing the test of relationship, the morning shift yielded a significant result, meaning that class schedule affects educational productivity. The afternoon shift was proven non-significant, but, inversely proportional in comparison to the result of the morning shift. This means that their educational productivity is low and yet they are satisfied with their respective class schedule or the other way around.

### SAVE NOW, STRIVE LATER: A CORRELATIONAL STUDY ON THE MOST EFFECTIVE WAY OF OBTAINING A VIGOROUS LIFESTYLE AT RETIREMENT AGE

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### **ABSTRACT**

The researchers' goal in conducting this study is to seek an understanding on what would be the most effective way of obtaining a vigorous lifestyle at retirement age. This study intends to identify how living frugally and extravagantly affected an individual's way of living in terms of reaching the age of retirement. The researchers utilized a descriptive correlational design with the use of a convenient sampling method in collecting data from the respondents. The spending level of retired individuals during their youth and retirement days is one of the key factors that the researchers intend to address. In relation to this, the researchers perceived if the retired individuals recognized a relationship on how their choice of living and financial freedom affected their lifestyle at their present age. With the research conducted and the gathered data has been interpreted, the findings showed that in terms of obtaining a vigorous lifestyle at the age of retirement, there is a significant correlation

between the youth and retired spending habits. This only means that the spending habits of the youth and retired individuals is a great determinant if they would achieve a vigorous lifestyle at retirement age.

### TRANSFORMATION: A COMPARATIVE ANALYSIS BETWEEN FACE TO FACE AND ONLINE CLASSES

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#### **ABSTRACT**

This study entitled "transFORMATION: A Comparative Analysis between Face-to-Face and Online Classes" is a descriptive comparative study which aimed to compare the level of satisfaction of the students between face-to-face and online classes. The researchers utilized Google Forms as a tool to obtain data from the respondents, rather than the usual pen-and-paper surveys. Those electronic surveys were given to the participants which are the Grade 5 students of Our Lady of Perpetual Succor College. The respondents were selected through Accidental or Convenience sampling. Based on the results of the study, there was a significant decrease with the factors from face-to-face to online education. The null hypothesis was rejected, which means that there was a significant difference between the satisfaction of the students towards face-to-face and online education.

### HAMILTON ANXIETY SCALE AS A TOOL TO UNDERSTAND THE LEVEL OF ANXIETY OF GRADE 12 STUDENTS TOWARDS THE UPCOMING COLLEGE ADMISSION

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### **ABSTRACT**

This research study named "Hamilton Anxiety Scale as a Tool to Understand the Level of Grade 12 Students Towards the Upcoming College Admission" used a descriptive research design in order to describe the status of the anxiety level of the students towards the college admission. The researchers used the Hamilton Anxiety Rating Scale to measure the students' level of anxiety although it was edited in consideration of the level of the respondents and the variable of College Admissions. The anxiety levels were based on the following thirteen (13) determinants: anxious mood, tension, fears, insomnia, intellectual, depressed mood, movements, senses, circulatory system symptoms, respiratory system symptoms, digestive system symptoms, reproductive and urinary system symptoms, and reflex actions.

The study's data were gathered by using Stratified Random Sampling and conducted an online survey questionnaire to one seventy-one (171) Grade 12 students in Our Lady of Perpetual Succor College. With that, the researchers used a score range of 0-65 to show the students' anxiety level. Afterwards, it was interpreted that the students got a Severe level of Anxiety in terms of College Admissions. The researchers recommended that this study should be shared in institutions to guide the students regarding their college admission concerns.

## WOKE CULTURE: TWITTER AS THE KEY FACTOR TO SOCIAL AWARENESS OF GRADE 12 HUMANITIES AND SOCIAL SCIENCE STUDENTS OF A NON-SECTARIAN SCHOOL IN MARIKINA CITY

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### **ABSTRACT**

This study, entitled "Woke Culture: Twitter as the Key Factor of Grade 12 Social Awareness in Humanities and Social Sciences Students of a Non-Sectarian School in Marikina City," is a descriptive correlation study designed to respond to the relationship between the use of Twitter and the growth of social awareness among Grade 12 Humanities and Social Sciences students of Our Lady of Perpetual Succor College. The study was established in response to the requirement of the subject Practical Research 2.

Data were collected by conducting questionnaire checklists, consisting of two parts: the time spent on Twitter and the level of social awareness. Respondents were selected by means of purposive sampling and the study included 72 (seventy-two) Grade 12 students from the High School of Humanities and Social Sciences of Our Lady of Perpetual Succor College.

Based on the results, there is a high amount of time spent by Grade 12 Humanities and Social Science students on social media daily. The results also revealed a moderate level of social awareness among students. With the proper use of social media, particularly Twitter, participants would uncover and establish the significance of this that would yield their better future. In addition, students would embolden themselves with the awareness they gain in social media, as well as assist

themselves to fully comprehend the systematic ways that we've been all oppressed and use that information to uplift oneself.