

Complete 2025 Projections

The Big -10

Player Name

Sortable ProjectionsFull Projections

Position: All | QB | RB | WR | FLEX | D/ST











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All










All

The Big -10


Reset All

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
201	<div><div>Rico Dowdle</div><div> Panthers RB</div></div>	2024 STATISTICS	235	1079	4.6	2	39	249	3	197.8	
		2025 PROJECTIONS	75	338	4.5	2	22	147	1	83.73	
		<p>2025 OUTLOOK:</p> <p>Dowdle signed with Carolina after spending his first four seasons in Dallas. Rarely utilized during his first two years with the Cowboys, Dowdle worked his way up to a backup role in 2023 before fending off Ezekiel Elliott for lead-back duties in 2024. He appeared in 16 games and ranked in the top 20 among backs in carries, rushing yards, receptions, touches and scrimmage yards. Dowdle found the end zone only five times in Dallas' struggling offense, however, which limited him to a 24th-place finish in fantasy points per game. The 27-year-old showed well in a tough situation, but he'll enter 2025 as a clear backup to Chuba Hubbard, with rookie Trevor Etienne also a threat for work. Dowdle has some deep-league insurance appeal, though he would max out as a RB2/flex even if called on to start.</p>									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
202	<div><div>Miles Sanders</div><div> Cowboys RB</div><div>Questionable</div></div>	2024 STATISTICS	55	205	3.7	2	24	148	1	77.3	
		2025 PROJECTIONS	95	419	4.4	2	9	55	0	71.63	
		<p>2025 OUTLOOK:</p> <p>Sanders signed with Dallas after failing to pan out during his two seasons in Carolina. Signed to a multiyear contract prior to 2023, Sanders was handed the Panthers' lead-back gig, but lost it to Chuba Hubbard within a matter of weeks. He went on to average 8.3 touches per game and score a total of two touchdowns in 26 outings prior to putting up a 116-yard, 2-TD showing with Hubbard sidelined last season. Perhaps that proves he still has some gas left in the tank, but now 28 years old and not much of a contributor as a pass catcher, it's unlikely Sanders will find his way to the fantasy radar. He'll battle Javonte Williams and rookie Jaydon Blue for work in Dallas, and is only worth a late flier in deep leagues.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
203	<div><div>Cade Otton</div><div> Buccaneers TE</div><div>Questionable</div></div>	2024 STATISTICS	87	59	600	10.2	4	1	-4	0	140.6
		2025 PROJECTIONS	80	54	575	10.7	5	0	0	0	142.75
		<p>2025 OUTLOOK:</p> <p>Following two solid but unspectacular seasons to begin his NFL career, Otton made a big leap in 2024, finishing in the top 15 among TEs in snaps, routes, targets, receptions, yards, TDs and fantasy points. Injuries around him were a factor, however, as he handled a solid 16% target share (4.8 per game) but was limited to a 29-307-1 receiving line (6.3 fantasy PPG and no games over 11.2) in 10 games with Mike Evans also in the lineup. Then, during Weeks 7-10 with Evans injured (Chris Godwin also missed most of this action), Otton handled a 25% target share (9.5 per game, 8-plus in all four) and posted a 30-293-3 receiving line (19.3 PPG with 18-plus three times). With Tampa Bay's loaded WR room and heavy reliance on its RBs, Otton figures to head back to low-ceiling TE2 production.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
204	<div><div>Pat Freiermuth</div><div> Steelers TE</div></div>	2024 STATISTICS	78	65	653	10.0	7	0	0	0	168.3
		2025 PROJECTIONS	82	62	538	8.6	3	0	0	0	133.68
		<p>2025 OUTLOOK:</p> <p>Freiermuth is entering his fifth NFL season having yet to emerge as a viable fantasy starter. The 2021 second-round pick peaked with an 11th-place finish in fantasy PPG in 2022 and, despite catching a career-high 65 passes and matching a career best with seven TDs last season, he ended up 14th in PPG. One concern here is that the TD output is unsustainable, as Freiermuth ranked 20th in expected TDs (3.1, which aligned with where he was when he scored two TDs in both 2022 and 2023) and had a career-low two end zone targets. Another concern is the acquisition of Jonnu Smith, who even in an offense short on WR depth, is sure to cut into Freiermuth's target share. The arrival of Aaron Rodgers helps his cause a bit, and he may settle in second in target priority behind DK Metcalf, but there's not much of a ceiling here. Freiermuth is a mid-to-back-end TE2.</p>									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
205	<div><div>Dalton Schultz</div><div> Texans TE</div></div>	2024 STATISTICS	85	53	532	10.0	2	0	0	0	118.2
		2025 PROJECTIONS	79	53	573	10.9	3	0	0	0	126.17
		<p>2025 OUTLOOK:</p> <p>Schultz is eyeing a rebound in 2025 after he followed up four consecutive top-12 fantasy campaigns with a 20th-place finish (28th in PPG) in 2024. Schultz posted a productive 59-635-5 receiving line in 15 games in 2023 (his first season in Houston), but saw his usage dip last season despite ranking fourth among tight ends in pass routes. He became a nonfactor near the goal line, totaling two end zone targets and two TDs, both of which are his fewest since taking on a regular offensive role in 2020. His history suggests a return to the fringe-TE1 mix is possible, and he could see a slight boost in targets with Christian Kirk and a pair of rookies set to replace Stefon Diggs (free agency) and Tank Dell (knee), but he also could lose work to second-year TE Cade Stover. Schultz doesn't have much late-round appeal.</p>									


RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS		
206	 <div>Bryce Young Panthers QB</div>	2024 STATISTICS		234/384	2403	15	9	43	240	6	106.03	
		2025 PROJECTIONS		367/589	3949	22	13					
		Fantasy Chat										
		2025 OUTLOOK:	Young is entering his third NFL season looking to carry over the momentum from a strong finish to 2024. After a tough rookie campaign, the 2023 No. 1 pick was briefly benched last season prior to making a big leap once back in the lineup. Young played 10 full games from Week 8 on and averaged 18.0 fantasy PPG, which would've ranked 10th over the full season. He posted a pair of top-2 fantasy weeks in his final three outings. Young threw multiple passing TDs in each of those final three games, but perhaps most notable was his leap as a rusher (30-208-5 during his final eight games after totaling 294 yards and one TD in his first 22 pro games). Young still has a lot to prove, but the 23-year-old's late-season surge, as well as the arrival of first-round WR Tetairoa McMillan, is enough to make him worth late-round consideration on draft day.									
RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS		
207	 <div>Geno Smith Raiders QB</div>	2024 STATISTICS		407/578	4320	21	15	53	272	2	266.0	
		2025 PROJECTIONS		398/592	4235	21	13	58	287	2	258.93	
		2025 OUTLOOK:										
		Smith was traded to Las Vegas during the offseason. He reunites with Pete Carroll, who was Seattle's head coach when Smith posted career-best marks in passing yards (4,282), pass TDs (30) and fantasy finish (fifth, or ninth in PPG) in 2022. Smith's output has dipped quite a bit the last two seasons (22nd in PPG in 2023 and 16th in 2024), the latter despite ranking top 5 in pass attempts, completions and yards. He has evolved into a solid, albeit conservative passer who adds some value with his legs. His supporting cast in Las Vegas won't be quite as good as in Seattle, though Brock Bowers and Jakobi Meyers provide a pair of good targets. Now 34, Smith is best viewed as a fringe QB2 with limited upside.										
RANK	PLAYER	YEAR	C / A	YDS	TD	INT	CAR	YDS	TD	FPTS		
208	 <div>Sam Darnold Seahawks QB</div>	2024 STATISTICS		361/545	4319	35	12	67	212	1	307.96	
		2025 PROJECTIONS		357/547	3872	22	14	65	223	2	241.92	
		2025 OUTLOOK:										
		Darnold signed with Seattle after enjoying a breakout 2024 campaign in Minnesota. Playing with the lead often (league-high 53% of plays) in Kevin O'Connell's QB-friendly scheme, Darnold finished top 10 among QBs in pass attempts, completions, pass yards, pass TDs, INTs, sacks and carries. He had multiple TD passes in 12 games and had a solid fantasy floor with 16-plus points in 12 games. Despite the big box score numbers, Darnold finished "only" 18th in QBR and isn't going to move the needle much with his legs (career high in rush yards is 222), so it's fair to expect a step back in a Klint Kubiak-led offense that swapped out DK Metcalf and Tyler Lockett for Cooper Kupp and Marquez Valdes-Scantling. Darnold is best valued as a fringe QB2 with minimal upside.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
209	 <div>Roschon Johnson Bears RB Questionable</div>	2024 STATISTICS		55	150	2.7	6	16	104	0	77.4	
		2025 PROJECTIONS		74	301	4.1	4	15	92	0	80.55	
		2025 OUTLOOK:										
