

**Great LaBelle**  
**Chamber of Commerce**  
**July Newsletter**



**Have a wonderful  
summer!**

*I will walk about in freedom, for I have sought out your precepts.*

(NIV) Psalm 119:45

## NEW MEMBERS:

Katie Ridderman

[www.KrusinwithKati.com](http://www.KrusinwithKati.com)

239-546-3045

Direct Industrial Products

LaBelle, Fl.

[www.buydip.net](http://www.buydip.net)

863-675-0054

## UPCOMING DATES:

1<sup>st</sup> -18<sup>th</sup>

Summer Camp-ZFH

4<sup>th</sup> -7<sup>th</sup>

Two Peas will be CLOSED

4<sup>th</sup>

Fireworks @ Barron Park at Sunset

8<sup>th</sup>

Stick a Fork in Cancer-Two Peas

19<sup>th</sup>

Poker Run Barron Park - A.C.T

21<sup>st</sup> - 25<sup>th</sup>

VBS Son Treasure- First Christian Church

23<sup>rd</sup> -25<sup>th</sup>

Home Based Business-Barron Library

## **Celebrating July 4th Safely: Fireworks Big and Small Can Pose Risks:**

Sparklers, bottle rockets and small firecrackers may appear harmless due to their size however, during the 30 days surrounding July 4, these fireworks send injured consumers to emergency rooms. Burns and lacerations to the hands, face, and head were the most frequently reported injuries. **About 40 percent of the injuries that occur are related to firecrackers, bottle rockets, and sparklers.**

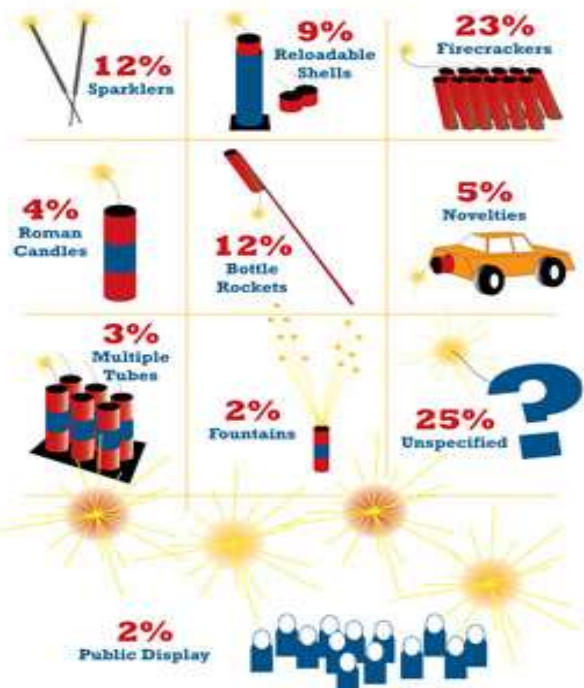
The CPSC's annual death and injury report on fireworks also indicates that approximately 40 percent of estimated injuries occurred to children younger than 15 years of age.

Never assume that a fireworks device is safe based on its size and never allow young children to play with or light fireworks. By knowing the dangers of all types of fireworks, consumers can prevent tragedies.

### **Most Injured Body Parts**



### **Injuries by Fireworks Type\***



\*These percentages do not account for how many products are used.

# JOB OPPORTUNITY:

## BOOKKEEPER – PART-TIME

Looking for a detail oriented person with accounting software experience to do the accounts receivable and accounts payable for camp & retreat center. Position requires 3 – 5 yrs. of bookkeeping experience. Please call 863-675-0334 or email your resume to [mpierce@umriversideretreat.org](mailto:mpierce@umriversideretreat.org)

## Home Based Business – Getting Started

The Hendry County Library system is providing you an opportunity to get the essentials of starting and operating a home based business. The program provides information you will need to consider and includes naming your business, licensing, resources, accounting, bookkeeping, taxes and more. Get the facts and then get started.

