#### Module 2: Linear Mixed Models

BIOS 526

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#### Reading

- Ruppert, D., M. Wand, R. Carroll, Semiparametric Regression. 4.1 -4.8 (4.9 is also interesting)
- Wood, S. Generalized Additive Models. Chapter 2.
- Reference for syntax: Table 2 in Bates et al. (2015), Fitting Linear Mixed-Effects Models Using Ime4. Journal of Statistical Software.

#### Concepts

- Mixed models for data that are not independent, e.g., clustered data, repeated measures.
- Structure and notation for clustered data.
- Random intercept model: motivation and interpretation.
- Shrinkage estimation and BLUPs of random effects.
- Random slope model.
- Hierarchical formulation of random effect model.

#### **Examples of Clustered Data**

#### 1. Longitudinal Data:

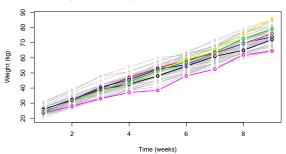
```
E.g., observations y_{ij}
Repeated measurements (level-1), e.g., j=1,\ldots,r, on each subject (i.e., group, level-2), e.g., i=1,\ldots,n.
```

- In a sample of students across years, annual math score from each student
- In a sample of patients, CD4+ cell counts of each HIV patient visit past seroconversion.
- 2. **Multilevel Data**: observations (level-1) nested within groups (level-2).
  - Time series of daily mortality counts for a city in the US, with data from multiple cities.
  - Occurrence of medical errors in a hospital in Atlanta.

Clusters or groups represent a <u>collection</u> of units from a **population** of similar units.

## Longitudinal data: Pig Weight





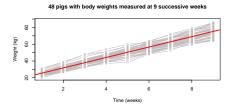
Let  $y_{ij}$  be the weight (kg) at the  $j^{\text{th}}$  week for the  $i^{\text{th}}$  pig.

# Pig Weight Data Structure

Multilevel data are often represented in the *long* format. Data are grouped by the variable *id*.

```
> pig[1:13,]
   id weeks weight
              24.0
2
              32.0
3
          3
            39.0
4
          4
             42.5
5
          5
             48.0
6
              54.5
          6
              61.0
8
             65.0
          8
9
          9
              72.0
10
              22.5
11
              30.5
12
          3
              40.5
13
          4
              45.0
```

# Approach 1: Incorrect approach ignoring clustered structure



#### Note:

•

#### Issues:

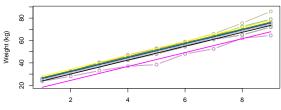
- •
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#### Limitations:

Cannot forecast individual pig's growth curve.

## Approach 2: Pig-specific Fixed Effects Model

48 pigs with body weights measured at 9 successive weeks



Separate intercept for each pig: Time (weeks)

#### Interpretations:

- $\beta_{0i}$  is the pig-specific weight at zero and  $\beta_1$  is the constant slope.
- $\sigma^2$  captures within pig variability.

#### Limitations:

- Estimating lots of parameters: subject-specific coefficients don't leverage population information and have less precision because of smaller sample size.
- Cannot forecast the growth curve of a new pig.

## Pig Data: Fit Comparison

```
> fit.lm = lm (weight~weeks, data = dat)
> summarv(fit.lm)
Coefficients:
          Estimate Std. Error t value Pr(>|t|)
(Intercept) 19.35561   0.46054   42.03   <2e-16 ***
           6.20990 0.08184 75.88 <2e-16 ***
weeks
Residual standard error: 4.392 on 430 degrees of freedom
Multiple R-squared: 0.9305. Adjusted R-squared: 0.9303
F-statistic: 5757 on 1 and 430 DF, p-value: < 2.2e-16
> fit.strat = lm (weight~weeks+factor(id)-1, data = dat)
> summary(fit.strat)
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
weeks
          6.20990 0.03906 158.97 <2e-16 ***
factor(id)1 17.61719 0.72557 24.28 <2e-16 ***
factor(id)2 20.28385 0.72557 27.96 <2e-16 ***
Residual standard error: 2.096 on 383 degrees of freedom
```

Multiple R-squared: 0.9859, Adjusted R-squared: 0.9841 F-statistic: 557.8 on 48 and 383 DF, p-value: < 2.2e-16

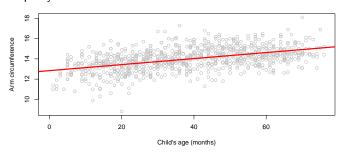
# Pig Data: Summary

- Data are balanced (same number of observations for each pig).
- Here, the slope of week is the same in the model with a single intercept and the model with an intercept for each pig.
- Here, controlling for group-specific intercepts gives a smaller standard error for the slope of weeks.
- Note that oftentimes, the standard error will be larger.
   Pseudo-replication = treating clustered observations as independent.

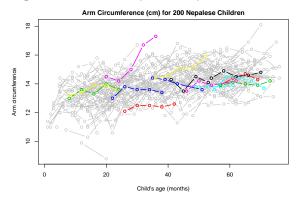
## Longitudinal Example: Nepalese Children

#### Study Design:

- 1. Time-varying variables of 200 children collected at 5 time points about 4 months apart:
  - age (month), indicator for current breastfeeding status, arm circumference (cm), height (cm), weight (kg).
- 2. Time-invariant baseline information:
  - sex of the child, mother's age at birth, indicator of mother's literacy, parity.



## Longitudinal Example: Nepalese Children



#### Scientific questions about arm circumference and age:

- What is the overall trend?
- How much do growth patterns differ between children?
- Do maternal covariates explain variability in growth patterns between children?
- How do we predict the growth pattern of a new child?

#### Nepalese Data: Fit Comparison

```
> fit.incorrect = lm (arm~age, data = nepal)
> summary (fit.incorrect)
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 12.838182  0.075987  168.95  <2e-16 ***
            0.029789 0.001798 16.56 <2e-16 ***
age
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' '1
Residual standard error: 0.9849 on 880 degrees of freedom
> nepal$fid = factor(nepal$id)
> fit.fixedeffects = lm (arm~age+fid, data = nepal)
> summary (fit.fixedeffects)
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 12.626381   0.287480   43.921   < 2e-16 ***
          0.031354 0.003073 10.204 < 2e-16 ***
age
fid2
         -0.276657 0.354961 -0.779 0.436013
fid199
          0.950442 0.344728 2.757 0.005988 **
fid200
           -2.112362 0.364621 -5.793 1.05e-08 ***
Residual standard error: 0.4972 on 684 degrees of freedom
```

#### Fit Comparison

- Note that the effects of age are different.
- Here, controlling for group-specific intercepts gives a larger standard error. (Allows for valid inference.)

# Mixed model: Random Intercept

Consider the random intercept model with a vector of predictors  $oldsymbol{x}_{ij}$ :

- $\mu =$
- $\theta_i =$
- $\beta_{0i} = \mu + \theta_i =$
- **B**
- $\tau^2 =$
- $\sigma^2 =$

Mixed model:  $\theta_i$  is a random variable.  $\beta$  are fixed.

## Mixed model: Random Intercept

The following two models are equivalent:

Model 1: 
$$y_{ij} = (\mu + \theta_i) + x'_{ij}\beta + \epsilon_{ij}, \quad \theta_i \stackrel{iid}{\sim} N(0, \tau^2) \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2)$$

Model 1 is often referred to as a mixed model formulation where we assume the random coefficients  $\theta_i$  have mean zero.

#### Model 2:

Model 2 is often referred to as a hierarchical model formulation, where the random coefficients  $\beta_{0i}$  have a higher-level mean  $\mu$ .

#### Assumptions:

- $\epsilon_{ij} \perp \!\!\! \perp \theta_i$  (where  $\perp \!\!\! \perp = \text{independent}$ ) for all i and j.
- $\theta_i$  are independent Normal for all i.

