

Interpretasi Growth Charts

WHO

PB/U atau TB/U

$PB/U > 3 \text{ SD}$	<i>very tall</i> (perawakan sangat tinggi)
$-2 \text{ SD} < PB/U < 3 \text{ SD}$	Normal
$-3 \text{ SD} < PB/U < -2 \text{ SD}$	<i>Stunted</i> (Perawakan Pendek)
$PB/U < -3 \text{ SD}$	<i>Severely Stunted</i> (Perawakan sangat pendek)

BB/U

$BB/U > 1 \text{ SD}$	risiko BB lebih (dikonfirmasi dengan BB/TB atau IMT/U)
$-2 \text{ SD} < BB/U < 1 \text{ SD}$	Normal
$-3 \text{ SD} < BB/U < -2 \text{ SD}$	<i>Underweight</i> (BB Kurang)
$BB/U < -3 \text{ SD}$	<i>Severely Underweight</i> (BB sangat kurang)

BB/TB

$BB/TB > 3 \text{ SD}$	<i>obese</i> (obesitas)
$2 \text{ SD} < BB/TB < 3 \text{ SD}$	<i>overweight</i> (gizi lebih)
$-1 \text{ SD} < BB/TB < 2 \text{ SD}$	normal dengan <i>possible risk of overweight</i>
$-2 \text{ SD} < BB/TB < 1 \text{ SD}$	<i>normal</i> (gizi baik)
$-3 \text{ SD} < BB/TB < -2 \text{ SD}$	<i>wasted</i> (gizi kurang)
$BB/TB < -3 \text{ SD}$	<i>severely wasted</i> (gizi buruk)

IMT/U

IMT/U < -3 SD	<i>severely wasted</i> (gizi buruk)
-3 SD < IMT/U < -2 SD	<i>wasted</i> (gizi kurang)
-2 SD < IMT/U < 1SD	normal (gizi baik)
1 SD < IMT/U < 2 SD	<i>possible risk of overweight</i> (berisiko gizi lebih)
2 SD < IMT/U < 3 SD	<i>overweight</i> (gizi lebih)
IMT/U > 3 SD	<i>obese</i> (obesitas)

CDC

TB/U

<p1	<i>Severely Stunted</i>
<p3	<i>Stunted</i>
$P3 \leq TB/U < p99$	Normal
>p99	<i>May be Abnormal</i>

BB/U

<p5	<i>Underweight</i>
$p5 \leq BB/U < p85$	Normal
$P85 \leq BB/U < p95$	<i>Overweight</i>
>p95	<i>Obesity</i>

IMT/U

$IMT/U > P95$	<i>Obesitas</i>
$P85 < IMT/U < P95$	Gizi Lebih
$P5 < IMT/U < P85$	Normal
$IMT/U < P5$	Gizi Kurang

Rumus Waterlow

BB Aktual/BB Ideal sesuai Height Age X 100

<70%	Gizi Buruk
70-90%	Gizi Kurang
90-110%	Gizi Baik
110-120%	<i>Overweight</i>
>120%	Obesitas