

NAME: _____ ID: _____

SELF-ASSESSMENT AND REFLECTION

PSYC 399: Independent Study

Activity Grade:

To insure that they have met the designated learning outcomes, students will complete a self-assessment and reflection of performance. This will not only enhance students' understanding of the experiential learning project, but will assist the instructor in determining the student's grade for this course. [Although the student's input is being requested, this does NOT imply that the instructor must incorporate the student's opinion into the final grade for the course. The instructor will also rate the student's performance and will determine the final grade.]

Learning Outcome: Students will use professional skills in Psychology to study, develop, implement, or apply research findings in everyday settings.

Please rate your performance using the following rubric as accurately and honestly as possible. Simply circle or mark the option that best represents your level of performance.

Category	Unacceptable	Problematic	Satisfactory	Good
Complete Learning Project	The student's work represents low quality professional activity.	The student's work represents fair quality professional activity.	The student's work represents good quality professional activity.	The student's work represents high quality professional activity.

In order to justify the rating given above, please describe what you have learned about studying, developing, implementing, or applying research findings in everyday settings as a result of this experience.

Learning Outcome: Students will complete an oral or written reflection that describes what they have learned about themselves, their experiences, and Psychology in general as a result of the project.

Please rate your performance using the following rubric as accurately and honestly as possible. Simply circle or mark the option that best represents your level of performance.

Category	Unacceptable	Problematic	Satisfactory	Good
Complete Reflection	The student's reflection does not accurately summarize the learning experience.	The student's reflection provides a very limited summary of the learning experience.	The student's reflection provides a good summary of the learning experience.	The student's reflection provides an insightful summary of the learning experience.

In order to justify the rating given above, please describe what you have learned about yourself, your experiences, and Psychology in general as a result of this experience.

Completion of the Self-Assessment: By signing this document, I affirm that I have accurately described my performance in PSYC 399 (Independent Study).

Project: _____ Credits: _____

Student: _____ ID: _____

Signature: _____ Date: _____