# Properties of the Random Intercept Model

$$y_{ij} = \mu + \theta_i + \mathbf{x}'_{ij}\boldsymbol{\beta} + \epsilon_{ij}, \quad \theta_i \stackrel{iid}{\sim} N(0, \tau^2) \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2)$$

Overall (average) trend:

• Total variability around the overall trend:

Conditional (group-specific) trend:

Conditional (within-group) residual variance:

# Pig Data Approach 3: Random Intercept Model

```
> library(lmerTest)
> fit.randomeffects = lmer(weight~weeks+(1|id), data = pig)
> summary(fit.randomeffects)
Linear mixed model fit by REML. t-tests use Satterthwaite's method ['lmerModLmerTest']
Formula: weight ~ weeks + (1 | id)
   Data: pig
REML criterion at convergence: 2033.8
Scaled residuals:
            10 Median 30
   Min
                                  Max
-3.7390 -0.5456 0.0184 0.5122 3.9313
Random effects:
                     Variance Std.Dev.
Groups Name
         (Intercept) 15.142 3.891
 Residual
                      4.395 2.096
Number of obs: 432, groups: id, 48
Fixed effects:
            Estimate Std. Error df t value Pr(>|t|)
(Intercept) 19.35561 0.60314 58.55889 32.09 <2e-16 ***
             6.20990 0.03906 383.00000 158.97 <2e-16 ***
weeks
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 '' 1
Correlation of Fixed Effects:
      (Intr)
weeks -0.324
```

Compared to a model fitted with group dummy variables, the *weeks* slope estimate and SE are identical.

## Nepalese Children: Random Intercept Model

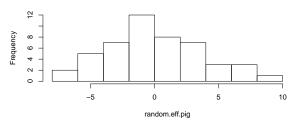
```
> fit = lmer (arm ~ age + (1|id), data = nepal)
> random.eff.nepal = ranef (fit)$id[,1]
> summarv(fit)
Linear mixed model fit by REML
Formula: arm ~ age + (1 | id)
  Data: nepal
  AIC BIC logLik deviance REMLdev
 1821 1840 -906.6
                     1799
                             1813
Random effects:
 Groups
         Name
                    Variance Std.Dev.
 id
         (Intercept) 0.78073 0.88359
 Residual
                     0.24807 0.49806
Number of obs: 882, groups: id, 197
Fixed effects:
            Estimate Std. Error t value
(Intercept) 12.753789 0.109667 116.30
age
            0.031697 0.002357 13.45
Correlation of Fixed Effects:
    (Intr)
age -0.803
```

## Nepalese Children: Random Intercept Model

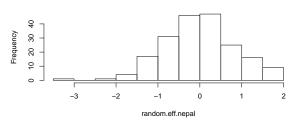
- The fixed effect model had an age slope estimate of 0.0313 and a SE of 0.00307
- Here, data are not balanced.
- We see a decrease in SE of slope of age with mixed model compared to fixed effects model.

#### Random Effect Histograms

#### Histogram of random.eff.pig



#### Histogram of random.eff.nepal



## Nepalese Children: Random Intercept Model Interpretation

```
> fit = lmer (arm ~ age + (1|id), data = nepal)
Linear mixed model fit by REML
Random effects:
 Groups
         Name
                     Variance Std.Dev.
         (Intercept) 0.78073 0.88359
 id
 Residual
                     0.24807 0.49806
Fixed effects:
            Estimate Std. Error t value
(Intercept) 12.753789 0.109667
                                  116.30
age
            0.031697
                       0.002357
                                 13.45
```

We found a 0.032 cm ( $\text{Cl}_{95\%}$  0.027, 0.037) increase in arm circumference per month after controlling for a child's arm circumference at birth.

We also found evidence of heterogeneity in arm circumference at birth. The estimated population-average arm circumference at birth is 12.8 cm, and the standard deviation of the random effect is 0.88 cm.

## Nepalese Children: Random Intercept Model Interpretation

Consider another model with an indicator for mother's literacy.

```
> fit2 = lmer(arm~age+lit+(1|id), data = nepal)
> summary (fit2)
Random effects:
Groups Name
                    Variance Std.Dev.
id
         (Intercept) 0.74712 0.86436
Residual
                    0.24824 0.49823
Fixed effects:
            Estimate Std. Error t value
(Intercept) 12.710555 0.109304 116.29
         0.031789 0.002338 13.60
age
lit.
          0.930247
                      0.316301 2.94
```

We found literacy to be significantly associated with arm circumference as a main effect. Also note that there is a small decrease in the degree of heterogeneity (from 0.78 to 0.75). Therefore mother's literacy may help explain some of the observed between-children variation in arm circumference at birth. Also the intercept estimate 12.71 now corresponds to the population-average arm circumference at birth from mothers who are illiterate.

#### Covariance Structure

A random intercept model is also known as a two-level variance component model. Note that

$$y_{ij} = \mu + \theta_i + \beta x_{ij} + \epsilon_{ij}, \quad \theta_i \stackrel{iid}{\sim} N(0, \tau^2), \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2), \quad \theta_i \perp \epsilon_{ij}$$

can be re-written as

$$y_{ij} = \mu + \beta x_{ij} + \epsilon_{ij}^*, \quad \epsilon_{ij}^* \sim N(0, \tau^2 + \sigma^2).$$

Let 
$$\epsilon^* = [\epsilon_{11}^*, \epsilon_{12}^*, \dots, \epsilon_{1r}^*, \epsilon_{21}^*, \dots, \dots]'$$

What is  $\operatorname{Cov} \epsilon^*$ , or equivalently,  $\operatorname{Cov} \mathbf{Y}$ ?

#### Covariance Structure

#### Covariance Structure

# Random Intercept Model in Matrix Form

Consider the mixed model with random intercepts for n groups and define  $N = \sum_{i=1}^{n} r_i$ .

$$\mathbf{y} = \mathbf{Z} \mathbf{ heta} + \mathbf{X} oldsymbol{eta} + oldsymbol{\epsilon}$$

#### where

- $\mathbf{y} = N \times 1$  vector of response.
- $\mathbf{Z} = N \times n$  design matrix of indicator variables for each group.
- $\theta = n \times 1$  vector of random intercepts.
- X = N × p design matrix of fixed effects (including overall intercept).
- $\beta = p \times 1$  vector of fixed effects.
- $\epsilon = N \times 1$  vector of residual error.

#### Assumptions

- $\theta \sim N(\mathbf{0}, \tau^2 \mathbf{I}_{n \times n})$ .
- $\epsilon \sim N(\mathbf{0}, \sigma^2 \mathbf{I}_{N \times N}).$

#### Intraclass Correlation

Note that the within-group covariance is

$$Cov(y_{ij}, y_{ij'}) = ...$$

So the correlation between observations within the same group is

$$\rho = Corr(y_{ij}, y_{ij'}) = \frac{\tau^2}{\tau^2 + \sigma^2} \text{ for all } j \neq j'.$$
 (1)

The value  $\rho$  is often called the intraclass correlation. It measures the degree of similarity among same-group observations compared to the residual error  $\sigma^2$ .

Application: reproducibility studies.

Example: Multiple scans of a subject's brain, and measure the connections between brain regions. We assume differences between the scans are due to measurement error. Then  $\sigma^2$  quantifies measurement error,  $\rho=$  reproducibility.

