

**Relationships Among Chemical Exposure Concentrations:
Modeling the PFAS Chemical Group Through
Regression**

by

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Abstract

Per- and polyfluoroalkyl substances (PFAS) are a group of synthetic chemicals that have been heavily used for manufacturing purposes since the 1950s[1]. The extent of human exposure to this chemical group is massive. Notable contamination concentration levels have been found in indoor and ambient air, house dust, drinking water, and food[2]. One of the greatest concerns surrounding the PFAS group is that the majority of health implications associated with exposure to such chemicals are widely inconclusive as of today[3]. This is due to many factors, but especially as a result of how little is still known about the PFAS chemical group. One issue that has been brought up is the lack of historical data on concentration levels, amongst other missing properties, such as undocumented chemicals and missing lab data[3]. Our goal was to see if we could find a promising method to fill in missing concentration levels from the 2013-2014 NHANES laboratory data on a chemical within the PFAS chemical group. We were able to achieve a model with high accuracy predicting the concentration level of perfluorodecanoic acid using a lasso regression. The predictions had an average difference from the actual of 0.118 and an MSE of 0.022. This led us to believe that the results showed promising options for filling in missing data gaps for other PFAS-related research opportunities.

Introduction

NHANES is a survey on health and nutrition information collected from a randomly selected population within the U.S. household population[4]. The NHANES (National Health and Nutrition Examination Survey) program is run by the NCHS (National Center for Health Statistics), a part of the CDC (Center for Disease Control and Prevention). Amongst their available laboratory data, 8 PFAS chemicals are included. We set out to model the binary output of detect versus non-detect, as well as the concentration levels recorded.

More than 3000 PFAS chemicals have been introduced to the global market since the 1950s[3]. Significant exposure has been found in communities that are especially at risk due to location and little is known about the definite health effects related to exposure to PFAS chemicals. Thus there is a pressing need for more research on this chemical group. One study found significant exposure with some outgoing drinking water having sums of PFAS concentration levels above 10,000 ng/L originating from firefighting foams in Ronneby, Sweden[5]. PFAS chemicals are found in water not only from runoff and disposal but also due to their water solubility and persistence towards a stable end product. They are often transported through water currents and aerosols that lead to distribution in wildlife and humans[3].

Our paper is less concerned with the health effects of the PFAS group and is more concerned about what kinds of research could be conducted on said health effects using imputed or modeled data to fill in historical gaps and levels of unknown chemicals within the PFAS group.. One large issue is that since these chemicals are synthesized at a large rate for industry purposes, many of the chemical identities remain unknown so there are not adequate regulations or accurate testing

abilities in place for this group[3]. This exploration is in response to the call to action for researchers to develop methods to fill in data gaps on the PFAS group as well as modeling levels for unknown chemicals that do not yet have testing methods.

Originally, we had set out to use multiple imputation to achieve this goal. We wound up asking more basic questions that would be essential to answer in order to perform multiple imputation, and which are themselves interesting, namely, how well can we predict exposure to one of the chemicals given information about exposure to others. In particular, we found promising results by predicting binary detection values of perfluorodecanoic acid with logistic regression trained on other PFAS chemical levels. We decided it was worthwhile to consider this option of modeling as just as important to explore as multiple imputation.

Methods

Data

We used data from the NHANES 2013-2014 laboratory data available on the CDC's website. The participant selection process consists of 4 stages. The 1st stage PSUs [Primary Selection Units] are selected from a frame of all counties. The 2nd stage PSUs are selected from area segments defined by 2000 census data. The 3rd stage goes into DUs [Dwelling Units] on which the randomly selected subsample is screened for potential sampled participants. The 4th stage is subsample selection based on the results of the screening[4]. The screening rate is designed to produce the desired diversity within the sample, which is further outlined in the sample design documentation[4].

For our analysis, we sized down the original data selected from the site by only including specific chemical groups. This was done with the help of Dr. Judy LaKind, an exposure scientist introduced to us through our advisor, Dr. Daniel Naiman.

We further edited down the dataset eventually used to perform this project, which will be later discussed. After this further development, the largest dataset used for this project consisted of 2124 subjects with 66 chemical measures. This dataset included the PFAS group, as well as 2 other outside chemical groups.