		Johnson is entering his third NFL season having racked up 186 touches in 29 games during his first two seasons. The 2023 fourth-round pick impressed, especially as a receiver, in a limited rookie-season role (115 touches), but with D'Andre Swift brought in as lead back in 2024, Johnson dripped to 71 touches. That wasn't enough to allow consistent fantasy value, but he was busy near the goal line, matching Swift's six TDs and eight carries inside the 5 yard line. The 25-year-old enters 2025 competing with rookie Kyle Monangai to be Swift's primary backup. Johnson has some late-round insurance appeal.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
210	 <div>Kareem Hunt Chiefs RB</div>	2024 STATISTICS		200	728	3.6	7	23	176	0	155.4	
		2025 PROJECTIONS		66	262	4.0	3	16	103	1	75.43	
		2025 OUTLOOK:										
		Hunt re-signed with the Chiefs following a successful reunion with the team last season. He stepped in for an injured Isiah Pacheco in Week 4 and went on to average 21.5 touches, 89.0 yards and 14.8 fantasy points over the next eight games. Pacheco returned in Week 13 and then neither were viable fantasy options from that point forward, as they were near even in snaps, carries and targets, with Samaje Perine also in the mix as a passing-down specialist. Hunt was not particularly effective as a rusher or receiver and he's now 30 years old, so it's fair to expect a healthy Pacheco to lead this backfield in 2025. Hunt is only a late-round consideration.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
211	 <div>Blake Corum Rams RB</div>	2024 STATISTICS		58	207	3.6	0	7	58	0	33.5	
		2025 PROJECTIONS		49	208	4.2	2	9	63	0	47.06	
		2025 OUTLOOK:										
		Corum enters his second NFL season likely to play a larger role after being limited to 65 touches as a rookie. The 2024 third-round pick opened the season third on the Rams' depth chart and, though he eventually passed Ronnie Rivers, he was never a threat to Kyren Williams' feature-back role. Corum wasn't overly impressive as a rookie, but he makes for an intriguing insurance stash, because Williams has totaled a massive 663 touches (third most) over the past two seasons, including the playoffs. Should Williams miss time, Corum would likely share the Rams' backfield with rookie Jarquez Hunter. He's barely worth a late-round flier.										
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS	
212	 <div>Noah Brown Commanders WR Questionable</div>	2024 STATISTICS		56	35	453	12.9	1	0	0	0	86.3
		2025 PROJECTIONS		65	40	496	12.3	2	0	0	0	103.16
		2025 OUTLOOK:										
		No outlook available.										
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS		
213	 <div>MarShawn Lloyd Packers RB Injured Reserve</div>	2024 STATISTICS		6	15	2.5	0	1	3	0	2.8	
		2025 PROJECTIONS		40	167	4.1	1	15	108	1	53.72	
		2025 OUTLOOK:										
		Lloyd is entering his second NFL season after being limited to one game during his rookie season. The 2024 third-round pick produced 18 yards on seven touches while playing 10 snaps in Week 2. Ankle and hamstring injuries then knocked him out for a few months and appendicitis ended any chance of a return. The 24-year-old may be the future lead back in Green Bay, but he'll begin his second season on IR and will then battle for backup/change-of-pace duties behind feature back Josh Jacobs. The role is unlikely to lead to standalone value, but there's plenty of insurance appeal here in an offense that allowed Jacobs 337 touches (fifth most) last season. Lloyd is a fine add once healthy.										