Choose from 3 options on time and location: **Clewiston Library** at 5:00 p.m. – 7:30 p.m. on July 16, 17, & 18; **Barron Library** at 9:00 a.m. to Noon, July 23, 24, & 25; **Harlem Library** at 4:00 p.m. – 6:30 p.m. on July 29, 30 & 31.

Upon course completion you will receive financial assistance for your local business license. This program is being provided at no charge to you through a grant from Southwest Florida Community Foundation. Janice Groves will facilitate the classes. Call your favorite Hendry County library (Clewiston 863-983-1493, LaBelle 863-675-0833 or Harlem 863-902-3322) for more information and registration



# Poker Run to LaBelle

July 19- Saturday

event time 12-6 pm

## registration locations

▷ Haus of Trikes 9-10:30 am  
4601 Fowler St, Ft Myers 33907  
Contact: Liz 239-292-0327

▷ Black Widow HD 9-10:30 am  
2224 El Jobean Road, Port Charlotte 33948  
Contact: Lady K 479-877-0485  
Last Bike In at 2 pm.

**\$10 rider**

**\$5 passenger**

all riders receive taste testing  
armband at end of run.

Barron Park - Bears & Barbeque

Benefit for

ABUSE COUNSELING & TREATMENT  
A non-profit agency serving for victims  
of domestic violence & sexual abuse.



Wall plaque to largest ride in group to register.

## Bike Show in LaBelle



Joining the community event  
JULY 19 @ BARRON PARK  
BEARS & BARBEQUE COOKOFF  
FUNDRAISER FOR A.C.T.



EVERYONE WITH AN ARMBAND gets to visit BIKESHOW ROW  
to vote ON their FAVORITE BIKE BY DROPPING a SPECIAL  
RAFFLE ticket INTO the PAPER BAG at the FRONT WHEEL OF  
the BIKE of their choice. The BIKES with the TOP FIVE  
amounts OF tickets IN the BAGS WIN AS FAVORITES.

**\$5 Registration Fee** trophies out at 8

KruisinWithKati@aol.com  
239-246-3045

# firehouse community theatre inc.

1. **Marrying Walt** -A comedy about getting hitched. Directed by Michael Shough.
2. **Drinking Habits**-Laugh out loud farce with two nuns secretly making wine to keep the doors of the convent open. Directed by Dave Johnson.
3. **Little Shop of Horrors**- A comedy, rock, horror, and musical – with music from the 60's, rock & roll, doo-wop, Motown. Directed by Maureen Doucette.
4. **Up Close From a Distance**- A supernatural love story, written by Chuck Wood, Directed By Deb Kik & Joel Hawkins.
5. **Back on Broadway** – Give your regards to Broadway with Nick Fidanza and the Firehouse Singers.
6. **Guilty Conscience** - (Off Bridge Street post season play) Courtroom Drama is setting for complex murder mystery. Directed by Laura Reed and Jeni Dyess.

**SAVE THE DATE:** Our Season this year kicks off with *Invitation Only Premier Party* October 30, 2014.

## SEASON TICKETS & CORPORATE SPONSORS Benefits

- Five Fabulous Productions from October to March  
Above all else, the Firehouse Community Theatre Season Ticket means you can ensure that you see every one of our fantastic shows this season - it's a great way to guarantee your seats for our biggest productions, and also to give yourself that extra push to see plays you perhaps don't know quite so well.
- Best Seats  
Get the best available seats in the House and sit in them for every show in the season. Now since the details of our 2014-2015 season have been announced, you'll have the first opportunity to book those seats again.
- Priority Booking  
We don't open booking for individual shows until early October, so a Season Ticket allows you to beat the crowds and get the best seats. If we arrange any additional productions/shows throughout the year, you'll be the first to hear about it and will be able to book before anyone else, usually with an exclusive Season Ticket price.
- Flexibility  
Booking early has the benefits of putting dates into your calendar before it fills up with other arrangements. However, we know you can't guarantee that your plans won't change nearer the time, that's why we give you the option to change your dates at no extra charge (see Ticketing Policy on our web page).
- Recognition

Firefighter Season Tickets Holders and all Corporate Sponsors levels receive invitations to our Premier Party, and all special events held throughout the year. Your name will appear in each playbill cover as a Season Member and Corporate Sponsors receive an ad in the playbill.

