

# Fast Facts About Oxford House

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# Oxford House Inc.



*Oxford House Ilford — Charlotte, NC*

Oxford House™ is a concept and system of operation to enable recovering alcoholics and drug addicts to live together in a self-help environment greatly increases the odds of sobriety without relapse. By 2009, 1,336 Oxford Houses had been established in 383 cities in 44 states in the United States – a big increase from the 18 local houses that existed when expansion began in 1989. More than 250,000 individuals have lived in an Oxford House since the first one started in 1975. Oxford House, Inc. – the umbrella 501(c)(3) organization – developed an efficient system of replication that relies on individual house charters, organization among houses for mutual support to assure quality control, and utilization of trained outreach workers to teach the standardized system of operations. NIAAA and NIDA have supported independent research that has verified Oxford House's effectiveness. Several of these studies found that 70% to 87% of Oxford House residents were staying clean and sober without relapse. More than 100 peer-reviewed research articles have been published in scholarly journals – the list of articles is downloadable from the [www.oxfordhouse.org](http://www.oxfordhouse.org) under "About Us/Resources/Peer Reviewed Published Research List"

Oxford House™ began in 1975 when 13 male residents took over a county-run halfway house that was being closed. They rented the building and established a written democratic system of operation – the Oxford House Manual®. Within a few months they rented a second house and then another. By 1988, when Congress enacted the Anti-Drug Abuse Act, there were a total of 18 Oxford Houses – 15 for men and 3 for women.

§2036 of the Anti-Drug Abuse Act of 1988 encouraged states to establish self-run, self-supported recovery homes for recovering alcoholics and drug addicts based upon the Oxford House model. This law served as a catalyst for Oxford House, Inc. to set up a central services office to organize the establishment of more Oxford Houses.

## RESIDENT PROFILE

- ◆ About 20% of the residents are veterans.
- ◆ 76% have done jail time averaging 13 months.
- ◆ Most residents have been recycled through treatment and incarceration many times.

## SUCCESS OF OXFORD HOUSE

Federally funded research has shown that:

- ◆ More than 80% of the residents of Oxford House avoid relapse.
- ◆ Dual diagnosed residents do well in Oxford House setting.
- ◆ Women do well in Oxford House setting.
- ◆ Men do well in Oxford House setting.
- ◆ Deaf residents do well in Oxford House setting.
- ◆ More than 80% of residents have employment at any given time.



## Oxford House Highlights

10,477 Number of Oxford Recovery Beds

1,352 Number of Oxford Houses as of June 2009

44 Number of States having Oxford House

383 Number of towns or cities having Oxford Houses

\$1,820 average monthly income of residents

\$98.75 average weekly share of expenses paid by Oxford residents

58% of Oxford House residents had been homeless for an average of 6 months

73% addicted to drugs in addition of alcohol

76% had done jail time connected to their addiction

16.5 months average length of sobriety

129 New Houses started CY 2008

Total Recovery Beds:  
7,945; Men: 2,465; Women

## Benefits Of Oxford House To Alcohol and Drug Agencies



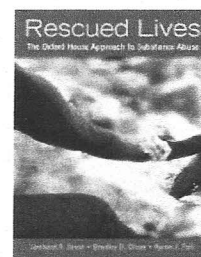
*Oxford House Lookout  
Beachwood, NJ*

- ◆ Time tested best practice to prevent relapse
- ◆ National organization to establish and organize network of recovery homes
- ◆ Charter mechanism assures quality control
- ◆ Expandable without large capital investment
- ◆ Self-run, self-supported housing minimizes staffing costs
- ◆ Built-in Oxford House evaluation process
- ◆ Effective for dual diagnosis
- ◆ Effective link to criminal justice programs [drug court/ reentry]
- ◆ Stop recycling alcoholics and addicts from treatment to homelessness or jail
- ◆ Expandable capacity to avoid time-limited residency

## BOOKS

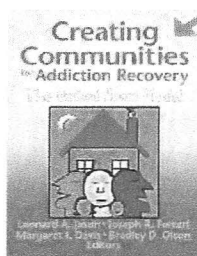
### **RESCUED LIVES: THE OXFORD HOUSE APPROACH TO SUBSTANCE ABUSE.**

New York: Routledge (2008)  
Leonard Jason, Bradley Olson & Katherine Fole



### **CREATING COMMUNITIES FOR ADDICTION RECOVERY: THE OXFORD HOUSE MODEL. (2006)**

Leonard Jason, Joseph Ferrari, Margaret Davis, &



### **HAVENS: TRUE STORIES OF COMMUNITY HEALING.**

Westport, CT: Praeger Publishers. (2004)  
Leonard Jason & M. Perdoux



## THE NATIONAL OXFORD HOUSE UMBRELLA ORGANIZATION

- ◆ The national nonprofit, tax-exempt Oxford House umbrella organization – Oxford House, Inc. provides trained outreach workers to start new houses and monitor existing houses.
- ◆ Oversight of 26 Outreach Workers in the field.
- ◆ Oxford House, Inc. operated last year on a budget of \$2.3 million dollars with income from state grants in average of \$200,000 from 12 states.
- ◆ The men and women living in Oxford Houses paid rent to landlords, utility companies and other household expenses about \$57 million, became productive citizens and paid about \$21 million FICA and Medicare taxes (including their employer's share).