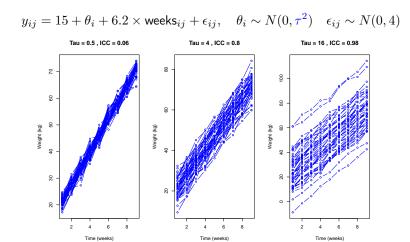
#### ICC, cont.

$$\rho = Corr(y_{ij}, y_{ij'}) = \frac{\tau^2}{\tau^2 + \sigma^2} \text{ for all } j \neq j'.$$
 (2)

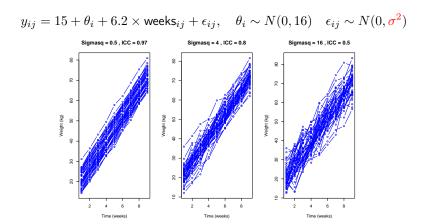
- $\rho \to 0$  when  $\tau^2 \to 0$  (i.e. same intercept).
- $\rho \to 0$  when  $\sigma^2 \to \infty$  ( i.e. growing measurement error ).
- $\rho \to 1$  when  $\tau^2 \to \infty$  ( i.e. large separation in intercepts ).
- $\rho \to 1$  when  $\sigma^2 \to 0$  ( i.e. zero measurement error ).

The above intraclass correlation has an exchangeable structure because the correlation is constant between *any pair* of within-group observations.

# Simulated Pig Data Ex 1 – Between subject variability



## Simulated Pig Data Ex 2 – Measurement error



#### Shrinkage and Random Effects

To simplify the derivation and make connections to ridge regression, we first consider a special case:

Consider a random effects model without fixed effects:

$$y_{ij} = \theta_i + \epsilon_{ij}, \quad \theta_i \stackrel{iid}{\sim} N(0, \tau^2) \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2).$$

The joint density of the data and random effects is given by

$$\prod_{i,j} f(y_{ij}, \theta_i) = \prod_{i,j} f(y_{ij}|\theta_i) \times \prod_i g(\theta_i)$$

$$\propto \exp\left[-\frac{1}{2\sigma^2} \sum_{i,j} (y_{ij} - \theta_i)^2\right] \times \exp\left[-\frac{1}{2\tau^2} \boldsymbol{\theta}' \boldsymbol{\theta}\right]$$

$$= \exp\left[-\frac{1}{2\sigma^2} \sum_{i,j} (y_{ij} - \theta_i)^2 - \frac{1}{2\tau^2} \boldsymbol{\theta}' \boldsymbol{\theta}\right]$$

$$= \exp\left[-\frac{1}{2\sigma^2} \left[\sum_{i,j} (y_{ij} - \theta_i)^2 + \frac{\sigma^2}{\tau^2} \boldsymbol{\theta}' \boldsymbol{\theta}\right]\right]$$

#### Shrinkage and Random Effects

Then maximizing the log likelihood is equivalent to

$$\arg\min\left[\sum_{i,j}(y_{ij}-\theta_i)^2 + \frac{\sigma^2}{\tau^2}\sum_i\theta_i^2\right]$$

Consider the matrix formulation

$$\mathbf{y} = \mathbf{Z} \boldsymbol{ heta} + \boldsymbol{\epsilon}$$

where  $\mathbf{Z} \in \mathbb{R}^{nr \times n}$  design matrix of indicator variables denoting the ijth observation belongs to group i, for clarity we assume r observations in all groups. Then

$$arg min \left[ (\mathbf{y} - \mathbf{Z}\boldsymbol{\theta})'(\mathbf{y} - \mathbf{Z}\boldsymbol{\theta}) + \frac{\sigma^2}{\tau^2}\boldsymbol{\theta}'\boldsymbol{\theta} \right]$$

Given values of  $\sigma^2$  and  $\tau^2$ , it's easy to find the closed-form solution to this. We will see it again in ridge regression in module 6:

$$\hat{m{ heta}} = \left( \mathbf{Z}'\mathbf{Z} + rac{\sigma^2}{ au^2} \mathbf{I} 
ight)^{-1} \mathbf{Z}' \mathbf{y}.$$

## Shrinkage and Random Effects, cont.

This is equivalent to

$$\hat{\theta}_i = \frac{\sum_{j=1}^r y_{ij}}{r + \frac{\sigma^2}{\tau^2}},$$

#### Note that

- $\hat{\theta}_i \to 0$  when  $\tau^2 \to 0$  (i.e. shrinks all random intercepts to zero).
- $\hat{\theta}_i o \bar{y}_i$ . when  $au^2 o \infty$  (i.e. no shrinkage = raw group mean estimates)
- $\hat{\theta}_i \to \bar{y}_i$ . when  $\sigma^2 \to 0$  ( i.e. no shrinkage = raw group mean estimates).
- $\hat{ heta}_i o ar{y}_i$ . when  $r o \infty$  (i.e. no shrinkage = raw group mean estimates)

 $\tau^2$  controls the amount of shrinkage and how much information to borrow across groups

What happens if groups differ a lot?

## Shrinkage and Random Effects - EDF

In penalized regression, the notion of effective degrees of freedom is useful for generalizing the notion of the number of parameters to models in which parameter estimates are shrunk towards zero.

Recall in multiple regression,  $tr(\mathbf{X}(\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}') = number of parameters.$ 

For ridge regression, EDF = 
$$\operatorname{tr}\left[\mathbf{X}\left(\mathbf{X}'\mathbf{X}+\lambda\mathbf{I}\right)^{-1}\mathbf{X}'\right]$$
.

The notion of effective degrees of freedom (EDF) can be extended to understanding random effects:

$$\mathsf{EDF} = \mathsf{tr} \left[ \mathbf{Z} \left( \mathbf{Z}' \mathbf{Z} + rac{\sigma^2}{ au^2} \mathbf{I} 
ight)^{-1} \mathbf{Z}' 
ight].$$

The amount of shrinkage depends on the ratio of between-group versus within-group variation.

## Shrinkage and Random Effects - EDF

For the pig data, we have  $\mathbf{Z}'\mathbf{Z} = 9 \times \mathbf{I}_{48 \times 48}$ . So

$$\begin{split} \mathsf{EDF} &= \mathsf{trace} \left[ \mathbf{Z} \left( 9 + \frac{\sigma^2}{\tau^2} \right)^{-1} \times \mathbf{IZ'} \right] = \mathsf{trace} \left[ \left( 9 + \frac{\sigma^2}{\tau^2} \right)^{-1} \mathbf{ZZ'} \right] \\ &= \left( \frac{9\tau^2 + \sigma^2}{\tau^2} \right)^{-1} \mathsf{trace}[\mathbf{ZZ'}] = 48 \times 9 \left( \frac{\tau^2}{9\tau^2 + \sigma^2} \right) \\ &= 48 \left( \frac{9}{9 + \sigma^2/\tau^2} \right) \end{split}$$

## Shrinkage and Random Effects - EDF

$$\mathsf{EDF} = 48 \left( \frac{9}{9 + \sigma^2/\tau^2} \right)$$

EDF  $\rightarrow$  48 (less shrinkage) when:

- $\sigma^2/\tau^2 \to 0$
- Within-pig variation  $\sigma^2 \ll$  between-pig variation  $\tau^2$ .
- Clear separation of the pig-specific intercepts. Estimate the intercepts close to fixed effects.

EDF  $\rightarrow$  0 (more shrinkage) when:

- $\sigma^2/\tau^2 \to \infty$
- Within-pig variation  $\sigma^2 \gg$  between-pig variation  $\tau^2$ .
- Random residual error  $\sigma^2$  dominates. Make estimates of the pig-specific intercepts more similar to each other, as overall mean is more informative.

Random effects are a sort of compromise between "Approach 1" (one intercept) and "Approach 2" (intercept for each subject).

### Shrinkage and Random Effects - EDF

Let n be the number of subjects/groups, and r be the number of observations within each group. Then for a simple random intercept model with no fixed effect:

$$\mathsf{EDF} = n\left(\frac{r}{r + \sigma^2/\tau^2}\right).$$

Also note that  $\mathsf{EDF} \to n$  when r increases. Less shrinkage is experienced because with large r, we have sufficiently large sample size per group to estimate their own intercepts. So there is no need to rely on the normality assumption to borrow information between groups.