Thank you so much for your continued support of our theatre! FCT had a wildly successful season last year, and we owe it all to YOU. We look forward to seeing you again this year.

Michael Shough  
President of the Firehouse Community Theatre



Two Peas Café is participating in

# Stick a FORK in Cancer

Dine out on July 8, 2014 and Two Peas Café will donate 20% of their sales back to the American Cancer Society.



**TWO PEAS CAFÉ**

Home of

**GRANNY ELLA'S PIES**

870 Hwy. 80 West Suite 500, LaBelle, Florida

Breakfast • Lunch • Dine-in • Take out

**863-675-2891**

Brought to you by:



And





# Children's Garden of LaBelle **HAS MOVED!**

## **NEW LOCATION:**

### **88 South Main Street • LaBelle**

**Child Care of Southwest Florida** invites you to a half-hour tour of our new center. Please join us:

**Tuesday, July 22 at 10 a.m., or**

**Thursday, July 24 at 9:30** – come for the 9:30 a.m.

LaBelle Chamber of Commerce ribbon-cutting with tour to follow

Learn about our Creative Curriculum with individualized lesson plans for children ages 1 to 8; our Voluntary Pre-Kindergarten program; and why kindergarten is too late.

**Please reserve your tour spot:**

email **Info@CCSWFL.org** or call  
Center Director Sonya Flores at  
**863-675-3311.**



**CHILD  
CARE**  
of Southwest Florida, Inc.

Accepting children from  
age 1 yr. through 8 yrs.

LIC. #C20HE9917





# *Oxbow Grille Hours*

## *Sunday Brunch*

*10 a.m. - 2:30 p.m.*

*Closed on Mondays*

## *Dinner*

*Tuesday - Saturday*

*With Daily Specials*

*4:00 p.m. till close*



# DOOR BUSTERS

**WINDMILL SPRINKLER**

**July 2014**

**Quantities are limited. While supplies last.**



**Lufkin**

**\$3<sup>39</sup>**  
EA

**1-In. x 25-Ft. Tape Rule**

Durable ABS case. Unique slide lock. Orange color makes it easy to find. (1192996) (L625/L525)



**STANLEY**

**\$1<sup>89</sup>**  
EA

**6-In. Slip Joint Pliers**

Two-position, adjustable joint design used for grasping and turning. Slip-resistant bi-material handle for a comfortable grip. (4606547) (84-055)



**swan**

**\$11<sup>99</sup>**  
EA

**5/8-In. x 50-Ft. All Weather Garden Hose**

Five-ply design for outstanding strength. Dual reinforcing. Highly kink resistant. (6296339) (SNWG58050)



**\$22<sup>19</sup>**  
EA

**3-Gal. Water Cooler**

Industrial strength water cooler keep water cold, clean and available. (6844443) (00000431)



facebook

**Windmill Sprinkler & Hardware**

**9779 W. Atlantic Ave. • Delray Beach, FL 33446 • 561-495-2311**



**6425 SR 80 West • Labelle, FL 33935 • 863-675-2801**

**1535 W. Sunrise Blvd. • Ft. Lauderdale, FL 33311 • 954-763-3411**

*Locally owned & operated*

[www.facebook.com/windmillsprinkler](http://www.facebook.com/windmillsprinkler)

*Si se habla español!*

[www.windmillsprinkler.com](http://www.windmillsprinkler.com)

