

Course Curriculum Integration - Breakout session

Welcome to the 'Course Curriculum Integration' breakout session! For the next 2 hours, we will be discussing some questions sent to you beforehand. We will take a short 10-15 minute break after one hour. We want to hear your feedback on specific questions regarding how your university integrates information about mental health resources in courses available to the students. In addition, you will be expected to engage in discussion with representatives from other universities about their action plans and policies for addressing these issues.

Opener:

- What is one way that your university integrates mental health education and awareness into course curriculum? What is effective about this mechanism of education and awareness?

Talking Points:

- What is important for faculty to integrate in their courses? What key knowledge should be conveyed to students? How can this be implemented?
- What are the goals of course curriculum integration? Is it necessary? Why? What current methods and mechanisms are currently in place in your schools curriculum to meet these goals.
- What courses should be involved in advocating for mental health? How do you reach the most students? How can you maintain mental health awareness implementation throughout the entire semester?
- How can the curriculum be changed to better accommodate mental health needs? What mechanisms are in place to allow for this change?
- What should be the main focus of course curriculum integration? Should course curriculum integration focus on students well being in the current course or rather the information of resources on campus?
- How can faculty gauge the mental well-being of students? In what ways can professors utilize the resources available to them to assist them in this?