

GREETINGS

from the

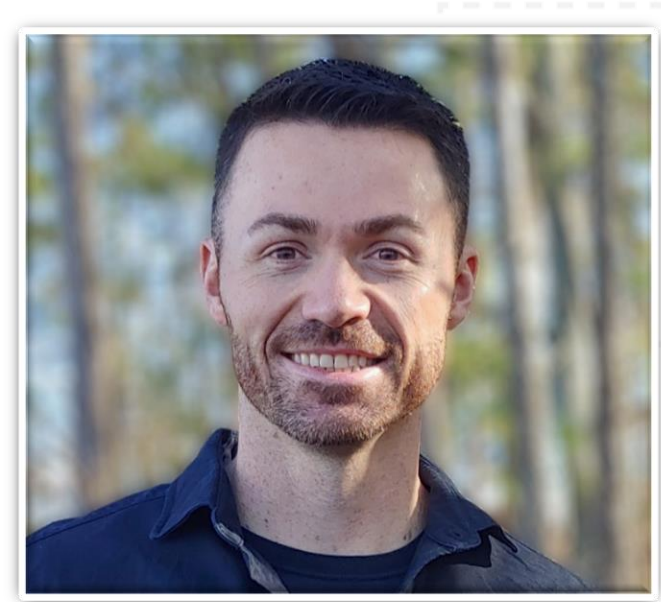
RED TEAM



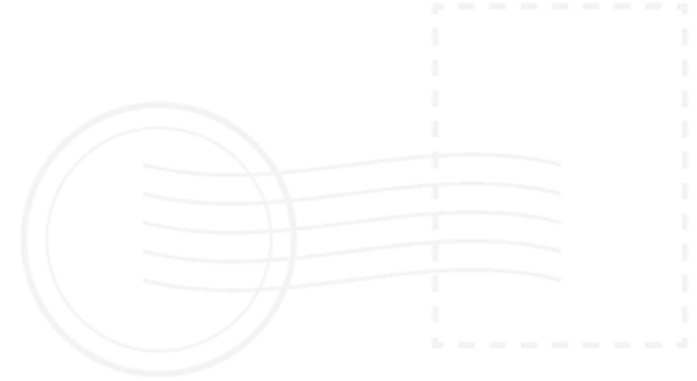
Speaker bio (Who am I?)

Michael Allen ([@Wh1t3Rh1n0](#))

- Pentesting and red teaming for 9+ years
- Red team lead at BHIS
 - Special interest in Initial Access
- Creator and instructor of “Red Team Initial Access”
 - Focus on *immediately actionable* training
 - June 20-21 on [AntiSyphonTraining.com](#)



*Thanks to **Joseph Kingstone** on the BHIS Red Team for input & testing.*



Hurdles to modern hacking

The “good old days”...