(863)675-2074



## **Attention Customers**

### **Friday, 4th of July**



**Take the day off . . . . WE ARE!**

**We will be closed on Friday, July 4th and Saturday, July 5th,**

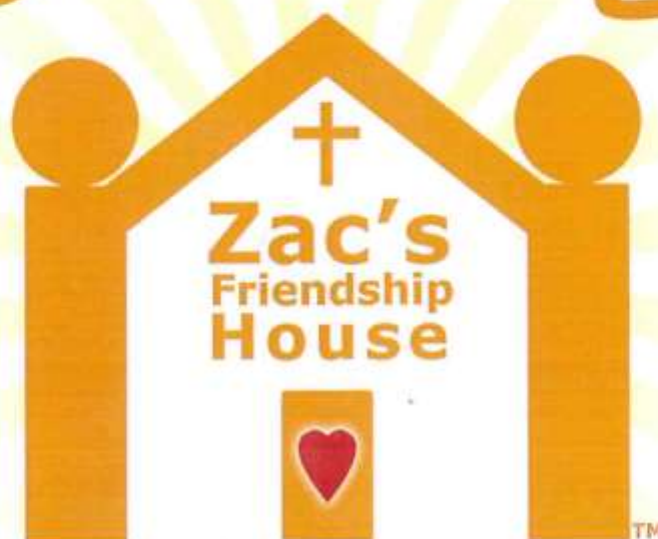
**See you for lunch on Sun. July 6, 2014**

***Have a great Holiday weekend and be safe!***



# 2014 Summer Camp @ ZFH

Indoor Rec  
Outdoor Sports  
Swimming



Ministry  
Movies  
Snack Bar

Breakfast and Lunch Provided  
Students Entering 6th - 8th Grades

Weekly - June 9 thru July 25  
7:30 AM - 5:30 PM

\$15.00 Registration Includes ZFH Shirt  
\$35.00 per week

Pre-Registration at ZFH  
June 2 - June 6  
noon - 6:00  
or online  
[ZacsFriendshipHouse.org](http://ZacsFriendshipHouse.org)

Limited  
Space  
Available





**Shooting Sports Camp!** If you enjoy shooting sports and are interested in becoming a certified hunter through the Florida Fish and Wildlife Conservation Commission, this summer day camp is for you. During this fun filled week, you will learn the information, skills, and attitude to be a safe hunter. Upon completion of the summer camp, participants will take a 50 question multiple choice test as well as a range day in order to receive a Hunter Safety Certificate. The camp is open to youth, ages 10-18 as of Sept. 1, 2013. The camp will be held July 8-11, 2014 from 9:15am to 3:00pm at the LaBelle 4-H Office. Space is limited to the first 25 youth. If you have received your Hunter Safety Certificate in past years you will only be able to attend as a helper with approval of 4-H staff and if there are openings after the first time participants have signed up. Transportation to and from Clewiston will be provided. Contact the 4-H office as soon as possible to reserve your spot.



MARROQUIN'S LEARNING CENTER

MARROQUIN'S LEARNING CENTER

1220 H.W.Y 29 SOUTH

LABELLE, Florida 33935 Phone: 863/674-0387

ENROLLING CHILDREN FOR V.P.K IN AUGUST. IF YOUR CHILD IS FOUR OR WILL BE BY SEPT.1, 2014 THEY WOULD QUALIFY FOR THE V.P.K PROGRAM.

THE PROGRAM WILL START AT 8:00 AM TO 12:30 MONDAY TO FRIDAY FOR 154 HOURS FREE OF CHARGE WITH WRAP- AROUND AVAILABLE TO PARENTS.

FUN SUMMER PROGRAM WILL START ON JUNE 9<sup>TH</sup> UNTILL AUG. 15,2014, WITH FREE BREAKFAST, LUNCH, SNACK, COME ON DOWN AND CHECK US OUT FOR YOUR CHILD'S NEEDS





SonTreasure Island on July 21-25 at  
First Christian Church from 9 AM till 12 PM. I  
have attached an image of the theme from the  
website to this email. If you need anything else  
or if I need to put something together for you to  
put in the newsletter other than the date and time,  
you can call me at 863-233-1176.