### Shrinkage and Borrowing Information

In Slide 30, we assumed the population mean was 0. Now assume the random effects are centered around a common mean  $\mu$ :

$$y_{ij} = \theta_i + \epsilon_{ij}, \quad \theta_i \sim N(\mu, \tau^2) \quad \epsilon_{ij} \sim N(0, \sigma^2).$$

The joint density of the data and random effects is then

$$\begin{split} \prod_{i,j} f(y_{ij}, \ \theta_i) &= \prod_{i,j} f(y_{ij} | \theta_i) \times \prod_i g(\theta_i) \\ &\propto \exp\left[ -\frac{1}{2\sigma^2} \big[ (\mathbf{y} - \mathbf{Z}\boldsymbol{\theta})' (\mathbf{y} - \mathbf{Z}\boldsymbol{\theta}) + \frac{\sigma^2}{\tau^2} (\boldsymbol{\theta} - \boldsymbol{\mu})' (\boldsymbol{\theta} - \boldsymbol{\mu}) \big] \right] \\ &\propto \exp\left[ -\frac{1}{2\sigma^2} \big[ -2\mathbf{y}'\mathbf{Z}\boldsymbol{\theta} + \boldsymbol{\theta}' (\mathbf{Z}'\mathbf{Z})\boldsymbol{\theta} + \frac{\sigma^2}{\tau^2} \boldsymbol{\theta}' \boldsymbol{\theta} - 2\frac{\sigma^2}{\tau^2} \boldsymbol{\mu}' \boldsymbol{\theta} \big] \right] \\ &= \exp\left[ -\frac{1}{2\sigma^2} \big[ \boldsymbol{\theta}' (\mathbf{Z}'\mathbf{Z} + \frac{\sigma^2}{\tau^2} \mathbf{I}) \boldsymbol{\theta} - 2(\mathbf{y}'\mathbf{Z} + \frac{\sigma^2}{\tau^2} \boldsymbol{\mu}') \boldsymbol{\theta} \big] \right] \end{split}$$

Recall the *completing the squares* property: let A be a symmetric and invertible matrix, then

$$\theta' A \theta - 2\alpha' \theta = (\theta - A^{-1}\alpha)' A (\theta - A^{-1}\alpha) - \alpha' A^{-1}\alpha.$$

#### Shrinkage and Borrowing Information, cont.

The joint density is a multivariate Normal density:

$$\prod_{i,j} f(y_{ij}|\theta_i) \times \prod_i g(\theta_i) \propto \exp\left[-\frac{1}{2\sigma^2} (\boldsymbol{\theta} - \mathsf{A}^{-1}\boldsymbol{\alpha})' \mathsf{A} (\boldsymbol{\theta} - \mathsf{A}^{-1}\boldsymbol{\alpha})\right]$$

where  $\mathsf{A} = (\mathsf{Z}'\mathsf{Z} + \frac{\sigma^2}{\tau^2}\mathsf{I})$  and  $\alpha = (\mathsf{Z}'\mathsf{y} + \frac{\sigma^2}{\tau^2}\mu).$ 

For maximizing  $\theta$ , this function is maximized at the mean:

$$\hat{\boldsymbol{\theta}} = \mathsf{A}^{-1} \boldsymbol{\alpha} = (\mathbf{Z}' \mathbf{Z} + \frac{\sigma^2}{\tau^2} \mathbf{I})^{-1} (\mathbf{Z}' \mathbf{y} + \frac{\sigma^2}{\tau^2} \boldsymbol{\mu}). \tag{3}$$

Let  $r_i$  = number of replicates for the *i*th group. Then,

$$\hat{\theta_i} = \frac{(\sigma^2/\tau^2)\mu + \sum_{j=1}^{r_i} y_{ij}}{r_i + \sigma^2/\tau^2}.$$

Note that

- $\hat{\theta}_i \to \mu$  when  $au^2 \to 0$  ( shrink all random intercepts to a common mean ).
- $\hat{\theta}_i \to \bar{y}_i$ . when  $\tau^2 \to \infty$  ( no shrinkage = raw mean estimates ).

### Shrinkage and Borrowing Information, cont. ii

We can also express  $\hat{ heta}_i$  as

$$\hat{\theta}_i = \frac{(1/\tau^2)\mu + (r_i/\sigma^2)\bar{y}_{i.}}{1/\tau^2 + (r_i/\sigma^2)}.$$

Since  $(\sigma^2/r_i)$  is the sample variance of the estimated sample mean  $\bar{y}_i$ , the above form shows that random effects can be viewed as a weighted average of:

- 1. standard estimate without penalization:  $\bar{y}_i$ .
- 2. overall mean  $\mu$ .

with their corresponding inverse-variances as weights!

Finally, express  $\hat{\theta}_i$  in terms of intraclass correlation  $\rho = \tau^2/(\tau^2 + \sigma^2)$ 

$$\hat{\theta}_i = \frac{\rho^{-1}\mu + r_i(1-\rho)^{-1}\bar{y}_i}{\rho^{-1} + r_i(1-\rho)^{-1}}$$

and less shrinkage is expected for  $\rho \to 1$ .

#### Best Linear Unbiased Prediction

For the random intercept model

$$y_{ij} = \theta_i + \epsilon_{ij}, \quad \theta_i \stackrel{iid}{\sim} N(\mu, \tau^2) \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2)$$

we wish to estimate the unobserved random variable  $\theta_i$ .

We can also derive the estimators using the MVN distribution. Assume  $au^2$  and  $\sigma^2$  are known. Then

$$\begin{bmatrix} \mathbf{y}_i \\ \theta_i \end{bmatrix} \sim N \left( \begin{bmatrix} \mu \mathbf{1}_{r_i} \\ \mu \end{bmatrix} \,, \, \begin{bmatrix} \tau^2 \mathbf{1}_{r_i} \mathbf{1}'_{r_i} + \sigma^2 \mathbf{I}_{r_i \times r_i} & \tau^2 \mathbf{1}_{r_i} \\ \tau^2 \mathbf{1}'_{r_i} & \tau^2 \end{bmatrix} \right)$$

because  $cov(y_{ij}, \theta_i) = cov(\theta_i + \epsilon_{ij}, \theta_i) = \tau^2$ .

To make a prediction of  $\theta_i$  given the data  $\mathbf{y}_i$ , we can use the conditional distribution of the multivariate normal density. Specifically our estimator will be

$$\hat{\theta}_i = E[\theta_i \,|\, \mathbf{y}_i].$$

#### Best Linear Unbiased Prediction: BLUPs

$$\begin{split} \hat{\theta}_i &= E[\theta_i \,|\, \mathbf{y}_i] = \mu + \tau^2 \mathbf{1}_{r_i}' [\tau^2 \mathbf{1}_{r_i} \mathbf{1}_{r_i}' + \sigma^2 \mathbf{I}_{r_i \times r_i}]^{-1} [\mathbf{y}_i - \mu \mathbf{1}_{r_i}] \\ &= \mu + \tau^2 \mathbf{1}_{r_i}' \frac{1}{\sigma^2} \left[ \mathbf{I}_{r_i \times r_i} - \frac{\tau^2}{\sigma^2 + n\tau^2} \mathbf{1}_{r_i} \mathbf{1}_{r_i}' \right] [\mathbf{y}_i - \mu \mathbf{1}_{r_i}] \\ &= \mu + \frac{\tau^2}{\sigma^2} \left( 1 - \frac{r_i \tau^2}{\sigma^2 + r_i \tau^2} \right) \mathbf{1}_{r_i}' [\mathbf{y}_i - \mu \mathbf{1}_{r_i}] \\ &= \mu + \frac{\tau^2}{\sigma^2} \left( \frac{\sigma^2}{\sigma^2 + r_i \tau^2} \right) (r_i \bar{y}_i - r_i \mu) \\ &= \mu + \left( \frac{\tau^2}{\sigma^2 + r_i \tau^2} \right) (r_i \bar{y}_i - r_i \mu) \\ &= \frac{\sigma^2 \mu + \tau^2 r_i \bar{y}_i}{\sigma^2 + r_i \tau^2}. \end{split}$$

This is equivalent to (3). (Apply the Sherman-Morrison matrix inverse formula.)

