



## My Supplements Report

This supplement plan is selected especially for you, based on the analysis of your genetics, lifestyle and goals.

## My Personalized Supplement Plan

<b>Bromelain Quercetin Complex</b>	500 mg
Joint health, Digestive health	
<b>Probiotics</b>	40 billion CFU
Everyday stress, Overweight, Digestive health, Hormonal support, Eczema, Allergies, Blood pressure health	
<b>Vitamin D</b>	2000 IU
Everyday stress, Vitamin D Levels, Eczema, Joint health	
<b>Theanine</b>	200 mg
Everyday stress	
<b>Iron Free Multivitamin</b>	10 Multi
Energy, Nutrient intake levels	
<b>Zinc</b>	15 mg
Overweight	
<b>Chromium</b>	200 mcg
Overweight, Hormonal support, Blood sugar health	