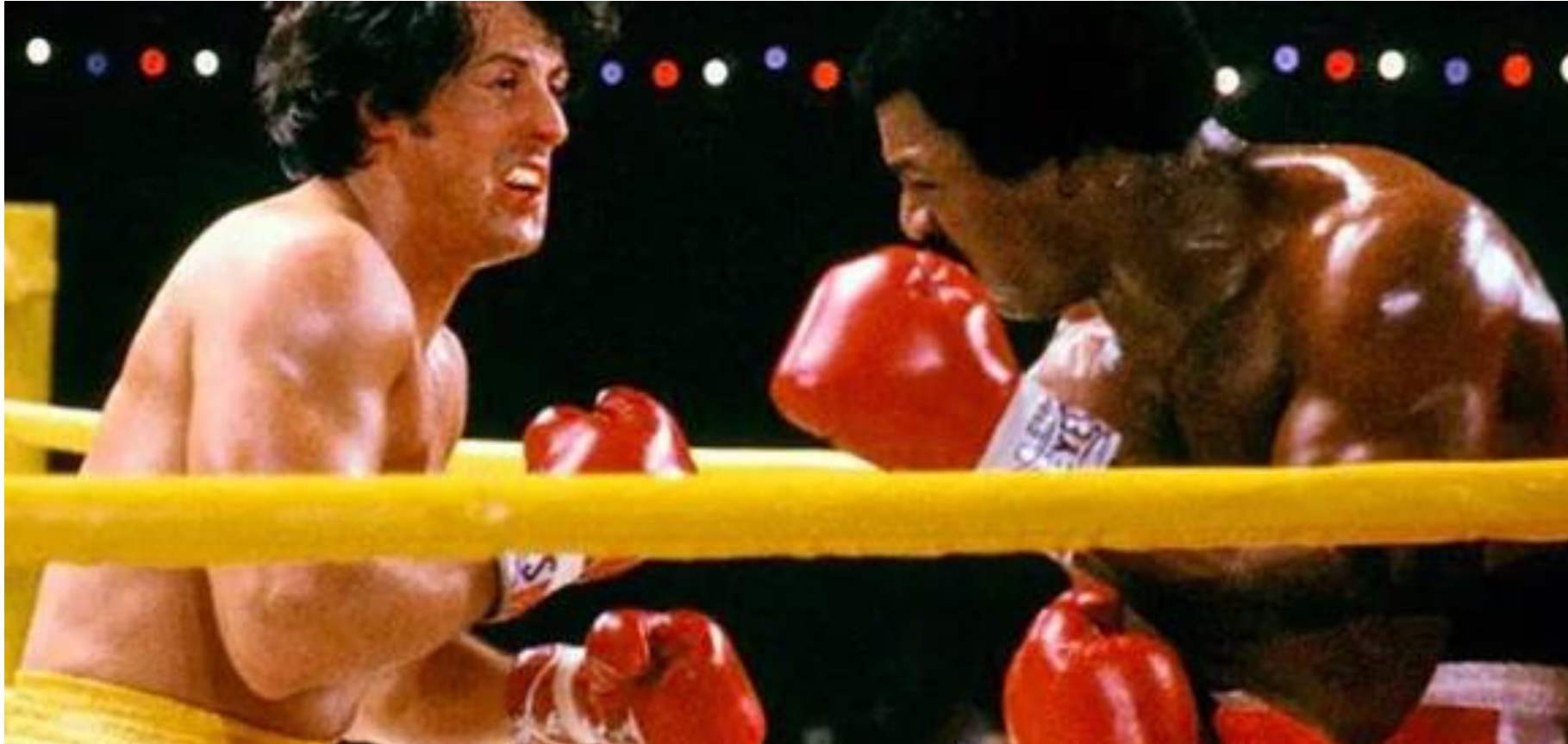
- Email defenses were unsophisticated or nonexistent.
- Antivirus products weren't very good or weren't present at all.
- No such thing as Endpoint Detection and Response (EDR).
- End users had never heard of “phishing” or “social engineering”.
- Limited knowledge of their own network topology, inventory, and exposure.

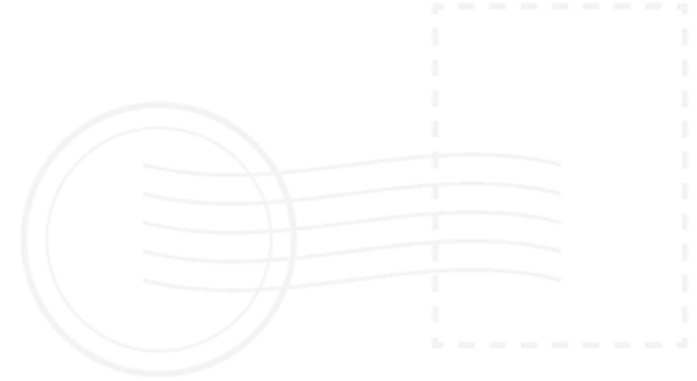
Defenders were operating blind.

Common defenses today (not an exhaustive list)

- Communication channels
 - Email - filtered based on:
 - Domain age and reputation
 - Email security standards (SPF, DKIM)
 - Message content
 - Chat messages
 - Restricted to internal users only
- Security awareness
 - Users suspicious of email, chat messages, SMS, phone calls
 - Users trained to scrutinize attachments and URLs
- Defenses on the endpoint
 - Advanced EDR/antivirus
 - Rapid response and isolation following a single alert
- Network defenses
 - Egress controls
 - Traffic decryption and inspection
 - Web traffic filtering
- External access controls
 - Multi-factor authentication
 - Geolocation

