

Questions about your plan 0800 587 0955

Monday to Friday 8:30am to 5:30pm

Claims

0800 206 1808

Monday to Friday 8am to 8pm and Saturday 9am to 5pm

24 hour medical help and information 0800 003 004

If you have hearing, speech or visual difficulties axahealth.co.uk/accessibility

This gives helpful information and support on how to access your documentation and different ways to communicate with us.

This handbook and other literature can be provided in Braille, large print or digital audio, please contact us.

Manage your membership online

You can make a claim or pre-authorise treatment online at axahealth.co.uk/mol You can also view your membership documents, update your details, message us and manage your plan securely.

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1 Quick-start guide to your membership

This section explains the basics of the cover your **group** has chosen. It also tells you some of the key things that are not covered too.

Reading this section will help you to understand the rest of the information in the handbook.

The tables in this section only give you an outline of your cover. For full details of your cover, please read the rest of your handbook too.

Cover is provided under a **group insurance contract** provided to the **group**, who is the legal holder of the **plan**. The **group** has chosen this **plan** to provide cover for its members or employees.

Lead members and any **family members** covered under the **group insurance contract** are entitled to the benefits as set out within this handbook, subject to receipt of the **premium** from the **group**.

Your rights to cover arise under the **group insurance contract** with the **group**. Renewal of your cover under the **group insurance contract** is dependent on the **group** renewing the **group insurance contract** and your cover under that contract.

If you have any questions about your membership to the **plan** or want to make any changes such as adding a **family member** or ending your cover under the **plan** please contact your **group administrator**.

- 1.1 > Your core cover applies to all members
- 1.2 > Extra cover from Options
- 1.3 > The main things we don't cover
- 1.4 > Ask our health professionals

Words and phrases in bold type

Some of the words and phrases we use in this handbook have a specific meaning. For example, when we talk about **treatment**.

We've highlighted these words in **bold**. You can find their meanings in the glossary or in the section they apply to.

You and your

When we use you and your, we mean the **lead member** and any **family members** covered by your **plan**.

We, us and our

When we use we, us and our, we mean AXA PPP healthcare Limited, trading as AXA Health, who is the insurance company who underwrite this product.

1.1 > Your core cover – applies to all members

This table shows you the core cover your membership gives you.

| Core cover table | | |
|---|---|--|
| If you're an in-patient- or day-patient | | |
| Private hospital and day-patient unit fees | ✓ Paid in full so long as you use a private hospital or daypatient unit listed in our Directory of Hospitals | Including fees for in-patient or day-patient: |
| Cash payment if you use a hospital or day-patient unit that is not in our Directory of Hospitals This cash payment does not apply if you have the Extended Cover Option. | ✓ £50 a night for in-patient treatment ✓ £50 a day for day-patient treatment | If you have eligible private in-patient treatment or day-patient treatment at a hospital or day-patient unit that is not in our Directory of Hospitals. 3) For details, see 3.8 |
| Specialist fees | ✓ No yearly limit | Includes fees for: |

| Hospital accommodation for one parent while their child is in hospital | ✓ Paid in full | Covers the cost of one parent staying in hospital with their child. The child must be covered by your membership and having treatment covered by it. |
|--|---|---|
| Hotel accommodation for one close relative or friend while a member is in hospital | ✓ Up to £100 a night up to £500 a year | Cover towards the costs for one close relative or friend to stay near to the private hospital where a member is having treatment . The member must be having treatment covered by the plan and the purpose of the hotel stay must be to provide support to the member. We will not take any excess off this cash payment. |
| If you're an out-patient | | |
| Surgery | ✓ No yearly limit | » For details, see 3.6 |
| CT, MRI or PET scans | ✓ Paid in full at a scanning centre, or hospital listed as a scanning centre in our Directory of Hospitals | A specialist must refer you. CT = Computerised Tomography MRI = Magnetic Resonance Imaging PET = Positron Emission Tomography For details, see 3.8 |
| Cash payment if you have a private CT, MRI or PET scan at a hospital or day-patient unit that is not in our Directory of Hospitals This cash payment does not apply if you have the Extended Cover Option | √ £50 each visit | If you have a private CT, MRI or PET scan at a scanning centre that is not in our Directory of Hospitals . * For details, see 3.8 |

| Other benefits | | |
|---------------------|---|---|
| AXA Doctor at Hand | ✓ Unlimited video or telephone consultations through the AXA Doctor at Hand service | Access to the AXA Doctor at Hand service for video or telephone consultations. For information on terms and conditions, registering and how to use this service, please visit: axahealth.co.uk/onlinegpservice/register > See Section 2 Making a claim for more information. If you have an excess, we will not take this off this benefit. |
| Ambulance transport | ✓ Paid in full | If you are having private in- patient or day-patient treatment and it is medically necessary to use a road ambulance to transport you to another medical facility. |
| External prosthesis | ✓ Up to £5,000 for the lifetime of your membership | We will pay this benefit towards the cost of providing an external prosthesis . If you have an excess, we will not take this off this cash payment. For details, see 4.11 |

| Cash payment if you have chemotherapy or radiotherapy free on the NHS | √ £50 a day up to £2,000 a year | If you choose to have day-patient or out-patient chemotherapy or radiotherapy to treat cancer on the NHS. We will only pay this if the treatment would have been covered by your membership. If you have an excess, you do not have to pay this if having this treatment. » For details, see 4.1 |
|--|--|---|
| Ask our health professionals | ✓ Direct access to our health professionals for members 24/7 | » For details, see 1.4 |

1.2 > Extra cover from Options

The following tables show you what cover your Options give you. Your membership guide shows which Options you have.

Out-patient Options

| out patient options | | |
|--|---|---|
| Standard Out-patient Option table | | |
| Cover applies when you're an out-patient | | |
| Specialist consultations | ✓ Up to two specialist consultations a year | This includes remote consultations by telephone or via a video link instead of you going to an out-patient clinic. We pay for consultations in the order we assess the claims, which may not be the same order that you had the consultations. So the consultations we pay for may not be the first two that you had. For details, see 3.7 |

Diagnostic tests performed by your specialist or when your specialist refers you √ No yearly limit

Enhanced Out-patient Option table

Cover applies when you're an out-patien

Specialist consultations

Diagnostic tests performed by your **specialist** or when your **specialist** refers you

Practitioner fees when your **specialist** refers you

✓ A combined yearly limit of £1,000

This includes remote consultations by telephone or via a video link instead of you going to an **out-patient** clinic.

Practitioners are recognised **nurses**, dieticians, orthoptists, speech therapists and audiologists.

For details see 3.7

Full Out-patient Option table

Cover applies when you're an out-patient

Diagnostic tests performed by your **specialist** or when

your **specialist** refers you

Specialist consultations

Practitioner fees when your **specialist** refers you

✓ No yearly limit

This includes remote consultations by telephone or via a video link instead of you going to an **outpatient** clinic.

Practitioners are recognised **nurses**, dieticians, orthoptists, speech therapists and audiologists.

» For details, see 3.7

| Therapies Option table | | |
|---|---|--|
| Fees for out-patient treatment by physiotherapists acupuncturists , osteopaths or chiropractors | No yearly limit on fees up to an overall maximum of ten sessions in a year on GP referral or when you have physiotherapist treatment through our muscles, bones and joints service. Further sessions when your specialist refers you as long as we agree them first. | We call physiotherapists, osteopaths and chiropractors therapists . » For details, see 3.7 |
| Montal Health Ontion table | | |

Mental Health Option table

f vou're an in-patient or day-patient

| tient | |
|---|--|
| ✓ Paid in full | So long as you use a hospital or day-patient unit in our Directory of Hospitals. Including fees for: • accommodation • diagnostic tests • drugs. » For details, see 3.8 |
| ✓ £50 a night for in-patient treatment ✓ £50 a day for day-patient treatment | If you have private in-patient treatment or day-patient treatment for a psychiatric condition at a hospital or day-patient unit that is not in our Directory of Hospitals. » For details, see 3.8 |
| ✓ No yearly limit | » For details, see 3.7 |
| | |
| ✓ No yearly limit | This includes remote consultations by telephone or via a video link instead of you going to an out-patient clinic. » For details, see 3.7 |
| | ✓ Paid in full ✓ £50 a night for in-patient treatment ✓ £50 a day for day-patient treatment ✓ No yearly limit |

| Psychiatric treatment by psychologists and cognitive behavioural therapists | ✓ No yearly limit | » For details, see 3.7 |
|--|-------------------|---|
| Extra Care Option table | | |
| Nurse to give you antibiotics by intravenous drip at home | ✓ Paid in full | at home or somewhere else that is appropriate. We will pay for a nurse to give you antibiotics by intravenous drip. This is so long as: we have agreed the treatment beforehand; and you would otherwise need to be admitted for in-patient or daypatient treatment; and the nurse is working under the supervision of a fee approved specialist and the treatment is provided through a healthcare services supplier that we have a contract with for this kind of service. |

| Cash payment when you have free in-patient treatment under the NHS | ✓ £100 a night up to £2,000 a year | We pay this when: • you are admitted for in-patient treatment before midnight; and • we would have covered your treatment if you had had it privately. If you have an excess, we will not take this off this cash payment. You can also receive this cash payment if you have treatment in an NHS Intensive Therapy or Intensive Care unit, whether it follows private treatment or not. |
|--|---|--|
| Oral surgery | ✓ Paid in full so long as you use a facility that we have an agreement with covering oral surgery | So long as your dentist refers you, we will pay for: • reinserting your own teeth after a trauma; or • surgical removal of impacted teeth, buried teeth and complicated buried roots; or • removal of cysts of the jaw (sometimes called enucleation). » To check if we have an agreement with a facility for oral surgery, see our Directory of Hospitals at axahealth.co.uk/hospitals » For details, see 4.33 |

| Chiropody and podiatry fees | √ Up to £150 a year | So long as your chiropodist or podiatrist is qualified. If you have an excess, you do not have to pay the excess if having this treatment . » For details, see 4.5 |
|-----------------------------|----------------------------|--|
|-----------------------------|----------------------------|--|

| | | » For details, see 4.5 |
|----------------------------|---|---|
| Dentist and Optician Cashl | aack Ontion table | |
| Dentist fees | ✓ 80% of your dentist's fees, up to £400 a year | This benefit is not subject to the restrictions for pre-existing conditions described in section 3.4. If you have an excess, you do not have to pay the excess if you claim for dentist fees. For details, see 4.33 |
| Optician fees | √ 80% of the cost of prescribed glasses and contact lenses, up to £200 a year | This benefit is not subject to the restrictions for pre-existing conditions described in section 3.4 We will pay this so long as the glasses or lenses are used to correct your vision. If you have an excess, you do not have to pay the excess if you claim for optician fees. » For details, see 4.12 |
| Eye test | ✓ Up to £25 a year for an eye test | This benefit is not subject to the restrictions for pre-existing conditions described in section 3.4. If you have an excess, you do not have to pay the excess if you claim for an eye test. For details, see 4.12 |

| cover and any extra out- patient cover you have | | |
|--|---|---|
| Extended Cover Option tak | ole | |
| Extra cover for treatment at any hospital, day-patient unit or scanning centre in the UK that is not listed in the Directory of Hospitals | ✓ Paid in full up to the normal daily rates published and charged by the facility | » For details, see 3.8 |
| Extra cover for treatment received outside of the UK , Channel Islands or Isle of Man | ✓ Up to the cost we would pay for equivalent treatment in the UK | • the treatment is carried out by a medical practitioner; and • we have agreed the fee before you go abroad for the treatment. You will need to pay for treatment and claim the costs back from us. For details, see 4.34 |

» For details, see 4.1

Extra Cancer Cover Option table

This cover extends the **cancer** cover you have with your core

| Extra cover for Fee limited specialists | ✓ Paid in full | So long as they do not charge significantly more than they usually do for that, or similar, treatment. |
|---|----------------------------|--|
| Fees for visits to a private GP for consultations | ✓ Up to £500 a year | |

Travel Cover

» Please see your Travel Cover handbook

1.3 > The main things we don't cover

Like all health insurance plans, there are a few things that are not covered. We've listed the most significant things here, but please also see the detail later in this handbook.

Does my membership mean I don't need to use the NHS?

No. Your insurance is not designed to cover every situation. It is designed to add to, not replace, the NHS. There are some conditions and **treatments** that the NHS is best at handling – emergencies are a good example.

What are the key things my membership doesn't cover?

| Your plan does not cover | For more information | Notes |
|--|---|--|
| × Pregnancy and childbirth | » For details, see 4.24 or call us on 0800 206 1808 | Few health insurance plans cover pregnancy and childbirth because they are not illnesses, and the NHS is set up to deal with them. |
| Treatment of medical conditions you had, or had symptoms of, before you joined | » For details, see 3.4 | Your plan is designed to cover necessary treatment of new medical conditions that arise after you join. |

| Treatment of ongoing, recurrent and long-term conditions (chronic conditions) | » For details, see 3.5 | |
|--|------------------------|---|
| Fees if you choose to use a hospital that is not in our Directory of Hospitals | » For details, see 3.8 | If you choose to use a different hospital, we may pay you a small cash payment. We use a Directory of Hospitals as it helps us to keep the subscriptions affordable. » See our Directory of Hospitals at axahealth.co.uk/hospitals |

Key things that may not be covered depending on the Options you have

Your membership certificate, which is part of your membership guide, shows you which Options you have.

| Your Options | Your cover |
|---|---|
| If you do not have an Out-patient Option | You do not have cover for out-patient diagnostic tests or consultations |
| If you do not have the Therapies Option | You do not have cover for fees for physiotherapists, acupuncturists, osteopaths or chiropractors |
| If you do not have the Mental Health Option | You do not have cover for any psychiatric treatment |
| If you do not have the Dentist and Optician Cashback Option | You do not have cover for dentists' or opticians' fees |
| If you do not have the Extended Cover Option | Hospital fees if you if you choose to use a hospital that is not in our Directory of Hospitals. You will be able to claim a cash payment as shown in the Core cover table if you use a hospital or day-patient unit that is not in our Directory of Hospitals for treatment that would have been covered by your plan. |

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1.4 > Ask our health professionals

Have you ever wished a friend or someone in your family was a medical expert? You'd be able to talk to them whenever you liked and they'd have time to listen, reassure and explain in words you understand.

