

Interpretasi Growth Charts

WHO

PB/U atau TB/U

PB/U > 3 SD	<i>very tall</i> (perawakan sangat tinggi)
-2 SD < PB/U < 3 SD	Normal
-3 SD < PB/U < -2 SD	<i>Stunted</i> (Perawakan Pendek)
PB/U < -3 SD	<i>Severely Stunted</i> (Perawakan sangat pendek)

BB/U

BB/U > 1 SD	risiko BB lebih (dikonfirmasi dengan BB/TB atau IMT/U)
-2 SD < BB/U < 1 SD	Normal
-3 SD < BB/U < -2 SD	<i>Underweight</i> (BB Kurang)
BB/U < -3 SD	<i>Severely Underweight</i> (BB sangat kurang)

BB/TB

BB/TB > 3 SD	<i>obese</i> (obesitas)
2 SD < BB/TB < 3 SD	<i>overweight</i> (gizi lebih)
-1 SD < BB/TB < 2 SD	normal dengan <i>possible risk of overweight</i>
-2 SD < BB/TB < 1 SD	<i>normal</i> (gizi baik)
-3 SD < BB/TB < -2 SD	<i>wasted</i> (gizi kurang)
BB/TB < -3 SD	<i>severely wasted</i> (gizi buruk)

IMT/U

IMT/U < -3 SD	<i>severely wasted</i> (gizi buruk)
-3 SD < IMT/U < -2 SD	<i>wasted</i> (gizi kurang)
-2 SD < IMT/U < 1SD	<i>normal</i> (gizi baik)
1 SD < IMT/U < 2 SD	<i>possible risk of overweight</i> (berisiko gizi lebih)
2 SD < IMT/U < 3 SD	<i>overweight</i> (gizi lebih)
IMT/U > 3 SD	<i>obese</i> (obesitas)

CDC

TB/U

<p1	<i>Severely Stunted</i>
<p3	<i>Stunted</i>
P3 ≤ TB/U <p99	<i>Normal</i>
>p99	<i>May be Abnormal</i>

BB/U

<p5	<i>Underweight</i>
p5 ≤ BB/U < p85	<i>Normal</i>
P85 ≤ BB/U <p95	<i>Overweight</i>
>p95	<i>Obesity</i>

IMT/U

IMT/U >P95	<i>Obesitas</i>
P85 < IMT/U < P95	<i>Gizi Lebih</i>
P5 < IMT/U < P85	<i>Normal</i>
IMT/U < P5	<i>Gizi Kurang</i>

Rumus Waterlow

BB Aktual/BB Ideal sesuai Height Age X 100

<70%	Gizi Buruk
70-90%	Gizi Kurang
90-110%	Gizi Baik
110-120%	<i>Overweight</i>
>120%	Obesitas