Head-to-head is a waste of time





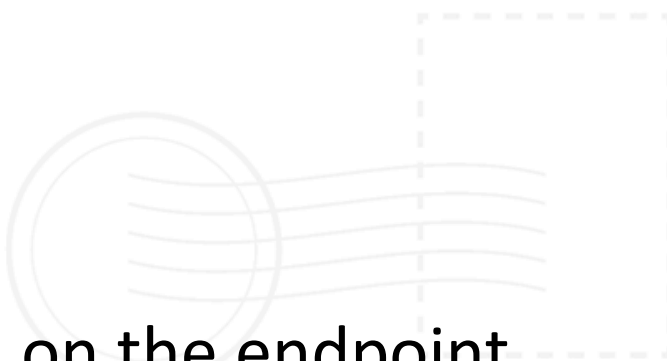
Thinking outside the box



*Attack where your opponent is weakest.
Be in the place your opponent cannot see.
Do what your opponent does not expect.*

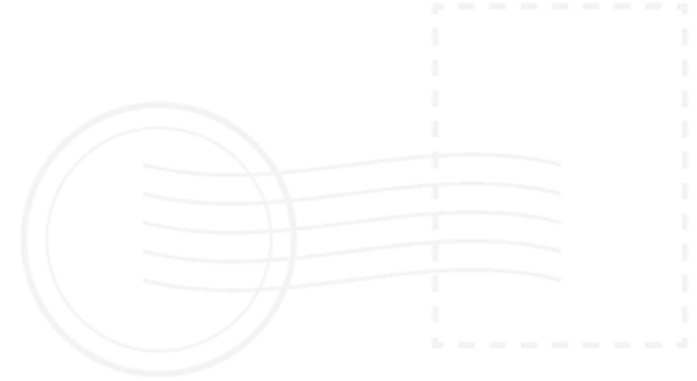
Defensive strongholds

- Communication channels
 - Well defended:
 - Email
 - Chat messages
- Security awareness
 - Attacks expected via:
 - Email, Chat messages, SMS, Phone calls
 - Easily scrutinized:
 - Attachments, URLs

- 
- Defenses on the endpoint
 - Strong monitoring and defenses:
 - User's workstation
 - Network defenses
 - Strong monitoring and defenses:
 - Company internal network
 - Company VPN
 - External access controls
 - Affected by known, reliable attacks:
 - Multi-factor authentication
 - Geolocation

Undefended / Invisible / Unexpected

- Communication channels
 - Impossible to monitor:
 - Mail to the user's home
- Security awareness
 - Attacks unexpected via:
 - Physical mail at the user's home
 - Difficult to scrutinize:
 - QR codes
- Defenses on the endpoint
 - Impossible to monitor or defend:
 - Web browser on a user's phone
- Network defenses
 - Impossible to monitor or defend:
 - User's home internet connection
 - User's mobile internet connection
- External access controls
 - Affected by known, reliable attacks:
 - Multi-factor authentication
 - Geolocation



A new attack is born

Contoso Ltd.
456 Elm Street
Spearfish, SD 57783



Alice Smith
123 Main St.
Albuquerque, NM 87107

YOU ARE AMAZING





Dear Alice,

It is my pleasure to inform you that a teammate recently nominated you for a peer recognition award.

On behalf of our Contoso family, please accept this \$50 Amazon gift card as a small token of our appreciation for you and all the hard work you do.

Sincerely,
Carol Roberts
Chief Human Resources Officer

Gift card instructions: Use your phone to scan the QR code on the left, and sign in with your Contoso email to claim your electronic gift card.

MFA-enabled credential harvesting

7:55 76%

login-contoso.com

Microsoft

Sign in

Email, phone, or Skype

No account? [Create one!](#)

[Can't access your account?](#)

