PSALM 90

[NEXT VERSE] 91

[NEXT VERSE] 1

The praise of an ode by David

He who dwells in the help of the Most High

Shall lodge in the shelter of the God of heaven

[NEXT VERSE] 2 He shall say to the Lord You are my protector and my refuge

My God I will hope in Him

[NEXT VERSE] 3 For He shall free me from the snare of the hunters

And from every troubling word

[NEXT VERSE] 4 He shall overshadow you with His shoulders

And under His wings you shall hope

His truth shall encircle you with a shield

[NEXT VERSE] 5 You shall not be frightened by fear at night

Nor from an arrow that flies by day

[NEXT VERSE] 6 Nor by a thing moving in darkness

Nor by mishap and a demon of noonday

[NEXT VERSE] 7 A thousand shall fall at your side

And ten thousand at your right hand

Yet it shall not come near you

[NEXT VERSE] 8 But you shall observe with your eyes

And you shall see the reward of sinners

[NEXT VERSE] 9 For You O Lord are my hope

You made the Most High your refuge

[NEXT VERSE] 10 Evils shall not come to you

And a scourge shall not draw near your dwelling

[NEXT VERSE] 11 For He shall command His angels concerning you

To keep you in all your ways

[NEXT VERSE] 12 In their hands they shall bear you up

Lest you strike your foot against a stone

[NEXT VERSE] 13 You shall tread upon the asp and the basilisk

And you shall trample the lion and the dragon

[NEXT VERSE] 14 For he hoped in Me and I will deliver him

I will shelter him because he knew My name

[NEXT VERSE] 15 He shall call upon Me and I will hear him

I am with him in affliction

And I will deliver and glorify him

[NEXT VERSE] 16 With length of days I will satisfy him

And show him My salvation