Health procedures

**Oral health**

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

* Fresh drinking water is available at all times and easily accessible.
* No sugary drinks to be brought from home.
* Children must bring healthy nutritious snacks with no added sugar.
* Parents are discouraged from sending in confectionary as a snack or treat.

**Pacifiers/dummies**

* No dummies are allowed at our setting.

**Further guidance**

Ten Steps for Healthy Toddlers [www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/](http://www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/)