Back Next

Microsoft

alice@contoso.com

Enter code

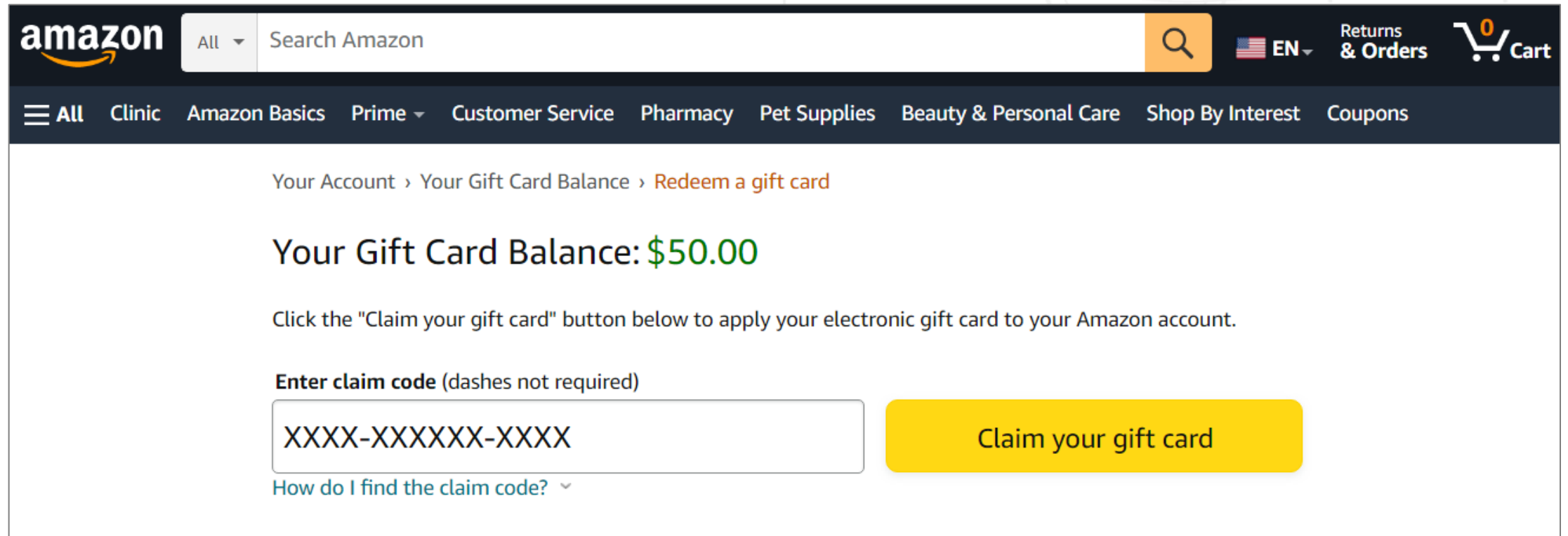
123 Enter the code displayed in the authenticator app on your mobile device

Code



Evilginx 3: <https://github.com/kgretzky/evilginx2>

Reward with a REAL gift card



amazon All Search Amazon

EN Returns & Orders Cart

All Clinic Amazon Basics Prime Customer Service Pharmacy Pet Supplies Beauty & Personal Care Shop By Interest Coupons

Your Account > Your Gift Card Balance > Redeem a gift card

Your Gift Card Balance: **\$50.00**

Click the "Claim your gift card" button below to apply your electronic gift card to your Amazon account.

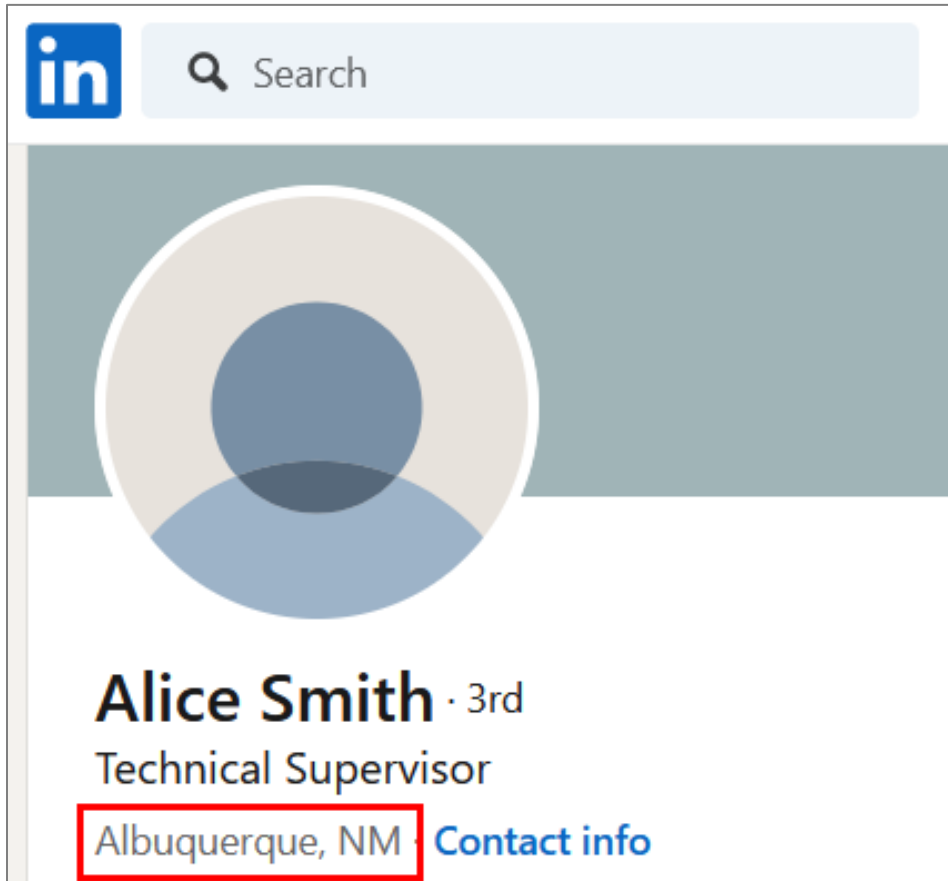
Enter claim code (dashes not required)

