Relevant Concepts - Focal Adhesion & Integrins

- **Focal Adhesions (FA)**: large macromolecular assemblies, which are large chemical structures made up of complex mixtures of polypeptides, polynucleotide, polysaccharide, and/or other polymeric macromolecules, that allow transfer mechanical force and regulatory signals between the extracellular matrix and a cell.
 - Technically, they are sub-cellular structures that mediate the regulatory effects in response to extracellular adhesion by serving as mechanical linkages.
 - They also direct numerous signaling proteins at sites of integrin binding and clustering.
- **Integrins**: transmembrane receptors that facilitate and modulate cell to cell and cell to extracellular matrix adhesion via ligand binding to activate signal various transduction pathways, allowing for a wide range of influence over the cell behavior.

Techniques – TIRF & Speckle Microscopy

- Total internal reflection fluorescence (TIRF): a type microscopy that shows visualizations of certain molecules under specific conditions such as vesicle transport, signaling events, and single-molecule detection.
 - TIRF is done by shining a laser at a specific angle that will display the entire internal reflection. By using TIRF the authors were able to detect single fluorescent molecules because in regular microscope practices it can be harder to achieve small illuminations.
- **Speckle microscopy**: a technique that allows for the visualization of microtubules as a "speckled" form when the fluorescence tubulin is inserted into the living cells.
 - The advantage of speckle microscopy is that it avoids intensified light usage that would usually be needed for activation or bleaching.
- The authors combined both TIRF microscopy and speckle microscopy in order to
 measure the interactions within the actin filaments and FAs. The use of TIRF creates
 an image contrast that allows visualization of where the actin filaments combine with
 the FAs, while the speckle microscopy incorporates flouriohone clusters in order to
 mark and track the assemblies after formation.

Illustration of Techniques

Honestly, I don't understand this paper well enough to be able to generate a useful illustration. I (sort of) think I understand the results, why they needed TIRF to visualize the movement of the integrins in question, and why speckle microscopy was needed to track their movement. However, I don't understand how they came to the conclusions they did, and I'm worried I'm going to spend time cementing blatantly false and misguided information by creating a graphic. I'm okay with taking reduced points this week as a result, since it does demonstrate my inability to understand this paper.