Practice Worksheet 1

The objective of these exercises is to get the basic fingering right. Playing every note perfectly is the most important goal of this exercise. To develop a strong pitch sense, **using the tambura is mandatory.** Once the basic notes come out correctly, keep practicing at progressively increasing speeds. The next step is to combine multiple notes into single bows. Mindful repetition is key to mastery. Please allocate <u>20 to 30 minutes</u> everyday to practice these worksheets.

Lesson 1

SRGMPDNS, SNDPMGRS

Lesson 2

SR, SR, SRGM, SRGMPDNS, SN, SN, SNDP, SNDPMGRS

Lesson 3

SRG, SRG, SR, SRGMPDNS, SND, SND, SN, SNDPMGRS

Lesson 4

SRGM, SRGM, SRGMPDNS, SNDP, SNDP, SNDPMGRS

Lesson 5

SRGMPD, SR, SRGMPDNS, SNDPMG, SN, SNDPMGRS

Lesson 6

SRGMPMGR, SRGMPDNS, SNDPMPDN, SNDPMGRS

Lesson 7

SRGMPMDP, SRGMPDNS, SNDPMPGM, SNDPMGRS

Notes:

Practice bowing end to end, in both directions. Start slowly and increase speed maintaining clarity of every note. Practice playing 2 notes in a single bow. Practice playing 4 notes in a single bow.