look to the stars

Arunima sinha

Disability: Amputee. 27-year-old Arunima Sinha lost her left leg in an unfortunate incident on April 11, 2011. Achievement: Despite the fact that she lost a leg, she did not gave up the spirit of her life and defied all conceivable odds. Infact, Arunima decided to convert her weakness into her biggest strength and by her true determination, on May 21, 2013, she achieved the rare feat to become the first Indian amputee to conquer the Mount Everest, with the help of a prosthetic leg.

Manasi joshi

Manasi Joshi won the bronze medal in women's singles SL3 Category at the 2018 Thailand Para-Badminton International and at the Asian Para Games 2018. This was her first tournament after getting a sports prosthesis. She was required to have her leg amputated after a motorcycle accident and delayed medical attention. manasi says "you are the answer to your own adversity."

Sam Cawthorn

Sam Cawthorn is a Australian motivational speaker, author and life coach. He won the "Young Australian of the year" award in 2009. In 2006, he met a fatal accident which was a head-on collision of his car and a semi-trailer. He was pronounced dead. His heart stopped for three and a half minutes. After recovery he faced severe injuries including the amputation of his right arm above the elbow and severe damages to his right leg.He believes that "It is your decision and not condition which determines what you are " His prosthetic arm is programmed with his IPhone 5. He is a musician too and plays guitar. He is one of the few artists in the world who can play the guitar with an above elbow amputation. He is the author of various motivational books. He does charity work with his foundation "Cawthorn foundation" in developing nations.