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
214	 <div>DJ Giddens Colts RB</div>	2024 STATISTICS	--	--	--	--	--	--	--	--	
		2025 PROJECTIONS	14	58	4.2	0	6	39	0	20.36	
		2025 OUTLOOK: Giddens was selected by the Colts in the fifth round of April's draft. He has a solid frame and showed well at the combine, with a 4.43 40, 39.5-inch vertical (second best among RBs) and 130-inch broad (second best). He was solid efficiency-wise as a collegiate rusher but struggled with drops and may cap out as an early-down option. He'll battle Tyler Goodson for primary backup duties behind feature back Jonathan Taylor and, thus, has some late-round insurance appeal.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
215	 <div>Tyler Lockett Titans WR</div>	2024 STATISTICS	74	49	600	12.2	2	0	0	0	121.0
		2025 PROJECTIONS	60	39	415	10.6	3	0	0	0	99.08
		2025 OUTLOOK: Lockett signed with the Titans after spending his first 10 seasons in Seattle. The 2015 third-round pick peaked with five consecutive top-16 fantasy campaigns from 2018 to 2022, but slipped to 32nd in 2023 before plummeting to 66th last season. Lockett's role drastically declined last season (74 targets after 107-plus the prior five years), which led to his worst showings in catches, yards and TDs since 2017. While he's expected to operate as Tennessee's No. 2 receiver behind Calvin Ridley, Lockett is now 32 years old and will be working with a rookie quarterback in Cam Ward. He's worth no more than a late flier.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
216	 <div>Quentin Johnston Chargers WR Questionable</div>	2024 STATISTICS	91	55	711	12.9	8	3	6	0	174.7
		2025 PROJECTIONS	56	32	461	14.2	3	2	12	0	98.58
		2025 OUTLOOK: The 21st overall pick back in 2023, Johnston had the look of a bust after struggling to a 38-431-2 receiving line as a rookie. Things improved under a new coaching staff in Year 2, with Johnston doubling his rookie-season target share (from 11% to 22%) and scoring eight TDs (12th most among receivers). His production was inconsistent, however, as 43% of his fantasy points came in three games and he had seven single-digit outings. He finished 39th or lower in snaps, routes, targets, catches, yards and fantasy PPG, so, if he's going to join the WR3/flex discussion, he'll need a volume boost in order to offset TD regression to the mean (4.8 xTD). That boost is unlikely, as he'll now have to battle Keenan Allen and rookie Tre Harris for work behind Ladd McConkey. Johnston is barely worth a late flier.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
217	 <div>Christian Watson Packers WR Out</div>	2024 STATISTICS	53	29	620	21.4	2	4	23	0	105.3
		2025 PROJECTIONS	25	14	227	16.4	2	3	16	0	50.17
		2025 OUTLOOK: Watson is entering his fourth year with the Packers, but he's unlikely to return before midseason after suffering a torn ACL in Week 18 of last season. The injury is yet another setback for a player who has missed 13 regular season games, including, at least, two all three years. Even when healthy, the 2022 second-round pick has failed to live up to his pedigree, having yet to produce a top-30 fantasy campaign. He's all but settled in as a situational deep threat, ranking second in aDOT each of the last two seasons. On the plus side, Watson ranked second among receivers in YPT (11.5) and YPR (21.4) last season, which allowed a career-high 620 receiving yards. Perhaps a healthy Watson will eventually find his way back to fantasy relevance, but the 26-year-old is well off the radar in 2025.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
218	 <div>Adonai Mitchell Colts WR</div>	2024 STATISTICS	55	23	312	13.6	0	4	6	0	53.76
		2025 PROJECTIONS	50	27	374	13.6	3	5	27	0	84.53
		2025 OUTLOOK: Mitchell is eyeing a leap forward in his second season after he was limited to 35% of the offensive snaps as a rookie. The 2024 second-round pick found himself buried behind Michael Pittman Jr., Alec Pierce and Josh Downs for most of the season, which led to inconsistent usage and one outing with double-digit fantasy points. He was targeted often when on the field (54 targets on 193 routes), but his vertical role, coupled with poor QB play (league-high 41% off target rate), led to a position-worst 43% catch rate and zero TDs. Mitchell's second-round pedigree places him on the breakout radar, but his hands will be full overcoming the team's WR depth (all three of Pittman, Pierce and Downs are back) and ongoing QB question marks. Mitchell is no more than a late-round lottery ticket.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
219	 <div>Troy Franklin Broncos WR</div>	2024 STATISTICS	53	28	263	9.4	2	2	8	0	67.1
		2025 PROJECTIONS	43	26	364	14.2	3	2	13	0	79.72
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
220	 <div>KaVontae Turpin Cowboys WR</div>	2024 STATISTICS	52	31	420	13.5	2	16	92	0	104.2
		2025 PROJECTIONS	35	22	281	12.9	2	12	76	0	76.56
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
221	 <div>Allen Lazard Jets WR Questionable</div>	2024 STATISTICS	60	37	530	14.3	6	0	0	0	126.0
		2025 PROJECTIONS	46	28	351	12.8	2	0	0	0	72.98
		2025 OUTLOOK: Lazard is entering his eighth NFL season, including his third with the Jets. With old friend Aaron Rodgers under center, Lazard came out of the gate strong last season, totaling a 26-354-5 receiving line (15.2 fantasy PPG) in his first six games. Once the Jets acquired Davante Adams, however, Lazard's usage plummeted and he managed an 11-176-1 line (5.8 PPG) in his final six games. Lazard has a shot at No. 2 WR duties opposite Garrett Wilson this season, but with Rodgers out and dual-threat Justin Fields in at quarterback, there's almost no upside here. Lazard has never posted a top-30 fantasy campaign (one finish better than 47th) and he's unlikely to get there in his age-29 season.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
222	 <div>Andrei Iosivas Bengals WR</div>	2024 STATISTICS	61	36	479	13.3	6	0	0	0	119.9
		2025 PROJECTIONS	43	26	303	11.7	3	0	0	0	71.31
		2025 OUTLOOK: Iosivas is entering his third NFL season after working as a situational target during his first two campaigns. The 2023 sixth-round pick posted a 15-116-4 receiving line while playing 26% of the snaps as a rookie prior to leaping to a 78% snap share in 2024. Despite the generous playing time in the league's pass-heaviest offense, as well as several missed games by Tee Higgins, Iosivas cleared five targets only twice (Weeks 1 and 3) and averaged just 7.1									