XXXX-XXXXXX-XXXX

How do I find the claim code? ▾

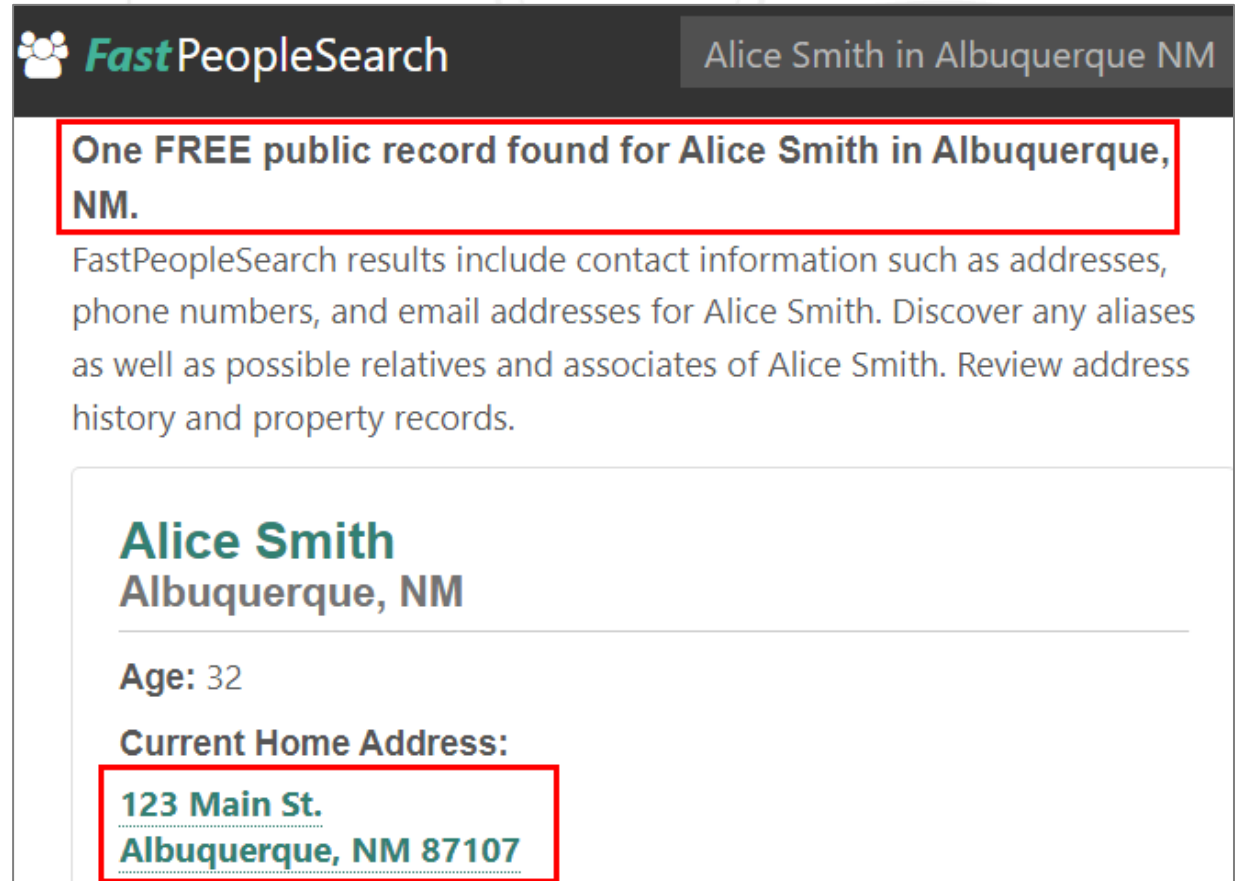
Claim your gift card

Find the address



LinkedIn profile of Alice Smith. The profile shows a blue header with the LinkedIn logo and a search bar. Below the header is a large circular profile picture placeholder. Underneath the picture, the name "Alice Smith" is displayed in bold, followed by "· 3rd" and "Technical Supervisor". At the bottom, the location "Albuquerque, NM" is highlighted with a red box, and a blue "Contact info" link is visible to its right.

Alice Smith · 3rd
Technical Supervisor
Albuquerque, NM [Contact info](#)



FastPeopleSearch results for Alice Smith in Albuquerque, NM. The search bar at the top shows "Alice Smith in Albuquerque NM". Below the search bar, a red box highlights the text "One FREE public record found for Alice Smith in Albuquerque, NM." Below this, a paragraph states: "FastPeopleSearch results include contact information such as addresses, phone numbers, and email addresses for Alice Smith. Discover any aliases as well as possible relatives and associates of Alice Smith. Review address history and property records." At the bottom, a section titled "Alice Smith" and "Albuquerque, NM" lists "Age: 32" and "Current Home Address:". Below the address, a red box highlights the text "123 Main St. Albuquerque, NM 87107".

FastPeopleSearch Alice Smith in Albuquerque NM

