

# One Sample t Test

```
> ### Descriptive Statistics
```

```
> (Outcome) |> describeMoments()
```

Summary Statistics for the Data

	N	M	SD	Skew	Kurt
Outcome	8.000	4.000	3.117	0.151	-0.467

These values are produced by the “Descriptives” commands. See the earlier annotated output for details of how these are computed from frequency distributions.

```
> ### Inferential Statistics
```

```
> (Outcome) |> estimateMeans(mu = 7)
```

Confidence Intervals for the Means

	Diff	SE	df	LL	UL
Outcome	-3.000	1.102	7.000	-5.606	-0.394

The Standard Error of the Difference (“SE”) provides an estimate of how spread out the distribution of all possible random sample mean differences would be. Here it’s calculated as:

$$SE_M = \frac{SD}{\sqrt{N}} = \frac{3.117}{\sqrt{8}} = 1.102$$

```
> (Outcome) |> testMeans(mu = 7)
```

Hypothesis Tests for the Means

	Diff	SE	df	t	p
Outcome	-3.000	1.102	7.000	-2.722	0.030

This section provides a confidence interval around (centered on) the Mean Difference (“Diff”). Calculation requires the appropriate critical value. Specifically, the  $t$  statistic (with 7  $df$ ) that has a probability of .05 equals 2.365. As a result:

$$CI_{DIFF} = M_{DIFF} \pm (t_{CRITICAL})(SE_M) = -3.000 \pm (2.365)(1.102)$$

Thus, the researcher estimates that the true population mean difference is somewhere between -5.606 and -.394 (knowing that the estimate could be incorrect).

```
> (Outcome) |> standardizeMeans(mu = 7)
```

Confidence Intervals for the Standardized Means

	d	SE	LL	UL
Outcome	-0.963	0.438	-1.792	-0.089

The Mean Difference (“Diff”) is the difference between the sample mean ( $M = 4$ ) and the user-specified test value ( $u = 7$ ). For the example, the sample had a mean one point higher than the test value. This raw effect size is important for the significance test, the confidence interval, and the effect size.

Cohen’s “d” provides a standardized effect size for the difference between the two means.

$$d = \frac{M - \mu}{SD} = \frac{-3.000}{3.117} = 0.963$$

Given Cohen’s heuristics for interpreting effect sizes, this would be considered a large effect.

The “t”, “df”, and “p” columns provide the results of the statistical significance test. First,  $t$  provides the standardized statistic for the mean difference:

$$t = \frac{M - \mu}{SE_M} = \frac{-3.000}{1.102} = -2.722$$

The  $t$  statistic follows a non-normal (studentized or  $t$ ) distribution that depends on degrees of freedom. Here,  $df = N - 1 = 8 - 1 = 7$ . A  $t$  with 7  $df$  that equals -2.722 has a two-tailed probability ( $p$ ) of .030, a statistically significant finding.