

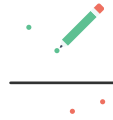
# The Shape of \_\_\_\_\_'s story

Discover the relationship between success and failure and what's brought you satisfaction in life

*\*This should take 10-15 minutes to complete.*



**1. Begin** with listing all your key moments, ups and down in life on a separate sheet of paper. Start from your childhood, highschool or the start of your career, it is up to you. No need to do it in chronological order.



**2. Mark** your most memorable life moments with a dot and a keyword on the graph: higher for bigger successes and lower for tougher failures.



**3. Connect** the dots and consider what brought about the changes between the ups and downs. Were they outside events, decisions you made, or something else? Use the space below to fill in what made a difference.



**4. Implement**  
Looking at all your successes and struggles, what are you most proud of? Are these things represented on your resume?

Happiness  
Success  
Satisfaction

Failures  
Misfortune  
Hard moments