Preprocessing

Since we were dealing with both binary detection values and non-binary concentration level measurement versions of each chemical, We decided to make a threshold to decide to keep only the binary version for chemicals where over 70% of the samples were considered non-detect. After choosing these chemicals, we removed the non-binary concentration level of the sample record for said chemicals. Non-detect versus detect was decided based on if the concentration level was below the lower limit detection level recorded for the chemical in question (perfluorodecanoic acid) on the NHANES documentation.

For all of our models, the natural log of the concentration levels were taken before any training was done. For specific models (lasso, naive bayes, and neural network) we used standard scaled versions of the processed data.

Chemical Selection

The NHANES Laboratory database is extensive and choosing the right chemical groups for this project needed a professional's opinion. Dr. Daniel Q Naiman and Dr. Judy LaKind are credited with designing and overseeing the selection of all chemicals used in our study. Naiman and Lakind introduced us to this project and stayed heavily involved throughout the process to give their expert advice and leadership.

From the 82 available data files on the database, 3 were used in the main analysis. Earlier versions of the main code that drove this analysis included significantly more files but led to the decision that the large majority of chemicals used for modeling were poor features. This selection was based on LaKind's knowledge of chemical groups. Additionally, supplemental code was used to find the chemicals that shared the same test subjects as well as optimize shared missingness with the PFAS group. This dataset included the following files: "Perfluoroalkyl and Polyfluoroalkyl Substances (formerly Polyfluoroalkyl Chemicals - PFC)", "Phthalates and Plasticizers Metabolites", and "Personal Care and Consumer Product Chemicals and Metabolites". The missing values were then dropped from the dataset for modeling purposes, but imputation of missing values was heavily researched and tested, the results of which showed poor accuracy.

Datasets

During the chemical selection process, the question came up of how modeling would differ depending on what kind of dataset we used for our modeling. Thus 3 datasets were developed. The 1st named combination dataset consisted of 2124 subjects with 66 chemical measures. The 2nd, named PFAS dataset, was created by removing from the combination dataset any chemical measures that were not from the PFAS group; this dataset consisted of 2124 subjects with 16 chemical measures. The 3rd, named outside dataset, was created by removing the PFAS dataset from the combination dataset; this dataset consisted of 2124 subjects with 50 chemical measures.

Models

For all of our regression models, we randomly selected 20% of the data to be our testing data and split the remaining 80% of the data into 20% development data and 80% training data.

In total, 5 regression models were used in this project. The regression models were all developed for improvement beyond their default packages in Sklearn. Therefore, for the sake of efficient summary, we will only be going through the best performing regression model.

The best performing regressor was lasso regression performed on the combination dataset (Figures 2.1-2.2). The goal of the Sklearn lasso algorithm is to minimize the following objective function:

$$\min_w \frac{1}{2n} \|Xw - y\|_2^2 + \alpha \|w\|_1$$

Where n is number of samples, X is the x-value, y is the y-value, α is a constant, and $\|w\|_1$ is the

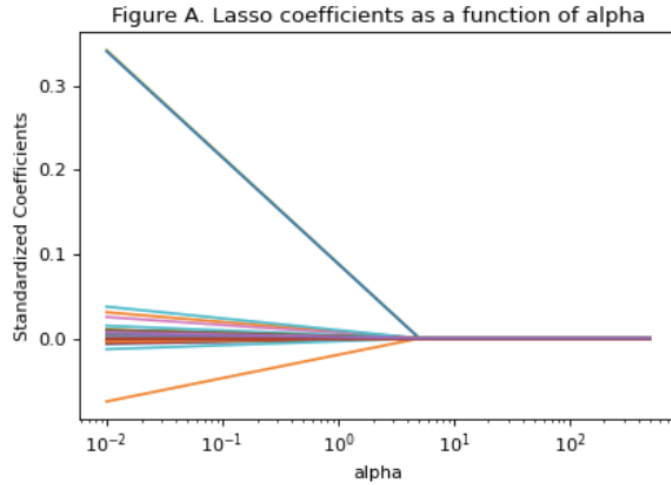


Figure A. Lasso Coefficients as a Function of Alpha

l_1 -norm of the coefficient vector. This model was improved from its original accuracy by optimizing the alpha parameter. We found the optimal alpha by utilizing Sklearn's lassoCV model. LassoCV selects the best possible model parameters to use via a cross-validation estimator. The optimal alpha was different for each run given that the training set was selected at random each time, so there is no "one size fits all" selection for alpha. Figure A shows the breakdown of lasso coefficients as a function of alpha for

one scenario in which an alpha of approximately 0.017 was selected.

