PSALM 30

[NEXT VERSE] 31

[NEXT VERSE] 1

For the End a psalm by David of ecstasy

In You O Lord I hope may I not be ashamed forever

In Your righteousness deliver and rescue me

[NEXT VERSE] 3 Incline Your ear to me

Rescue me speedily

Be to me a God who protects me

And a house of refuge to save me

[NEXT VERSE] 4 For You are my strength and my refuge

And for Your names sake You will guide and sustain me

[NEXT VERSE] 5 For You will bring me out from the snare they hid for me

For You are my protector

[NEXT VERSE] 6 Into Your hands I shall entrust my spirit

You redeemed me O Lord God of truth

[NEXT VERSE] 7 You hate those who maintain their empty vanities

But I hope in the Lord

[NEXT VERSE] 8 Iwill greatly rejoice and be glad because of Your mercy

For You beheld my humiliation

You saved my soul from distress

[NEXT VERSE] 9 And did not shut me up into the hands of the enemy

You set my feet in a wide place

[NEXT VERSE] 10 Have mercy on me O Lord for I am afflicted

My eye is troubled with anger

So are my soul and my stomach

[NEXT VERSE] 11 For my life is wasted with grief

And my years with sighing

My strength is weakened with poverty

And my bones are troubled

[NEXT VERSE] 12 I became a reproach among all my enemies

And especially to all my neighbors

And a fear to all my acquaintances

Those who saw me outside fled from me

[NEXT VERSE] 13 I am forgotten like one whose heart is lifeless

I was made like a vessel that is utterly broken

[NEXT VERSE] 14 For I heard the blame of many who dwell round about

When they were gathered together against me

When they plotted to take my life

[NEXT VERSE] 15 But as for me I hope in You O Lord

I said You are my God

[NEXT VERSE] 16 My times are in Your hands

Deliver me from the hand of my enemies

And from those who persecute me

[NEXT VERSE] 17 Make Your face shine upon Your servant

Save me in Your mercy

[NEXT VERSE] 18 O Lord do not let me be ashamed because I call upon You

Let the ungodly be ashamed

And lead them down into Hades

[NEXT VERSE] 19 Let deceitful lips become speechless

When they speak lawlessness against the righteous

With arrogance and contempt

[NEXT VERSE] 20 How great O Lord is the abundance of Your goodness

You hide for those who fear You

Which You will work for those whohope in You

In the sight of the sons of men

[NEXT VERSE] 21 You shall hide them in the secret of Your presence from the disturbance of men

You will shelter them in Your tabernacle from the contradiction of tongues

[NEXT VERSE] 22 Blessed is the Lord

For He magnified His mercy in a fortified city

[NEXT VERSE] 23 But I said in my ecstasy

Indeed I am cast away from the countenance of Your eyes

Therefore You heard the voice of my supplication

When I cried to You

[NEXT VERSE] 24 Love the Lord all you His saints

For the Lord seeks out truth

And He repays those who act with great arrogance

[NEXT VERSE] 25 Be courageous and let your heart be strengthened

All who hope in the Lord