



UnBreak Your Health: The Complete Guide to Complementary & Alternative Therapies (Hardback)

By Alan E. Smith

Loving Healing Press, United States, 2009. Hardback. Condition: New. Language: English. Brand new Book. You can enjoy better health right now without prescription drugs with this comprehensive health and wellness guide for mind, body, and spirit Looking for a map to find your way in the world of complementary or alternative therapies? That's the reason for this exciting new book, UnBreak Your Health(TM)! This is the complete guide to different types of alternative medical concepts, different processes and techniques along with a variety of healing devices. Most mainstream medical doctors believe in the old adage that "you can't unbreak the mirror" so they try to glue your health back together with drugs. Holistic and natural therapy practitioners want to treat the real source of the problem and deal with all facets - mind, body and energy/spirit. This complete approach to health care can produce dramatic results, often after doctors has declared there is nothing that can be done. Discover everything from Acupuncture to Zen Bodytherapy. Learn about devices from Edgar Cayce's Radiac to the newest cold laser technology. Hear from real people who've experienced these therapies and products. Find out how to maximize your wellness and prevent illness. UnBreak Your...



Reviews

Without doubt, this is the very best job by any article writer. It typically does not cost too much. You are going to like just how the blogger write this pdf. -- Jazmyn Beier II

This book can be worth a read through, and far better than other. It can be writter in easy phrases instead of confusing. You will not really feel monotony at at any moment of your respective time (that's what catalogs are for concerning if you check with me).

-- Wilber Altenwerth

Other Books



That's Not the Monster We Ordered (Hardback)

Skyhorse Publishing, United States, 2016. Hardback. Condition: New. Richard Fairgray, Terry Jones (illustrator). Language: English. Brand new Book. The day the Turner family gets their very own monster is a momentous event in the neighborhood. Everyone gathers for the occasion. The monster...



Negotiating with Backbone: Eight Sales Strategies to Defend Your Price and Value (Hardback)

Pearson Education (US), United States, 2015. Hardback. Condition: New. 2nd edition. Language: English. Brand new Book. B2B sales professionals: resist mindless discounting, level the playing field against tough procurement organizations, and close the deal on your terms! Negotiating with Backbone, Second Edition...



Hacks for Minecrafters: Combat Edition: The Unofficial Guide to Tips and Tricks That Other Guides Won't Teach You (Hardback)

Skyhorse Publishing, United States, 2014. Hardback. Condition: New. Language: English. Brand new Book. From the author of Hacks for Minecrafters and Hacks for Minecrafters: Master Builder comes the most encompassing guide ever to combat in the world of Minecraft! With more than 100...



Life's Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits

SIMON & SCHUSTER, United States, 2007. Hardback. Condition: New. Language: English. Brand new Book. LIFE HAPPENS. Happiness and Healing are yours for the choosing. We've all been hurt by other people, we've hurt ourselves, and we've hurt others. And as a result....



Minecraft Guide to The Nether and the End: An official Minecraft book from Mojang (Hardback)

Egmont UK Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English. Brand new Book. Now that you've mastered the Overworld, the time has come to brave the perilous Nether and End dimensions. But survival will be even more difficult here and you'll...



On Your Marks: The Adventure Begins (Hardback)

Byways, United States, 2015. Hardback. Condition: New. Library ed. Language: English. Brand new Book. Ewan, Zane, and Ganix--three half-brothers take sibling rivalry to new lengths as they race each other across their homeland. Magic isn't the only legacy Mr. Ian Johns wants...