Low Si

home↓

◀ YYYY/MM/DD ▶

Daily Stats

MEALS HERE,
VARIABLE VERTICLE
SIZE

Exercise
VARIABLE
VERTICLE SIZE

FLOATING LIQUIDS.

~ Feeling ~

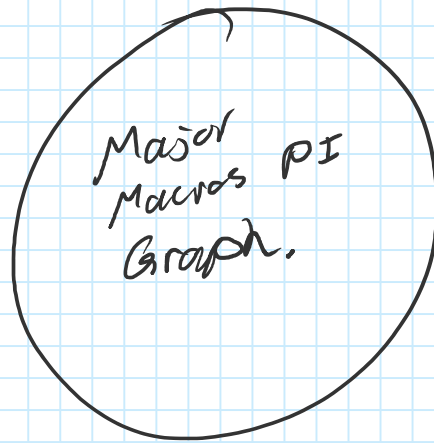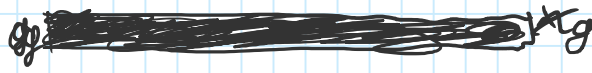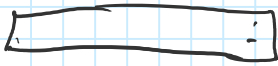| analysis | Finish | Macros |

SAME HEADER AS HOME

nutrient: 0g ▓▓▓▓▓▓ Xg

..... Repeat .....

00 ▓▓▓▓▓▓▓▓▓ Xg

Major
Macros PI
Graph.

FOOTER

MACROS
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FOOTER

finish Summary

☰ [START] to [end] 👤

day

cals

day

macro

" feeling "

'feeling'

footer

analysis

MEAL   DATE

Liquids:

X   ✓

BACKGROUND
PAGE

Tracking Overlay