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**Fantasy football PPR rankings for 2025:
Running back**
3d - Fantasy staff

**Schefter's cheat sheet: Value picks and
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**2025 Fantasy Football Draft Guide:
Rankings, mock drafts and analysis**
3d - Fantasy staff

**Hill not among Fins' captains following
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MIAMI DOLPHINS 7m - Marcel Louis-Jacques

**Steelers starting RB Warren inks 2-year
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GREEN BAY PACKERS 4d - Rob Demovsky

Fins WR Hill practices; RB Wright has procedure

MIAMI DOLPHINS 4d - Marcel Louis-Jacques

Jags' Hunter 'rolling full speed,' OK for Week 1

JACKSONVILLE JAGUARS 4d - Michael DiRocco

'Not doing that': 49ers won't trade WR Jennings

SAN FRANCISCO 49ERS 4d - Nick Wagoner

Fantasy football draft rankings 2025: Running back PPR



Fantasy staff

Aug 29, 2025, 06:15 PM ET

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Tristan H. Cockcroft: PPR top 200 & superflex top 150

Eric Karabell: Superflex top 150

Field Yates: PPR top 100

IDP: Top 50 DLs, LBs and DBs

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Our analysts update their rankings throughout the preseason, valuing players as if drafting today.

2025 PPR Running Back Rankings

Rank, Player	Bowen	Clay	Cockcroft	Dopp	Karabell	Loza	Moody	Ya
1. Bijan Robinson, Atl	1	1	1	1	1	1	1	
2. Jahmyr Gibbs, Det	2	3	2	2	2	2	2	
3. Saquon Barkley, Phi	3	2	3	5	5	4	3	
4. Ashton Jeanty, LV	4	5	5	4	4	3	5	
5. Christian McCaffrey, SF	5	4	4	3	10	5	4	
6. De'Von Achane, Mia Q	6	6	6	6	7	6	7	
7. Derrick Henry, Bal	7	9	8	7	3	7	6	
8. Jonathan Taylor, Ind	8	7	9	8	8	8	8	
9. Bucky Irving, TB	9	10	7	10	6	9	12	
10. Josh Jacobs, GB	10	8	11	11	9	10	11	
11. Chase Brown, Cin	12	11	10	9	11	12	9	
12. Kyren Williams, LAR	11	12	12	12	12	11	10	
13. James Cook, Buf	13	13	13	13	13	13	15	
14. Omarion Hampton, LAC	14	14	14	16	17	15	16	
15. Alvin Kamara, NO	15	15	16	14	14	16	13	
16. Kenneth Walker III, Sea	16	19	17	15	16	14	14	
17. James Conner, Ari	17	17	20	17	18	17	18	
18. Chuba Hubbard, Car	18	16	18	18	15	19	19	
19. Breece Hall, NYJ	19	20	15	23	19	20	17	
20. TreVeyon Henderson, NE	21	18	19	20	20	18	25	

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25. Isiah Pacheco, KC	25	26	26	22	24	23	23
26. RJ Harvey, Den	26	25	25	25	26	26	22
27. Tyrone Tracy Jr., NYG	29	27	28	29	29	27	27
28. Jaylen Warren, Pit	28	28	27	30	28	29	28
29. Kaleb Johnson, Pit	27	34	29	27	27	31	30
30. Javonte Williams, Dal	32	33	31	28	33	28	29
31. Austin Ekeler, Wsh	30	30	36	32	30	32	31
32. Jacory Croskey-Merritt, Wsh	31	29	34	31	35	30	36
33. Travis Etienne Jr., Jax	35	37	30	33	34	36	32
34. J.K. Dobbins, Den	33	31	33	38	32	33	40
35. Rhamondre Stevenson, NE Q	34	32	35	34	31	34	38
36. Jordan Mason, Min	37	36	37	37	40	37	35
37. Cam Skattebo, NYG	36	35	38	41	36	35	42
38. Zach Charbonnet, Sea	40	40	32	35	37	42	33
39. Rachaad White, TB Q	38	44	43	40	39	38	39
40. Tank Bigsby, Jax	39	38	39	45	42	40	34
41. Quinshon Judkins, FA	42	50	41	39	43	39	NR
42. Trey Benson, Ari	41	43	40	43	41	41	50
43. Jerome Ford, Cle	43	42	44	47	38	47	45
44. Nick Chubb, Hou	44	41	46	50	46	49	37
45. Najee Harris, LAC Q	45	48	42	44	47	46	43
46. Joe Mixon, Hou O	46	NR	NR	36	44	45	NR
47. Braelon Allen, NYJ	48	47	47	48	49	48	41
48. Jaydon Blue, Dal Q	47	45	45	49	48	43	NR
49. Tyjae Spears, Ten IR	NR	NR	NR	42	45	NR	NR
50. Bhayshul Tuten, Jax	49	39	50	NR	50	50	48

