

# START OF PROGRAMME MENTEE QUESTIONNAIRE

The following is an example of a start of programme questionnaire issued to mentees on a school mentoring programme. The purpose of collecting data at this stage is to allow an overall assessment of the scheme's performance to take place against baseline data. This is a useful way of measuring the soft impact of the scheme on mentees. The questionnaire can be adapted for use with befriending projects.

**NAME:**

**TEL NO & EMAIL:**

**DATE:**

**SCHOOL:**

**TUTOR GROUP:**

**MALE/FEMALE:**

On a scale of 1 to 4 please circle the number that most accurately reflects where you are at the moment.  
1 = Low, 2 = Average, 3 = Good, 4 = Very good.

## I CONFIDENCE

- |   |   |   |   |   |
|---|---|---|---|---|
| 1 I am confident talking to people I don't know     | 1 | 2 | 3 | 4 |
| 2 I have high expectations for myself and my future | 1 | 2 | 3 | 4 |
| 3 I am good at articulating my ideas                | 1 | 2 | 3 | 4 |
| 4 I am confident in interviews                      | 1 | 2 | 3 | 4 |

## II MOTIVATION

- |                          |   |   |   |   |
|--------------------------|---|---|---|---|
| 5. I am self disciplined | 1 | 2 | 3 | 4 |
| 6. I need little support | 1 | 2 | 3 | 4 |
| 7. I am self motivated   | 1 | 2 | 3 | 4 |
| 8. I am quite ambitious  | 1 | 2 | 3 | 4 |

## III KEY SKILLS

- |  |   |   |   |   |
|--|---|---|---|---|
| 9. I can often solve problems alone          | 1 | 2 | 3 | 4 |
| 10. I find it easy working in groups         | 1 | 2 | 3 | 4 |
| 11. I am very good at organising my own work | 1 | 2 | 3 | 4 |
| 12. I have good time management skills       | 1 | 2 | 3 | 4 |

## IV FUTURE PROSPECTS

- |   |   |   |   |   |
|---|---|---|---|---|
| 13. I know about job opportunities open to me       | 1 | 2 | 3 | 4 |
| 14. I know how to find out about Education Courses  | 1 | 2 | 3 | 4 |
| 15. I know what qualifications I need for my career | 1 | 2 | 3 | 4 |
| 16. I know what employers look for in employees     | 1 | 2 | 3 | 4 |

## V MENTORING

- |  |   |   |   |   |
|--|---|---|---|---|
| 17. I am joining this scheme because I was persuaded                 | 1 | 2 | 3 | 4 |
| 18. I think I could really benefit from a mentor                     | 1 | 2 | 3 | 4 |
| 19. I will be very committed to working with my mentor               | 1 | 2 | 3 | 4 |
| 20. I have specific areas that I think my mentor could help me with. | 1 | 2 | 3 | 4 |

THANK YOU FOR FILLING IN THIS FORM