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14.1 Module 2 Project: Nutritional information (classes/constructors)

Given main(), complete the FoodItem class (in files FoodItem.h and FoodItem.cpp) with constructors to initialize each food item. The default constructor should initialize the name to "Water" and all other fields to 0.0. The second constructor should have four parameters (food name, grams of fat, grams of carbohydrates, and grams of protein) and should assign each class data member with the appropriate parameter value.

Include comments throughout the code. Include pseudo code and desk check at the end of the code as comments.

Ex: If the input is:

```
Water
```

the output is:

```
Nutritional information per serving of Water:
Fat: 0.00 g
Carbohydrates: 0.00 g
Protein: 0.00 g
Number of calories for 1.00 serving(s): 0.00
```

Ex: If the input is:

```
M&M's
10.0
34.0
2.0
3.0
```

where M&M's is the food name, 10.0 is the grams of fat, 34.0 is the grams of carbohydrates, 2.0 is the grams of protein, and 3.0 is the number of servings, the output is:

```
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```

```
Nutritional information per serving of M&M's: MDCCOP2335Spring2024

Fat: 10.00 g
Carbohydrates: 34.00 g
Protein: 2.00 g

Number of calories for 1.00 serving(s): 234.00

Number of calories for 3.00 serving(s): 702.00
```

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Note: The program	outputs the number	of calories for or	ne serving of a	food and for the	input number
of servings as well.	The program only or	utputs the calorie	es for one serv	ing of water.	

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Develop mode Submit mode Enter program input (optional)	Run your program as often as you'd like, before submitting for grading. Below, type any needed input values in the first box, then click Run program and observe the program's output in the second box.				
If your code requires input values, provide them here.					
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