fantasy PPG. The 25-year-old finished last among 88 qualified wide receivers in YPRR (0.9) and, even if he fends off second-year Jermaine Burton for No. 3 duties, he'll be a minimal threat for consistent targets. Iosivas shouldn't be drafted.

RANK	PLAYER	YEAR	SCK	INT	FR	TD	PA	YA	FPTS
223	 Giants D/ST	2024 STATISTICS	45	5	10	2	385	5895	77.0
		2025 PROJECTIONS	40	12	11	2	373	5790	103.31



2025 OUTLOOK:
The Giants have the makings of a potentially elite pass rush, having drafted DE Abdul Carter third overall to add to an already strong group including DEs Brian Burns and Kayvon Thibodeaux and DT Dexter Lawrence II. This unit should pile up sacks, but it's also in a precariously tough spot in terms of schedule, as five of its first eight games are against top-eight projected offenses, and the team has a league-low two games all season against bottom-eight offenses.

RANK	PLAYER	YEAR	SCK	INT	FR	TD	PA	YA	FPTS
224	 Buccaneers D/ST	2024 STATISTICS	46	7	11	2	383	5810	91.0
		2025 PROJECTIONS	43	13	10	2	368	5971	106.47



2025 OUTLOOK:
The Buccaneers D/ST fell almost entirely into the hands of its matchups in 2024, and their 2025 should deliver more of the same. S Antoine Winfield Jr., DT Vita Vea and LB Lavonte David provide a strong core, and the addition of DE Haason Reddick can only help strengthen the defensive front. Consider the Buccaneers for in-season matchups, including their pair of divisional games against the Saints and Panthers and Week 3 against the Jets.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
225	 Samaje Perine  Bengals RB	2024 STATISTICS	20	92	4.6	1	28	322	1	81.4
		2025 PROJECTIONS	46	196	4.2	1	17	137	1	62.63



2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
226	 Kenneth Gainwell  Steelers RB	2024 STATISTICS	75	290	3.9	1	16	116	0	62.6
		2025 PROJECTIONS	50	211	4.2	2	12	87	0	55.18



2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
227	 Jaylen Wright  Dolphins RB Doubtful	2024 STATISTICS	68	249	3.7	0	3	8	0	26.7
		2025 PROJECTIONS	53	228	4.3	1	7	53	0	45.34