target



 **Adam Schefter**
Aug 23, 2025, 06:50 AM ET

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Each year, we at ESPN Fantasy endeavor to help with your *fantasy football* draft prep, including sleepers lists and cheat sheets. In this column, you will get the best of both worlds, as ESPN NFL Insider Adam Schefter offers his personal list of early-, mid- and late-round targets in 2025 fantasy leagues.

Below are some players who could be fantasy standouts this season and outperform their current average draft position (ADP). If given a choice at certain junctures in the draft, or in tiebreaker situations, these are players who will receive strong consideration.

Fantasy Football Gridiron Gauntlet

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For context, I am in a 12-team league, in which some of these players will not need to be drafted, and a 16-team league, in which some of them might be more valuable. As always, consider the size of your league and your scoring system in any player evaluation, but I believe the players below hold strong value relative to their ADPs and are poised to have productive seasons.

I hope this list is helpful. Good luck this season!

Quarterback

Just as the NFL has elite quarterbacks, so does fantasy. [Josh Allen](#), [Lamar Jackson](#) and [Joe Burrow](#) have racked up huge numbers for their teams and fantasy managers, but there is plenty of depth this year, and quality quarterbacks can be found in later rounds, if you choose to wait at the position.

Early rounds

Lamar Jackson, Baltimore Ravens: Coach John Harbaugh believes Jackson is one of the best passers -- yes, *passers* -- in NFL history. But Jackson's running makes him one of the best fantasy quarterbacks in history.

Josh Allen, Buffalo Bills: In the past year, Allen has won an MVP, gotten married and restructured his contract as he looks to duplicate -- and even improve upon -- his incredible 2024 season.

Middle rounds

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up fantasy points with his legs as much as his arm.

Late rounds

Drake Maye, New England Patriots: A bigger version of Bo Nix, in the junior mold of Josh Allen, Maye can score points in the air or on the ground.

Michael Penix Jr., Atlanta Falcons: In his brief stint at the end of last season, Penix proved he belongs. He is the Falcons' quarterback of the future and will be a fantasy fixture.

Trevor Lawrence, Jacksonville Jaguars: Under new coach Liam Coen, Lawrence has been put in a position to achieve his potential.

Running back

A case can be made to draft either [Bijan Robinson](#) or [Jahmyr Gibbs](#) with the No. 1 pick this season. Coming off a deep running back draft in April, this crop of running backs has been elevated by a number of rookies who have a chance to make meaningful fantasy contributions this season.

Early rounds

Bijan Robinson, Falcons: He would be my No. 1 pick this year.

Jahmyr Gibbs, Detroit Lions: Gibbs might just be the most dynamic offensive player in the NFL, not to mention a touchdown machine.

Chase Brown, Cincinnati Bengals: On a team that could be involved in high-scoring affairs, Brown can catch as effectively as he runs.

Bucky Irving, Buccaneers: Irving emerged in his rookie year and seized control of the Buccaneers' No. 1 running back spot.

Middle rounds

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Omarion Hampton, Los Angeles Chargers: Few coaches love to run the football as much as Jim Harbaugh and Greg Roman, and Hampton is expected to be the lead back.

TreVeyon Henderson, Patriots: Demonstrated speed, elusiveness and big-play ability this preseason and will be used in conjunction with [Rhamondre Stevenson](#).