#### **eBLUPs**

- For known variance parameters,  $\hat{\theta}_i$  is the BLUP: Best Linear Unbiased Predictor.
- They are unbiased in the sense that  $E(\hat{\theta}_i) = E(\theta_i) = \mu$ , see Robinson 1991 (in course files /Readings).
- They are "best" in the sense that the conditional expectation minimizes the mean-squared error  $E(\hat{\theta}_i \theta_i)^2$  among the class of linear unbiased estimators.
- Note: in ordinary linear regression,  $y_i = x_i'\beta + \epsilon_{ij}$ , the least-squares estimate of  $\beta = (\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}'\mathbf{y}$  is the Best Linear Unbiased Estimator (BLUE).
- In practice, we can't estimate BLUPs because their variances are not known.
- We use  $\hat{\sigma}_2$  and  $\hat{\tau}^2$  in place of their true values.
- The resulting random effects estimators are eBLUPs: estimated Best Linear Unbiased Predictors
- Connections to Bayesian statistics: see Robinson (1991).

#### BLUPs: Unbiased but... biased?

Let's go back to the model  $\theta_i \sim N(0, \sigma^2)$  (slide 30), where we assume mean 0 to simplify the formulae.

Assume the conditional model  $y_{ij} \mid \theta_i = \theta_i + \epsilon_{ij}$  such that  $E[y_{ij} \mid \theta_i] = \theta_i$ . Additionally assume  $\sigma^2$  and  $\tau^2$  known.

From this perspective, the random intercepts are biased. For  $\tau^2 > 0$ ,

$$E[\hat{\theta}_i \mid \theta_i] = E\left[\frac{\sum_{j=1}^r y_{ij}}{r + \frac{\sigma^2}{r^2}} \mid \theta_i\right] < E\left[\frac{\sum_{j=1}^r y_{ij}}{r} \mid \theta_i\right] = \theta_i.$$

However, the variances are smaller.

$$Var[\hat{\theta}_i \mid \theta_i] = Var \left[ \begin{array}{c} \sum_{j=1}^r y_{ij} \\ r + \frac{\sigma^2/\tau^2}{r} \mid \theta_i \end{array} \right] < Var \left[ \begin{array}{c} \sum_{j=1}^r y_{ij} \\ r \end{array} \mid \theta_i \right].$$

We see a trade-off between bias and variance. Some bias is introduced, but we get smaller standard error.

#### **BLUPs:** Matrix formulation

BLUPs can be derived as the conditional distribution of  $\theta$  given the data  $\mathbf{y}$ . Consider the joint distribution of  $[\mathbf{y}, \theta]$ :

$$\begin{bmatrix} \mathbf{y} \\ \boldsymbol{\theta} \end{bmatrix} \sim N \left( \begin{bmatrix} \mathbf{X}\boldsymbol{\beta} \\ 0 \end{bmatrix} \,, \, \begin{bmatrix} \tau^2 \mathbf{Z} \mathbf{Z}' + \sigma^2 \mathbf{I}_{N \times N} & \tau^2 \mathbf{Z} \\ \tau^2 \mathbf{Z}' & \tau^2 \mathbf{I}_{n \times n} \end{bmatrix} \right)$$

Then

$$E\left[\boldsymbol{\theta}|\mathbf{y}\right] = \left(\tau^{2}\mathbf{Z}'\right)\left(\tau^{2}\mathbf{Z}\mathbf{Z}' + \sigma^{2}\mathbf{I}_{N\times N}\right)^{-1}\left(\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\right)$$

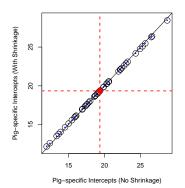
E.g., see "Conditional Distributions" at https:

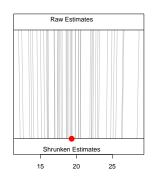
//en.wikipedia.org/wiki/Multivariate\_normal\_distribution

In practice, replace  $\beta$ ,  $\sigma^2$ , and  $\tau^2$  by their estimates.

## Shrinkage: Pig Data

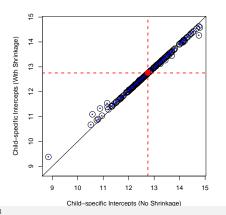
$$\begin{split} \mathrm{weight}_{ij} &= \beta_0 + \theta_i + \beta_1 \mathrm{week}_{ij} + \epsilon_{ij} & \quad \theta_i \stackrel{iid}{\sim} N(0,\tau^2) & \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0,\sigma^2). \\ \hat{\tau}^2 &= 15.1 & \quad \hat{\sigma}^2 = 4.39 & \quad \hat{\sigma}^2/\hat{\tau}^2 = 0.29 & \quad \mathsf{ICC} = 0.77 \end{split}$$

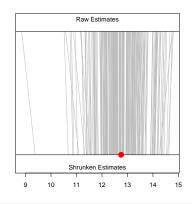




## Shrinkage: Nepalese Data

$$\begin{split} \mathrm{armc}_{ij} &= \beta_0 + \theta_i + \beta \mathrm{age}_{ij} + \epsilon_{ij} \qquad \theta_i \stackrel{iid}{\sim} N(0,\tau^2) \qquad \epsilon_{ij} \stackrel{iid}{\sim} N(0,\sigma^2). \\ \hat{\tau}^2 &= 0.78 \qquad \hat{\sigma}^2 = 0.25 \qquad \hat{\sigma}^2/\hat{\tau}^2 = 0.32 \qquad \mathrm{ICC} = 0.76 \end{split}$$

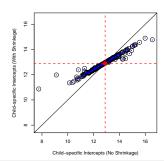


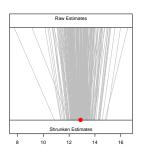


## Shrinkage: Nepalese Data with Noise

What happens if we add more random noise to the outcome? More Shrinkage!

$$\begin{split} \operatorname{armc*}_{ij} &= \beta_0 + \theta_i + \beta_1 \operatorname{age}_{ij} + \epsilon_{ij} \qquad \theta_i \overset{iid}{\sim} N(0,\tau^2) \qquad \epsilon_{ij} \overset{iid}{\sim} N(0,\sigma^2). \end{split}$$
 where 
$$\operatorname{armc*} &= \operatorname{arm} + N(0,2).$$
 
$$\hat{\tau}^2 = 0.74 \qquad \hat{\sigma}^2 = 2.27 \qquad \hat{\sigma}^2/\hat{\tau}^2 = 3.07 \qquad \mathsf{ICC} = 0.24 \end{split}$$

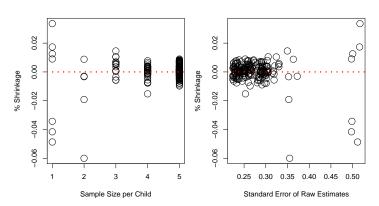




## Shrinkage and Borrowing Information, cont. iii

The Nepalese children dataset contains missing data. Not all 200 children have complete 5 visits.

Note how the amount of shrinkage is related to the standard error of the fixed effects model (raw estimates = slide 12)



## Normality assumption and shrinkage

Shrinkage occurs according to the conditional mean determined by the normality assumption.

Effects of the normality assumption on random effects depend on

- 1. group-specific sample size,
- 2. within-group residual error,
- 3. between-group heterogeneity.