Results

Regressor	Average difference from averaged true level	R-Squared	MSE	RMSE
Lasso	0.118	0.684	0.022	0.150
Decision Tree	0.123	0.660	0.024	0.155
Random Forest	0.121	0.686	0.022	0.149
OLS	0.119	0.686	0.022	0.149
Neural Network	0.119	0.677	0.023	0.152

Table 1.1. Accuracy for Regression Methods on The Combination Dataset

Regressor	Average difference from averaged true level	R-Squared	MSE	RMSE
Lasso	0.118	0.689	0.023	0.151
Decision Tree	0.123	0.626	0.028	0.166
Random Forest	0.121	0.675	0.024	0.155
OLS	0.119	0.685	0.023	0.152
Neural Network	0.119	0.689	0.023	0.151

Table 1.2. Accuracy for Regression Methods on The PFAS Dataset

Regressor	Average difference from averaged true level	R-Squared	MSE	RMSE
Lasso	0.225	0.010	0.075	0.274
Decision Tree	0.229	-0.068	0.081	0.285
Random Forest	0.234	-0.136	0.086	0.294
OLS	0.226	0.001	0.076	0.276
Neural Network	0.224	0.017	0.075	0.273

Table 1.3. Accuracy for Regression Methods on The Outside Dataset

Tables 1.1-1.3 summarize the numerical accuracy results that were obtained with each regressor per dataset. The outside dataset performed significantly worse than the other datasets for training on all counts. Interestingly the PFAS and combination datasets performed strikingly comparable, with regression models performing almost identically. This is most likely due to the feature selection process involved in the development of many of the regression models. Most feature selection algorithms ran on the combination dataset resulted in a selection of chemicals in the PFAS group. Except for the outside dataset, lasso regression with an optimized alpha parameter performed the best consistently.

Discussion

Using regression to predict perfluorodecanoic acid showed promising results. We were able to achieve high accuracy in at least one mix of method and dataset, but with specifically chosen training sets performed on one specific chemical. Due to the niche nature of our methods, this is not proof of the generalization of this technique. However, the results show promise for further development of these methods to be used in filling in data gaps on PFAS chemicals for other research opportunities. The most noteworthy takeaway from this study is to respond to the call for researchers to research methods to fill critical data gaps for the big picture of decision making, rather than filling with high certainty[3]. This is useful for other researchers that want to study the health effects of the PFAS group. Additionally for missing historical exposure data at individual sites with high exposure that would be interesting for epidemiological studies[3].

One of the biggest limitations of this study was that we lacked expert knowledge on the PFAS chemical group beyond research done for contextualization. This was supplemented by guidance LaKind provided, but there are still many results we are not able to explain with certainty. One notable discovery during the analysis was that the chemical concentration levels of Perfluorodecanoic acid given by the NHANES laboratory data were finite. Finite in that there were a finite number of possible recorded concentration levels (ng/mL).

