

This implies that  $Var(Y_i) = Cov(Y_i, Y_i) = \lambda_i$  and  $Cov(Y_i, Y_j) = 0$ .

total variance of  $X_i = \sum_{i=1}^p \lambda_i = tr(D)$ 

total variance of  $\,\hat{X}_l = \sum_{i=1}^m \lambda_i = tr(D)\,$ 

parallel shift component: affect in the same direction

curvature: mid -term is different from else

tilt component: short term is opposite with the long term