Being there to help with your health questions is just what we are here for. Our medical teams including nurses and a wide variety of healthcare professionals can answer the questions you might often wish you could ask.

Our health professionals do not diagnose or prescribe, and are not designed to replace your GP. Any information you share with us is confidential and will not be shared with other parts of our business, like our claims department.

Call with your health queries any time – just ask

Our medical team is ready to help whether you want to talk about a specific health worry, medication and treatment or simply need a little guidance and reassurance.

You can speak to them whenever you want to – day or night.

24/7 health support line

0800 003 004

24 hours a day, 365 days a year.

Midwife and pharmacist services – Monday to Friday 8am to 8pm, Saturday 8am to 4pm and Sundays 8am to 12pm.

The health professionals

- nurses
- counsellors
- midwives
- pharmacists.

Health Information you can trust

Our online Health Centres bring together the latest information from our health professionals, specialist organisations and NHS resources.

You can also put your own questions to our panel of health professionals at our regular live online discussions.

Alternatively you can e-mail your question to our online panel and an appropriate medical professional will respond to you.

Visit our website

axahealth.co.uk/health

The health professionals

• Extensive panel, including doctors, psychologists, nurses, physiotherapists and dieticians.

24/7 support for cancer and heart

Speak to our specialist cancer and heart nurses.

Dedicated Heart Nurse

0800 2182 303

Dedicated Cancer Nurse

0800 1114 811

9am to 5pm Monday to Friday

Outside of these hours our experienced nurses and counsellors provide round the clock support by phone

0800 003 004

The health professionals

dedicated nurses.

2 Making a claim

Accessing treatment

Support from additional services

To support our customers accessing treatment we've developed additional services which will provide access to care through providers we have direct relationships with. Some of these will allow you to access advice and treatment without a GP referral, this includes our muscles, bones and joints service. Details of these can be found on our website axahealth.co.uk/services/businesshealthselect or call us.

If you need a GP referral

When your GP says you need to see a specialist or have more treatment, tell them you have health insurance and ask them for an 'open referral'. We will accept referrals through a GP at your GP practice or through the AXA Doctor at Hand service.

With an open referral your GP doesn't name a particular specialist, but instead gives you the type of specialist you need to see, for example a cardiologist. We'll use your referral to find you a specialist or relevant care service provider and make an appointment that works for you.

Occasionally the NHS will be best placed to provide care locally (for example specialist paediatric (children's) care at an NHS centre of excellence). When this is the case we will talk to you about your NHS options as well.

Starting your claim

Contact us through your online account or on 0800 206 1808 before arranging any treatment.

If your claim is urgent we recommend you call us so we can make sure you are covered for your claim before you have any treatment.

We may ask you to provide more information, for example from your GP or specialist. You, your GP or your specialist must provide us with the information we ask for by the date that we ask for it or you may not be covered for your claim.

Getting a second opinion

If you would like a second opinion we can help you find a specialist we'll pay in full.

The AXA Doctor at Hand service - consultations by video or by phone

The AXA Doctor at Hand service offers you cover for video or phone consultations and can refer you for private specialist treatment.

Appointments available 24 hours a day, seven days a week, 365 days a year (subject to appointment availability).

When you contact the AXA Doctor at Hand service, you may be offered an appointment with a GP or another registered medical practitioner.

You can use the AXA Doctor at Hand service for any medical condition or concern, whether or not this would be covered under the other benefits of your plan. You should be aware that there are some conditions that can't be assessed online, so you may need to make an appointment with your GP instead. The service cannot help in an emergency. You should call an NHS ambulance or go to an NHS A&E department.

If the medical practitioner at the AXA Doctor at Hand service says you need treatment, you must call us to check that the treatment is covered.

Private prescriptions and delivery

If the AXA Doctor at Hand service has prescribed medication, this can be delivered to an address of your choice. Private prescription and delivery charges are not covered by your plan.

About the AXA Doctor at Hand service terms

When you use the AXA Doctor at Hand service, you agree to the terms and conditions of the third party providing the service. You will be asked to review and confirm you agree to these when you register.

How we pay claims

We normally settle any bills directly with the **specialist** or the hospital where you've had your **treatment**. If your **treatment** is not covered for any reason, we will let you know.

How do you pay my medical bills?

Specialists and hospitals normally send their bills to us, so we can pay them directly. If you need to pay an excess, we will let you know how to pay it.

For more details, see 5.2

Do I need to tell the place where I have my treatment that I am an AXA Health member?

Yes you must tell the place where you have your **treatment** that you are an AXA Health member. This will mean that the fees charged for your **treatment** are those we have agreed with the hospital or centre.

What happens if I've paid the bills myself already or if I receive a bill?

If you paid your medical bills yourself and your **treatment** is covered, we will refund you the rates we have agreed with the hospital or centre, minus any excess. Please send the original receipts from the **specialist** or hospital to AXA Health, International House, Forest Road, Tunbridge Wells, TN2 5FE.

You should send us any receipts for **treatment** within 6 months after you've had your **treatment**, unless this is not reasonably possible.

If you receive a bill, please call us and we'll explain what to do next.

What should I do if I need further treatment?

If you need further **treatment**, please call us first to confirm your cover.

The information we may need when you make a claim

When you call us, we'll explain if your **treatment** is covered and normally you won't need to fill in any forms.

Usually, this all happens very quickly. However, sometimes we need more detailed medical information, including access to your medical records.

What does 'more detailed information' mean?

We may need more detailed information in any of the following ways:

- We may need your GP or **specialist** to send us more details about your **medical condition**. Your GP may charge you for providing this information. This charge is not covered by your **plan**.
- We may also ask you to give us consent to access your medical records.
- In some cases, we may also ask you to complete additional forms. We will need you to complete these forms as soon as possible, but no later than 6 months after your **treatment** starts (unless there is a good reason why this is not possible).
- Very rarely, we may have to ask a **specialist** to advise us on the medical facts or examine you. In
 these cases, we will pay for the **specialist** to do this and will take your personal circumstances
 into account when choosing the **specialist**.

What happens if I don't want to give the information you've asked for?

If you do not give us information we ask for, or do not consent to our accessing your medical records when we ask, we will not be able to assess your claim and so will not be able to pay it. We may also ask you to pay back any money that we have previously paid to do with this **medical condition**.

What if my treatment isn't covered?

If your membership does not cover your **treatment**, we'll explain this and also tell you about what we can do to support you through your NHS **treatment**.

What if I want to see a specific specialist?

We always recommend that you ask your GP for an open referral. That's a referral that does not name a **specialist**. With an open referral, you'll have a choice of **specialist** and we can make your appointment for you. This will mean we can check that we cover that **specialist's** fees.

However, if you would prefer to use a specific **specialist**, or if your GP has already named a **specialist**, simply contact us as soon as you can and we can tell you whether we cover that **specialist's** fees. If we don't, we can source an alternative **specialist** for you and make the appointment for you if you wish.

Where can I find more information about the quality and cost of private treatment?

You can find independent information about private consultants and hospitals, including the costs and quality of care, from the Private Healthcare Information Network: www.phin.org.uk

What happens if I need emergency treatment?

In an emergency, please call for an NHS ambulance or go to a hospital A&E department. Most **private hospitals** are not set up for emergency **treatment**.

If you need further **treatment** after your emergency **treatment**, please call us, as we may be able to cover this.

√ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, you may be able to claim a cash payment for each night you spend in an NHS hospital.

For more details, see the Extra Care Option table on page 6

3 How your membership works

- 3.1 > Looking at who should provide treatment
- 3.2 > Eligible treatment
- 3.3 > Our cover for treatment and surgery
- 3.4 > How your membership works with pre-existing conditions and symptoms of them
- 3.5 > How your membership works with conditions that last a long time or come back (chronic conditions)
- 3.6 > Paying the specialists and practitioners that treat you cover for all members
- 3.7 > Paying the specialists and practitioners that treat you extra cover that depends on your Options
- 3.8 > Paying the places where you're treated cover for all members
- 3.9 > General restrictions

How your membership works

For full details of how your membership works, please read the rest of your handbook too.

Any questions?

If you're unsure how something works, just call us on 0800 587 0955 and we'll be very glad to explain. It's often quicker and easier than working it out from the handbook alone.

Making a claim

If you would like to make a claim, please call us on 0800 206 1808 or go to your online account first and we'll be able to check your cover for you and tell you what to do next.

Manage your membership online

You can make a claim or pre-authorise treatment online at axahealth.co.uk/mol You can also view your membership documents, update your details, message us and manage your plan securely.

3.1 > Looking at who should provide treatment

Your membership provides access to the AXA Doctor at Hand Service for video or phone consultations.

Your membership does not cover any other primary care services, such as any services that could be provided by GP's, dentists and opticians. This includes drugs and **treatment**.

✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, some services provided by dentists and opticians will be covered.

- » For more details, see the Dentist and Optician Cashback Option table
- √ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have some cover for private GP consultations.

» For more details, see the Extended Cover Option table

3.2 > Eligible treatment

Your membership covers 'eligible treatment'.

'Eligible treatment' is **treatment** of a **medical condition** that is covered by this **plan** and is not excluded by any of the rules in this handbook. You should read all sections of this handbook together.

If we are not sure whether your **treatment** meets these requirements we may need a second medical opinion. We may ask a different **specialist** to give us a second opinion and they may need to examine you to confirm that your **treatment** is **eligible treatment**. In these cases, we will pay for the **specialist** to do this.

3.3 > Our cover for treatment and surgery

We cover treatment and surgery that is conventional treatment.

What do you mean by conventional treatment?

We define **conventional treatment** as **treatment** that is established as best medical practice, and is practised widely within the **UK**. It must also be clinically appropriate in terms of necessity, type, frequency, extent, duration and the **facility** or location where the **treatment** is provided.

In addition, to meet our definition it must be approved by NICE (The National Institute for Health and Care Excellence) as a **treatment** which may be used in routine practice. Otherwise, it must

have high quality clinical trial evidence proving it is effective and safe for the **treatment** of your **medical condition** (full criteria available on request).

Are there any restrictions on what you pay for conventional treatment?

Yes. There may be more than one **conventional treatment** available for your **medical condition**. We will only pay for **conventional treatment** that doesn't cost more than an equivalent **conventional treatment** that gives a similar clinical or diagnostic outcome.

For example, if robotic **surgery** is more expensive than an equivalent **surgery**, we will only pay the higher cost if the robotic **surgery** will give a better clinical outcome.

You can choose to go ahead with the more expensive **surgery** or **treatment** even if there is no evidence it will give a better clinical outcome. If you do this, it will be your responsibility to pay any difference between the two costs.

Are there any additional requirements for drug treatments?

If the **treatment** is a drug, the drug must be:

- licensed for use by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency; and
- used according to that licence.

If there is more than one brand of the same drug that will treat your **medical condition**, we will pay for the lowest cost drug. We will only pay for an equivalent higher cost drug if there is evidence that drug will give a better clinical outcome.

Are there any additional requirements for surgical treatments?

If the **treatment** is a **surgical procedure** it must also be listed and identified in our schedule of procedures and fees.

You can find our schedule at axahealth.co.uk/fees or call us on 0800 206 1808 and we'll send you a copy

Are there any additional requirements for medical devices?

If the **treatment** involves a medical device (including surgical devices and implants), it must be approved by current EU Medical Device Regulation. When we say medical device we mean any instrument, implant or other item that the manufacturer intended to be used for humans.

Medical devices must have moderate or high quality evidence that they are safe and effective from either:

- · systematic reviews of randomised controlled trials; or
- clinical trial evidence with three years of follow-up data.

What happens if my specialist says I need treatment that is not conventional treatment?

We know our members may want to have access to developing treatments as they become available. Our general position is that there is no cover for **treatment** or **surgery** that are not **conventional treatment**. We call this **unproven treatment**.

In some cases we will consider covering **surgery** not listed in the schedule of procedures and fees. We may also consider other **treatments** and **diagnostic tests** carried out by a **specialist** which are not **conventional treatments**. We must agree to the **treatment** before you have it, including what costs (if any) we will pay.

The cover for **unproven treatment** is more restrictive than for **conventional treatments**. We will only pay for **treatment** that we agree is a suitable equivalent to **conventional treatment**. To understand what the equivalent **conventional treatment** is we will look at the **treatment** of other patients with the same **medical condition** and prognosis. **Unproven treatment** must have high quality evidence of its safety and take place in the **UK**.

Are there restrictions on what you pay for unproven treatment?

If there is no suitable equivalent **conventional treatment**, there won't be any cover for the **unproven treatment**.

There is no cover for any costs if you are having **treatment** as part of a registered clinical trial.

If we agree to pay for your **unproven treatment**, the most we will pay is up to the amount we would pay for the equivalent **conventional treatment**. This is based on the **UK** average amount that we would pay a **fee-approved specialist** and hospital in the **Directory of Hospitals**.

Do I need to let you know if I want unproven treatment?

Yes, you or your **specialist** must contact us at least 10 working days before you have **unproven treatment**. This is so we can get the full details of the **treatment** and the clinical evidence. We can also support you with additional information and questions for your **specialist** before you have **treatment**.

There will be no cover for **unproven treatment** if you do not contact us at least 10 days before you book your **treatment**. You cannot pay for **unproven treatment** yourself and reclaim the costs from us

We recommend you check with the hospital, **specialist**, anaesthetist and other providers how much they will charge for your **treatment**. Some **unproven treatments** can be expensive and it will be your responsibility to pay any shortfall.

Will there be any restrictions on my cover after I have had unproven treatment?

Yes there will. We will not pay for further **treatment** for your **medical condition** after you have had **unproven treatment**. This includes **treatment** of any complications or other **medical conditions** associated with the **unproven treatment**.

» To check whether we will agree to cover a treatment, please call us on 0800 206 1808 before you book your treatment.