# THE GLADES SUMMER GOLF SEASON

June 1, 2014 - October 31, 2014

## SUMMER RATES

9 Holes Walking - \$10.00

18 Holes Walking - \$15.00

9 Holes With Golf Cart - \$15.00

18 Holes With Golf Cart - \$20.00

## ALL PLAY

All The Holes You Want To Play!

12:00 p.m. until 7:00 p.m.

Walking - \$15.00

With Golf Cart - \$20.00



The Glades 9-hole championship golf course was designed by Mark Sauger. This 3,178 yard par 36 course is surrounded by live oak trees and broad, rich green fairways of Bermuda grass. There's lots of character to the course, water features and native Florida landscaping.



1682 Indian Hills Drive, Moore Haven, Florida 33471

Conveniently Located on State Road 80 - Between LaBelle and Clewiston

Golf: 863-983-8464 • RV & Cabin Reservations: 863-983-8070

**TheGladesResort.com**



## Save the date:

\*Saturday, November 8, 2014 the Downtown LaBelle Revitalization Corporation and Arts of the Inland bring you Wharf Walk featuring live jazz, art and food.

\*Sunday, November 9, 2014 Arts of the Inland present "Perceptions Art Show"

Saturday, January 31, 2015 Arts of the Inland present Inland Art, Craft & Mu-sic Festival, Barron Park, LaBelle

**July 14, 2014** – 10-1 p.m., ACSWF Co-op Art Gallery Receiving

**July 16, 2014** – 1-3 p.m., Receiving at Keiser University Gallery

**July 26, 2014** – 11-1:30 p.m., Intro to Painting Techniques by AOI artist June DeVincent at East County Regional

Library, 881 Gunnery Rd., Lehigh

**August 6, 2014** – 6-7 p.m., Dulcimer & Fiddle Recital by AOI performing artist Joyce Waltman and Naomi at East County Regional Library, 881 Gunnery Rd., Lehigh

**September 9, 2014** – 6-7:30 p.m., AOI Meeting (location to be announced)

Summer Adult Programs at the East County Regional Library Meeting Room, 881 Gunnery Road, Lehigh Acres. All programs are free and open to the public. Advance registration is required. Contact Librarian Sarah Brown 239-533-4215.

Wednesday, June 4<sup>th</sup> at 6 – 7: 30 p.m. Join award-winning local artist Donna Thewlis to learn about the art of porcelain painting. Donna will speak on the techniques and products porcelain painters use, do a live demonstration and give attendees the opportunity to try their hand at the art form during class. All materials will be supplied.

**Wednesday, June 25<sup>th</sup>** at 6 – 7:30 p.m. Join local artist Kim Arnett as she shares the secrets and history of various types of masks, then create a mask in the well-known Venetian style to take home. All supplies provided.

**Saturday, July 26<sup>th</sup>** at 11-1:30 p.m. Award-winning local artist June DE Vincent will demonstrate four types of painting medium and answer questions about techniques and products. Participants will have the opportunity to try their hand at any or all of the painting mediums during class. All supplies provided.

**Wednesday, August 6<sup>th</sup>** at 6 – 7:00 pm. Join local performance artists Joyce Waltman and Naomi as they share musical selections on both the fiddle and the dulcimer. Folk music, old hymns and original compositions will be played.

# Sunglass Extravaganza

**Kate Spade**

Calvin Klein

Christian Dior

Burberry



VOVO

Coach

Maui Jim

**CARRERA**

OAKLEY

**Dolce & Gabbana**

Great Savings On Sunglasses For  
The Whole Family Just In Time  
For The Bright Summer Sun.

