

Self-reflection questions

When reflecting on your dance, your performance of it, and the process of creating it, use the following questions as a guide.

- What were the central ideas of my dance at the beginning of the process?
- Have I portrayed those ideas? Or did they change as the dance developed?
- How did I portray the ideas in my final dance?
- Which section of my dance was most effective? Why?
- What would I change if I had more time?
- What were the most challenging aspects of the process or dance?
- What choreographic devices did I choose? Why? What were the advantages of using those devices?
- What choreographic structure did I choose? Why? What were the advantages of that choreographic structure?
- The most challenging part of using the prop was [complete the sentence]