## Parameter Estimation: Maximum Likelihood Approach

$$\mathbf{y} = \mathbf{Z}\boldsymbol{\theta} + \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\epsilon}, \quad \boldsymbol{\theta} \sim N(\mathbf{0}, \tau^2 \mathbf{I}) \quad \boldsymbol{\epsilon} \sim N(\mathbf{0}, \sigma^2 \mathbf{I}).$$

Since  $\theta$  and  $\epsilon$  are *random variables*, we can rewrite the above as

$$y = X\beta + \epsilon^*, \quad \epsilon^* = Z\theta + \epsilon.$$

We know  $Cov(\epsilon^*) =$ 

This is equivalent to integrating out the random effects. Then the marginal model is:

$$\mathbf{y} \sim N(\mathbf{X}\boldsymbol{\beta}, \mathbf{V}).$$

### Generalized Least Squares

For known V, the generalized least-squares problem is

$$\underset{\beta}{\operatorname{arg\,min}} \ (\mathbf{y} - \mathbf{X}\beta)' \mathbf{V}^{-1} (\mathbf{y} - \mathbf{X}\beta).$$

This is also called weighted least squares.

Note this is the kernel of the multivariate normal distribution.

Then the value of  $\beta$  that maximizes the likelihood is given by the generalized least-squares estimate:

This estimator is the best linear unbiased estimator (BLUE).

## Parameter Estimation: Maximum Likelihood Approach

The log-likelihood  $l(\sigma^2, \tau^2)$  in terms of  $\sigma^2$  and  $\tau^2$  is:

$$l(\sigma^2,\tau^2) = -\frac{N}{2}\log(2\pi) - \frac{1}{2}|\mathbf{V}| - \frac{1}{2}(\mathbf{y} - \mathbf{X}\tilde{\boldsymbol{\beta}})'\mathbf{V}^{-1}(\mathbf{y} - \mathbf{X}\tilde{\boldsymbol{\beta}}).$$

Plug in 
$$\tilde{\boldsymbol{\beta}} = (\mathbf{X}'\mathbf{V}^{-1}\mathbf{X})^{-1}\mathbf{X}\mathbf{V}^{-1}\mathbf{y}$$

It is then straightforward to maximize the above function over the 2-D domain of  $\sigma^2$  and  $\tau^2$ 

This method of substituting some unknown parameters ( $\beta$ ) with their MLE fixed at some other parameters ( $\sigma^2$  and  $\tau^2$ ) is known as a profile likelihood approach.

#### REML

The MLE estimate of variances are biased. An alternative is restricted maximum likelihood (REML)

$$l(\sigma^2, \tau^2) - \frac{1}{2} \log |\mathbf{X}'\mathbf{V}^{-1}\mathbf{X}|$$

to account for the degrees of freedom in the fixed effects (e.g., Ch. 6 in Searle et al. 1992, "Variance Components").

REML can be unbiased.

In the simple case of estimating  $\sigma^2$  from  $\mathbf{X}_i \overset{iid}{\sim} N(0, \sigma^2)$ , we have

$$\hat{\sigma}_{MLE}^{2} = \frac{1}{n} \sum_{i=1}^{n} (x_{i} - \bar{x})^{2}$$

$$\hat{\sigma}_{REML}^{2} = \frac{1}{n-1} \sum_{i=1}^{n} (x_{i} - \bar{x})^{2}.$$

Small samples: often prefer REML. Likelihood ratio tests and AIC: use ML.

#### Parameter Estimation: MLE versus REML

```
> fit1 <- lmer (weight~weeks+(1|id), data = dat)</pre>
> summary (fit1)
Linear mixed model fit by REML
Random effects:
Groups Name
                 Variance Std.Dev.
id
      (Intercept) 15.1418 3.8913
Residual
                   4.3947 2.0964
Fixed effects:
           Estimate Std. Error t value
(Intercept) 19.35561 0.60311
                                32.09
weeks
            6.20990 0.03906 158.97
> fit2 <- lmer (weight~weeks+(1|id), REML = FALSE,data = dat)
> summary(fit2)
Linear mixed model fit by maximum likelihood
Random effects:
Groups Name
                Variance Std.Dev.
       (Intercept) 14.8175 3.8493
id
Residual
                     4.3833 2.0936
Number of obs: 432, groups: id, 48
Fixed effects:
           Estimate Std. Error t value
(Intercept) 19.35561 0.59737 32.4
weeks
         6.20990 0.03901 159.2
```

Note that the standard errors are larger for REML.

#### Fixed versus Random

#### Consider the model:

$$y_{ij} = \theta_i + \beta' x_{ij} + \epsilon_{ij}, \ \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2) \theta_i$$
: either fixed or random

- Fixed effects: we can treat  $\theta_i$  as fixed. Note: to make comparable to RE, we can use the sum-to-zero constraint,  $\sum_{i=1}^n \theta_i = 0$ , and estimate the intercept.
- We can treat  $\theta_i$  as random,  $\theta_i \stackrel{iid}{\sim} N(0, \tau^2)$ .

A useful paradigm: one person's covariance structure is another person's mean structure.

Random: Consider  $E(y_{ij} - \beta' x_{ij})^2 = \sigma^2 + E\theta_i^2$ . (model the variance) Fixed:  $E(y_{ij} - \theta_i - \beta' x_{ij})^2 = \sigma^2$ . (model the mean structure)

# Guidelines for choosing fixed vs random

- Are we interested in predicting subject effects?
- If the experiment were repeated, would the same subjects (i.e., groups) be used?
- Or are the subjects a random sample from a population of interest?
- Are there enough subjects to estimate heterogeneity?
- Are there enough repeated measurements to estimate FE?
- Do some subjects have only 1 observation and/or is there different number of samples for each subject?

#### Fixed versus Random

However, in scientific applications, we are often interested in inference on a fixed covariate, and the variable we are deciding to treat as fixed or random (subject, plot, etc.) is a "nuisance" variable.

In this case, the choice of fixed versus random may not have a big impact on inference. You can look at how sensitive your findings are to fixed versus random specification.

Pig data: data were balanced and t-statistics of week equivalent.

Nepal data: estimates of slope of age similar (t=10.20 in FE, versus t=13.45)

The big issue is that we need to account for repeated observations in clustered data, and both approaches allow for valid inference on fixed covariates of interest.

Contrast with a model estimating a single intercept (slide 7), which results in incorrect standard errors, resulting in invalid inference.

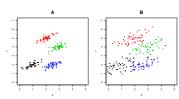
### Keywords

- Clustered / correlated / grouped / longitudinal / multi-level / hierarchical / nested data
- Random effect / (Bayesian) hierarchical / mixed / variance component model
- Between-group variability / heterogeneity / structured error
- Within-group correlation / intraclass correlation
- Within-group variability / unstructured (residual) error / measurement error
- Shrinkage / penalization / borrowing information / smoothing

# Quiz 3

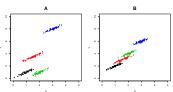
$$y_{ij} = \mu + \theta_i + \epsilon_{ij}, \quad \theta_i \sim N(0, \tau^2) \quad \epsilon_{ij} \sim N(0, \sigma^2)$$

#### Part I



- 1. Has the larger  $\sigma^2$ ?
- 2. Has the larger intraclass correlation?
- 3.  $\hat{\theta}_i$  will experience more shrinkage?
- 4. Has the larger prediction SE for an observation from a within-sample group?

#### Part II

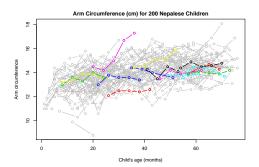


#### Which plot:

- 5. Has the larger  $\tau^2$ ?
- 6. Has the larger intraclass correlation?
- 7.  $\hat{\theta}_i$  will experience more shrinkage?
- 8. Has the larger prediction SE for an observation from an out-of-sample group?

# Random Slope Model

## Nepalese Children Data



#### Scientific questions about arm circumference and age:

- What is the overall trend?
- How much do growth patterns differ between children?
- Do maternal covariates explain variability in growth patterns between children?

