

MVMask v6.0 Instructions

How to Put the Mask On

1. Wash your hands with soap and water for at least 20 seconds. Dry your hands with a clean paper towel and throw the paper towel away.
2. The exterior of the MVMask has pocket opening at top with the downward fold of the pleat facing out.
3. Insert your filter material and test for breathability. If you have any underlying respiratory conditions, do not use a filter.
4. Place the mask on your face with the exterior side facing out and the pocket opening at the top by your nose. Avoid touching the inside/outside of the mask.
5. Our mask design has a single tie with a neckloop that is pulled to tighten and tie on top of the mask at the back of the head.
6. Place the bottom loop around your neck and tie the upper ties tightly behind your head with a bow.
7. Once the mask is in place, use your index fingers and thumbs to pull out the pleat so that the mask extends from the bridge of your nose to under your chin. You may need to tighten and retie your bow after this adjustment.
8. Make sure the mask is completely secure. Make sure it covers your nose and mouth so that the bottom edge is under your chin.
9. Wash your hands.



While Wearing the Mask During the Day

1. Do NOT pull the mask down like one would a scarf on a ski slope. Adjustments should be made using the ties at the neck or on top of the head.
2. Avoid touching your face even when the mask is in place.
3. Every time you touch the mask for any reason, wash your hands BEFORE and AFTER touching the mask.

Removing the Mask

1. Wash your hands before removing the mask.
2. Do not touch the inside of the mask (the part over nose and mouth). It may be contaminated from your breathing, coughing or sneezing.
3. Remove the neck loop then untie the upper bow and remove the mask by the tie straps.
4. Wash your hands.

Cleaning the Mask

1. At the end of the day, take the mask off from the straps (not touching the front), loosely knot the ties together, place in a pillowcase or laundry bag to keep the ties with the mask if you have it.
2. Wash it in the washing machine with hot water and dry on medium or high heat.

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