3.4 > How your membership works with pre-existing conditions and symptoms of them

The information in this section 3.4 does not apply to claims for the following:

- any benefit under the Dentist and Optician Cashback Option.
- fees for visits to a private GP for consultations.
- consultations with the AXA Doctor at Hand service.

Health insurance is usually designed to cover **treatment** of new **medical conditions** that begin after you join. Your cover for **treatment** of conditions you were aware of or had already had when you joined depends on the type of cover your **group** has chosen and what you told us about your medical history when you joined.

Am I covered for treatment of any conditions I was aware of when I joined?

We call conditions you were aware of when you joined **pre-existing conditions**.

The definition of pre-existing condition

A **pre-existing condition** is any disease, illness or injury that:

- you have received medication, advice or **treatment** for in the five years before the start of your cover, or
- you have experienced symptoms of in the five years before the start of your cover whether or not the condition was diagnosed.

On your membership certificate, you'll see a section called 'Your cover for existing conditions'. This will tell you which underwriting terms you joined on. Here are the options:

- Fully underwritten (or full medical underwriting)
- Continuing medical exclusions
- Medical history disregarded
- Moratorium.

In the following panels, we've explained how each of these work, but if you're unsure about your cover for **treatment** of **pre-existing conditions** it's always best to contact us.

Fully underwritten or full medical underwriting

'Fully underwritten' means we asked you for details of your medical history, including any **pre-existing** conditions, before you joined. We then worked out your cover based on the information we received.

We have listed any special terms or exclusions on your membership certificate – please check this carefully. For example, you may not have cover for something specific if you have had that condition in the past. Your certificate will also show whether we can remove the exclusion after a period of time.

Continuing medical exclusions

If you joined us on 'continuing medical exclusions' terms, we are carrying on your exclusions for **medical conditions** from your previous health insurer. This normally means we only asked you a few brief medical questions.

We have listed any special terms or exclusions on your membership certificate – please check this carefully. For example, you may not have cover for something specific if you have had that condition in the past. Your certificate will also show whether we will remove the exclusion after a period of time.

If we carried on a moratorium from your previous health insurance, the rules of your moratorium may be slightly different, and we may start the moratorium from when it originally began on your previous insurance. Your membership certificate will show when your moratorium started.

Medical history disregarded

If you joined us on 'medical history disregarded' terms, we accepted any **pre-existing conditions** you might have had when you joined. We normally only do this if we are continuing cover from a different health insurer or from a company membership, or for a newborn baby who was added to your membership.

Moratorium

If you joined us on moratorium terms, you won't have cover for **treatment** of any conditions you had in the five years before you joined. This includes if you had symptoms of a condition that hadn't been diagnosed. Once you've been a member for two years in a row we may be able to start covering **treatment** of these conditions. You will need to have been trouble free from that condition for at least 12 months in a row after the date you joined before we can cover it.

If you joined us from another health insurer, you might have joined on different moratorium terms. Your membership certificate will show some details about how your particular moratorium works.

The definition of trouble-free

If you joined on moratorium terms, what do we mean by trouble-free?

We count you as trouble-free when you haven't seen any medical practitioner, such as a GP or physiotherapist, or had any **treatment** or advice for your condition for 12 months in a row. You can't have taken any medication, including over the counter drugs, or followed a special diet because of your condition.

What if you didn't tell us about a condition, symptom or treatment you knew about when we asked?

When you joined, we may have asked you some medical questions before agreeing your cover. We worked out your terms of your subscription based on your answers. If you did not answer fully or accurately, even if this was by accident, we may not cover **treatment** for the condition.

This includes any **pre-existing condition**, whether you had **treatment** for it or not. It also includes any previous **medical condition** that comes back and any **medical condition** that you should reasonably have known about. It doesn't matter if your condition has been diagnosed or not.

Whenever you claim, we may ask your GP, **specialist** or **practitioner** for more information to confirm whether you had any symptoms before you joined.

If we need to look at your medical history, we will need some time to do this before we can confirm whether we can cover your claim.

3.5 > How your membership works with conditions that last a long time or come back (chronic conditions)

Like most health insurance, your membership is designed to cover unexpected illness and conditions that respond quickly to **treatment** (**acute conditions**). This means that it may not cover you for **treatment** of conditions that are likely to last a long time or come back (**chronic conditions**). However, there are particular situations where we can cover **treatment** for these kinds of conditions.

Does my membership cover me for treatment of conditions that last a long time or comeback (chronic conditions)?

Your membership does not cover you for conditions that:

- · come back (recur); or
- are likely to continue for a while; or
- are long-term.

Because we don't cover ongoing, recurring long-term **treatment** for **chronic conditions**, this means we will not cover:

monitoring a medical condition; or

- any treatment that only offers temporary relief of your symptoms, rather than dealing with the underlying condition; or
- routine follow-up consultations.

However, please see the notes on **treatment** for **cancer** and heart conditions below, as there are some exceptions to these rules.

What are acute conditions and chronic conditions?

Like most health insurers, we use the Association of British Insurers' definitions for these.

Acute condition

An **acute condition** is a disease, illness or injury that is likely to respond quickly to **treatment** that aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or that leads to your full recovery.

Chronic condition

A **chronic condition** is a disease, illness or injury that has one or more of the following characteristics:

- It needs ongoing or long-term monitoring through consultations, examinations, check-ups or tests
- It needs ongoing or long-term control or relief of symptoms
- It requires your rehabilitation, or for you to be specially trained to cope with it
- It continues indefinitely
- It has no known cure
- It comes back or is likely to come back.

What happens if a condition I have is a chronic condition?

If your condition is chronic, unfortunately there will be a limit to how long we cover your **treatment**. If we are not able to continue to cover your **treatment**, we will tell you beforehand so that you can decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

How does this affect my cover for cancer treatment?

There is a full explanation of how we cover **cancer treatment** in section 4 of this handbook.

How does this affect my cover for treatment of heart conditions?

√ Extra cover if you have an Out-patient Option

If you have an Out-patient Option, we will make an exception for treating some heart conditions.

If you have any of the following **surgery** on your heart, we will carry on paying for long-term monitoring, consultations, check-ups, scans and examinations related to the **surgery**. We will continue to pay for this while you are still a member and have **out-patient** cover.

- coronary artery bypass
- cardiac valve surgery
- implanting a pacemaker or defibrillator
- coronary angioplasty.

We will not pay for routine checks that a GP would normally carry out, such as anticoagulation, lipid monitoring or blood pressure monitoring.

If you do not have an Out-patient Option, we will not cover long-term monitoring, consultations, check-ups, scans or examinations related to your heart condition.

Whether you have an Out-patient Option or not, we will still be here to support you if you are diagnosed with a heart condition. At any time, you can speak to one of our specialist nurses for heart patients. They will be able to give you guidance and information about your condition and the **treatment** you are having.

What other treatment is covered for chronic conditions?

* If you do not have an Out-patient Option, your cover for **treatment** of **chronic conditions** is likely to be limited, as most of the **treatment** happens when you are an **out-patient**.

✓ Extra cover if you have an Out-patient Option

If you have an Out-patient Option, we will cover the following up to your **out-patient** limits:

- the initial investigations to diagnose your condition
- **treatment** for a few months, so that your **specialist** can start your **treatment**.

Are there any conditions that are always regarded as chronic?

Yes. Some conditions are likely to always need ongoing **treatment** or are likely to recur. This is particularly the case if the condition is likely to get worse over time. An example is Crohn's disease (inflammatory bowel disease).

If you have one of these conditions, we will contact you to tell you when we will stop cover for **treatment** of the condition. We will contact you so that you can then decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

3.6 > Paying the specialists and practitioners that treat you - cover for all members

Does my plan cover the full fees charged by specialists?

If your **treatment** is covered, we will pay different amounts depending on what kind of arrangement we have with your **specialist**.

- Fee-approved specialist. Using a fee-approved specialist gives you the maximum reassurance, as we pay all their fees. If we book your appointment for you we will book it with a fee-approved specialist.
- Fee-limited specialist. You may need to pay some costs yourself.
- Specialists we do not pay for. We do not pay any of their costs.

We use these arrangements for anaesthetists too – please also see below if you think your **treatment** will involve an anaesthetist.

Very occasionally the arrangement we have with a **specialist** may change, for example a **fee-approved specialist** may move to the **fee-limited specialist** category. This means that what we will pay for **treatment** with that **specialist** may also change. It's important you contact us before you see the **specialist** or have any **treatment** so that we can tell you what you're covered for.

Please also see the rest of this section for more about the people we pay.

Fee-approved specialists - what we pay

We will recommend you see a **fee-approved specialist**, as this will give you the maximum reassurance that the costs will be covered.

This will mean that so long as your **treatment** is covered, we will pay for the following for a **fee-approved specialist**:

- consultations (including remote consultations by telephone or via a video link. These
 will be covered under the **out-patient** consultation benefit if we have agreed with the
 specialist that he/she is recognised by us to carry out remote consultations for our
 members)
- diagnostic tests
- hospital treatment
- surgery.

This is so long as a GP, dentist or a medical professional that we recognise and we have approved to make referrals has referred you for **treatment** with that type of **specialist**.

Fee-limited specialists - what we pay

We still pay **fee-limited specialists**, but you may also need to pay some costs yourself.

So long as your **treatment** is covered we will still pay some of the fees for a **fee-limited specialist**. However, we will only pay up to the amount we show in the schedule of procedures and fees. This means that you will probably need to pay somethingtowards the cost of your **treatment**.

When you call to make your claim, we can tell you what you may need to pay for that particular **specialist.** However, you may also want to ask them for a quote before starting **treatment** to make sure you know what you may need to pay.

Specialists we do not pay for

We will not pay any of their costs, so you will need to pay all their costs yourself.

There are some specialists that are not on either our 'fee-approved' or 'fee-limited' lists. This means that we will not pay any of their fees, or any fees for **treatment** under their direction. If you do not want to pay for **treatment**, call us before you start **treatment**. We will be happy to source a **specialist** whose fees we will cover.

Schedule of procedures and fees

This is a list of the fees that we pay.

» You can find it at axahealth.co.uk/fees, or call us on 0800 206 1808 and we'll send you a copy

What about anaesthetists?

If you think that your **treatment** will involve an anaesthetist, please check with your **specialist** which anaesthetist they will use and let us know before your **treatment** starts. We will then be able to tell you whether we pay their fees (see 'Fee-approved specialists' above).

If you don't know which anaesthetist your **specialist** will use, we will do everything we can to let you know if they often use an anaesthetist that we do not pay in full.

As with other **specialists**, if the anaesthetist is 'fee-limited' or a **specialist** that we do not pay, you will have to pay some or all of the fees yourself. Please see the panels above for the different arrangements we have with **specialists**.

Specialist appointment booking service

We can source specialists for you, and can even book your appointment for you. Just call us on 0800 206 1808.

3.7 > Paying the specialists and practitioners that treat you – extra cover that depends on your Options

Who will be paid under Out-patient Options?

√ Extra cover if you have an Out-patient Option

If you have an Out-patient Option, we will pay for **out-patient** consultations with a **specialist** and the **diagnostic tests** that they say you need. We will pay so long as a GP refers you.

We will pay for **out-patient diagnostic tests** up to the level shown in our schedule of procedures and fees.

This includes remote consultations by telephone or via a video link. These will be covered under the **out-patient** consultation benefit if we have agreed with the **specialist** that he/she is recognised to carry out remote consultations for members.

For more about how we pay specialists, see the Core cover table and section 3.6

✓ Extra cover if you have the Enhanced or Full Out-patient Option

If you have either the Enhanced or Full Out-patient Option we will also pay for the **out-patient treatment** you need with a **practitioner**. By **practitioner** we mean a recognised:

- nurse
- dietician
- orthoptist
- speech therapist
- audiologist.

We will pay so long as:

- a fee-approved or fee-limited specialist is directing your treatment
- your specialist refers you.

We pay **practitioner** fees up to the level shown in our schedule of procedures and fees.

- You can find our schedule at axahealth.co.uk/fees or call us on 0800 206 1808 and we'll send you a copy
- » Please note we have criteria for which practitioners we recognise and pay. Please see the Glossary for more information, or call us to check

Who will be paid under the Therapies Option?

√ Extra cover if you have the Therapies Option

If you have the Therapies Option, we will pay **out-patient treatment** fees up to the levels shown in the benefit table for **treatment** with physiotherapists, **acupuncturists**, osteopaths and chiropractors.

You need to see a **therapist** or **acupuncturist** that we recognise. **Treatment** needs to be referred by a GP or for physiotherapy we can arrange **treatment** for you through our muscles, bones, and joints service, without a GP referral.

As long as your **treatment** is covered we will pay up to an overall maximum of ten sessions in a **year**.

If your **specialist** refers you, we may agree to more sessions, but will need to agree them first. We pay **acupuncturists** up to the level shown in our schedule of procedures and fees.

you can find our schedule at axahealth.co.uk/fees or call us on 0800 587 0955 and we'll send you a copy

We pay physiotherapists, osteopaths and chiropractors in full if we recognise them. All **therapists** used by our muscles, bones and joints service will be recognised by us. Please call us before you start **treatment** so we can confirm whether we recognise your **therapist**.

If you choose to use a therapist that we do not recognise, we will not pay for your **treatment**. We can help you source a **therapist** whose fees we pay in full.

Who will be paid under the Mental Health Option?

√ Extra cover if you have the Mental Health Option

If you have the Mental Health Option, we will pay for covered **in-patient** or **day-patient** psychiatric **treatment**, including **specialist** fees, as shown in the Mental Health Option table on page 5.

We will pay for **out-patient treatment** by any of the following:

- a mental health specialist
- a cognitive behavioural therapist, so long as a specialist in our 'fee-approved' category oversees your treatment
- a psychologist, so long as a specialist in our 'fee-approved' category oversees your treatment.

We will pay **cognitive behavioural therapists** or **psychologists** up to the level shown in our schedule of procedures and fees.