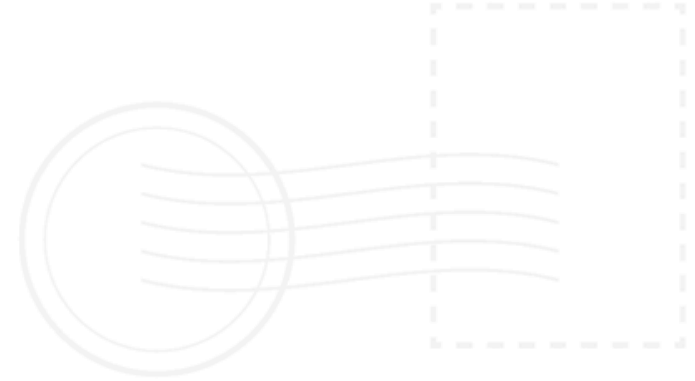
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FastPeopleSearch results include contact information such as addresses, phone numbers, and email addresses for Alice Smith. Discover any aliases as well as possible relatives and associates of Alice Smith. Review address history and property records.

Alice Smith
Albuquerque, NM

Age: 32
Current Home Address:
123 Main St.
Albuquerque, NM 87107

How to defend?



Some defenses (not a comprehensive list)

- Security Awareness Training
 - Concept / principal focused
 - Resilient to novel, future attacks
 - Regular practice + Multiple channels
 - Email, phone, SMS, Teams, LinkedIn, snail mail, USB drops, etc.
- Allow login **ONLY** from internal network/VPN
 - “Control the battlefield”
- Phishing-Resistant MFA
 - Example: FIDO 2

Undefended / Invisible / Unexpected

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- Network defenses
 - Strong monitoring and defenses:
 - Company internal network
 - Company VPN
- External access controls
 - Strong monitoring and defenses:
 - External logins disallowed
 - Vulnerabilities moot:
 - Multi-factor authentication
 - Geolocation

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Thank you for listening!



Want to learn more?

- “Red Team Initial Access” class
 - June 20-21 on AntisyphonTraining.com
- Follow me: [@Wh1t3Rh1n0](https://twitter.com/Wh1t3Rh1n0)
