

Ian Whittlesea

Ian Whittlesea's work explores the relationships between language, light, image and diagram both on the page and in the world. It is driven by a renegotiation of modernist and esoteric histories, particularly those which suggest that revelation comes from control of breath and body. From devoting five years to become a black belt in judo in order to better understand Yves Klein's practice to exploring the Mazdaznan exercises that Johannes Itten taught at the Bauhaus he has consistently attempted to elucidate Sol LeWitt's statement: Conceptual artists are mystics rather than rationalists. They leap to conclusions that logic cannot reach.

Ian Whittlesea 的作品探索语言、光线、图像与图示在平面和空间中的多重关系。其创作动力源于对现代主义与秘传历史的重新审视——尤其关注那些主张通过调控呼吸与身体获得启示的思想传统。从耗时五年修习柔道至黑带段位以深入理解 Yves Klein 的艺术实践，到探究 Johannes Itten 在包豪斯教授的玛兹达南呼吸法，他始终致力于诠释 Sol LeWitt 的宣言：" 概念艺术家是神秘主义者而非理性主义者，他们跃向逻辑无法抵达的彼岸。

**Stand
still.

Be
quiet.**



**Stand
still.**

**Be
quiet.**



The text functions as both instruction and permission to the passerby.

A chance to pause and consider something very basic...

As with a parent's directions to a child the statement can be felt as unwanted and authoritarian or as a gentle encouragement to a better way.

The simplicity of the text's suggestion holds an implicit critique of the inattention of the everyday, and yet could also be a description of contemporary life, when so much of our time is spent in silent attention to the screen.

这段文字既是一种对路人的指引，也是一种默许。

它提供了一个驻足思考最基本的事物的契机……

如同父母对孩子的叮嘱，这句话可能显得专横且令人不悦，也可能化作通往更好生活的温柔指引。

这简短的文字既暗含对日常浮躁的批判，却也道出了当代生活的真相——我们把太多时间都沉默地倾注于屏幕之中。