- » You can find our schedule at axahealth.co.uk/fees or call us on 0800 206 1808 and we'll send you a copy
- » See section 3.6 for details on the specialist's fees we will pay

What extra cover is there with the Extended Cover Option?

√ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option we will pay the fees of a **fee-limited specialist** in full. We will pay so long as they do not charge a fee that is significantly more than the fee they usually charge for that, or similar **treatment**.

3.8 > Paying the places where you're treated – cover for all members

Where can I have treatment?

If your **treatment** is covered by your membership, we will pay your hospital fees in full. This is so long as a **specialist** is overseeing your **treatment**, and you use one of the following listed in our **Directory of Hospitals**:

- a hospital
- a day-patient unit
- a scanning centre (for CT, MRI or PET scans)

In-patient and **day-patient** hospital fees include costs for things like:

- accommodation
- diagnostic tests
- · using the operating theatre
- nursing care
- drugs
- dressings
- radiotherapy and chemotherapy
- physiotherapy
- surgical appliances that the **specialist** uses during **surgery**.
- » For more about how we pay for treatment, please also see sections 3.6 and 3.7

There are special rules about the following kinds of **treatment**:

- out-patient treatment
- intensive care
- cataract surgery
- oral surgery as part of the Extra Care Option.
- » See below for more details about these

What you must tell the place where you have your treatment

You must tell the place where you have your **treatment** that you are an AXA Health member. This will help to ensure that the fees charged for your **treatment** are those we have agreed with the hospital or centre.

» You can find our Directory of Hospitals at axahealth.co.uk/hospitals or on your member site.

What happens if I choose a different hospital or scanning centre for treatment?

Our cover for private **treatment** at places not listed in our **Directory of Hospitals** depends on whether you have the Extended Cover Option.

If you do not have the Extended Cover Option and you have private **in-patient** or **day-patient treatment** at a hospital, **day-patient unit** or use a **scanning centre** that is not in our **Directory of Hospitals**, we will not pay for your **treatment**. We will only pay a small cash payment as shown in the Core cover table when the **treatment** received would have been covered by your membership. You will need to pay the majority of the cost yourself. This could be a significant amount.

Where can I have out-patient treatment?

The cover you have for **out-patient treatment** depends on whether you have an Out-patient Option.

We will pay fees at an authorised **out-patient facility** in full. We will pay these so long as:

- your **treatment** is covered by the membership; and
- a specialist is overseeing it; and
- the **facility** is recognised by us to provide **out-patient** services.

Please always check with us beforehand to make sure the facility you want to go to is recognised.

CT, MRI or PET scans received as an **out-patient** will be paid in full at a **scanning centre** listed in our **Directory of Hospitals**.

We do not pay for **out-patient** drugs or dressings.

If we do not have an agreement with that provider, we will not pay any of their fees. Please always check with us beforehand to make sure we have an agreement with them.

What about intensive care?

If you have private intensive care **treatment** in a **private hospital** or in an NHS Intensive Therapy or Intensive Care unit, we will pay for this so long as:

- you are already having private **treatment** that is covered by your membership; and
- the intensive care treatment immediately follows the private treatment that was covered by your membership; and
- you or your next of kin have asked for you to have the intensive care treatment privately; and

we have agreed the costs before you start the intensive care treatment.

If you need intensive care **treatment**, you or your **specialist** should call us on 0800 206 1808 before you are admitted to intensive care so we can tell you if you are covered.

Where can I have cataract surgery?

If you need cataract **surgery**, we will pay for your **treatment** at any **facility** where we have an agreement covering cataract **surgery**. These are shown in our **Directory of Hospitals**.

If your GP or optician says you need cataract **surgery**, you need to contact us to find an appropriate **facility** for your **treatment.** The **facility** will put you in contact with one of their **specialists**.

What about treatment on the NHS?

If you do not have the Extra Care Option, we do not pay anything else when you have treatment on the NHS.

✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, and have free **treatment** on the NHS that would have been covered by your membership, we will pay you a cash payment. This includes **treatment** in an NHS Intensive Therapy or Intensive Care unit, or **treatment** received in a private **facility**.

» For more details, see the Extra Care Option table on page 6

Does my plan cover payment for treatment anywhere else?

We only pay for **treatment** at the places listed. For example, we do not pay anything for **treatment** at a health hydro, spa, nature cure clinic or any similar place, even if it is registered as a hospital.

Where can I have oral surgery under the Extra Care Option

* If you do not have the Extra Care Option, we do not cover any oral surgery.

✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will pay for oral **surgery** at any **facility** that we have an agreement with covering oral **surgery**. These are shown in the **Directory of Hospitals**. Your dentist will need to refer you for the **treatment**.

» For more details, see the Extra Care Option table on page 6

Please contact us to find an appropriate **specialist** and **facility** for your **treatment**.

✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have extra cover for **treatment** at hospitals, **day-patient units** and **scanning centres** that are not in our **Directory of Hospitals**. As long as your **treatment** is covered we will pay for you to have it at any hospital, **day-patient unit**, **outpatient facility** or **scanning centre** in the **UK**.

3.9 > General restrictions

High charges

We will not pay if any of the following charge a significant amount more than they usually do, unless we have agreed this beforehand:

- a **specialist** in our fee-approved category
- a physiotherapist
- an osteopath
- a chiropractor
- a cognitive behavioural therapist
- a psychologist

Treatment and referrals by family members

We will not pay for drugs or **treatment** if:

- the person who refers you is a member of your family; or
- the person who treats you is a member of your family.

4 Your cover for specific conditions, treatment, tests and cost

- 4.1 > Cancer
- 4.2 > Advanced therapy medicinal products (ATMPs)
- 4.3 > Alcohol abuse, drug abuse, substance abuse
- 4.4 > Breast reduction
- 4.5 > Chiropody, podiatry and foot care
- 4.6 > Contraception
- 4.7 > Cosmetic treatment, surgery or products
- 4.8 > Criminal activity
- 4.9 > Dialysis
- 4.10> Drugs and dressings
- 4.11> External prosthesis or appliances
- 4.12> Eye conditions
- 4.13> Fat or surplus tissue removal
- 4.14> Gender re-assignment or gender confirmation
- 4.15> Genetic tests
- 4.16> GP and primary care services
- 4.17> Infertility and assisted reproduction
- 4.18> Learning and developmental disorders
- 4.19> Mechanical heart pumps (Ventricular Assist Devices (VAD) and Artificial Hearts)
- 4.20> Menopausal symptoms that cannot be managed by your GP
- 4.21> Mental health
- 4.22> Nuclear, biological or chemical contamination and war risks
- 4.23 > Organ or tissue transplant

- 4.24> Pregnancy and childbirth
- 4.25> Preventative treatment and screening tests
- 4.26> Reconstructive surgery
- 4.27 > Rehabilitation
- 4.28> Self-inflicted injury and suicide
- 4.29 > Sexual dysfunction
- 4.30> Social, domestic and other costs unrelated to treatment
- 4.31> Sports related treatment
- 4.32 > Sterilisation
- 4.33> Teeth and dental conditions
- 4.34>Therapeutic vaccines
- 4.35> Treatment abroad and restrictions if you live outside of the UK
- 4.36> Treatments not covered by your plan
- 4.37> Treatment that is not medically necessary
- 4.38> Varicose veins
- 4.39> Warts, verrucas and skin tags
- 4.40 > Weight loss treatment

There are particular rules for how we cover some conditions, **treatments**, tests and costs. This section explains what these are.

You should read this section alongside the other sections of this handbook as the other rules of cover will also apply, for example our rules about pre-existing conditions, **chronic conditions** and who we pay.

If you're at all unsure about the cover you have with your membership – even if you don't need to claim for it at the moment – please just give us a call on 0800 206 1808. We'll always be glad to explain your cover, and it's often quicker and easier than working it out from the handbook alone.

Any questions?

Just call us on 0800 206 1808 and we'll be very glad to help explain anything that's unclear.

If you want to make a claim, please call us on 0800 206 1808 first or go to your online account and we'll be able to check your cover for you and tell you what to do next.

4.1 > Cancer

Due to the nature of **cancer**, we cover it a little differently to other conditions. This section explains the differences. If a specific aspect of your cover is not mentioned here, the standard cover described elsewhere in your handbook applies.

About your cover for cancer treatment

We will cover **treatment** for any new **cancer** that starts after you join. We will also cover that **cancer** if it comes back and you are still a member.

If you have exclusions to do with **cancer** because of your past medical history, we will not cover your **treatment** if this **cancer** comes back.

» For more details of how we cover treatment of pre-existing medical conditions, see section 3.4

Experienced nurses and case managers

Our registered **nurses** and case managers provide support over the phone and have years of experience of supporting **cancer** patients and their families. When you call, we will put you in touch with a **nurse** or case manager who will then support you throughout your **treatment**.

Your **nurse** or case manager will be happy to speak to your **specialist** or doctor directly if you need them to check any details. They can also give you guidance on what to expect during **treatment** and how to talk about your illness to friends and family.

Cover for all members

If you have **day-patient** or **out-patient** radiotherapy or chemotherapy on the NHS, and your **plan** would have covered that **treatment**, we will make a cash payment.

✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will also make a cash payment for **in-patient treatment** on the NHS (as well as **out-patient** and **day-patient** radiotherapy or chemotherapy).

Cancer treatment at home

We will pay in full for a **nurse** from a healthcare services supplier that we have a contract with to give you drug **treatment** to kill **cancer** cells. You can have this **treatment** at home or another place that is appropriate.

This could be chemotherapy by intravenous drip, an injection, delivery of oral chemotherapy tablets or other **treatment**. Your **cancer treatment** needs to be under the supervision of a **specialist** and we must agree to it first.

Do the rules about chronic or recurring conditions apply to cancer?

We don't apply our rules about chronic or recurring conditions to **cancer**. Please carefully read all of this section (4.1) to find out how we cover **treatment** for **cancer**.

⊞If you are diagnosed with **cancer** - please call us on 0800 206 1808 so we can explain how we can support you.

Comparing our cancer cover

To help make our **cancer** cover clearer, the following information is in a format that the Association of British Insurers (ABI) recommend.

This will also help you to compare the cover you get as standard with the cover you get with the Extra Cancer Cover Option.

| Place of treatment | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
|---|--|---|
| Private hospitals, day- patient units or scanning centres listed in our Directory of Hospitals | ✓ Yes | √Yes |
| Drug treatment for cancer at home or somewhere else that is appropriate. | ✓ Yes | ✓ Yes |
| Diagnostic | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
| Whether you are an in-patient, day-patient or out-patient | | |
| Surgery as shown below under 'Surgery'. | ✓ Yes | √Yes |

| CT, MRI and PET scans. | ✓ Yes | ✓ Yes |
|--|--|---|
| Genetic testing to work out whether you have a genetic risk of developing cancer. | * No | × No |
| Genetic testing proven to help choose the best eligible treatment. See section 4.15 for more information on genetic tests | √ Yes | ✓ Yes |
| If you're an in-patient o | or day-patient | |
| Specialist fees for the specialist treating your cancer when you are an inpatient or day-patient. | √Yes | √Yes |
| Diagnostic tests as an in- patient or day-patient. | ✓ Yes | ✓ Yes |
| | | |
| If you're an out-patient | | |
| If you're an out-patient Specialist consultations with the specialist treating your cancer when you are an out-patient. | ✓ Yes If you have an Out-patient Option, the consultations will not come out of your out-patient limit. If the consultations are before your diagnosis, consultations are covered as part of your overall out-patient limit. For more details, see the Out-patient Option tables. | No, if you do not have an Out-patient Option ✓ Yes, if you have an Out-patient Option. |

| the specialist treating your cancer . | If the tests are before your diagnosis, consultations are covered as part of your overall out-patient limit. For more details, see the Out-patient Option tables. | |
|---|--|---|
| Surgery | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Option, am I covered? |
| Whether you are an in- | -patient, day-patient or o | ut-patient |
| Surgery for the treatment or diagnosis of cancer, so long as it is conventional treatment. > See page 42 for how we define surgery. > See page 12 for more about conventional and unproven treatment. | ✓ Yes | ✓ Yes |

| Reconstructive |
|-------------------|
| surgery following |
| breast cancer |

The first reconstructive surgery following surgery for breast cancer. We will cover:

- one planned surgery to reconstruct the diseased breast
- nipple tattooing, up to 2 sessions
- one planned surgery to reconstruct the nipple.

After the completion of your first reconstructive **surgery**, we will also cover:

- one further planned surgery to the other breast, when it has not been operated on, to improve symmetry
- two planned fat transfer surgeries to the diseased breast. The fat must be taken from another part of your body and cannot be donated by anyone else.
- one further planned surgery due to the medical failure of your first reconstruction.

If I have the Extra Cancer Cover Option, am I covered?

✓ Yes We will do this so long as:

- you had continuous cover under a private medical insurance plan since before the surgery happened; and
- we agree the method and cost of the treatment in writing beforehand

✓ Yes

Symmetry and fat transfer operations must take place within three years of your first reconstructive **surgery**.

Surgery due to failure of your breast reconstruction must take place within three years of your first reconstruction surgery. This must be agreed with us before you have surgery.

The removal and exchange of radiotherapy damaged implants must take place within five years of you completing your radiotherapy **treatment**. We will only pay for each of these operations once (or two fat transfer

If I do not have the Extra Cancer Cover Option, am I covered?

✓ Yes

We will do this so long as:

- you had continuous cover under a private medical insurance plan since before the surgery happened; and
- we agree the method and cost of the treatment in writing beforehand

✓ Yes

Symmetry and fat transfer operations must take place within three years of your first reconstructive **surgery**.

Surgery due to failure of your breast reconstruction must take place within three years of your first reconstruction surgery. This must be agreed with us before you have surgery.