**Save up to 50 %  
on entire selection of  
sunglasses in stock!**

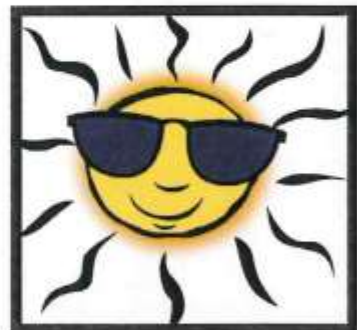
**No Appointment Needed**

**Prescription &  
Non-Prescription  
Sunglasses Available**

**The Optical Center  
All day every day during  
June 30th—July 3rd**

Family Eye Care  
100 N Main Street  
LaBelle

(863) 675-0761







LORI M. SHULA, MA, LMHC  
**LIFE COUNSELING**

## SUMMERTIME S-T-R-E-S-S

*Any of these sound familiar?*

Sleeplessness

Tension all over

Roaring headache

Eating pattern upsets

Shouting and Screaming

Slipping up on details at work and home

*You may be having Summertime Stress!*

Some say "summertime and the livin' is easy"...possibly...but for some summertime is a time of extra stress. The businessperson worries about slower trade and reduced income; kids are off school changing family patterns; vacation time adds the extra burdens of all kinds. As if that's not enough? Its HOT in Southwest Florida!!

**Time to take action!** Family day trips to nearby State Parks reduces cost. Go to <http://www.floridastateparks.org/> Rainbow Springs pictured below is a winner!!

There's always a breeze at nearby beaches...pack a picnic lunch and plenty of water and don't forget the sunscreen!!

Want more ideas? Check out this handy Florida website for great "Five bucks or less" ideas <http://www.visitflorida.com/en-us/trails/articles/2008/may/fun-under-five-bucks.html>

Treat yourself to a personal pick-me-up with massage : professional quality at reduced cost with appointments available seven days a week at Florida Academy, 4387 Colonial Blvd, Ft Myers 239.489.2282. Also available in the Student Clinic: hair, nails, and skin care treatments.

Banish Stress ... Take charge of Summertime and reap the benefits. Good Times!!

*Now accepting new clients in areas of Mental Health Difficulties, Marriage and Family issues, Career Decisions and other Life Challenges. Call for free consultation.*



Phone/Text 239.292.4458  
[www.lorishulatherapist.com](http://www.lorishulatherapist.com).  
[shulacounselor1@comcast.net](mailto:shulacounselor1@comcast.net)

825 E. Cowboy Way  
Suite 106  
LaBelle, Florida 33935

LORI M. SHULA, MA  
LICENSED MENTAL HEALTH COUNSELOR



## Game Day Tickets \$40

**DolFan's** Purchase your Upper Level Seats  
for the *Sunday, November 2nd 1:00pm*  
game vs. the San Diego Chargers today!

Catch a ride on our very  
own **DolFan's Express?**  
For \$30\* you can step  
aboard our Bus for a  
fun ride to the game,  
and don't forget your  
coolers for a tailgate  
party before the game!

Call **863-983-7979**  
Today to reserve your  
Game Day Tickets!



Reservation Required in advance - minimum number of riders needed to be viable





Landscaping  Lawn Care

*A Cut Above The Rest!*

## Services

-  Mowing
-  Weed Eating
-  SOD
-  Irrigation
-  Pressure Washing
-  Debris Removal
-  Landscape Design
-  Light Construction  
and Much More...