2025 OUTLOOK:
Wright is entering his second pro season after totaling 71 touches in 15 games as a rookie. The 2024 fourth-round pick spent most of his first year as a clear depth option behind De'Von Achane and Raheem Mostert, often time splitting No. 3 duties with Jeff Wilson Jr. He failed to find the end zone or reach 9.0 fantasy points in a single game. Achane is back as the clear lead back in 2025, but with Mostert and Wilson gone, Wright will compete with rookie Ollie Gordon for primary backup duties. That's enough to provide the 22-year-old with some late-round insurance appeal, though he'll miss time to open the season due to injury.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
228	 Ty Johnson  Bills RB	2024 STATISTICS	41	213	5.2	1	18	284	3	91.7
		2025 PROJECTIONS	34	149	4.4	1	14	138	1	54.61



2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
229	 Kyle Monangai  Bears RB Questionable	2024 STATISTICS	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	56	232	4.1	2	8	56	0	53.47



2025 OUTLOOK:
Monangai was selected by Chicago in the seventh round of April's draft. He is 5-foot-8 with the shortest arms in this RB class and he didn't show too well at the combine, running a 4.60 40 and tying for the shortest broad jump (117). His collegiate stats are underwhelming for the most part, though some of that seems to be team-related, as his 1.52 yards before contact across 47 games is lowest in this class, whereas he was solid in YAC (3.30) and forced missed tackle rate (4.2). Monangai will open his career battling Roschon Johnson for No. 2 duties behind D'Andre Swift.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
230	 Devin Neal  Saints RB	2024 STATISTICS	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	62	262	4.2	2	8	60	0	52.03

2025 OUTLOOK:
Neal was selected by the Saints in the sixth round of April's draft. He isn't super-fast (4.58 40-yard dash, 1.59 10-yard split), but has decent size and was a solid producer during four seasons at Kansas. That tenure included 760 carries (second most in this class), the second-best elusiveness rating and solid receiving efficiency on 102 targets. Neal is a long shot for fantasy relevance, but the Saints' backup situation seems wide open behind 30-year-old Alvin Kamara. If Neal can overtake Kendre Miller for the No. 2 job, he'll have some sneaky insurance appeal.


RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
231	 Elijah Mitchell  Chiefs RB	2024 STATISTICS	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	50	215	4.3	2	9	62	0	49.09

2025 OUTLOOK:
No outlook available.


RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
232	 Raheem Mostert  Raiders RB	2024 STATISTICS	85	278	3.3	2	19	161	0	70.9
		2025 PROJECTIONS	48	205	4.3	1	9	62	0	46.12

2025 OUTLOOK:
Mostert's improbable career rolls on, as the 33-year-old signed with the Raiders during free agency. Undrafted back in 2015, Mostert was severely limited by injuries throughout most of his career, totaling 320 touches prior to reaching 200 in back-to-back seasons in Miami (2022-23). Mostert's


career year came in 2023 when he scored a league-high 21 touchdowns, but he predictably crashed back to earth with two scores on 104 touches last season. Mostert cleared 12 touches and 11.8 fantasy points only once last season and heads to Las Vegas as a clear backup to rookie Ashton Jeanty. He's barely worth late-round consideration in deep leagues.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
233	 <div>Isaac Guerendo 49ers RB</div>	2024 STATISTICS	84	420	5.0	4	15	152	0	94.2
		2025 PROJECTIONS	43	191	4.4	2	2	16	0	33.78


2025 OUTLOOK:
Guerendo, 24, is entering his second NFL season after playing a limited role off the bench for most of his rookie campaign. Granted, it was a small sample (99 touches), but the 2024 fourth-round pick was effective as both a rusher (5.0 YPC) and receiver (94% catch rate, 9.5 YPT). With Christian McCaffrey and Jordan Mason battling injuries, Guerendo played at least half the snaps in four games. In those weeks, he averaged 16.8 touches, 101.0 scrimmage yards and 17.9 fantasy points. The 49ers replaced Mason with Brian Robinson Jr. during the offseason, leaving Guerendo as a longshot to fantasy relevance. He'll only be worth adding should McCaffrey miss time and even then he may not be a starting option.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
234	 <div>Jarquez Hunter Rams RB</div>	2024 STATISTICS	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	40	174	4.3	1	4	31	0	32.74