The removal and exchange of radiotherapy damaged implants must take place within five years of you completing your radiotherapy **treatment**. We will only pay for each of these operations once (or two fat transfer

| one planned surgery to remove and exchange implants damaged by radiotherapy treatment for breast cancer. | surgeries), regardless of how long you remain a member of AXA Health. | surgeries), regardless of how long you remain a member of AXA Health. |
|---|---|---|
| If you choose not to have reconstructive surgery following treatment of breast cancer , we will cover the cost of one planned surgery to the unaffected breast to improve symmetry. | √ Yes No further reconstructive surgery will be covered on either the diseased breast or the unaffected breast. | ✓ Yes No further reconstructive surgery will be covered on either the diseased breast or the unaffected breast. |
| We do not cover treatment that is connected to previous reconstructive surgery or any cosmetic operation to a reconstructed breast. | No See also 4.7 Cosmetic treatment, surgery or products | No See also 4.7 Cosmetic treatment, surgery or products |

| Preventative | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
|---|---|---|
| Preventative treatment, such as: Screening when you do not have symptoms of cancer. For example, if you had a screen to see if you have a genetic risk of breast cancer, we would not cover the screening or any treatment to reduce the chances of developing breast cancer in future (such as a preventative mastectomy). Vaccines to prevent cancer developing or coming back – such as vaccinations to prevent cervical cancer. | × No | * No |
| Drug therapy | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Option, am I covered? |
| Out-patient drugs or other drugs that a GP could prescribe or could be bought over the counter. This includes drugs or prescriptions you are given to take home if you have had in-patient, daypatient or out-patient treatment. | Please call us about these drugs. We don't cover them, but we can help you apply to get these paid for by the NHS. Call us on 0800 206 1808 and we can talk you through this. | Please call us about these drugs. We don't cover them, but we can help you apply to get these paid for by the NHS. Call us on 0800 206 1808 and we can talk you through this. |

Drug **treatment** to kill ✓ Yes ✓ Yes cancer cells – including: There is no time limit on We cover these drugs for how long we cover these up to one year, or for the biological therapies time allowed by the drugs. chemotherapy. licence – whichever is We will cover them if: shorter if: they have been they have been licensed by the **European Medicines** licensed by the **European Medicines** Agency or the Medicines and Agency or the Medicines and Healthcare products Healthcare products Regulatory Agency, Regulatory Agency, and and • they are used they are used according to their according to their licence, and licence, and • they have been shown • they have been shown to be effective. to be effective. Because drug licences We start the time limit change, this means that from when you first the drugs we cover will change from time to time. started **treatment** that we paid for. Please call us once you Because drug licences know your **treatment** change, this means that plan. the drugs we cover will change from time to time. Please call us once you know your treatment plan. Advanced therapy ✓ Yes ✓ Yes medicinal products We cover a small number We cover a small number (ATMPs). of approved ATMPs. Please of approved ATMPs. Please axahealth.co.uk/atmps for axahealth.co.uk/atmps for the list of ATMPs that we the list of ATMPs that we cover, or call us. cover, or call us. Please see section 4.2 Please see section 4.2 for more information on for more information on

ATMPs

ATMPs

| Therapeutic cancer vaccines | No There is no cover for therapeutic cancer vaccines. Please see section 4.33 for more information on Therapeutic vaccines. | * No There is no cover for therapeutic cancer vaccines. Please see section 4.33 for more information on Therapeutic vaccines. |
|---|---|---|
| Unproven drugs. | There is no cover for unproven drugs or drugs that are being used outside of their licence. Please see section 3.3 for more information on unproven treatment. | There is no cover for unproven drugs or drugs that are being used outside of their licence. Please see section 3.3 for more information on unproven treatment. |
| Other drugs We cover: • Hormone therapy that is given by injection (for example goserelin, also known as Zoladex) • Antivirals, antibiotics, antifungals, antisickness and anticoagulant drugs. | ✓ Yes. They are covered as long as you have them at the same time as you are having chemotherapy or biological therapy to kill cancer cells covered by your membership. | ✓ Yes, We will cover these for up to three months as long as you have them at the same time as you are having chemotherapy or biological therapy to kill cancer cells that is covered by your membership. |

| We will also cover bone strengthening drugs such as bisphosphonates or Denosumab that are: • licensed for use by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency and used according to that licence; or • being used as recommended by the National Institute for Health and Care Excellence (NICE) as a treatment that may be used in routine practice | ✓ Yes We will only pay for these drugs when they can't be prescribed by a GP. | ✓ Yes We will cover these for up to three months as long as you have them at the same time as you are having chemotherapy or biological therapy to kill cancer cells that is covered by your membership. |
|--|---|--|
| Drugs for treating conditions secondary to cancer , such as erythropoietin (EPO) | ✓ Yes, while you are having chemotherapy that is covered by your membership. | ✓ Yes, while you are having chemotherapy that is covered by your membership. |
| Radiotherapy | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
| Radiotherapy including when it is used to relieve pain. | ✓ Yes | ✓ Yes |

| Proton beam therapy (PBT) | ✓ Yes We will pay for PBT for cancer when it is in line with treatment that is routinely commissioned by the NHS. We will not pay for PBT in any other circumstances. As PBT is a developing area of medicine there are only a limited number of facilities that provide this treatment. Please contact us before you have your treatment. | ✓ Yes We will pay for PBT for cancer when it is in line with treatment that is routinely commissioned by the NHS. We will not pay for PBT in any other circumstances. As PBT is a developing area of medicine there are only a limited number of facilities that provide this treatment. Please contact us before you have your treatment. |
|---|---|--|
| Accelerated charged particle therapies | No However, there is limited cover for Proton Beam Therapy in the circumstances shown above. | No However, there is limited cover for Proton Beam Therapy in the circumstances shown above. |
| Palliative and end of life care | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
| Care to relieve pain or other symptoms rather than cure the cancer . | ✓ We will provide cover and support throughout your cancer treatment even if it becomes incurable. We cover radiotherapy, chemotherapy and surgery (such as draining fluid or inserting a stent) to relieve pain. | ✓ We will provide cover and support throughout your cancer treatment even if it becomes incurable. We cover radiotherapy, chemotherapy and surgery (such as draining fluid or inserting a stent) to relieve pain. |

| Donation to a hospice where you are having end of life care, or a donation to a service providing hospice at home care. Donation to a registered hospice charity that is providing you with end of life care, either at a hospice or for hospice at home care. | ✓ £100 for each night. This is a charitable donation paid direct to a registered hospice charity when you are provided free treatment in a hospice. ✓ £100 for each day. This is a charitable donation paid direct to a registered hospice charity when you are provided free hospice at home care treatment instead of having treatment in a hospice. | × No |
|---|---|---|
| Monitoring | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Cover Option, am I covered? |
| Follow ups – cover for follow up consultations and reviews for cancer . | ✓ Yes, so long as you are still a member and have a plan that covers this. | ➤ No, if you do not have an Out-patient-Option. ✓ Yes, if you have an Out-patient-Option: Your membership covers for 10 years from your last surgery, chemotherapy or radiotherapy for that cancer so long as you are still a member and have a plan that covers this. |
| Routine monitoring or checks that a GP or someone else in a GP surgery (or other primary care setting) could carry out. | × No | × No |

| Follow up procedures that are for monitoring rather than treatment . Some cancer patients need procedures to check whether cancer is still present or has returned. For example, these could include colonoscopies to check the bowel or cystoscopies to check the bladder. | ✓ Yes | ✓ Yes |
|---|---|---|
| Limits | If I have the Extra Cancer Cover Option, what limits are there on treatment under my membership? | If I do not have the Extra Cancer Cover Option, what limits are there on treatment under my membership? |
| Time limits on cancer treatment. Your membership covers you while you are having treatment to kill cancer cells. | None | There are some time limits on drug treatment for cancer . For example, we will cover drug treatment to kill cancer cells (such as biological therapies or chemotherapy) for up to one year, and bone strengthening drugs or hormone therapy by injection for up to three months as described in this table. |
| Money limits on cancer treatment . | No specific limits – the same rules apply to your cancer treatment as for any other treatment . | No specific limits – the same rules apply to your cancer treatment as for any other treatment . |

| Other benefits | If I have the Extra Cancer Cover Option, am I covered? | If I do not have the Extra Cancer Option, what other benefits are there? |
|--------------------------------------|--|--|
| Stem cell or bone marrow transplant. | ✓ Yes We will cover the reasonable costs for a stem cell or bone marrow transplant as long as: the stem cell or bone marrow transplant is for the treatment of cancer; and it is conventional treatment for that cancer. It does not include any related administration costs. For example, we will not cover the cost of searching for a donor, the harvesting of cells from the donor or transport costs for tissue or harvested cells. » Please see section 3.3 for more information on conventional treatment and 4.23 Organ or tissue transplant | ✓ Yes We will cover the reasonable costs for a stem cell or bone marrow transplant as long as: the stem cell or bone marrow transplant is for the treatment of cancer; and it is conventional treatment for that cancer. It does not include any related administration costs. For example, we will not cover the cost of searching for a donor, the harvesting of cells from the donor or transport costs for tissue or harvested cells. » Please see section 3.3 for more information on conventional treatment and 4.23 Organ or tissue transplant |

Health coaching to support you during and after your cancer treatment.

This service is available if your **plan** would have covered your **treatment**, whether you have had your **treatment** either privately or on the NHS.

We will cover a 6-month course each **year**, with an AXA Health Coach via an app on your smart device.
Coaching is available either during your **cancer treatment** or within two years of your last **surgery**, chemotherapy or radiotherapy.

They will help you make appropriate health and lifestyle choices, focusing on such things as nutrition, diet, mindfulness or general help and support to get you back to everyday life.

The cost of wigs or other temporary head coverings or external prostheses needed because of **cancer** whilst you are having **treatment** to kill **cancer** cells.

✓ Up to £400 a **year** for wigs or temporary head coverings and up to £5,000 a **year** for prostheses We will cover a 6-month course each **year**, with an AXA Health Coach via an app on your smart device.

Coaching is available either during your **cancer treatment** or within two years of your last **surgery**, chemotherapy or radiotherapy.

They will help you make appropriate health and lifestyle choices, focusing on such things as nutrition, diet, mindfulness or general help and support to get you back to everyday life.

× No

4.2 > Advanced therapy medicinal products (ATMPs)

Advanced therapy medicinal products (ATMPs) are a complex set of medications defined by the Medicines and Healthcare products Regulatory Authority. ATMPs include things like gene therapies and CAR-T **treatment** for **cancer**.

We only cover a small number of approved ATMPs under the **plan**. You must call us before you start your **treatment** to make sure it's covered.

For more information and for the current list of the ATMPs we cover please visit axahealth.co.uk/atmps or call us.

We don't cover any ATMPs that aren't on the list at the time you need the **treatment**, including any associated hospital or **specialist** costs. The list is subject to change so you should always check and call us before you start any **treatment**.

4.3 > Alcohol abuse, drug abuse, substance abuse

We do not cover **treatment** you need as a result of, or in any way connected to, alcohol abuse, drug abuse or substance abuse.

4.4 > Breast reduction

We do not cover either male or female breast reduction.

4.5 > Chiropody, podiatry and foot care

Our cover for chiropody, podiatry and foot care depends on whether you have the Extra Care Option.

We will not cover any general chiropody, podiatry or foot care, even if a surgical podiatrist provides it. This includes things like gait analysis and orthotics.

✓ Extra cover under the Extra Care Option

If you have the Extra Care Option, we will cover fees for chiropody or podiatry up to £150 per **year**, so long as your chiropodist or podiatrist is qualified.

» For more details, see the Extra Care Option table on page 6

4.6 > Contraception

We do not cover contraception or any consequence of using contraception.

4.7 > Cosmetic treatment, surgery or products

We do not cover:

- cosmetic treatment or cosmetic surgery; or
- treatment that is connected to previous cosmetic treatment or cosmetic surgery; or
- **treatment** that is connected with the use of cosmetic (beauty) products or is needed as a result of using a cosmetic (beauty) product.
- » See also 4.26 Reconstructive surgery

4.8 > Criminal activity

We do not cover **treatment** you need as a result of your active involvement in criminal activity.

4.9 > Dialysis

We do not cover regular or long term dialysis if you have chronic organ failure.

- » Please see section 3.5 How your membership works with conditions that last a long time or come back (chronic conditions), to understand your cover.
- » See also 4.23

4.10> Drugs and dressings

We don't cover drugs, dressings or prescriptions that:

- you are given to take home after you have had in-patient, day-patient or out-patient treatment; or
- could be prescribed by a GP or bought without a prescription; or

 are taken or administered when you attend a hospital, consulting room or clinic for out-patient treatment.

There are some exceptions for drugs given for **cancer treatment**.

» There is a full explanation of how we cover cancer treatment in section 4.1 of this handbook.

4.11> External prosthesis or appliances

We will pay up to £5,000 towards the cost of an **external prosthesis** needed following an accident or **surgery** for a **medical condition**.

We will do this so long as:

- you had continuous cover on a private medical insurance plan before the accident or **surgery** happened that has led to the need for the prosthesis; and
- all claims are made within 12 months of the amputation or removal of the body part.

We will only pay this benefit once, regardless of how long you remain a member of AXA Health.

What is not covered?

We do not cover replacement of teeth or hair, including wigs or hair transplants.

We do not cover the costs of the purchase, hire or fitting of an external appliance such as crutches, joint supports and braces, mechanical walking aids, contact lenses or any external device.

How to claim

If you want to claim this benefit, you should call us on 0800 206 1808 and we will explain what to do next. Please remember to ask the provider of your **external prosthesis** for full receipts as we cannot pay claims without a receipt.

✓ Extra cover if you have Extra Cancer Cover Option

If you have the Extra Cancer Cover Option, we will pay towards the cost of wigs or other temporary head coverings or external prostheses needed because of **cancer** whilst you are having **treatment** to kill **cancer** cells as shown in 4.1.

4.12> Eye conditions

We do not cover any **treatment** to correct or investigations to do with:

- Refractive errors, this includes long or short sightedness and astigmatism.
- Eye co-ordination (convergence insufficiency).
- Eye focusing problems (accommodative dysfunctions).

✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards the cost of eye tests, prescribed glasses and prescribed contact lenses.

» For more details, see the Dentist and Optician Cashback Option table on page 7

What is not covered under this Option?