## Random Intercept and Random Slope Model

Let  $ageC_{ij}$  be the child's age in months minus 36.

$$\begin{bmatrix} \theta_{0i} \\ \theta_{1i} \end{bmatrix}$$

The above model treats both intercept and slope of age as child-specific. These random effects represent child-specific deviations from the overall trend. We typically assume  $\theta_{01}$  and  $\theta_{1i}$  are bivariate normal.

- $au_1^2$  describes between-children variation in baseline arm circumferences at at age three.
- $au_2^2$  describes between-children variation in the linear effects of age.
- $\bullet$   $\rho$  describes the correlation between child-specific intercept and slope.
- $\sigma^2$  describes within-child variation around a child-specific linear growth trend.

## Mixed Model: Nepalese Children

```
> nepal$ageC = nepal$age - 36
> fit = lmer (arm~ageC+(ageC|id), data = nepal)
Linear mixed model fit by REML
Random effects:
Groups Name
                    Variance Std.Dev. Corr
id
         (Intercept) 0.71937744 0.848161
         ageCenter 0.00043572 0.020874 0.090
Residual
                    0.22657451 0.475998
Number of obs: 882, groups: id, 197
Fixed effects:
            Estimate Std. Error t value
(Intercept) 13.943962 0.066677 209.13
ageC 0.032527 0.002754 11.81
```

#### Population distribution of random intercepts and slopes:

- Child-specific intercept:  $\beta_0 + \theta_{0i}$
- Child-specific slope:  $\beta_1 + \theta_{1i}$ Very high heterogeneity in the age effects. The central 95% of this distribution includes zero. Thus it's possible that a child's arm circumference does not increase with age.
- $\rho = cor(\beta_{0i}, \beta_{i1}) = 0.09$

# Comparing models: AIC, but doesn't work well

Is the model preferred to the model with a random intercept only?

AIC often used in model selection. Popular approach to choosing which variables should be included in a model.

Lower is better.

RoT: Difference of 2 or more is substantially better.

To compare models with different variance structures, one approach is to use Akaike's Information Criterion:

$$AIC = -2\ell(\boldsymbol{\theta}) + 2p$$

where  $\ell(\theta)$  is the log likelihood for all parameters  $\theta$  and p is the number of parameters.

For nested models (one model contains a subset of parameters of the other model), we can use a likelihood ratio test.

Both these approaches use the MLE, so should use REML=FALSE

### Comparing models: caveat

Testing the significance of a variance component is problematic because the null hypothesis is on the boundary of the parameter space, e.g.,  $au_2^2=0$ .

This makes the  $\chi_1^2$  approximation of the LRT a poor approximation of the distribution of the test statistic under the null.

Generally, this makes the p-value too large (i.e., favors simpler models).

The homework describes a preferred approach.

For additional details, see Section 2.5, Pinheiro and Bates, *Mixed-Effects Models in S and S-Plus*, 2000.

# Compare to model without random slope

> fit = lmer (arm~ ageC + (ageC|id), data = nepal,REML=FALSE)
> fit.randomintercept = lmer(arm~ageC+(1|id),data=nepal,REML=FALSE)

```
> AIC(fit)
[1] 1802.579
> AIC(fit.randomintercept)
[1] 1807.264
Likelihood ratio test:
> anova(fit.randomintercept,fit)
Data: nepal
Models:
fit.randomintercept: arm ~ ageC + (1 | id)
fit: arm ~ ageC + (ageC | id)
                   Df
                         AIC
                                BIC logLik deviance Chisq Chi Df Pr(>Chisq)
fit.randomintercept 4 1807.3 1826.4 -899.63 1799.3
                    6 1802.6 1831.3 -895.29 1790.6 8.6854 2
                                                                       0.013 *
fit.
Signif. codes: 0 ?***? 0.001 ?**? 0.01 ?*? 0.05 ?.? 0.1 ? ? 1
```

Both AIC and LRT indicate model with random slopes is preferred.

## Mixed Model: Nepalese Children

#### Other options (not recommended).

#### Assume Independent Random Effects:

```
> fit.indep = lmer (arm ageC + (1|id) + (0+ageC|id), data = nepal)
> summary(fit.indep)
Linear mixed model fit by REML ['lmerMod']
Formula: arm ~ ageC + (1 | id) + (0 + ageC | id)
  Data: nepal
REML criterion at convergence: 1804.5
Scaled residuals:
   Min
            10 Median 30
                                 Max
-3.5914 -0.4923 0.0625 0.5651 2.9879
Random effects:
Groups Name
                 Variance Std.Dev.
id (Intercept) 0.7170900 0.8468
id.1
       ageC 0.0004122 0.0203
Residual
                    0.2279327 0.4774
Number of obs: 882, groups: id, 197
Fixed effects:
           Estimate Std. Error t value
(Intercept) 13.94277 0.06650 209.66
          0.03225
                   0.00273 11.81
ageC
```

#### Fixed effect model

An alternative framework would treat the intercepts as fixed.

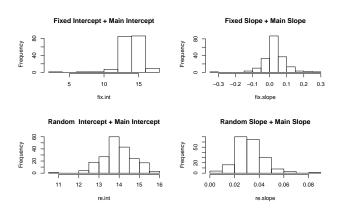
$$\operatorname{arm}_{ij} = \beta_0 + \frac{\theta_{0i}}{\epsilon_{0i}} + (\beta_1 + \frac{\theta_{1i}}{\epsilon_{0i}}) \operatorname{ageC}_{ij} + \epsilon_{ij}, \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2)$$

We can use the sum-to-zero contrasts:

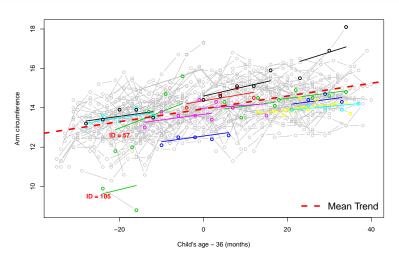
$$\sum_{i=1}^{n} \hat{\theta}_{0i} = 0$$

Then fixed effect interaction terms for each subject have similarities with random slopes (but don't leverage pop info), as the total age effect for each subject becomes  $\hat{\beta}_1 + \hat{\theta}_{1i}$ .

## Distributions of Child-specific Intercepts and Slopes



#### Mixed Model



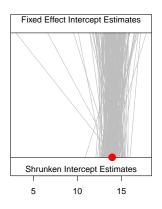
- $\bullet \ \ \mathsf{Mean \ trend} = \beta_0 + \beta_1 \, \mathsf{ageC}_{ij}$
- $i^{\text{th}}$  individual trend =  $\beta_0 + \dot{\theta_{0i}} + (\beta_1 + \dot{\theta_{1i}}) \operatorname{ageC}_{ij}$

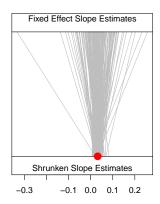
### Mixed Model: Drop ID 57 and ID 105

```
> fit = lmer (arm~ageC+(ageC|id), data = subset(nepal, id != 57 & id != 105) )
Random effects:
                    Variance Std.Dev. Corr
Groups
         Name
id
         (Intercept) 0.66724471 0.816850
         ageC
                   0.00029806 0.017264 0.123
Residual
                    0.22133729 0.470465
Fixed effects:
            Estimate Std. Error t value
(Intercept) 13.949133 0.063888 218.34
ageC
           0.031182 0.002581 12.08
```

- Changes in the fixed effects are minor:
  - Intercept: 13.944 → 13.949.
  - AgeC:  $0.0325 \rightarrow 0.0312$ .
- As expected, heterogeneity standard deviations become smaller:
  - Intercept:  $0.848 \rightarrow 0.817$ .
  - AgeC:  $0.021 \rightarrow 0.017$ .

