Let $A \in \mathbb{R}^{n \times n}$ be matrix for which $A^{\top} = -A$ (antisymmetric). Show that the diagonal entries are zero, i.e., $a_{ii} = 0$ for all $1 \le i \le n$.

Solution:

From $A^{\top} = -A$ it follows that

$$a_{ii} = -a_{ii}$$

for all $1 \le i \le n$. This equation is only true for the number 0.