We will not pay towards the cost of:

- contact lens check ups
- contact lens solutions
- repairs to non-prescribed glasses
- new frames
- replacements that you need because of accidental damage
- non-prescribed items that you buy as part of an eye care contract scheme.

If you have an eye care contract scheme and want to claim for anything that you have paid for as part of that scheme, please ask your optician for a receipt showing the cost of all the items you have paid for under the scheme.

What you need to claim cashback

If you want to claim cashback under this Option, please ask your optician for fully itemised receipts for everything you wish to claim for. We cannot pay any claims without an itemised receipt showing how much you have paid. Then call us on 0800 206 1808 and we will explain what to do.

4.13> Fat or surplus tissue removal

We do not cover the removal of fat or surplus tissue, such as abdominoplasty (tummy tuck), whether the removal is needed for medical or psychological reasons.

4.14> Gender re-assignment or gender confirmation

We do not cover gender re-assignment or gender confirmation or any connected **treatments**.

4.15> Genetic tests

What is covered for genetic tests?

We will pay for genetic testing when it is proven to help choose the best **eligible treatment** for your **medical condition**. See section 3.3 regarding how we define **eligible treatment**, **conventional treatment** and **unproven treatment**.

We do not cover genetic tests:

- to check whether you have a **medical condition** when you have no symptoms or you have a genetic risk of developing a **medical condition** in the future; or
- to find out if there is a genetic risk of you passing on a medical condition; or

- where the result of the test wouldn't change the course of eligible treatment. This might be
 because the course of eligible treatment for your symptoms will be the same regardless of the
 result of the test or what medical condition has caused them: or
- that themselves are not **conventional treatment** or where they are used to direct **treatment** that is not **eligible treatment**.

In addition, genetic tests must be:

- 1. Listed in the NHS England National genomic test directory and used for the purposes listed in the directory; and
- 2. Carried out at a testing laboratory which is accredited by the United Kingdom Accreditation Service (UKAS) or an equivalent agreed in advance of testing by AXA Health.
- » See also 4.25 Preventative treatment and screening tests

Please call us before you have any genetic tests to confirm that we will cover them. Your specialist might want to do a variety of tests and they might not all be covered. The costs to you might be significant if the tests aren't covered under the plan.

4.16> GP and primary care services

Your cover includes access to the AXA Doctor at Hand service for video and telephone consultations as shown in the benefits table. We do not cover any other primary care services or **treatment** that would normally be carried out in a primary care setting such as the routine management of a **medical condition**. This includes any fees for services that a GP, dentist or optician could normally carry out, or any other primary care services.

There is extra cover for GP and other primary care services if you have the Dentist and Optician Cashback Option or the Extended Cover Option.

- ✗ If you do not have the Dentist and Optician Cashback Option or the Extended Cover Option, we do not cover any fees for services that a GP or dentist could normally carry out, or any other primary care services.
- ➤ We do not pay for prescriptions, appliances or other support services provided by GPs.
- ➤ We do not pay for membership fees (sometimes known as subscription fees) for GP services.

\checkmark Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards dentists' and opticians' fees but not fees for services that a GP could normally carry out or any other primary care services.

» See also 3.1

✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option, you have cover for private GP consultations as shown in the Extended Cover Option table.

4.17> Infertility and assisted reproduction

We do not cover investigation or **treatment** of infertility, assisted reproduction or **treatment** designed to help fertility. This includes:

- treatment to prevent future miscarriage; or
- investigations into miscarriage; or
- any treatment you need, as a result of these treatments or investigations.

4.18> Learning and developmental disorders

We do not cover any **treatment**, investigations, assessment or grading to do with:

- learning disorders
- speech delay
- educational problems
- behavioural problems
- physical development
- psychological development.

Some examples of the conditions we do not cover are the following (please call if you would like to know if a condition is covered):

- dyslexia
- dyspraxia
- autistic spectrum disorder
- attention deficit hyperactivity disorder (ADHD)
- sensory processing disorders
- speech and language problems, including speech therapy needed because of another medical condition.

4.19> Mechanical heart pumps (Ventricular Assist Devices (VAD) and Artificial Hearts)

There is no cover for the provision or implantation of a mechanical heart pump. There is also no cover for the long-term monitoring, consultations, check-ups, scans and examinations related to the implantation or the device.

4.20> Menopausal symptoms - that cannot be managed by your GP

If you need to be referred to a **specialist** by your GP for the **treatment** of menopausal symptoms. Call us on 0800 206 1808 and we will check your cover.

We recommend referral to a **specialist** accredited by the British Menopause Society (BMS). Please ask your GP for an open referral and we can support you in finding a BMS specialist, either nearby, or one who commonly offers online appointments.

4.21 > Mental health

Our cover for mental health depends on whether you have the Mental Health Option.

✗ If you do not have the Mental Health Option, we do not cover any **treatment** of psychiatric illness.

√ Extra cover under the Mental Health Option

If you have the Mental Health Option, we will cover your **treatment** for psychiatric illness.

This includes:

- in-patient and day-patient treatment in hospital; and
- out-patient treatment.
- » For more details, see the Mental Health Option table on page 5

All your other membership rules still apply to your cover.

What happens if I need to go into hospital for a psychiatric condition?

If you need to go into hospital for **in-patient** or **day-patient treatment** of a psychiatric condition, the hospital will contact us to check your cover before you go in. If your **treatment** is covered, we will agree to pay the hospital for an initial period of time in hospital. The hospital will tell you how long this period is.

If you need to stay in hospital for a longer period, we will ask your **specialist** why you need further **treatment**, and let you know if we agree to cover the extended stay.

What if my condition goes on for a long time?

Our normal rules on **chronic conditions** apply to mental health problems. So if your condition becomes chronic, unfortunately we may no longer be able to cover your **treatment**. If this happens, we will contact you beforehand so that you can decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

» For more details, see 3.5

What is not covered under the Option?

Even if you have the Mental Health Option, we do not cover any **treatment** connected in any way to:

• an injury you inflicted on yourself deliberately; or

- a suicide attempt; or
- alcohol abuse; or
- drug or substance abuse.

4.22> Nuclear, biological or chemical contamination and war risks

We do not cover **treatment** you need as a result of nuclear, biological or chemical contamination.

We do not cover **treatment** you need as a result of war (declared or not), an act of a foreign enemy, invasion, civil war, riot, rebellion, insurrection, revolution, overthrow of a lawful government, explosions of war weapons, or any similar event.

We do cover **treatment** due to a **terrorist act** so long as the act does not cause nuclear, biological or chemical contamination.

4.23 > Organ or tissue transplant

What is covered for organ or tissue transplant?

We will pay for:

- Stem cell or bone marrow transplant when:
 - treatment is for the treatment of cancer; and
 - it is conventional treatment for that cancer.
- **surgery** using donated stored tissue, where it is integral to the **surgical procedure**, for example ligament reconstruction, replacement heart valve or corneal transplant.
- » See also 4.1 Cancer.

What is not covered for organ or tissue transplant?

We do not pay for:

- any surgery or treatment required to receive an organ for example, the receiving of a heart or lung; or
- any surgery or treatment required to donate an organ for example, the giving of a kidney; or
- any treatment needed in preparation for a transplant, or as a result of a transplant, for example dialysis; or
- the cost of collecting donor organs, tissue or harvesting cells from a donor; or
- any related administration costs for example, the cost of searching for a donor or transport costs for tissue or harvested cells.

4.24> Pregnancy and childbirth

As pregnancy and childbirth are not **medical conditions** and because the NHS provides for them, our cover is limited.

We don't cover the checks or other interventions, such as antenatal and postnatal monitoring and screening, that you will have during pregnancy and birth.

What is covered?

We will cover the additional costs for **treatment** of **medical conditions** that arise during pregnancy or childbirth. For example:

- ectopic pregnancy (pregnancy where the embryo or foetus grows outside the womb)
- hydatidiform mole (abnormal cell growth in the womb)
- retained placenta (afterbirth retained in the womb)
- eclampsia (a coma or seizure during pregnancy and following pre eclampsia)
- post partum haemorrhage (heavy bleeding in the hours and days immediately after childbirth)
- miscarriage requiring immediate surgical treatment.

≅ Because our cover for pregnancy and childbirth is limited, please call us on 0800 206 1808 to check what you are covered for before starting any private **treatment**.

⊞ If you have a baby, we can often add them to your membership from birth. However, if the baby was born after fertility **treatment** or assisted reproduction, there are a few limits on our cover. Please call us on 0800 206 1808 so we can explain what we can cover.

4.25> Preventative treatment and screening tests

Health insurance is designed to cover problems that you're experiencing at the moment, so it generally doesn't cover preventative **treatment** or screening tests, including genetic tests.

What is not covered for preventative treatment and screening tests?

We do not pay for:

- preventative treatment, such as preventative mastectomy or a YAG laser iridotomy for narrow angles in isolation; or
- preventative screening tests; or
- routine preventative examinations and check-ups; or
- tests to check whether:
 - you have a **medical condition** when you have no symptoms; or
 - you have a risk of developing a **medical condition** in the future; or
 - there is a risk of you passing on a **medical condition**.
- tests where the result of the test wouldn't change the course of **eligible treatment**. This might be because the course of **eligible treatment** for your symptoms will be the same regardless of the result of the test or what **medical condition** has caused them; or

- preventative treatment or screening tests that themselves are not conventional treatment or where they are used to direct treatment that is not eligible treatment.
- any other preventative screening or treatment to see if you have a medical condition if you do not have symptoms; or
- · vaccinations.
- » See 4.15 Genetic tests

4.26> Reconstructive surgery

We do cover reconstructive **surgery**, but only in certain situations.

What is covered?

We will cover your first reconstructive **surgery** following an accident or **surgery** for a **medical condition** that was covered by the membership. We will do this so long as:

- you had continuous cover under a private medical insurance plan since before the accident or surgery happened; and
- we agree the method and cost of the **treatment** in writing beforehand.

Please call us on 0800 206 1808 before agreeing to reconstructive **surgery** so we can tell you if you are covered.

What is not covered?

We do not cover **treatment** that is connected to previous reconstructive **surgery** or any cosmetic operation.

» See also 4.1 Cancer for details of the cover for breast reconstruction and 4.7 Cosmetic treatment, surgery or products

4.27> Rehabilitation

We do cover **in-patient** rehabilitation for a short period, but there are some limits to our cover.

What is covered for rehabilitation?

We will cover **in-patient** rehabilitation for up to 28 days, so long as:

- it follows an acute brain injury, such as a stroke; and
- it is part of **treatment** of an **acute condition** that is covered by your membership; and
- a specialist in rehabilitation is overseeing your treatment; and
- you have your treatment in a rehabilitation hospital or unit that is included in our Directory of Hospitals; and
- the treatment can't be carried out as a day-patient or an out-patient, or in another suitable location; and

• we have agreed the costs before you start rehabilitation.

If you have severe central nervous system damage following external trauma, we will extend this cover to up to 180 days of **in-patient** rehabilitation.

⊞If you need rehabilitation, please call us on 0800 206 1808, as we will need to confirm that we recognise the hospital or unit where you are having the rehabilitation.

4.28> Self-inflicted injury and suicide

We do not cover **treatment** you need as a direct or indirect result of a deliberately self-inflicted injury or a suicide attempt.

4.29 > Sexual dysfunction

We do not cover **treatment** for sexual dysfunction or anything related to sexual dysfunction.

4.30> Social, domestic and other costs unrelated to treatment

We do not cover the costs that you pay for social or domestic reasons, such as home help costs.

We do not cover the costs that you pay for any reasons that are not directly to do with **treatment**, such as travel to or from the place you are being treated.

4.31> Sports related treatment

We do not cover **treatment** you need as a result of training for or taking part in any sport for which you:

- are paid; or
- receive a grant or sponsorship (we do not count travel costs in this); or
- · are competing for prize money.

4.32 > Sterilisation

We do not cover:

- sterilisation; or
- any consequence of being sterilised; or
- reversal of sterilisation: or
- any consequence of a reversal of sterilisation.

4.33> Teeth and dental conditions

Our cover for treating teeth and dental conditions depends on whether you have the Extra Care Option or Dentist and Optician Cashback Option. If you do not have either Option, your membership will not cover dental problems or any routine dental care.

Cover for all members

You do not have cover for treating dental problems or any routine dental care, including oral **surgery**, **treatment** of cysts in the jaw that are tooth related or are of a dental origin, this also means we will not pay any fees for dental **specialists**, such as orthodontists, periodontists, endodontists or prosthodontists.

√ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will cover the following types of oral **surgery** when you are referred for **treatment** by a dentist:

- reinserting your own teeth after an injury
- removing impacted teeth, buried teeth and complicated buried roots
- removal of cysts of the jaw (sometimes called enucleation).

✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards your dentist's fees, as shown in the table on page 7. We will pay for fees that you have paid directly to a dentist or dental hygienist, so long as they are registered with the General Dental Council. If you have a dental care contract scheme (such as Denplan), we will not pay for any **premiums** you have paid for this scheme.

What you need to claim cashback

If you want to claim cashback under this Option, please ask your dentist for full receipts for everything you wish to claim for. We cannot pay any claims without a receipt. Then call us on 0800 206 1808 and we will explain what to do next.

4.34>Therapeutic vaccines

Therapeutic vaccines are a developing area of medical research. Unlike regular vaccines which prevent illnesses, therapeutic vaccines may be used as part of **treatment** of an existing **medical condition**, including **cancer**. We do not cover these vaccines, even when they are part of your **treatment**.

4.35> Treatment abroad and restrictions if you live outside of the UK

We do not cover any costs for **treatment** you receive outside the **UK**. We do not cover any costs for **treatment** if you live outside the **UK**. If you are going to live outside of the **UK** please call us on 0800 587 0955, as you may be able to set up a new plan with our International team.

✓ Extra cover if you have the Travel Cover Option

If you have the Travel Cover Option, please see the Travel cover handbook for details of your cover for **treatment** abroad.

✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have cover for **treatment** you receive outside of the **UK**.

