

Complete 2025 Projections The Big -10

Q Player Name

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Position: All | QB | RB | WR | FLEX | D/ST













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Pro Team









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RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
1	<div><div>Ja'Marr Chase</div><div> Bengals WR</div></div>	2024 STATISTICS	175	127	1708	13.4	17	3	32	0	403.0
		2025 PROJECTIONS	165	117	1535	13.1	11	4	20	0	339.47
		2025 OUTLOOK: The reigning No. 1 fantasy receiver, Chase outscored second-place Justin Jefferson by a massive 85.5 points. His career year included nine top-10 fantasy weeks (three more than any other receiver), as well as the most routes, targets, receptions, yards, touchdowns and end zone targets (17) in the league. He has finished in the top 12 in fantasy PPG in all four of his NFL seasons, including top 5 in three of them. Chase became the league's highest-paid non-quarterback during the offseason and is a heavily targeted 25-year-old superstar on the league's pass-heaviest offense with an elite QB in Joe Burrow. He should be the first WR off the board and is a strong option with the No. 1 overall pick.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
2	<div><div>Bijan Robinson</div><div> Falcons RB</div></div>	2024 STATISTICS	304	1456	4.8	14	61	431	1	341.7	
		2025 PROJECTIONS	302	1419	4.7	12	63	490	2	335.66	
		2025 OUTLOOK: It took a minute, but Robinson finally made the leap to fantasy stardom last season. After a slow start, the 2023 first-round pick averaged 23.3 touches, 120.9 yards and 22.8 fantasy points (first at RB) from Week 6 on. He scored 14 TDs and had at least 18 touches in all but one game (a blowout) during the span. Robinson finished top 5 among RBs in snaps, carries, routes, targets, touches, yards and fantasy points. Entering his age-23 campaign and working in an Atlanta offense that was the third-run-heaviest in the league last season, Robinson is primed for another elite season and should be under consideration with the first overall pick of your draft.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
3	<div><div>Justin Jefferson</div><div> Vikings WR</div><div>Questionable</div></div>	2024 STATISTICS	154	103	1533	14.9	10	1	3	0	317.48
		2025 PROJECTIONS	171	112	1424	12.7	10	0	0	0	316.17
		2025 OUTLOOK: Jefferson enters his sixth NFL season as one of the best in the league at his position. The 26-year-old has produced a league-high 7,432 receiving yards since his arrival in 2020, having put up at least 100 catches, 1,500 yards and eight TDs in his last three full seasons. Jefferson has finished four straight seasons as a top-5 fantasy receiver on a per-game basis and showed he was QB-proof in 2024, finishing top 5 in catches, yards and TDs with Sam Darnold under center. Darnold is gone, but 2024 first-round pick J.J. McCarthy could conceivably be an upgrade in Kevin O'Connell's pass-first scheme. Jefferson should be one of the first players off the board on draft day.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
4	<div><div>Saquon Barkley</div><div> Eagles RB</div></div>	2024 STATISTICS	345	2005	5.8	13	33	278	2	355.3	
		2025 PROJECTIONS	332	1599	4.8	11	48	377	2	324.9	
		2025 OUTLOOK: Barkley's first season with the Eagles started with a three-touchdown debut and never lost steam en route to a Super Bowl LIX victory and NFL Offensive Player of the Year honors. Despite resting at times (including all of Week 18), Barkley led the NFL in carries, touches and scrimmage yards, which led to a position-best 22.2 fantasy PPG. Barkley, who averaged a career-best 5.8 YPC, does carry some risk, though, as he enters his age-28 campaign off a season with an absurd 482 touches (including the playoffs). He'll need to sustain his elite rushing output, as he isn't a big factor in the passing game (outside the top 25 in targets, catches and yards). He nonetheless remains in a great spot behind the Eagles' terrific offensive line and should be off the board in the first round of fantasy drafts.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
5	<div><div>Jahmyr Gibbs</div><div> Lions RB</div></div>	2024 STATISTICS	250	1412	5.6	16	52	517	4	362.9	
		2025 PROJECTIONS	235	1154	4.9	11	60	567	3	317.49	
		2025 OUTLOOK: The reigning No. 1 fantasy RB, Gibbs scored a position-high 20 TDs while dominating as both a rusher (fifth in yards) and receiver (top six in targets, catches and yards) last season. The with/without David Montgomery splits are notable here, however, as Gibbs averaged 16.3 touches and 18.2 fantasy points per game (sixth best) in 13 games with a healthy Montgomery, but 22.5 touches and 31.5 points per game (first) without. Montgomery is back, so Gibbs' touch ceiling may be slightly lower than a few other top backs, but with his skill set and Detroit's high-powered offense, he's undoubtedly a strong fantasy RB1. The 23-year-old should be one of the first players off the board on draft day.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	Fantasy Chat				
6	<div><div>Christian McCaffrey</div><div> 49ers RB</div></div>	2024 STATISTICS	50	202	4.0	0					
		2025 PROJECTIONS	257	1171	4.6	8	72	612	3	318.84	
		2025 OUTLOOK: McCaffrey returns for his age-29 season eyeing a bounce-back after an injury-plagued 2024 that limited him to three full games. McCaffrey wasn't even his usual, elite self during those weeks (13.0 fantasy PPG), though he did play 88% of the snaps and average 18.7 touches per game. Prior to the 2024									









debacle, McCaffrey had finished six straight seasons ranked in the top 5 among RBs in fantasy PPG and he remains positioned for feature back duties in a good 49ers offense. There's obvious risk here considering the injury woes and age, but in weeks he's active McCaffrey will be an elite fantasy option.









RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
7	 <div>CeeDee Lamb Cowboys WR</div>	2024 STATISTICS	152	101	1194	11.8	6	14	70	0	263.4
		2025 PROJECTIONS	170	117	1436	12.3	8	8	49	0	314.55
		2025 OUTLOOK: Lamb is entering his sixth NFL season eyeing a bounce-back after missing two games and finding the end zone only six times in 2024. For many receivers, 101 catches and an eighth-place finish in fantasy points would be a career year, but it was a step back for Lamb after he led all receivers in yards, touchdowns and fantasy points in 2023. Despite Dak Prescott missing more than half the season, Lamb managed his third straight top-8 fantasy campaign and only two receivers accrued more touches. In his prime at age 26, Lamb remains one of the league's best receivers and he will get Prescott back this season. He's a solid WR1 option with elite upside who may come at a slight discount on draft day.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
8	 <div>Malik Nabers Giants WR Questionable</div>	2024 STATISTICS	170	109	1204	11.0	7	5	2	0	273.6
		2025 PROJECTIONS	170	107	1423	13.3	8	4	24	0	300.47
		2025 OUTLOOK: Nabers is coming off one of the best seasons by a rookie receiver in some time. The 2024 No. 6 overall pick led the NFL with a 35% target share and finished seventh or better among receivers in targets, receptions, yards and fantasy points despite missing two games and dealing with New York's offensive struggles. Nabers' massive target share allowed him a high floor, as he was a top-30 fantasy scorer in 13 of 15 games, including 10 straight to end the season. He appears to be the real deal and his outlook is even better in 2025 with Russell Wilson (and perhaps Jaxson Dart and/or Jameis Winston) under center. Nabers is on the short list of receivers who could lead the position in fantasy points and is a solid WR1 target in fantasy.♦									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
9	 <div>Puka Nacua Rams WR</div>	2024 STATISTICS	106	79	990	12.5	3	11	46	1	206.6
		2025 PROJECTIONS	154	105	1403	13.3	7	13	77	1	298.98
		2025 OUTLOOK: After exploding for 1,486 yards on 105 catches as a fifth-round rookie in 2023, Nacua produced 990 yards on 79 catches last season despite missing six games and a substantial chunk of two others. Once he was full-go in Week 10, Nacua went on to handle a massive 37% target share (11.3 per game) and his average of 22.3 fantasy points during the span would have ranked second over the full season. He led all receivers in yards per route run (3.7). The one concern with Nacua is touchdowns, as he has only 10 in 28 career games, and he was limited to six end zone targets (53rd at WR) in 2024. That said, with Cooper Kupp out and Davante Adams in, Nacua remains well positioned for a massive target share in a good Rams offense that has led the NFL in WR targets each of the last two seasons. After finishing sixth in fantasy PPG as a rookie and third in 2024, Nacua should be off the board in the first round.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
10	 <div>Ashton Jeanty Raiders RB</div>	2024 STATISTICS	--	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	273	1250	4.6	8	63	484	2	299.39	
		2025 OUTLOOK: Jeanty was selected by Las Vegas with the No. 6 overall pick in April's draft. He is the No. 1 fantasy prospect in this rookie class following a dominant tenure at Boise State. Incredibly, he ranked first in this class in YAC and broken tackle rate both last season and during his collegiate career. Jeanty's elite playmaking ability and a three-down skill set supply him with the upside to be the next elite NFL running back. He's positioned for a feature-back role right out of the gate and should be valued as a midrange RB1.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
11	 <div>Amon-Ra St. Brown Lions WR</div>	2024 STATISTICS	141	115	1263	11.0	12	2	6	0	316.18
		2025 PROJECTIONS	152	117	1249	10.7	8	5	31	0	290.82
		2025 OUTLOOK: St. Brown enters his fifth NFL campaign as the only player in the league with 105 or more receptions each of the past three seasons. Compared to 2023, St. Brown actually saw a decrease in targets, receptions and yards last season, but offset some of that with a career-high 12 touchdowns and still finished as the No. 3 fantasy WR for the second year in a row. He remains an elite, short-range target, having paced qualified wide receivers in catch rate (81%) in 2024 and having now ranked top 5 in first downs per route run for the third year in a row. The 25-year-old is a heavily utilized target in one of the league's best offenses and a clear top-5 fantasy wide receiver.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
12	 <div>De'Von Achane Dolphins RB Questionable</div>	2024 STATISTICS	203	907	4.5	6	78	592	6	299.9	
		2025 PROJECTIONS	219	1006	4.6	9	74	560	4	306.39	
		2025 OUTLOOK: One of the rising stars in fantasy, Achane is entering his third NFL season after an impressive 2024, in which he registered only the 12th instance over the last decade of a player producing 200-plus carries and 75-plus receptions in a single season. Achane has now scored at least 11 TDs in both NFL seasons and paced all RBs in routes, catches, yards and receiving TDs last season. He also put size concerns aside, appearing in 17 games and finishing ninth among RBs in snaps. Achane's play plummeted when Tua Tagovailoa was sidelined (9.8 fantasy PPG), but he was elite when his QB was under center (22.6), which is the more relevant number with Tagovailoa back for 2025. Achane's dual-threat ability locks him in as a solid fantasy RB1.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
13	 <div>Nico Collins Texans WR</div>	2024 STATISTICS	99	68	1006	14.8	7	0	0	0	210.6
		2025 PROJECTIONS	147	100	1388	13.8	8	0	0	0	289.3
		2025 OUTLOOK: Collins is entering his fifth NFL season having established himself as one of the league's top receivers over the last two years. After breaking out with an 80-1,297-8 receiving line in 15 games in 2023, Collins posted a 68-1,006-7 line in 12 games last season. He was a top-10 fantasy WR on a per-game basis in both seasons. The missed games are a concern (he's missed at least two games in all four seasons), but he offsets that with elite play (top 3 in YPRR two years in a row). With Stefon Diggs gone and Tank Dell uncertain to play in 2025, Collins is ticketed for massive usage as C.J. Stroud's clear No. 1 target. He's a solid WR1 option in fantasy.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
14	 <div>Brian Thomas Jr. Jaguars WR</div>	2024 STATISTICS	133	87	1282	14.7	10	6	48	0	284.0
		2025 PROJECTIONS	150	95	1319	13.8	7	4	26	0	270.27
		2025 OUTLOOK: Three. That's the number of wide receivers selected before Thomas in the 2024 draft and it's also the number of wide receivers who outscored him in fantasy during his rookie season. The LSU product finished in the top 5 among receivers in both yards and TDs despite ranking 29th in routes and 19th in targets. Thomas' volume will need to increase in Year 2 in order to sustain WR1 fantasy production and, while it's reasonable to expect that boost, it's worth noting he had six 10-plus target games with backup Mac Jones (22.9 fantasy PPG those six weeks) but zero with starter Trevor Lawrence (14.4). The									









bottom line is Thomas appears to be the real deal and, even with Travis Hunter added to the mix, he has a path to a massive target share in a Liam Coen scheme that was extremely generous to Tampa Bay's wide receivers. Thomas is a good back-end WR1 target.

RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
15	 <div>A.J. Brown Eagles WR Questionable</div>	2024 STATISTICS	97	67	1079	16.1	7	0	0	0	216.9
		2025 PROJECTIONS	142	91	1340	14.7	8	0	0	0	275.39
		2025 OUTLOOK: Brown is entering his fourth season with the Eagles after finishing each of his first three no lower than 13th in fantasy PPG. Last season, Brown missed four games and saw a dip in targets (from 9.8 in 2023 to 7.5 in 2024), with the latter a product of the Eagles leading so often. Brown actually posted a career-high 34.6% target share and averaged 3.3 yards per route run (both were second highest among WRs, and he's finished five straight seasons in the top 8 in both categories). Brown was extremely boom/bust, as he posted six top-10 fantasy outings (second most) but was held below 13.5 points in six of his other seven games. The 28-year-old is once again positioned as Jalen Hurts' top target and can be viewed as a fringe WR1.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
16	 <div>Drake London Falcons WR</div>	2024 STATISTICS	158	100	1271	12.7	9	1	-3	0	280.8
		2025 PROJECTIONS	154	97	1201	12.3	8	0	0	0	267.07
		2025 OUTLOOK: London is entering his fourth NFL season having handled an enormous 27% of the targets and 35% of the air yards in Atlanta during his first three campaigns. London ranked eighth or better among receivers in targets, receptions, yards, TDs, end zone targets and fantasy points last season, but his production was very boom/bust. The only two games in which he reached 20 fantasy points were 33-plus-point efforts (and one was in Week 18). London's ceiling and consistency are impacted by Atlanta's run-heavy scheme, but his hefty share of the targets should be enough to allow borderline-WR1 numbers, especially if Michael Penix Jr. makes a Year 2 leap.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
17	 <div>Jonathan Taylor Colts RB</div>	2024 STATISTICS	303	1431	4.7	11	18	136	1	244.7	
		2025 PROJECTIONS	343	1585	4.6	11	33	250	1	289.26	
		2025 OUTLOOK: Taylor enters his age-26 campaign as one of the few remaining clear feature backs. The five-year vet finished last season top 5 among RBs in carries and rushing yards, averaging a healthy 4.72 YPC along the way. Taylor did miss three games due to injury and has now managed just one full season in his career (2021). He's also struggled to make much of an impact as a pass catcher, having never finished a season top 20 in targets. Taylor's heavy rushing workload allowed him to produce good fantasy numbers regardless of who was under center last season and, while the lack of receiving will limit his ceiling, we should expect the same in 2025. Taylor is best valued as a midrange RB1.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
18	 <div>Josh Jacobs Packers RB</div>	2024 STATISTICS	301	1329	4.4	15	36	342	1	293.1	
		2025 PROJECTIONS	301	1285	4.3	12	42	328	2	281.87	
		2025 OUTLOOK: Jacobs' first season in Green Bay was about as good as it gets, as the ex-Raider finished no lower than sixth among RBs in carries, rushing yards, carries inside the 5, touches, scrimmage yards, touchdowns and fantasy points. His season started somewhat quietly, but he dominated once temperatures dropped and went on to find the end zone in eight straight games to finish the regular season. Jacobs also contributed in the passing game (15th among RBs in receiving yards) and has now finished all six NFL seasons 18th or better in fantasy PPG. Green Bay's feature back remains in his prime at age 27 and makes for a solid fantasy RB1.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
19	 <div>Derrick Henry Ravens RB</div>	2024 STATISTICS	325	1921	5.9	16	19	193	2	336.4	
		2025 PROJECTIONS	326	1532	4.7	15	18	157	1	281.57	
		2025 OUTLOOK: Henry was  as advertised  in his first season with Baltimore, pacing all running backs in rushing TDs (16) and finishing no lower than fourth in carries, rushing yards, carries inside the 5 and fantasy points. Henry has now finished top 10 among RBs in rushing yards and TDs each of the last seven seasons, though he remains limited as a receiver (51st among RBs in targets last season). Henry is now 31 years old (ancient for a fantasy-relevant RB), but doesn't seem to have lost a step (top 3 in YPC and YAC last season). Henry's lack of targets limits his ceiling a bit, but his elite rushing output locks him in as a back-end RB1.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
20	 <div>Brock Bowers Raiders TE</div>	2024 STATISTICS	153	112	1194	10.7	5	5	13	0	262.7
		2025 PROJECTIONS	149	110	1157	10.5	6	6	18	0	262.6
