

# **TTIC 31230, Fundamentals of Deep Learning**

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## **Regularization: Early Stopping and Shrinkage**

# Training Data, Validation Data and Test Data

Good performance on training data does not guarantee good performance on test data.

An  $n$ th order polynomial can fit any  $n$  (pure noise) data points.

## Loss Vs. Error Rate (or BLEU Score)

While SGD is generally done on cross entropy loss, one often wants minimum classification error or BLEU Score (for translation).

The term “loss” often refers to cross entropy loss as opposed to error rate.

SGD optimizes loss because error is not differentiable.

Later we will discuss attempts to directly optimize error.

But training on loss is generally effective.

## Early Stopping

During SGD one tracks validation loss and validation error.

One stops training when the validation error stops improving.

Empirically, loss reaches a minimum sooner than error.

## Training Data, Validation Data and Test Data

In general one designs algorithms and tunes hyper-parameters by training on training data and evaluating on validation data.

But it is possible to over-fit the validation data (validation loss becomes smaller than test loss).

Kaggle withholds test data until the final contest evaluation.

## Over Confidence

Validation error is larger than training error when we stop.

The model probabilities are tuned on training data statistics.

The probabilities are tuned to an unrealistically low error rate and are therefore over-confident.

This over-confidence occurs before the stopping point and damages validation loss (as opposed to validation error).

# Regularization

There is never harm in doing early stopping — one should always do early stopping.

Regularization is a modification to the training algorithm designed to reduce the training-validation gap and, in this way, improving overall performance.

## Shrinkage: $L_2$ regularization

Will first give a Bayesian derivation. We put a prior probability on  $\Phi$  and maximize the a-posteriori probability (MAP).

$$\begin{aligned}\Phi^* &= \operatorname{argmax}_{\Phi} p(\Phi | \langle x_1, y_1 \rangle, \dots, \langle x_n, y_n \rangle) \\ &= \operatorname{argmax}_{\Phi} p(\Phi, \langle x_1, y_1 \rangle, \dots, \langle x_n, y_n \rangle) \\ &= \operatorname{argmax}_{\Phi} p(\Phi) P(\langle x_1, y_1 \rangle, \dots, \langle x_n, y_n \rangle \mid \Phi) \\ &= \operatorname{argmax}_{\Phi} p(\Phi) \prod_i \operatorname{Pop}(x_i) P_{\Phi}(y_i | x_i) \\ &= \operatorname{argmax}_{\Phi} p(\Phi) \prod_i P_{\Phi}(y_i | x_i)\end{aligned}$$



## Shrinkage: $L_2$ Regularization

$$\begin{aligned}\Phi^* &= \operatorname{argmax}_{\Phi} p(\Phi) \prod_i P_{\Phi}(y_i|x_i) \\ &= \operatorname{argmin}_{\Phi} \sum_i -\ln P_{\Phi}(y_i|x_i) - \ln p(\Phi)\end{aligned}$$

We now take a Gaussian prior

$$p(\Phi) \propto \exp\left(-\frac{||\Phi||^2}{2\sigma^2}\right)$$

## Shrinkage: $L_2$ Regularization

$$\begin{aligned}\Phi^* &= \operatorname{argmin}_{\Phi} \sum_{i=1}^n -\ln P_{\Phi}(y_i|x_i) + \frac{||\Phi||^2}{2\sigma^2} \\ &= \operatorname{argmin}_{\Phi} \frac{1}{N} \left( \sum_{i=1}^n -\ln P_{\Phi}(y_i|x_i) + \frac{||\Phi||^2}{2\sigma^2} \right) \\ &= \operatorname{argmin}_{\Phi} \left( E_{\langle x, y \rangle \sim \text{Train}} -\ln P_{\Phi}(y|x) \right) + \frac{1}{2N\sigma^2} ||\Phi||^2\end{aligned}$$

## Shrinkage: $L_2$ Regularization

$$\begin{aligned} & \nabla_{\Phi} E_{(x,y) \sim \text{Train}} \left( \mathcal{L}(\Phi, x, y) + \frac{||\Phi||^2}{2N\sigma^2} \right) \\ &= E_{(x,y) \sim \text{Train}} \left( g(\Phi, x, y) + \frac{\Phi}{N\sigma^2} \right) \end{aligned}$$

$$\Phi_{i+1} = \Phi_i - \eta \hat{g}_i - \frac{\eta}{N\sigma^2} \Phi$$

The last term in the update equation is called “shrinkage”.

## Robust Shrinkage

The PyTorch parameters are  $\eta$  and  $\gamma$ :

$$\Phi_{i+1} = \Phi_i - \eta \hat{g} - \frac{\eta}{N\sigma^2} \Phi_i = \Phi_i - \eta \hat{g} - \gamma \Phi_i$$

To make SGD with shrinkage robust to changes in training size, batch size, learning rate (temperature) and momentum we can use

$$\eta = (1 - \mu) B \eta_0 \quad \gamma = \frac{\eta}{N_{\text{Train}} \sigma^2}$$

where  $\eta_0$  is the robust temperature parameter and  $\sigma^2$  is the robust shrinkage parameter.

**END**