We will pay up to the cost we would have paid for you to have the **treatment** in the **UK**, Channel Islands or Isle of Man. We will pay up to the **UK** average amount that we would usually pay for that **treatment**.

We will pay so long as:

- the **treatment** is planned before you go abroad
- the **treatment** is carried out by a medical practitioner
- we have agreed the fee before you go abroad for the **treatment**
- the treatment would have been covered in the United Kingdom.

What is not covered?

We do not cover the cost of complications which you get as a result of **treatment** you have outside of the **UK.** We recommend you talk about possible complications and their costs with your medical practitioner before you travel. You would be liable for the cost of complications which could be a significant amount.

4.36> Treatments not covered by your plan

We don't cover **treatment** that is connected to anything not covered by your membership. This means we won't pay for further **treatment** or increased **treatment** costs if you have any medical or surgical procedure that we wouldn't have covered under your **plan**. We also won't pay if you need **treatment** as a result of a body modification.

There is no cover for investigations, tests or **treatments** which aren't covered under your **plan**. It also includes costs for investigations, tests or **treatment** to help you plan a medical or surgical procedure that wouldn't be covered under your **plan**.

4.37> Treatment that is not medically necessary

Like most health insurers, we only cover **treatment** that is medically necessary. We do not cover **treatment** that is not medically necessary, or that can be considered a personal choice.

4.38 > Varicose veins

We do cover **treatment** of varicose veins, but only in certain circumstances.

What is covered?

We will cover one **surgical procedure** per leg to treat varicose veins, for the lifetime of your membership with us. This may be foam injection (sclerotherapy), ablation or other **surgery**.

We will cover one follow up consultation with your **specialist** and one simple injection sclerotherapy per leg to treat residual or remaining veins when it is carried out in the 6 months after you've had the main **surgical procedure**.

What's not covered?

We do not cover more than one **surgical procedure** per leg, regardless of how long you stay a member with us.

There is no cover for the **treatment** of recurrent varicose veins under your **plan**.

» Please see '3.5 How your membership works with conditions that last a long time or come back (chronic conditions)'

There is no cover for the **treatment** of thread veins or superficial veins.

4.39> Warts, verrucas and skin tags

We do not cover **treatment** of skin warts, verrucas and skin tags.

4.40> Weight loss treatment

We do not cover any weight loss **treatment** regardless of why it is needed. This includes drug **treatment**, **surgery** and procedures such as the fitting of a gastric band, creation of a gastric sleeve, or other similar **treatments**.

5 Managing your membership

- 5.1 > Adding a family member or baby
- 5.2 > Paying your excess
- 5.3 > Keeping us informed
- 5.4 > If you move abroad
- 5.5 > Paying income tax on your subscription
- 5.6 > Cancelling your membership
- 5.7 > Leaving your group
- 5.8 > Making a complaint

5.1 > Adding a family member or baby

Whether you can add **family members**, including babies, to your cover will depend on the agreement we have with your **group**. Depending on your agreement with your **group**, there may be restrictions on when you can add **family members**.

The Please ask your Human Resources Department to call us if you wish to add a **family member** or baby.

Who you can add

You can normally add:

- Your partner. You must be either married, in a civil partnership, or living together permanently in a similar relationship.
- Any of your children or your partner's children.

If you would like to add a new baby to your cover, you can normally do this from their date of birth, so long as you contact us within 13 weeks of their birth. We normally will not need details of their medical history.

If your agreement with your **group** allows you to add a baby after they are 13 weeks old, we may ask for details of their medical history. The information we will ask for will depend on the agreement we have with the **group** regarding **pre-existing conditions**.

» For more information see section 3.4 How your membership works with pre-existing conditions and symptoms of them.

Babies born after fertility treatment, or following assisted reproduction, or who you have adopted

You can add a baby born after fertility **treatment**, or following assisted reproduction (such as IVF), or who you've adopted, to your membership. As with most health insurance, our cover for **treatment** has a few limits in these situations.

If a baby is born after fertility **treatment**, or following assisted reproduction, or if you have adopted a baby:

- We will not cover any **treatment** in a Special Care Baby Unit or paediatric intensive care.
- We may ask for more details or the baby's medical history or add other conditions to the baby's
 cover, unless your group have joined on a medical history disregarded basis. For example, we
 may limit their cover for pre-existing conditions.
- For more information see section 3.4 How your membership works with pre-existing conditions and symptoms of them.

We count fertility **treatment** as taking any prescription or non-prescription drug or other **treatment** to increase fertility.

5.2 > Paying your excess

Your membership certificate will tell you if you have an excess and how much it is. This section tells you how to pay it.

If you have an excess

If you have an excess on your membership, you can see the amount on your membership certificate in your membership guide. Here is how excesses work:

- We will take your excess off the amount covered by your plan for the first claim for each person
 in each membership year. For example, if the claim was covered for £800, and the excess was
 £100, we would pay £700.
- If your claim is for a treatment that has a limit we will apply the limit before we take the excess
 off.

- We count the treatment costs for each year according to the date the treatment took place.
- Even if **treatment** costs less than your excess, please tell us about it so we can make sure we take this into account if you claim again that **year**.
- Your excess applies per person. So if two people are covered by your membership claim, we will
 take the excess off both their claims.
- We only take off the excess once per person per membership **year**. So even if you claim several times, we will only take the excess off once. It does not matter whether you claim several times for the same **medical condition**, or for several **medical conditions**.
- It also applies for each membership **year**. This means that if you incur costs during this membership **year**, we will take the excess off what we pay for your claim. If you then incur more costs in the next membership **year**, even if it's for the same condition, we will take the excess off that claim.
- If your claim goes over your renewal, we will take the excess off the amount we pay for your claim before renewal, then we will take the excess off the amount we pay for your claim after renewal.

If you have any questions about how your excess works, please call us on 0800 587 0955.

» You can find an example of how we work out the excess below

Claims that you do not have to pay an excess for

If you claim for any of the following, you will not need to pay an excess:

- NHS radiotherapy and chemotherapy cash benefit
- external prosthesis
- consultations with the AXA Doctor at Hand service
- hotel accommodation benefit
- If you have the Extra Care Option: NHS cash benefit or chiropody or podiatry
- if you have the Dentist and Optician Cashback Option: any claim for dentist's fees, optician's fees
 or eye tests
- if you have the Extra Cancer Cover Option: any claim for wigs, head coverings or hospice donations.

An example of how we work out the excess

Excesses can be complicated, so we've included an example of how it works here.

Situation:

- Ann has the Enhanced Out-patient Option, which has a limit of £1,000 for **out-patient treatment** (as shown in the benefit table on page 5)
- She also has an excess of £100.

Here's how it works:

- 1. Ann has a medical problem that is covered by her Option. She claims for £700 for **out-patient treatment** (her first claim for the **year**).
- 2. We apply the £100 excess, so Ann pays the first £100 of the claim.
- 3. We then pay the remaining £600 directly to the hospital.
- 4. We take the whole £700 cost of the claim off Ann's £1,000 limit for **out-patient treatment** (not just the £600 that we paid). So she now has £300 left for **out-patient treatment** for the rest of the **year**.
- 5. A month later, but in the same membership **year**, Ann needs some more **out-patient treatment** that's covered by her Option. This costs £450.

Ann doesn't need to pay any excess, because she has already paid her full excess in this membership **year**. But she only has £300 left from her Enhanced Out-patient Option limit.

So we'll pay £300 towards the cost. Ann will need to pay the remaining £150 herself to the hospital.

5.3 > Keeping us informed

If any of your personal details change, it's important that you let us know as soon as possible. If you're unsure whether the change is important, it's best to tell us and we can explain if it affects your membership.

Changes you must tell us about?

If you send us any form, and anything changes between the time you send the form and the time we confirm that we have made the change shown in the form, you must tell us.

5.4 > If you move abroad

If you move outside of the **United Kingdom**, you won't be able keep your current **plan** and you will not be able to make any claims for **treatment**. You may be able to set up a new plan with our international team.

Can I stay on the same plan if I move abroad?

If you go to live outside of the **United Kingdom** abroad, you cannot stay on the same healthcare insurance plan. However, AXA Global Healthcare UK Limited may be able to offer you an international health insurance plan. Please call us on 0800 587 0955 to discuss your options.

5.5 > Paying income tax on your subscription

If cover is available under an arrangement with your employer, you will have to pay income tax on the **premiums** paid by your employer, less any amount made good by you as the employee.

5.6 > Cancelling your membership

As your membership is part of a **group** membership that has been arranged by the **group** you are not able to cancel it. If you want to stop your membership to the **plan**, please contact your **group** administrator.

5.7 > Leaving your group

We'll try to get in touch with you when we know that you're leaving your **group**.

Call us on 0800 028 2915 when you know you're leaving

If you leave the **group** that provides this **plan**, it's quick and easy to transfer to a personal plan.

When you transfer to a personal plan with similar cover, we can usually continue to cover any existing **medical conditions** without the need for medical underwriting – so you won't have to fill in any forms or have a medical examination.

Call us as soon as you know you're leaving as you may find it difficult to get continued cover for any existing or previous **medical conditions** later. We'll arrange everything over the phone.

5.8 > Making a complaint

Your cover is provided under our **group insurance contract** with your **group**. However we do give all members full access to the complaint resolution process. Our aim is to make sure you're always happy with your membership. If things do go wrong, it's important to us that we put things right as quickly as possible.

Making a complaint

If you want to make a complaint, you can call us or write to us using the contact details below.

To help us resolve your complaint, please give us the following details:

- your name and membership number
- a contact phone number

- the details of your complaint
- any relevant information that we may not have already seen.

Please call us on 0800 587 0955.

Or write to:

AXA Health

International House,

Forest Road,

Tunbridge Wells,

Kent TN2 5FE

Answering your complaint

We'll respond to your complaint as quickly as we can.

If we can't get back to you straight away, we'll contact you within five working days to explain the next steps.

We always aim to resolve things within eight weeks from when you first told us about your concerns. If it looks like it will take us longer than this, we will let you know the reasons for the delay and regularly keep you up to date with our progress.

The Financial Ombudsman Service

You may be entitled to refer your complaint to the Financial Ombudsman Service. The ombudsman service can liaise with us directly about your complaint and if we can't fully respond to a complaint within eight weeks or if you are unhappy with our final response, you can ask the Financial Ombudsman Service for an independent review.

The Financial Ombudsman Service

Exchange Tower

Harbour Exchange Square

London E14 9SR

Phone: 0300 123 9 123 or 0800 023 4567

Email: complaint.info@financial-ombudsman.org.uk

Website: financial-ombudsman.org.uk

Your legal rights

None of the information in this section 5.8 affects your legal rights.

6 Legal information

- 6.1 > Rights and responsibilities
- 6.2 > Our authorisation and regulation details
- 6.3 > The Financial Services Compensation Scheme (FSCS)
- 6.4 > Your personal information
- 6.5 > What to do if somebody else is responsible for part of the cost of your claim
- 6.6 > What to do if your claim relates to an injury or medical condition that was caused by another person

6.1 > Rights and responsibilities

This section sets out the rights and responsibilities you, your **group** and we have to each other.

The plan

The cover is provided under a **group insurance contract**.

The **plan** is for one **year**.

Only those people listed in the **group insurance contract** can be members of this **plan**.

All cover ends when the **group** membership ends. If the **lead member** leaves the **group**, cover for the **lead member** and their **family members** ends.

The **group** is responsible for paying the **premium**. We will pay for covered costs under the terms of this **plan** when **treatment** takes place in a period for which the **premium** has been paid.

We will not pay any costs for **treatment** or services received after the end of your period of cover under the **plan** even if we had already pre-authorised it.

Before you have **treatment** you will make a separate agreement with the provider of the **treatment**. The date(s) you receive your **treatment** is part of that agreement.

We will confirm the date that the **plan** starts and ends, who is covered, and any special terms that apply.

Your membership certificate is proof of your cover. We may charge you £25 plus VAT if you ask us to provide a copy of your membership certificate.

Renewal

At the end of each **plan year**, we will contact the **group** to tell them the terms the **plan** will continue on if the **plan** is still available. We will renew the **plan** on the new terms unless the **group** asks us to make changes or tells us they wish to cancel. You will be bound by those terms.

Providing us with information

Whenever we ask you to give us information, you will make sure that all the information you give us is sufficiently true, accurate and complete for us to be able to work out the risk we are considering. If we later discover that it is not, we can cancel the **plan** or apply different terms of cover in line with the terms we would have applied if the information had been presented to us fairly.

You must write and tell us if you change your address.

Our right to refuse to add a family member

We can refuse to add a family member to the plan. We will tell the lead member if we do this.

Subrogated rights

We, or any person or company that we nominate, have subrogated rights of recovery of the **lead member** or any **family members** in the event of a claim. This means that we will assume the rights of the **lead member** or any **family members** to recover any amount they are entitled to that we have already covered under this **plan**.

For example, we may recover amounts from someone who caused injury or illness, or from another insurer or a state healthcare provider. We may use external legal, or other, advisers to help us do this.

The **lead member** must provide us with all documents, including medical records, and any reasonable assistance we may need to exercise these subrogated rights.

The **lead member** must not do anything to prejudice these subrogated rights.

We reserve the right to deduct from any claims payment otherwise due to you an amount that will be recovered from a third party or state healthcare provider.

What happens if you break the terms of your plan

If you break any terms of your **plan** that we reasonably consider to be fundamental, we may do one or more of the following:

- refuse to pay any claims;
- recover from you any loss caused by the break;
- refuse to renew your membership to the plan;
- impose different terms to the cover;
- end your membership to the **plan** and all cover immediately.

If you (or anyone acting on your behalf) claim knowing that the claim is false or fraudulent, we can refuse to pay that claim and may declare your membership to the **plan** void, as if it never existed. If we have already paid the claim we can recover what we have paid from you.

If we pay a claim and the claim is later found to be wholly or partly false or fraudulent, we will be able to recover what we have paid from you.