		2025 OUTLOOK: Bowers is fresh off a dominant rookie season in which he produced 262.7 fantasy points, easily the most by a first-year tight end. He was a featured player right out of the gate and went on to pace the position in routes, targets, receptions (112 is the most ever by a rookie, regardless of position), yards and fantasy points. Bowers' season could've been even better had he seen more goal-line work (he was limited to five TDs and six end zone targets). He is already an elite player and the 22-year-old figures to benefit from improved QB play now that Geno Smith is under center. Bowers should be one of the first two TEs off the board on draft day.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
21	 <div>Trey McBride Cardinals TE</div>	2024 STATISTICS	147	111	1146	10.3	2	1	2	1	249.8
		2025 PROJECTIONS	150	113	1088	9.6	6	0	0	0	259.31
		2025 OUTLOOK: Since stepping into a starting role in Week 8 of the 2023 season, McBride has an enormous 28.4% target share (9.0 per game). He averaged 6.8 receptions, 69.3 yards and 15.4 fantasy points per game during the span. He was the poster boy for bad TD luck in 2024, totaling three scores (two receiving) despite finishing second at the position in targets, catches, yards, end zone targets (10) and fantasy points. McBride's TE-high 7.9 expected TD total speaks to his bad luck and, though he also didn't score much in 2023 (three TDs on 108 targets), he's a candidate for a big improvement in the area in 2025. McBride is a strong bet to lead all tight ends in fantasy points.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
22	 <div>Bucky Irving Buccaneers RB</div>	2024 STATISTICS	207	1122	5.4	8	47	392	0	244.4	
		2025 PROJECTIONS	263	1238	4.7	8	53	411	3	283.04	
		2025 OUTLOOK: Irving is a strong 2025 breakout candidate following an impressive rookie season. The fourth-round pick didn't play on over half the snaps in a game until Week 6, but was fantasy's No. 10 RB from that point on. He produced 15-plus fantasy points in nine of his final 12 games, with injury responsible for two duds. Irving's efficiency was elite, as his 5.4 YPC, 2.5 YAC, 90% catch rate and 7.5 RAC were all top 5 among RBs. Irving will defer some work to Rachaad White, and his 192-frame raises obvious durability questions, but he looked the part as a rookie and is well positioned for 15-plus touches per game in a good offense. At worst, he's a fringe RB1.									

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
23	 <div>Chase Brown Bengals RB</div>	2024 STATISTICS	229	990	4.3	7	54	360	4	255.0	
		2025 PROJECTIONS	256	1076	4.2	9	64	427	2	280.84	
		2025 OUTLOOK: A fifth-round flier back in 2023, it's no surprise Brown was a committee back to begin his career. That changed when Zack Moss went down for the season in Week 8 last season. From Week 9 on (eight games), Brown played 88% of the Bengals' snaps, averaging 18.9 carries, 5.5 targets, 23.6 touches, 116.3 yards and 20.6 fantasy points per game (fourth highest). He ended up seventh or better among RBs in routes, targets and catches on the season. The 25-year-old is in a good spot as the top receiving back in a pass-heavy, high-scoring Bengals' offense, and he has minimal competition for touches with Samaje Perine and Tajh Brooks next up on the depth chart. Brown is safest as a good RB2, but there's upside for more.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
24	 <div>Tee Higgins Bengals WR</div>	2024 STATISTICS	109	73	911	12.5	10	0	0	0	222.1
		2025 PROJECTIONS	141	94	1155	12.2	9	0	0	0	264.93
		2025 OUTLOOK: Higgins signed an extension with the Bengals during the offseason and will return as Ja'Marr Chase's running mate. Higgins has struggled with injuries (he's missed action in four straight seasons), but he's been very impactful when healthy. In 12 games last season, Higgins posted career-high marks in TDs (10) and fantasy PPG (18.5), both of which ranked top 6 at the position. Higgins was a top-20 fantasy scorer in seven of his 12 active weeks. The 26-year-old may be the clear No. 2 behind Chase, but he also benefits from the league's pass-heaviest offense with an elite QB in Joe Burrow. Higgins is a good WR2 target.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
25	 <div>Tyreek Hill Dolphins WR Questionable</div>	2024 STATISTICS	123	81	959	11.8	6	8	53	0	218.2
		2025 PROJECTIONS	136	94	1189	12.7	7	8	50	0	263.12
		2025 OUTLOOK: Hill is eyeing a rebound campaign following what was undoubtedly the most disappointing season of his career. Granted, he wasn't fully healthy, but Hill appeared in all 17 games and still managed to see a massive dip in targets, catches, yardage, TDs and fantasy points, compared to his first two seasons in Miami. Hill finished 31st among WRs in fantasy PPG after ranking no lower than 11th the prior seven seasons. It didn't help that Tua Tagovailoa missed six games (Hill averaged 9.0 PPG in those weeks), but he wasn't his usual, elite self even with Tagovailoa (14.9 PPG). Hill was the No. 2 fantasy WR three of four seasons before the 2024 dud, so a potential rebound season is worth factoring in, but it's not a lock as he enters his age-31 campaign. He's safest as a WR2 with upside.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