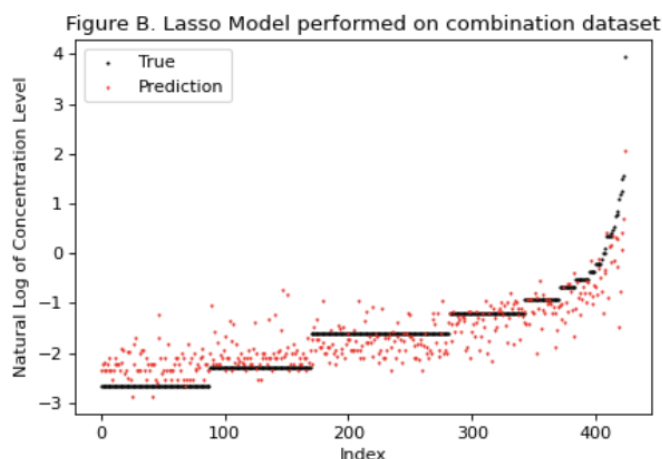
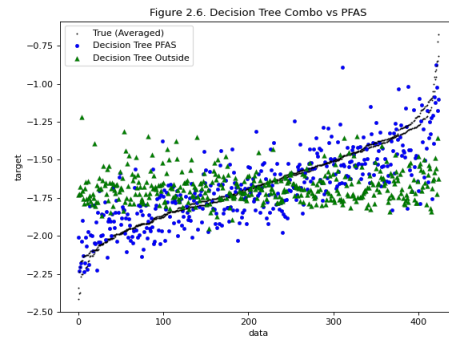
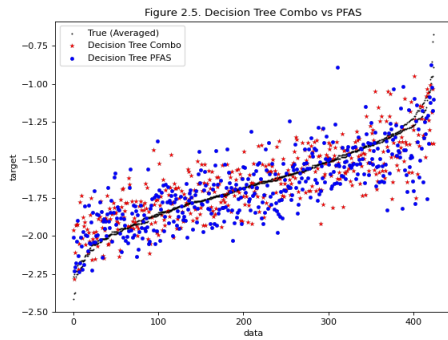
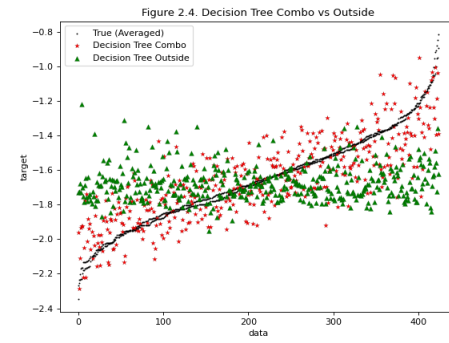
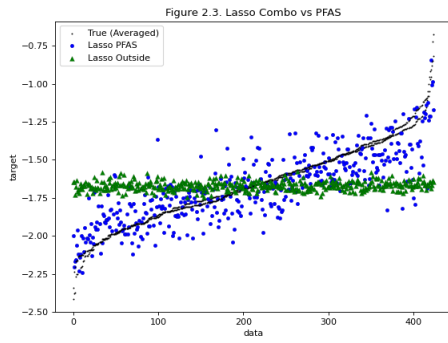
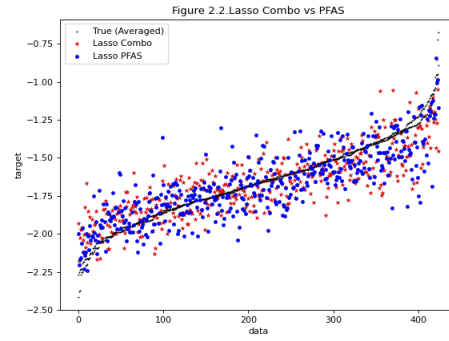
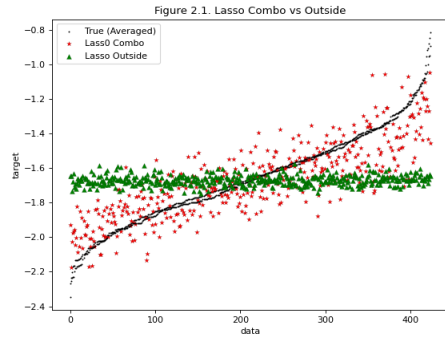