International sanctions

We will not do business with any individual or organisation that appears on an economic sanctions list or is subject to similar restrictions from any other law or regulation. This includes sanction lists, laws and regulations of the European Union, United Kingdom, United States of America or under a United Nations resolution. We will immediately end cover and stop paying claims on your **plan** if you or a **family member** are directly or indirectly subject to economic sanctions, including sanctions against your country of residence. We will do this even if you have permission from a relevant authority to continue cover or **premium** payments under a **plan**. In this case, we can cancel your **plan** or remove a **family member** immediately without notice, but will then tell you if we do this. If you know that you or a **family member** are on a sanctions list or subject to similar restrictions you must let us know within 7 days of finding this out.

What happens if the group insurance contract ends

If the **group insurance contract** ends, you can apply to transfer to another plan.

Legal rights

This **plan** is made for your benefit and, even though your cover arises under the **group insurance contract** between the **group** and us, you are entitled to your cover under this **plan** as if you were a party to that **group insurance contract**. Subject to that exception, no clause or term of this **plan** will be enforceable, by virtue of the Contract (Rights of Third Parties) Act 1999, by any person other than us and the **group**. The rights of us and the **group** to terminate, rescind or vary the **group**

insurance contract (including this **plan**) are not subject to the consent of any other person (including you).

Each **family member** may make individual claims under the **plan**, which may be without the knowledge of the **lead member** in accordance with our approach to personal data.

Law applying to your plan

The **group** and we are free to choose the law that applies to your **plan**. The law of England and Wales will apply unless you and we agree otherwise.

Language for your plan

We will use English for all information and communications about your **plan**.

6.2 > Our authorisation and regulation details

AXA PPP healthcare Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority (FCA) and the Prudential Regulation Authority.

The FCA sets out regulations for the sale and administration of general insurance. We must follow these regulations when we deal with you.

Our financial services register number is 202947.

You can check details of our registration on the FCA website: fca.org.uk

6.3 > The Financial Services Compensation Scheme (FSCS)

AXA PPP healthcare Limited is a participant in the Financial Services Compensation Scheme (FSCS). The Scheme may act if it decides that an insurance company is in such serious financial difficulties that it may not be able to honour its contracts of insurance. It may do this by:

- providing financial assistance to the insurer
- transferring policies to another insurer
- · paying compensation to lead members.

The Scheme was established under the Financial Services and Markets Act 2000 and is administered by the Financial Services Compensation Scheme Limited. You can find more information about the scheme on the FSCS website: fscs.org.uk.

6.4 > Your personal information

Here is a summary of the data privacy notice that you can find on our website axahealth.co.uk/privacy-policy.

Please make sure that everyone covered by this **plan** reads this summary and the full data privacy notice on our website. If you would like a copy of the full notice call us on 0800 587 0955 and we'll send you one.

We want to reassure you we never sell personal member information to third parties. We will only use your information in ways we are allowed to by law, which includes only collecting as much information as we need. We will get your consent to process information such as your medical information when it's necessary to do so.

We get information about you, your employees and **family members** who are covered by your **plan.** This information can be provided by you, those **family members**, your healthcare providers, you as an employer or your employer (if you are on a company plan), your insurance broker if you have one and third party suppliers of information, such as credit reference agencies.

We process your information mainly for managing your membership and claims, including investigating fraud. We also have a legal obligation to do things such as report suspected crime to law enforcement agencies. We also do some processing because it helps us run our business, such as research, finding out more about you, statistical analysis for example to help us decide on premiums and marketing.

We may disclose your information to other people or organisations. For example we'll do this to:

- manage your claims, e.g. to deal with your doctors or any reinsurers;
- manage your plan with your insurance broker;
- help us prevent and detect crime and medical malpractice by talking to other insurers and relevant agencies; and
- allow other AXA companies in the **UK** to contact you if you have agreed.

Where our using your information relies on your consent you can withdraw your consent, but if you do we may not be able to process your claims or manage your **plan** properly.

In some cases you have the right to ask us to stop processing your information or tell us that you don't want to receive certain information from us, such as marketing communications. You can also ask us for a copy of information we hold about you and ask us to correct information that is wrong.

If you want to ask to exercise any of your rights just call us on 0800 587 0955 or write to us at Customer Service Data Team, AXA Health, International House, Forest Road, Tunbridge Wells, Kent TN2 5FE.

If you want to contact the Data Protection Officer you can do so at Data Protection Team, Jubilee House, Vale Road, Tunbridge Wells, Kent TN1 1BJ.

6.5 > What to do if somebody else is responsible for part of the cost of your claim

You must tell us if you are able to recover any part of your claim from any other party. Other parties would include:

- an insurer that you have another insurance policy with
- a state healthcare system
- a third party that has a legal responsibility or liability to pay.

We will pay our proper share of the claim

6.6 > What to do if your claim relates to an injury or medical condition that was caused by another person

You must tell us as quickly as possible if you believe something or someone else contributed to or caused the need for your **treatment**. For example, if you were injured in a road traffic accident that wasn't your fault or potential clinical negligence.

This does not change the benefits you can claim under your **plan** (your "Claim"). It also means that you can potentially be repaid for any costs you paid yourself, such as your excess or if you paid for private **treatment** that wasn't covered by your **plan**. Where appropriate, we will pay our share of the Claim and recover what we pay from the person or organisation responsible. We may use external legal, or other, advisers to help us do this.

If you decide to take legal action, there are some rules you need to follow and you need to keep us up to date with the case.

The amount you claim through your legal action needs to include the whole amount we have paid for **treatment**, plus 8% interest per year.

The amount we paid for your **treatment** is our 'Outlay' against the person or organisation you're pressing action against. We need to agree if you are claiming less than our Outlay. If we don't and your payment is less than our Outlay, we may ask you to pay the rest of it, plus interest.

You must pay us our Outlay and interest within 21 days of the settlement date. You also need to provide us full details of the settlement.

Even if you decide not to take legal action, we retain the right (at our own expense) to make a claim in your name against the third party for our Outlay and interest. You must co-operate with all reasonable requests to help with this process.

The rights and remedies in this clause are in addition to and not instead of rights or remedies provided by law.

If you have any questions please call 0800 206 1808 and ask for the Third Party Recovery team.

7 Glossary

Certain terms in this handbook have specific meanings. The terms and their meanings are listed in this glossary.

Where we've highlighted these terms in bold they have a specific meaning.

♦The terms marked with this symbol have meanings that are agreed by the Association of British Insurers. These meanings are used by most medical insurers.

acupuncturist – a medical practitioner who specialises in acupuncture who is registered under the relevant Act or a practitioner of acupuncture who is registered as a member of the British

Acupuncture Council (BacC). In all cases, the acupuncturist needs to meet our criteria for recognition. We must have told them in writing that we currently recognise them as an acupuncturist to provide **out-patient treatment** only.

» The full criteria we use when recognising medical practitioners are available on request

acute condition ◆ – a disease, illness or injury that is likely to respond quickly to **treatment** which aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or which leads to your full recovery.

cancer ◆ – a malignant tumour, tissues or cells, characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue.

chronic condition ◆ – a disease, illness or injury that has one or more of the following characteristics:

- it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests
- it needs ongoing or long-term control or relief of symptoms
- it requires your rehabilitation or for you to be specially trained to cope with it
- · it continues indefinitely
- it has no known cure
- it comes back or is likely to come back.

cognitive behavioural therapist – a medical practitioner who meets all of the following conditions:

practises cognitive behavioural therapy

• is recognised by us as a cognitive behavioural therapist.

We will pay for **treatment** by a cognitive behavioural therapist if both the following apply:

- a **specialist** refers you to them
- the treatment is as an out-patient.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising medical practitioners are available on request

conventional treatment - **treatment** that is established as best medical practice, and is practised widely in the **UK.** It must also be clinically appropriate in terms of necessity, type, frequency, extent, duration and the facility or location where the **treatment** is provided.

In addition, to meet our definition it must be approved by NICE (The National Institute for Health and Care Excellence) as a **treatment** which may be used in routine practice. Otherwise, it must have high quality clinical trial evidence proving it is effective and safe for the **treatment** of your **medical condition** (full criteria available on request).

If the **treatment** is a drug, the drug must be:

- licensed for use by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency; and
- used according to that licence.

day-patient ◆ – a patient who is admitted to a hospital or **day-patient unit** because they need a period of medically supervised recovery, but does not occupy a bed overnight.

day-patient unit - a medical unit where day-patient treatment is carried out.

» The units we recognise are listed in our Directory of Hospitals at axahealth.co.uk/hospitals

diagnostic tests ◆ – investigations, such as x-rays or blood tests, to find or to help to find the cause of your symptoms.

Directory of Hospitals – the list of hospitals, **day-patient units** and **scanning centres** that are available for you to use under the terms of your **plan**.

This list may change from time to time, so you should always check with us before arranging **treatment**. Some **treatments** are only available in certain facilities.

The Directory of Hospitals is on our website at axahealth.co.uk/hospitals

eligible members - the individuals currently employed by the **group** (and/or a company group) and accepted by AXA Health as members under the **plan** or any other category of alternative members as set out in the Certificate of Insurance.

eligible treatment - is **treatment** of a **medical condition** that is covered by this **plan** and is not excluded by any of the rules in this handbook. You should read all sections of this handbook together.

external prosthesis – an artificial, removable replacement for a part of the body.

facility – a **private hospital**, or unit listed in the **Directory of Hospitals** with which we have an agreement to provide a specific set of medical services.

Some facilities may have arrangements with other establishments to provide **treatment**.

family member – 1) the **lead member's** current spouse or civil partner or any person living permanently in a similar relationship with the **lead member**; and 2) any of their or the **lead member's** children. Children cannot stay on the **plan** following their 30th birthday.

fee-approved specialist – a **specialist** whose fees for covered **treatment** we routinely pay in full. **fee-limited specialist** – a **specialist** whose fees for covered **treatment** we pay up to the amount shown in the schedule of procedures and fees.

» The schedule of procedures and fees is on our website: axahealth.co.uk/fees

group - the company or legal entity who hold the group insurance **plan** with AXA PPP healthcare Limited that the **plan** is part of.

group insurance contract - the contract we have with the **group** for the **group** private medical insurance plan.

in-patient ← – a patient who is admitted to hospital and who occupies a bed overnight or longer, for medical reasons.

lead member – the first person named on your membership certificate.

medical condition – any disease, illness or injury, including psychiatric illness.

nurse ◆ – a qualified nurse who is on the register of the Nursing and Midwifery Council (NMC) and holds a valid NMC personal identification number.

out-patient ◆ – a patient who attends a hospital, consulting room, or out-patient-clinic and is not admitted as a **day-patient** or an **in-patient**.

plan – the insurance contract between the **group** and us. The full terms of the plan are set out in the latest versions of:

- the group insurance contract
- any application form we ask you to fill in
- · any statement of fact we send you
- this handbook
- your membership certificate and our letter of acceptance.

practitioner – a dietician, **nurse**, orthoptist, speech therapist or audiologist that we have recognised.

We will pay for **treatment** by a practitioner if both the following apply:

- a specialist refers you to them
- the treatment is as an out-patient.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising practitioners are available on request

premium - the insurance premium amount payable by the **group** to AXA PPP healthcare Limited for the **year** in return for AXA PPP healthcare Limited providing this **group** insurance cover for the benefit of **eligible members** and **family members**.

private hospital – a hospital listed in the current **Directory of Hospitals**.

psychologist – a medical practitioner who meets all of the following conditions:

- practises psychology
- is recognised by us as a psychologist.

We will pay for **treatment** by a psychologist if both the following apply:

- a **specialist** refers you to them
- the treatment is as an out-patient.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising psychologists are available on request scanning centre – a centre where out-patient CT (computerised tomography), MRI (magnetic resonance imaging) and PET (positron emission tomography) is carried out.

- The centres we recognise are listed in our Directory of Hospitals at axahealth.co.uk/hospitals
 specialist a medical practitioner who meets all of the following conditions:
- has specialist training in an area of medicine, such as training as a consultant surgeon, consultant anaesthetist, consultant physician or consultant psychiatrist
- is fully registered under the Medical Acts
- is recognised by us as a specialist.

The definition of a specialist who we recognise for **out-patient treatment** only is widened to include those who meet all of the following conditions:

- specialise in musculoskeletal medicine, sports medicine or podiatric surgery.
- is fully registered under the Medical Acts
- is recognised by us as a specialist.

» The full criteria we use when recognising specialists are available on request

surgery/surgical procedure – an operation or other invasive surgical intervention listed in the schedule of procedures and fees.

terrorist act – any act of violence by an individual terrorist or a terrorist group to coerce or intimidate the civilian population to achieve a political, military, social or religious goal.

therapist – a medical practitioner who meets all of the following conditions:

- is a practitioner in physiotherapy, osteopathy or chiropractic **treatment**
- is fully registered under the relevant Acts
- is recognised by us as a therapist for **out-patient treatment**.
- » The full criteria we use when recognising medical practitioners are available on request

treatment ◆ – surgical or medical services (including **diagnostic tests**) that are needed to diagnose, relieve or cure a disease, illness or injury.

United Kingdom (UK) – Great Britain and Northern Ireland, including the Channel Islands and the Isle of Man.

year – the 12 months from your **plan** start date or last renewal date. However, during the first year of membership your **plan** may begin part way through a month but will renew from the first of that month the next year.

How to get in touch

Find FAQs at axappphealthcare.co.uk/faqs

Questions about your policy

0800 587 0955

Monday to Friday 8:30am to 5:30pm

Claims

0800 206 1808

Monday to Friday 8am to 8pm and Saturday 9am-5pm

24 hour medical help and information

0800 003 004

Talk to a medical professional at any time, day or night

Your policy documents are available in other formats. If you would like a Braille, large print or audio version, please contact us



This private medical insurance plan is underwritten by AXA PPP healthcare Limited.

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AXA Health Limited is authorised and regulated by the Financial Conduct Authority. Write to us at: AXA Health, International House, Forest Road, Tunbridge Wells, Kent TN2 5FE.

We may record and/or monitor calls for quality assurance, training and as a record of our conversation.

For information about AXA Health, visit axahealth.co.uk/aboutaxahealth.