## Shrinkage!

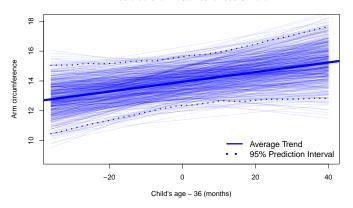




# Simulating Out-of-Sample Growth Curves

$$y_{ij} = (13.94 + \theta_{0i}) + (0.0325 + \theta_{1i}) x_{ij} + \epsilon_{ij} \qquad \epsilon_{ij} \sim N(0, 0.48^2)$$
$$\begin{bmatrix} \theta_{0i} \\ \theta_{1i} \end{bmatrix} \sim N \begin{pmatrix} \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} 0.85^2 & 0.09 \times 0.85 \times 0.021 \\ 0.09 \times 0.85 \times 0.021 & 0.021^2 \end{bmatrix} \right).$$

#### Predicted Growth Curves for 500 Children



#### Hierarchical Formulation

Consider the following model now including interactions:

$$\operatorname{arm}_{ij} = \beta_0 + \frac{\theta_{0i}}{\theta_{0i}} + (\beta_1 + \frac{\theta_{1i}}{\theta_{1i}}) \operatorname{ageC}_{ij} + \epsilon_{ij}$$

$$[\theta_{0i}, \theta_{1i}]' \stackrel{iid}{\sim} N(\mathbf{0}, \mathbf{\Sigma}), \qquad \epsilon \stackrel{iid}{\sim} N(0, \sigma^2).$$

$$(4)$$

In (4), the random effects are viewed as deviations from population averages. The model can also be written in a hierarchical (multilevel) model form:

$$\operatorname{arm}_{ij} = \frac{\beta_{0i} + \beta_{1i}}{\beta_{1i}} \operatorname{ageC}_{ij} + \epsilon_{ij}$$

$$[\beta_{0i}, \beta_{1i}]' \sim N([\beta_0, \beta_1]', \Sigma), \qquad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2).$$
(5)

Equation (5) can also be written as:

Level 1: 
$$\beta_{0i} = \mu_0 + \theta_{0i} \qquad \beta_{1i} = \mu_1 + \theta_{1i}$$
 Level 2: 
$$\operatorname{arm}_{ij} = \frac{\beta_{0i}}{\beta_{0i}} + \frac{\beta_{1i}}{\beta_{1i}} \operatorname{ageC}_{ij} + \epsilon_{ij}$$
 
$$[\theta_{0i}, \theta_{1i}]' \sim N(\mathbf{0}, \mathbf{\Sigma}), \qquad \epsilon \stackrel{iid}{\sim} N(0, \sigma^2)$$

## Hierarchical Formulation: Back to Random Intercepts

First consider the random intercept model with covariate age and lit (indicator for mother's literacy).

$$\begin{aligned} \operatorname{arm}_{ij} &= \beta_0 + \theta_{0i} + \beta_1 \operatorname{ageC}_{ij} + \frac{\beta_2}{2} \operatorname{lit}_{ij} + \epsilon_{ij} \\ \theta_{0i} &\stackrel{iid}{\sim} N(0, \tau^2), \qquad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2). \end{aligned}$$

What is the interpretation of  $\beta_2$ ?

• Because  $lit_{ij}$  is an indicator variable,  $\beta_2$  describes the difference in intercept (arm circumference at age 3) between literate mothers and illiterate mothers (reference).

However  $lit_{ij}$  is constant within each child. We can drop the j subcript and rewrite the model as

$$\begin{split} \beta_{0i} \sim N(\beta_0 + \frac{\beta_2}{\beta_2} \text{lit}_i, \tau^2) \\ \text{arm}_{ij} = \beta_{0i} + \beta_1 \text{ageC}_{ij} + \epsilon_{ij}, \qquad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2). \end{split}$$

Therefore an equivalent interpretation of  $\beta_2$  is

 β<sub>2</sub> describes the difference in population averages in intercepts between literate and illiterate mothers.

#### Hierarchical Formulation

The hierarchical (multilevel) formulation is particularly useful when covariates are available or collected at different levels. Higher level (i) covariate values are constant in lower level (j).

Consider the following model:

Level 1:

#### Level 2:

Note how we explicitly present covariates lit and sex as predictors that explain between-subjects heterogeneity. For example,

- $\alpha_{12}$  is the effect of a child's sex on the association between age and arm circumference after controlling for child-specific intercept and weight.
- $\beta_2$  is the effect of a child's weight on arm circumference adjusting for individual linear growth trend in age.

#### Cross-level Interactions

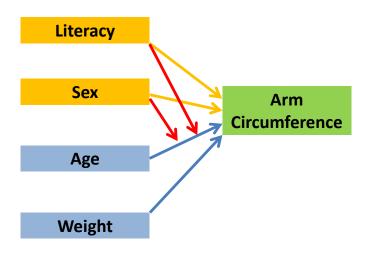
Level 1: 
$$\begin{split} \beta_{0i} &= \mu_0 + \alpha_{01}lit_i + \alpha_{02}sex_i + \theta_{0i} \\ \beta_{1i} &= \mu_1 + \alpha_{11}lit_i + \alpha_{12}sex_i + \theta_{1i}, \quad [\theta_{0i}, \theta_{1i}]' \stackrel{iid}{\sim} N(\mathbf{0}, \mathbf{\Sigma}) \end{split}$$
 Level 2: 
$$\operatorname{arm}_{ij} &= \beta_{0i} + \beta_{1i} \operatorname{ageC}_{ij} + \beta_{2} \operatorname{weightC}_{ij} + \epsilon_{ij}, \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2) \end{split}$$

By substituting Level 1 regressions into Level 2:

$$\begin{split} \mathsf{arm}_{ij} &= \mu_0 + \alpha_{01} lit_i + \alpha_{02} sex_i + \theta_{0i} \\ &\quad + (\mu_1 + \alpha_{11} lit_i + \alpha_{12} sex_i + \theta_{1i}) \, \mathsf{ageC}_{ij} + \beta_2 \mathsf{weightC}_{ij} + \epsilon_{ij} \\ &= \mu_0 + \alpha_{01} lit_i + \alpha_{02} sex_i + \theta_{0i} \\ &\quad + \mu_1 \mathsf{ageC}_{ij} + \alpha_{11} lit_i \times \mathsf{ageC}_{ij} + \alpha_{12} sex_i \times \mathsf{ageC}_{ij} + \theta_{1i} \mathsf{ageC}_{ij} \\ &\quad + \beta_2 \mathsf{weightC}_{ij} + \epsilon_{ij}, \\ &\quad [\theta_{0i}, \theta_{1i}]' \stackrel{iid}{\sim} N(\mathbf{0}, \mathbf{\Sigma}), \quad \epsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma^2). \end{split}$$

Note that  $\alpha_{11}$  and  $\alpha_{12}$  can be interpreted as an interaction between two variables across levels.

#### Cross-level Interactions



#### Cross-level Interactions

```
> nepal$wtC = scale(nepal$wt,center=TRUE,scale=FALSE)
> fit.sexwtlit = lmer (arm~sex+lit+sex*ageC + lit*ageC + wt+ (ageC|id). data = nepal)
Random effects:
Groups
         Name
                    Variance Std.Dev. Corr
         (Intercept) 0.689381 0.83029
id
         ageC
                    0.000427 0.02066 0.07
Residual
                    0.224295 0.47360
Number of obs: 882, groups: id, 197
Fixed effects:
           Estimate Std. Error t value
(Intercept) 13.785990 0.095554 144.27
sex2
          0.024052 0.131598 0.18
lit
        0.811968 0.322324 2.52
ageC 0.029034
                     0.003854 7.53
                     0.002751 3.59
         0.009867
wt.
sex2:ageC 0.002838 0.005493 0.52
lit:ageC
         0.007405
                      0.015026 0.49
```

- Heterogeneity decreases
- This is because we are now accounting for variation between subjects in the fixed effects, i.e., sex, lit, wt
- Mother's literacy and child's weight associated with baseline arm circum.