

average iq - 5/5/2025

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most people do not want to admit they have an average iq. whenever i was first going into a private school at age 10, i got tested for my iq. i do not know my exact score, but all i know is that i was average. a lot of individuals i know take this as an “ego buster”. i truly believe that a lot of people tend to believe they are more intelligent than others, not in an ego sense, but in a subconscious sense. we all subconsciously put ourselves higher than acquaintances. it is called the "better-than-average effect", where we tend to rate ourselves as smarter, more competent, more moral, or more self-aware than the average person, especially people we do not know well. we all have this bias, and i believe it gets reinforced because:

1. we see all of our internal reasoning, intentions, and excuses
2. we compare our best moments to others average behavior
3. we assume our struggles are nuanced, while others failures are personal flaws

i dont believe that everyone walks around actively thinking they're superior, but the subconscious tendency is there. it's ego protection, status maintenance, and maybe even evolutionary, as social hierarchy awareness helped humans survive. a good example of it is whenever somebody does something stupid, and you catch yourself thinking "at least i'm not like that guy", that is the better-than-average effect.