26	 <div>Ladd McConkey Chargers WR</div>	2024 STATISTICS	112	82	1149	14.0	7	0	0	0	240.9
		2025 PROJECTIONS	140	96	1202	12.6	6	0	0	0	253.16
		2025 OUTLOOK: McConkey is entering his second NFL season following an impressive rookie campaign in which he ranked in the top 20 among receivers in receptions, yards, TDs, catch rate, yards per target and yards per route run. Following a bit of an inconsistent start, McConkey heated up down the stretch and ended up 12th in fantasy points (18th in PPG). Including the playoffs, the 2024 second-round pick caught five or more passes in eight straight games to end the season. The 23-year-old has already emerged as Justin Herbert's top target and his short-to-intermediate role puts a 100-plus catch season in play in 2025. The arrival of Tre Harris and Keenan Allen could damper McConkey's upside a bit, but he's still a safe WR2 target.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
27	 <div>Davante Adams Rams WR</div>	2024 STATISTICS	141	85	1063	12.5	8	0	0	0	241.3
		2025 PROJECTIONS	137	85	1172	13.8	9	0	0	0	257.24
		2025 OUTLOOK: Adams signed with the Rams and figures to operate as the team's de facto Cooper Kupp replacement opposite Puka Nacua. Adams' age (32) is an obvious red flag, but he didn't show signs of slowing down last season. Despite missing three games and being traded, Adams delivered five top-10 fantasy weeks, which tied for fourth among WRs. Adams has now finished top 15 in fantasy PPG each of the past 10 seasons and, while he won't be the No. 1 target in Los Angeles, there are more than enough targets to go around in Sean McVay's scheme with Matthew Stafford under center (the Rams have led the NFL in WR targets each of the last two seasons). He's no longer an elite fantasy option, but Adams is a fine WR2 target with back-end WR1 upside.									
RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS	
28	 <div>Josh Allen Bills QB</div>	2024 STATISTICS	307/483	3731	28	6	102	531	12	379.04	
		2025 PROJECTIONS	336/523	3945	27	11	114	583	11	366.19	
		2025 OUTLOOK: The reigning NFL MVP is back for his eighth season, having finished each of the last five as the No. 1 or No. 2 fantasy QB. Though he wasn't asked to throw as often last season (482 attempts ranked 14th and marked his fewest since 2019), Allen substantially cut down on turnovers (career-low five INTs) and remained a major force with his legs (he's finished top 5 among QBs in carries and rush TDs in all seven seasons). Still in his prime at age 29, Allen's dual-threat ability and a solid, slightly improved supporting cast sets him up for another elite fantasy campaign in 2025.									
RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS	
29	 <div>Lamar Jackson Ravens QB Questionable</div>	2024 STATISTICS	316/474	4172	41	4	139	915	4	430.38	
		2025 PROJECTIONS	310/468	3700	32	10	145	891	4	363.58	
		2025 OUTLOOK: The reigning fantasy QB1, Jackson outscored QB2 Josh Allen by a hefty 51.3 points in 2024. He remained his usual elite self as a rusher (he's finished first or second among QBs in rushing yards all seven seasons), but also made a huge leap as a passer (career highs in pass attempts, completions, yards and TDs, as well as a career-low four INTs and a league-high 8.8 YPA). The only "knock" on Jackson that is relative to other top fantasy QBs is rushing TDs (he has 14 total over the last four seasons and had zero carries inside the opponent's 5-yard line last season), but he does more than enough otherwise to provide elite fantasy output. With an almost-identical supporting cast to 2024, we should expect more of the same from the 28-year-old this season.									
RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS	
30	 <div>Jayden Daniels Commanders QB</div>	2024 STATISTICS	331/480	3568	25	9	148	891	6	355.82	
		2025 PROJECTIONS	369/556	4110	27	12	147	814	8	370.85	
		2025 OUTLOOK: Daniels is entering his second NFL season after what was arguably the greatest rookie season ever by a quarterback. The dual-threat playmaker was productive as a passer and even better as a rusher, ranking no lower than third among QBs in carries, rushing yards, rush TDs, carries inside the 5 and scrambles. Daniels produced 355.8 fantasy points, which trails only Cam Newton (370.3) for most by a rookie. He showed a high ceiling, having delivered 24-plus points in eight games, including his final five full regular-season outings). Entering Year 2 with an even better supporting cast that now includes Deebo Samuel Sr. and Laremy Tunsil, Daniels has a strong case to be the first QB off the board in fantasy drafts.									

RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS		
31	 <div>Jalen Hurts Eagles QB</div>	2024 STATISTICS		248/361	2903	18	5	150	630	14	315.12	
		2025 PROJECTIONS		323/485	3699	22	10	151	681	14	364.2	
		2025 OUTLOOK: Hurts returns for his fifth season as the Eagles' starting QB. He averaged 22.2 fantasy points per game during his 14 full regular-season outings in 2024, which ranked third among QBs and was the second highest of his career. He wasn't asked to do much with his arm (20th or lower in pass attempts, completions, yards and TDs), but he dominated on the ground (he's led all QBs in rushing attempts, TDs and carries inside the 5 four seasons in a row). Hurts is entering his age-27 season with essentially the same elite supporting cast he had in place during last season's top-10 fantasy campaign (his fourth in a row). The reigning Super Bowl MVP is a top-5 fantasy option.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
32	 <div>Kyren Williams Rams RB</div>	2024 STATISTICS		316	1299	4.1	14	34	182	2	272.1	
		2025 PROJECTIONS		313	1379	4.4	12	36	236	2	279.34	
		2025 OUTLOOK: One of fantasy's most productive backs over the last two seasons, Williams has scored 31 touchdowns (tied for most among RBs) and averaged 18.8 fantasy PPG (fourth highest) during the span. Last season, he paced all backs in snaps and carries inside the opponent's 5-yard line (19), while ranking no lower than seventh in carries, rushing yards, touches and TDs. He had an extremely high floor (28th was his worst weekly finish) despite limited work as a receiver (outside the top 25 in receptions and yards for the second straight season). Williams' 610 touches over the last two seasons (third most) is a moderate concern, but he's in his prime at age 25 and well positioned as the Rams' feature back. He should be valued as a fringe RB1.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
33	 <div>James Cook Bills RB</div>	2024 STATISTICS		207	1009	4.9	16	32	258	2	266.7	
		2025 PROJECTIONS		265	1234	4.7	12	37	285	2	269.01	
		2025 OUTLOOK: Cook enters his fourth NFL season as one of the trickiest evaluations in fantasy. On one hand, Cook operates in a three-headed committee (albeit as the starter), which limited his carries (19th among RBs last season), targets (34th), touches (22nd) and total yardage (21st) last season. On the other, he's an explosive playmaker (4.87 YPC) in an elite offense who tied for the NFL lead 16 rushing touchdowns in 16 regular season games last season. Cook is obviously a strong bet for touchdown regression to the mean (especially considering he had nine TDs during his first two seasons), but the 25-year-old gets enough run in a great offense to produce starting-caliber fantasy numbers. Value him as a fringe top-15 back.										
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS	
34	 <div>Jaxon Smith-Njigba Seahawks WR</div>	2024 STATISTICS		137	100	1130	11.3	6	5	26	0	253.0
		2025 PROJECTIONS		130	89	1093	12.3	6	7	41	0	241.02
		2025 OUTLOOK: Smith-Njigba is entering his third NFL season following a breakout 2024 in which he ranked top 10 among wide receivers in routes, receptions, yardage and fantasy points (19th in PPG). Operating primarily in a short-area role, "JSN" was, however, limited to six TDs and ranked 16th in end zone targets (11). The 2023 first-round pick got more downfield opportunities in 2024 than he did as a rookie and perhaps will get even more in 2025 with DK Metcalf and Tyler Lockett out and Cooper Kupp in as his wide receiver running mate. Smith-Njigba will also have a new playcaller (Klint Kubiak) and quarterback (Sam Darnold), which adds some uncertainty, but the bottom line is he's an emerging star and, at 23 years old, younger than some incoming rookies. Smith-Njigba is a WR2 who could crack the top 10 with another leap forward.										
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS	
35	 <div>Terry McLaurin Commanders WR</div>	2024 STATISTICS		117	82	1096	13.4	13	2	2	0	267.8
		2025 PROJECTIONS		129	86	1151	13.4	8	2	13	0	247.54
		2025 OUTLOOK: Many benefited from the arrival of Jayden Daniels in Washington last season, but perhaps no one more than McLaurin. The six-year vet caught 13 touchdowns (second most) after totaling 24 during his first five seasons and finished a career-best seventh (15th in PPG) in fantasy points. Despite the success, there is some "sustainability" concern here, as McLaurin's volume didn't change much from years past and he finished outside the top 30 in routes and target share. He's finished exactly 19th among WRs in targets three seasons in a row and has never finished higher than 15th in catches or ninth in yards. McLaurin will require a boost in usage to offset TD regression to the mean in order to sustain WR1 numbers. He's best valued as a mid-to-back-end WR2.										
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS	
36	 <div>Garrett Wilson Jets WR</div>	2024 STATISTICS		154	101	1104	10.9	7	2	5	0	251.9
		2025 PROJECTIONS		143	90	1156	12.9	5	5	26	0	239.78
		2025 OUTLOOK: Wilson is entering his fourth NFL season having produced at least 148 targets, 83 catches and 1,042 yards in each of his first three campaigns. Despite the presence of Davante Adams for two-thirds of last season, Wilson posted career highs in catches, yards and TDs. He finished sixth or better among WRs in targets all three seasons, but has yet to finish a season better than 20th in fantasy PPG due to underwhelming TD totals (14 in 51 games). Wilson's assured of a hefty target share, which will keep him fantasy-relevant, but his overall volume may suffer with dual-threat Justin Fields now under center. Wilson will need a lot to go right in order to produce at a WR1 level, so the 25-year-old is best viewed as a fringe top-20 receiver.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
37	 <div>Omarion Hampton Chargers RB</div>	2024 STATISTICS		--	--	--	--	--	--	--	--	
		2025 PROJECTIONS		256	1145	4.5	11	41	300	2	259.0	
		2025 OUTLOOK: Hampton was selected by the Chargers in the first round of April's draft. He is a big, tough back whose career 3.85 YAC is fourth best in this class. He's more downhill than he is agile, but he impressed in the 40, vertical and broad at the combine. Hampton is a capable pass catcher, and he figures to land a three-down role in the pros. He'll defer some carries to Najee Harris and targets may be limited in the Jim Harbaugh/Greg Roman scheme, but there will be enough volume to allow RB2 fantasy production.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
38	 <div>Alvin Kamara Saints RB</div>	2024 STATISTICS		228	950	4.2	6	68	543	2	265.3	
		2025 PROJECTIONS		216	916	4.2	6	71	582	2	266.4	
		2025 OUTLOOK: Kamara returns to New Orleans for his ninth NFL season following an impressive, albeit injury-shortened 2024 campaign. Appearing in 14 games, Kamara soaked up 228 carries (12 off his career high) and led all backs in targets. He has yet to finish a season lower than fifth among RBs in targets, or lower than ninth in catches and receiving yards. That has translated in fantasy, as he's finished eighth or better in fantasy PPG in seven of his eight seasons. On the concerning side is durability, as Kamara hasn't played a full regular season since his rookie year (2017) and is now 30 years old. Additionally, the Saints' offense figures to struggle following Derek Carr's retirement. Kamara's clear path to touches and elite receiving work keeps him in the fringe RB1 discussion, but there's obvious risk here.										

RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS	
39	 <div>Joe Burrow Bengals QB</div>	2024 STATISTICS		460/652	4918	43	9	42	201	2	372.82
		2025 PROJECTIONS		431/628	4649	35	12	50	199	3	330.32
		2025 OUTLOOK: The reigning NFL Comeback Player of the Year, Burrow rebounded from an injury-plagued 2023 by proceeding to pace the NFL in pass attempts, completions, yards and TDs. He appeared in 17 games for the first time in his career and contributed enough with his legs to end up third among QBs in fantasy points. Burrow, who was off target on a league-low 11% of his attempts, has now finished eighth or better in fantasy points each season he's appeared in more than 10 games (fourth or better in the last two). He'll continue to benefit from the league's pass-heaviest offense, as well as the terrific Ja'Marr Chase/Tee Higgins duo. Burrow's limited rushing output is all that stops him from joining the elite fantasy QBs, but he's nonetheless a very good starting option.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
40	 <div>George Kittle 49ers TE</div>	2024 STATISTICS	94	78	1106	14.2	8	0	0	0	236.6
		2025 PROJECTIONS	106	82	1050	12.7	7	0	0	0	227.8
		2025 OUTLOOK: Kittle has finished sixth or better in fantasy PPG each of the past seven years. That includes a first-place finish in 2024 (15.8 PPG), which was fueled by an incredible 13 weeks in the top 12 among TEs in 14 full games. Kittle has paced the position in yards per reception, yards per target and yards per route run each of the past two seasons and has finished exactly second in touchdowns three years in a row. With Deebo Samuel Sr. traded and Brandon Aiyuk (knee) expected to miss significant game action, Kittle has a case to be the top tight end off the board on draft day entering his ninth NFL season.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
41	 <div>Chuba Hubbard Panthers RB</div>	2024 STATISTICS	250	1195	4.8	10	43	171	1	241.6	
		2025 PROJECTIONS	275	1238	4.5	8	49	288	1	257.63	
		2025 OUTLOOK: Hubbard signed a contract extension with Carolina last season, which locked him in as the team's lead back for the near future. The 2021 fourth-round pick has amassed 275-plus touches in each of the past two seasons and, despite missing two games in 2024, he finished in the top 15 among RBs in carries, targets, touches, yards, touchdowns and fantasy points. He ran well (4.8 YPC) and was busy near the goal line (he ranked fifth with 17 carries inside the 5-yard line), but he struggled as a receiver (RB-worst 3.2 YPT). With Jonathon Brooks (ACL) out for the entire 2025 season, Rico Dowdle and rookie Trevor Etienne are Hubbard's primary competition for touches. The 26-year-old makes for a solid RB2 target.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
42	 <div>James Conner Cardinals RB</div>	2024 STATISTICS	236	1094	4.6	8	47	414	1	253.8	
		2025 PROJECTIONS	232	1050	4.5	9	46	344	2	250.14	
		2025 OUTLOOK: Conner returns as the lead back in Arizona. Despite having never played a full regular season in eight tries, Conner has produced at least 220 touches, 1,080 yards and eight TDs in four consecutive seasons. That includes 1,508 yards on 283 touches in 16 games (all three are career highs) in 2024. Productive as both a rusher and receiver, Conner ended the 2024 season with three-plus targets and two-plus receptions in 12 straight games. He has finished as a top-20 fantasy back in four straight seasons (top 15 in PPG each year) and is well positioned for another solid RB2 campaign in his age-30 campaign.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
43	 <div>TreVeyon Henderson Patriots RB</div>	2024 STATISTICS	--	--	--	--	--	--	--	--	
		2025 PROJECTIONS	225	1004	4.5	6	43	327	2	224.95	
		2025 OUTLOOK: Henderson was selected by New England in the second round of April's draft. The Ohio State product paced this rookie RB class with 7.1 YPC last season and was effective as both a rusher and receiver throughout his collegiate tenure. His size could limit his carry total a bit in the pros, but he impressed across the board athletically at the combine and his elite pass-blocking skills and three-down ability will make him a terrific fit in the modern NFL. Henderson figures to share some work with Rhamondre Stevenson, but there's plenty of upside here and he can be valued as a RB2.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
44	 <div>Kenneth Walker III Seahawks RB</div>	2024 STATISTICS	153	573	3.7	7	46	299	1	181.2	
		2025 PROJECTIONS	251	1047	4.2	8	46	334	1	239.03	
		2025 OUTLOOK: Walker is entering his fourth NFL season eyeing a bounce-back after injuries limited him to career-low marks in touches, yardage and touchdowns in 2024. The good news is that the 2022 second-round pick remained Seattle's clear feature back and was productive when active. In those 11 games, he averaged 18.1 touches, 79.3 yards and a career-high 16.5 fantasy points per game. Despite the missed action, Walker hit career-best marks in targets, catches and receiving yards thanks to a hefty 14% target share (fifth highest among RBs). Still only 24 years old, Walker is a prime rebound candidate and the boost in receiving work (assuming that sticks under new OC Klint Kubiak) adds to his ceiling. Walker is a solid RB2 target.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
45	 <div>Marvin Harrison Jr. Cardinals WR</div>	2024 STATISTICS	116	62	885	14.3	8	0	0	0	196.5
		2025 PROJECTIONS	139	83	1144	13.9	7	0	0	0	240.06