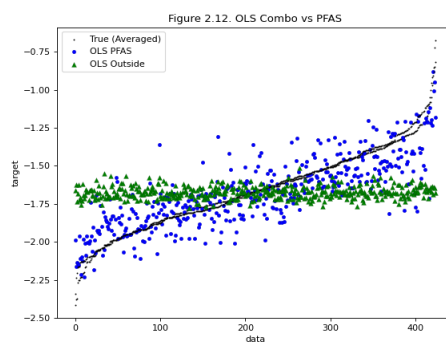
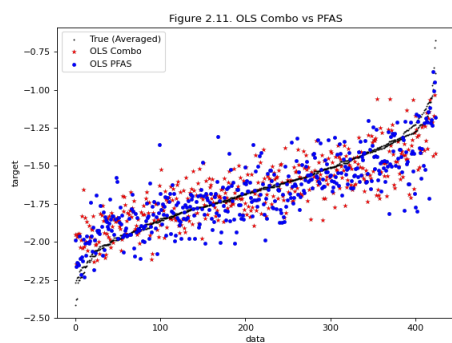
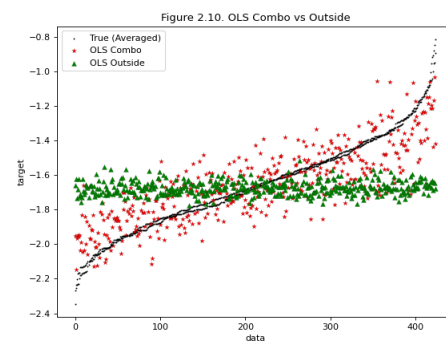
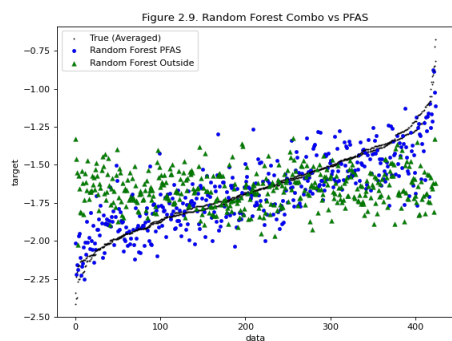
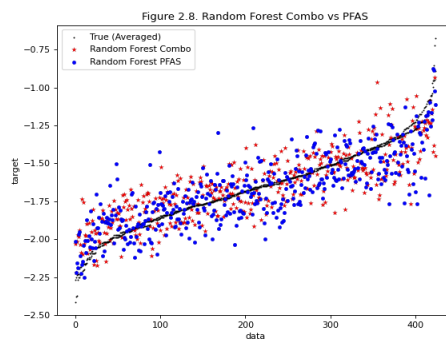
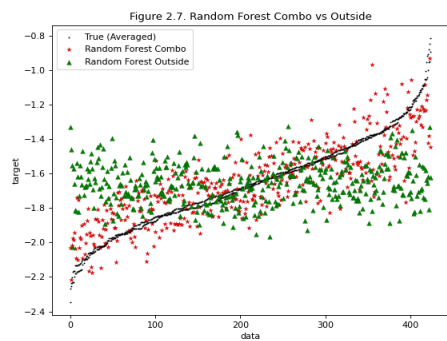
Figure B. Lasso Model Performed on Combination Dataset

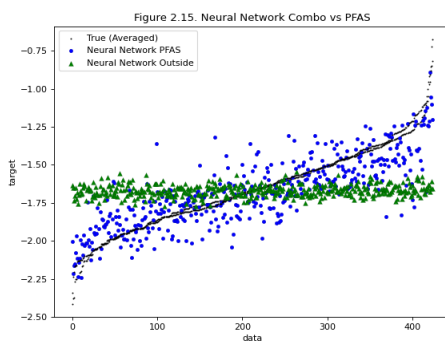
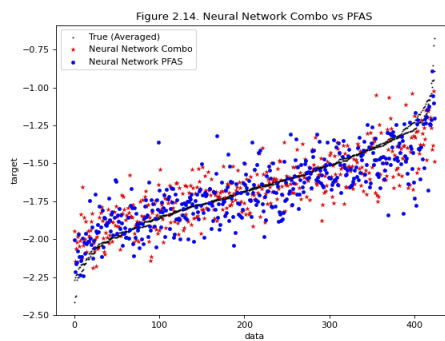
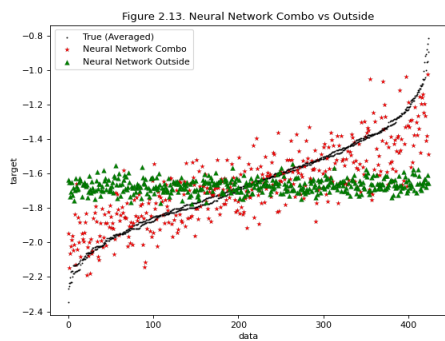
To give more context to this phenomenon, plots were initially created to visualize regression accuracy on a single run, where two scatterplots were compared. To achieve this we joined the predictions with the actual recorded levels in a Pandas data frame based on subject matching, then ordered by the actual level from lowest to largest, and the data frame was reindexed. The scatterplots are the index of the record as the x-value and the associated level as the y-value. As you can see, the actuals have finite values

(Figure B). However, we could not find an explanation for this in the NHANES documentation and do not have an explanation for this. We did run further analysis to group our predictions into the closest value in the finite levels from the training set but found that this resulted in less accurate results. For reference, Figures 2.1-2.15 were created using averaged levels across 10 runs, which is why they don't reflect this phenomenon.

Supplemental Materials







Figures 2.1-2.15. Plots for Different Groups per Regression Method
(Datasets by color: Red: Combination, Blue: PFAS, Green: Outside)

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