*For a full list of services Call Us!*

**[863] 234.5624**

Licensed



Insured

Call Today for **FREE ESTIMATE**



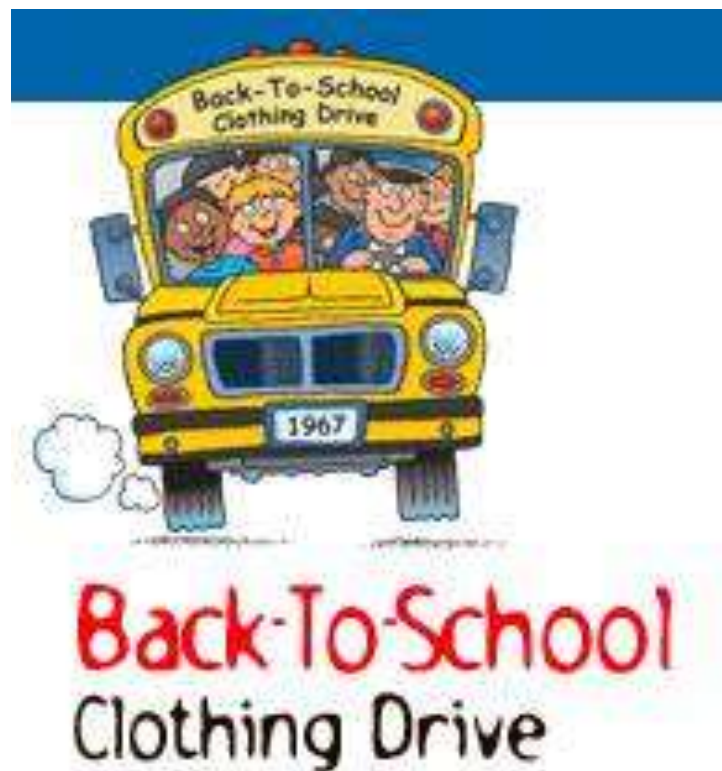
# Community Harvest Worship Center

We are collecting clothes for a community clothes drive for school kids that may need help starting off the school year.

Donations are being accepted now through the end of July so we will be able to give out on August 4th-8th from 9:00 am to 1:00 pm.

We need them clean and in good condition from sizes 5T to adult boys and girls. Girls & teen Blouses, dresses, shorts, jeans and Boys & men's shirts, shorts, and jeans... The clothes can be dropped off at the church.

We want to reach out to our community and help families with giving these school clothes.



**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.

**Rick Scott**

Governor

**John H. Armstrong, MD, FACS**

State Surgeon General &amp; Secretary

**Vision:** To be the **Healthiest State** in the Nation**FOR IMMEDIATE RELEASE**

June 30, 2014

**Contact:** Communications

(863) 674-4041

**Dehydration and Heat Exhaustion by Pat Dobbins**

Hot temperatures and high humidity means lots of sweating and this increases your chance of dehydration. To avoid becoming dehydrated, it is important to drink plenty of fluids, especially water (**even if you don't feel thirsty**). Depending upon your physical activity and heat exposure during hot weather, it's a good idea to drink even more water.

According to health experts, fluid requirements vary from person to person. Please keep in mind that people with medical conditions such as kidney disease, heart disease, or those who require a fluid restricted diet or who have problems with fluid retention should consult a physician before increasing their fluid consumption.

Knowing the signs of dehydration and knowing what to do, is very important.

**Signs of dehydration can include:**

- Excessive thirst
- Headache
- Weakness
- Feeling dizzy or light headed
- Nausea
- Muscle cramps
- Feeling overly tired or sluggish
- Feeling irritable

You could also experience decreased urine levels and/or urine that has a strong odor or is darker than normal. You may experience all, some or none of these signs so the best way to avoid dehydration is to monitor your water or fluid intake, modify your physical activity, or reduce the length of activity according to weather conditions.

Don't wait for the symptoms of dry mouth, flushed skin, headaches, lightheadedness or fatigue. You should prevent dehydration by drinking plenty of fluids throughout the day. Help to avoid becoming dehydrated by staying out of the direct sun, wearing light colored and loose fitting clothing, limiting physical activity, and using fans when possible. If you suspect you are becoming dehydrated, get to a cool or shady area and sip cool water or fluids. If your condition does not improve, seek medical attention immediately,

Another heat-related illness is heat exhaustion. Heat exhaustion can develop after exposure to high temperatures and inadequate or unbalanced replacement of fluids. Elderly, people with high blood pressure or people who work or exercise in a hot environment, are more prone to heat exhaustion.



It's Summertime  
At Spectacular Eyecare!

Come check out our new selection of frames:

TOMMY HILFIGER

Juicy Couture



Ray-Ban

BOBBI BROWN

Mention this e-mail and receive an additional 25% off our already  
Spectacular prices.

Outside prescriptions are accepted.

Look Spectacular this Summer!

Call Today for an appointment.



863-675-2015

415 W Hickpochee Ave .