		2025 OUTLOOK: Harrison is a candidate for a Year 2 leap after he didn't quite live up to the "fourth overall pick" hype as a rookie. In some ways, Harrison was afforded plenty of opportunity -- he ranked third in the league in end zone targets (17) and ninth in air yards (1,518) -- but he was limited in other ways (zero designed screens and a deep-threat role that led to an ugly 54% catch rate and 22% off-target rate). Harrison scored eight TDs, but finished 37th in catches and 30th in both yards and fantasy points (41st in PPG). There's some obvious risk here, but Harrison was drafted with the expectation he'd be an elite player and it's only logical that he'll be treated that way in terms of usage in his second season. If that happens, the sky is the limit in terms of fantasy production. There's some projection here, but Harrison should be valued as a fringe WR2.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
46	 <div>DK Metcalf Steelers WR</div>	2024 STATISTICS	108	66	992	15.0	5	0	0	0	191.2
		2025 PROJECTIONS	137	82	1173	14.4	7	0	0	0	239.9
		2025 OUTLOOK: Metcalf was traded to Pittsburgh after spending his first six NFL seasons in Seattle. Metcalf has proven durable (he's missed three games in his career), but he hasn't quite lived up to lofty expectations. Despite leading the NFL (by 10) with 96 end zone targets since entering the league, Metcalf has finished one season in the top 20 among WRs in fantasy PPG (10th in 2020), though he has finished top 25 in four of his past five seasons. His vertical role has limited his catch total and his scoring has underwhelmed lately, as well (6.3 TDs per season since 2022). With minimal mouths to feed in Pittsburgh, Metcalf is assured of a big target share courtesy of Aaron Rodgers and has the look of a fringe WR2.									

RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
47	<div><div>Tetairoa McMillan</div><div> Panthers WR</div><div>Questionable</div></div>	2024 STATISTICS	--	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	132	83	1121	13.5	7	0	0	0	234.82
		<div>2025 OUTLOOK:</div> <p>McMillan was selected by Carolina with the eighth pick of April's draft. At 6-foot-4, 219 pounds, he is one of the biggest WRs in this class and his game has led to many Drake London comps. McMillan handled a massive 34% target share and class-high 52% air yard share last season at Arizona. His elite size and ball skills combo supplies him with big-time fantasy upside and, with Xavier Legette and Jalen Coker as his top competition for work, he's well positioned for a sizable rookie-season role. McMillan should be valued as a WR2/3.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
48	<div><div>Xavier Worthy</div><div> Chiefs WR</div></div>	2024 STATISTICS	98	59	638	10.8	6	20	104	3	187.2
		2025 PROJECTIONS	120	79	1034	13.2	8	20	115	2	248.35
		<div>2025 OUTLOOK:</div> <p>The Chiefs selected Worthy in the first round last year and the speedster was a major difference-maker right out of the gate. He was involved as both a rusher and receiver, dominating with the ball in his hands (his 7.0 RAC was ninth best among WRs). Perhaps the most notable nugget pertaining to Worthy is his late-season emergence. He handled a hefty 26% target share (8.7 per game) in his final six games (including the playoffs) and scored at least 19 fantasy points in five of those games. Working with a QB (Patrick Mahomes) who has finished top 10 in passing yards and TDs seven straight years, as well as with Travis Kelce aging and Rashee Rice facing a six-game suspension after missing most of 2024, the 22-year-old Worthy is well positioned for a big breakout. He's an intriguing WR2 target.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
49	<div><div>Mike Evans</div><div> Buccaneers WR</div></div>	2024 STATISTICS	110	74	1004	13.6	11	0	0	0	240.4
		2025 PROJECTIONS	121	79	1018	12.8	9	0	0	0	234.74
		<div>2025 OUTLOOK:</div> <p>Evans is back for his age-32 campaign having now put up 1,000-plus receiving yards in 11 straight seasons to begin his career. The future Hall of Famer missed three games in 2024, but still scored double-digit touchdowns for the fourth time in five seasons. Incredibly, Evans has never finished a season worse than 23rd in fantasy points (26th in PPG). Age aside, there are some concerns here, as Evans was very boom/bust in 2024, having posted six top-10 fantasy outings (second most), while also falling short of 12 points in seven of his other eight games. He also benefited massively from Chris Godwin's season-ending injury, averaging 6.3 targets and 13.6 fantasy PPG with him, but 9.1 targets and 20.7 PPG without. Despite the concerns, Evans hasn't shown signs of slowing down and has a good QB in Baker Mayfield. He's a fringe fantasy WR2.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
50	<div><div>DJ Moore</div><div> Bears WR</div></div>	2024 STATISTICS	140	98	966	9.9	6	14	75	0	238.1
		2025 PROJECTIONS	133	88	1066	12.1	6	9	50	0	238.65
		<div>2025 OUTLOOK:</div> <p>Moore has emerged as one of the league's most reliable and consistent players, having missed only two games in his seven-year career while finishing each of the past six seasons as a top-25 fantasy receiver. Working in a crowded Chicago WR room with a rookie QB last season, Moore did see a dip in fantasy output (from ninth in PPG in 2023 to 28th in 2024), but he was still very productive, finishing ninth among WRs in targets and receptions. Moore did improve dramatically in the second half of the season (11.1 fantasy PPG during Weeks 1-10, but 17.3 in eight games once OC Shane Waldron was fired), which is notable as Ben Johnson takes over the offense. Entering his age-28 season, Moore is a fine WR2 target and a career year is very possible if Caleb Williams makes a Year 2 leap.</p>									

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