

## CUC Spirit Sheet

Your Team:

Opponent:

### 1. Rules Knowledge and Use

Examples: You did not purposefully misinterpret the rules. You kept to time limits. When you didn't know the rules you showed a real willingness to learn

### 2. Fouls and Body Contact

Examples: You avoided fouling, contact, and dangerous plays.

### 3. Fair-Mindedness

Examples: You apologized in situations where it was appropriate, informed teammates about wrong/unnecessary calls. Only called significant breaches

### 4. Positive Attitude and Self-Control

Examples: You were polite. You played with appropriate intensity irrespective of the score. You thanked them for the game.

### 5. Communication

Examples: You communicated respectfully. You listened. You kept to discussion time limits.

Final Score

Terrible	Poor	Normal	Exceptional	Incredible
0*	1	2	3	4*

0*	1	2	3	4*

0*	1	2	3	4*

0*	1	2	3	4*

0*	1	2	3	4*

II

TOTAL

\*Comment Box If you have selected 0\* or 4\* in any category, please explain in few words what happened. Compliments as well as negative feedback will be passed to the teams in the appropriate manner.

Scoresheet adapted  
from WFDF/BULA



Signature

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