2025 OUTLOOK:
Hunter was selected by Rams in the fourth round of April's draft. He ranked top 4 in this class in both YAC (4.06) and forced missed tackle rate (3.2) last season and was sixth or better in both categories for his career. He didn't stand out as a receiver or at the combine, however, and could be limited to a two-down (and returner) role in the pros. Hunter will open his career behind feature back Kyren Williams and second-year Blake Corum, so he'll be worth adding in fantasy only if Williams misses time with an injury.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
235	 <div>Chris Rodriguez Jr. Commanders RB</div>	2024 STATISTICS	35	173	4.9	2	1	12	0	31.5
		2025 PROJECTIONS	35	154	4.4	2	4	29	0	32.53


2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
236	 <div>Emanuel Wilson Packers RB</div>	2024 STATISTICS	103	502	4.9	4	11	48	1	96.0
		2025 PROJECTIONS	33	146	4.4	1	6	42	0	31.96


2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS
237	 <div>Sean Tucker Buccaneers RB</div>	2024 STATISTICS	50	308	6.2	2	9	109	1	68.7
		2025 PROJECTIONS	31	139	4.4	1	4	31	0	28.24


2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
238	 <div>Alec Pierce Colts WR</div>	2024 STATISTICS	69	37	824	22.3	7	0	0	0	161.4
		2025 PROJECTIONS	45	24	335	13.7	2	0	0	0	71.06


2025 OUTLOOK:
Pierce is entering his fourth NFL season. In 12 games in which Michael Pittman Jr. and Josh Downs were also active last season, Pierce handled 12% of the targets (3.8 per game) and cleared five in a game only once. If we filter to the six games played with Anthony Richardson, Pittman and Downs, Pierce averaged 3.8 targets and 4.4 fantasy points per game, failing to score a TD or clear 10.4 fantasy points in any of the outings. No higher than third on the WR depth chart and a candidate for less work as Adonai Mitchell enters Year 2 and with TE Tyler Warren now in the mix, Pierce is way off the fantasy radar.

RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
239	 <div>Devaughn Vele Saints WR</div>	2024 STATISTICS	55	41	475	11.6	3	0	0	0	106.5
		2025 PROJECTIONS	46	31	309	10.1	1	0	0	0	69.8










2025 OUTLOOK:
No outlook available.

RANK	PLAYER	YEAR	SCK	INT	FR	TD	PA	YA	FPTS
240	 <div>Cardinals D/ST</div>	2024 STATISTICS	41	9	8	1	373	5823	88.0
		2025 PROJECTIONS	41	13	8	2	370	5886	100.84

2025 OUTLOOK:
Fantasy managers piecing a D/ST strategy together could do worse than the Cardinals, who beefed up their defensive line with the signings of DE Josh Sweat and DT Calais Campbell, and face one of the league's most favorable early schedules. Their Weeks 1 and 2 matchups are a dream (@NO, CAR), and they're in similarly good shape through Week 6. Regard the Cardinals as a strong streaming candidate, with the possibility of the unit developing into something more as the season plays out.

RANK	PLAYER	YEAR	SCK	INT	FR	TD	PA	YA	FPTS
241	 <div>Packers D/ST</div>	2024 STATISTICS	45	17	14	1	326	5347	140.0
		2025 PROJECTIONS	40	12	9	2	390	6014	84.71

2025 OUTLOOK:
In his first season as defensive coordinator, Jeff Hafley squeezed a lot from this unit, which finished third in the league in fantasy points (8.2 per game). All-Pro S Xavier McKinney, LB Edgerrin Cooper and DE Rashan Gary return to comprise the heart of the Packers' defense, which, due to a lack of cornerback depth, should be susceptible to the matchups. The opening two weeks are ones to avoid (DET, WAS), but the season's middle chunks should provide fantasy managers opportunities.

RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
242	 <div>Theo Johnson Giants TE</div>	2024 STATISTICS	43	29	331	11.4	1	0	0	0	68.1
		2025 PROJECTIONS	74	51	548	10.8	3	0	0	0	121.76
		2025 OUTLOOK: Johnson is entering his second NFL season after playing a hefty 84% of the Giants' offensive snaps as a rookie. The fourth-round pick didn't see much work in the passing game early on and missed the final five games due to injury, but he was picking up steam prior to going down. After totaling a 14-150-0 receiving line on 20 targets (7% share) during his first eight games, Johnson leapt to a 15-181-1 line on 23 targets (19%) in the final four outings. The fantasy output wasn't great in the Giants' punchless offense, but the increase in reliance is notable and it will only help having Russell Wilson under center. The 24-year-old Johnson is a fine sleeper target in the late rounds.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
243	 <div>Elijah Arroyo Seahawks TE</div>	2024 STATISTICS	--	--	--	--	--	--	--	--	--
		2025 PROJECTIONS	68	46	514	11.2	3	0	0	0	117.33
		2025 OUTLOOK: Arroyo was selected by Seattle in the second round of April's draft. A seam stretcher, Arroyo's 10.0 aDOT last season at Miami ranked second and his 16.9 YPR and 12.6 YPT first in this TE class. He also led this class in YPR, YPT, RAC and adjusted catch rate for his career. Incredibly, Arroyo is charted as having zero career drops. The important context here is that Arroyo was a rarely used target (61 in 34 games, 47 of which came in 2024). He has long-term fantasy upside, but will open his career battling second-year A.J. Barner for work. Arroyo is the better pass-catching prospect of the two, so he's a sleeper to consider in the late rounds of deep leagues.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
244	 <div>Tyler Higbee Rams TE</div>	2024 STATISTICS	12	8	66	8.3	2	0	0	0	26.6
		2025 PROJECTIONS	74	52	483	9.3	4	0	0	0	124.24
		2025 OUTLOOK: Higbee is set for his 10th NFL season (all with the Rams) after missing most of 2024 while recovering from a torn ACL and MCL suffered during the 2023 playoffs. Higbee made his season debut in Week 16 and went on to appear in five games, including the playoffs. Unsurprisingly, he didn't play much of a role initially, but he seemed back to his usual self in the playoff game against the Eagles, posting a 7-54-1 receiving line on 10 targets. Higbee has enjoyed spurts of fantasy relevance at times throughout his career, but he's never finished better than 10th in PPG, and even that was way back in 2019. The 32-year-old will settle in no higher than third in target priority behind Puka Nacua and Davante Adams, so he's not worth your attention in the late rounds.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
245	 <div>Jalen Tolbert Cowboys WR</div>	2024 STATISTICS	79	49	610	12.4	7	0	0	0	152.0
		2025 PROJECTIONS	41	25	298	11.8	2	0	0	0	69.67
		2025 OUTLOOK: Tolbert is back in Dallas for his fourth NFL season. A situational player during his first two campaigns, Tolbert played 76% of Dallas' offensive snaps in 2025. That didn't translate to much usage, however, as he averaged just 4.6 targets per game. Tolbert scored seven TDs, but ranked outside the top 50 receivers in targets, catches, yards and fantasy PPG. The 26-year-old will play a lesser role in 2025 after Dallas added George Pickens as the team's No. 2 receiver behind superstar CeeDee Lamb. Even with a healthy Dak Prescott, Tolbert is a poor bet to come close to weekly flex production.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
246	 <div>Roman Wilson Steelers WR</div>	2024 STATISTICS	0	0	0	0.0	0	0	0	0	0.0
		2025 PROJECTIONS	44	27	321	11.8	2	0	0	0	69.34
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
247	 <div>Kayshon Boutte Patriots WR</div>	2024 STATISTICS	68	43	589	13.7	3	0	0	0	121.9
		2025 PROJECTIONS	40	25	325	13.0	2	0	0	0	67.83
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	TAR	REC	YDS	AVG	TD	CAR	YDS	TD	FPTS
248	 <div>David Moore Panthers WR</div>	2024 STATISTICS	57	32	351	11.0	3	1	0	0	85.1
		2025 PROJECTIONS	44	26	310	11.9	2	0	0	0	65.97
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
249	 <div>Emari Demercado Cardinals RB</div>	2024 STATISTICS	24	223	9.3	1	16	104	0	54.7	
		2025 PROJECTIONS	13	61	4.5	0	10	69	0	27.87	
		2025 OUTLOOK: No outlook available.									
RANK	PLAYER	YEAR	CAR	YDS	AVG	TD	REC	YDS	TD	FPTS	
250	 <div>Isaiah Davis Jets RB Questionable</div>	2024 STATISTICS	30	174	5.8	1	9	75	1	45.9	
		2025 PROJECTIONS	23	102	4.4	0	7	52	0	27.8	
		2025 OUTLOOK: No outlook available.									

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