RJ Harvey, Broncos: Rookie running backs sometimes are brought along slowly in Sean Payton's offense, but as the season progresses, so should Harvey.

Isiah Pacheco, Kansas City Chiefs: An injury derailed a strong start to his 2024 season. Pacheco is healthy this year.

Late rounds

Jacory Croskey-Merritt, Washington Commanders: There has been an inordinate amount of hype surrounding this seventh-round pick.

Quinshon Judkins and Dylan Sampson, Cleveland Browns: Cleveland needs, and is expected to have, one of its rookie running backs to be a factor.

Trey Benson, Arizona Cardinals: It's time for last year's third-round draft pick to show he has a place in Arizona's offense.

Jaydon Blue, Dallas Cowboys: Blue has elite elusiveness and is expected to be a third-down factor.

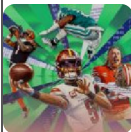
Bhayshul Tuten, Jaguars: The rookie will likely contribute early and be consistent this season. He has too much speed not to.

Will Shipley, Philadelphia Eagles: Shipley is solid insurance for managers who roster running back Saquon Barkley.

Wide receiver

Ja'Marr Chase, Bengals: There is no contract drama this year, and the connection he has with Burrow is next level.

EDITOR'S PICKS



2025 Fantasy Football Draft Guide: Rankings, mock drafts and analysis
3d • Fantasy staff



The best picks for each draft slot in Rounds 1 and 2 in 12-team leagues
11d • Tristan H. Cockcroft



Tough draft-day decisions: Can you pick a top-5 QB and top-3 TE and like your team?
10d • Daniel Dopp

Amon-Ra St. Brown, Lions: Target machine who is as tough and dependable as they come.

Nico Collins, Houston Texans: When healthy, he has the ability to be one of the top fantasy receivers.

Malik Nabers, New York Giants: Has a lingering toe issue and, were it not for that, his talent is on par with any receiver in the league.

Middle rounds

Marvin Harrison Jr., Cardinals: He will not be drafted as high as last year, but he likely will produce more this year.

Jaxon Smith-Njigba, Seattle Seahawks: Showed how productive he could be during his rookie season and should continue to shine.

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Rome Odunze, Chicago Bears: He has already built a rapport with QB Caleb Williams that will connect them for years.

Ricky Pearsall, San Francisco 49ers: There have been so many injuries to 49ers wideouts that someone has to produce for them. Pearsall can.

Later rounds

0:38

Why Jordan Addison still has fantasy appeal despite suspension Mike Clay explains why WR Jordan Addison still has plenty of appeal despite his 3-game suspension and being ranked as a WR40 option.

Jordan Addison, Minnesota Vikings: A three-game suspension dings his value, but once he returns, he is expected to be a force.

Matthew Golden, Green Bay Packers: Like Pearsall, injuries have impacted the Packers' wide receivers. Someone has to produce, and their first-round pick is as good a bet as any.

Emeka Egbuka, Buccaneers: The team has been pleased and impressed with how its first-round pick has looked in camp.

Keon Coleman, Bills: Coleman has looked good during training camp, like he's ready to make a second-year jump.

Marvin Mims Jr., Broncos: He began to emerge last season and it should continue this season.

DeMario Douglas, Patriots: New England needs its receivers to step up, and Douglas did at camp.

Dyami Brown, Jaguars: Follow the money. The Jaguars paid him about \$10 million per year as a free agent.

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Jake Ferguson, Cowboys: Coming off an injury, Ferguson is poised to resume his production in Dallas' offense.

Later rounds

Isaiah Likely, Ravens: He could be the No. 1 tight end on many teams. Things are tougher in Baltimore with [Mark Andrews](#) around, but the Ravens know how talented Likely is.

Theo Johnson, Giants: Johnson was a factor as his rookie season progressed and should be even better this season.

Ja'Tavion Sanders, Carolina Panthers: He flashed during his rookie season as well, and has a chance to take a meaningful jump in Year 2.

AJ Barner, Seahawks: Seattle needs a tight end to step up, and Barner might be up to the task.