

# BIKE New York Metro Routes

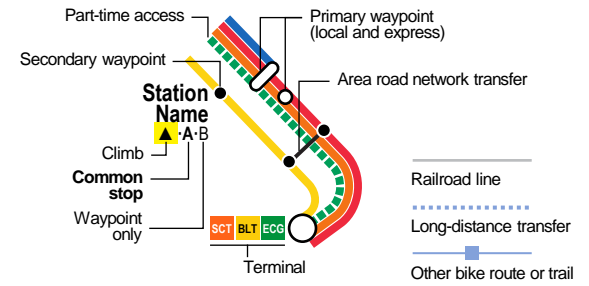
with select railroad and trail connections

## Key

Most routes operate 365 days-a-year, but not all lines operate at all times.

For more service information, please check the relevant agency website for exact hours and days of operation, and exercise caution when riding in low visibility and low-traction conditions.

While routes are shown roughly to scale, to show access more clearly, geography on this map has been modified.



This map depicts typical year-round access in good weather. Seasonally and on late nights, these routes may change:

## Seasonally

<b>OCA</b> Check trail conditions after inclement weather; use SCT or 9W to bypass	<b>BRP</b> "Bicycle Sundays" access to Bronx River Parkway (May to Oct)	<b>HV</b> "Walkway at Night" extended hours on select summer Fridays	<b>HH</b> Partially closed to traffic Dec to Apr and on select holidays	<b>COW</b> Sands Point Preserve closes at 5 (winter), 6 (spring/fall), or 7 pm (winter)	 Closed to traffic Dec 1 to Apr 1
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## Late Nights

<b>LIE</b> Flushing Meadows-Kisena Park closed from 9 pm to 6 am; use 9W	<b>LH</b> Target Rock closes 1/2 hour after sunset (\$2 entrance fee)	<b>OP</b> Shelter Island ferries do not run from 12 am to 5:40 am; use 9W	<b>MTK</b> Montauk Point State Park closes at sunset	<b>COW</b> Sands Point Preserve opens 9 am Sun and 11 am Wed to Sat (\$4 admission)
<b>BLT</b> Shirley Chisholm Park closed from sunset to 8 am	<b>9W</b> George Washington Bridge south sidewalk closed from 12 am to 6 am	<b>HV</b> Walkway over the Hudson closed from sunset to 7 am; use Mid-Hudson Bridge	<b>TZB</b> Bicycle & pedestrian path closed 10 pm to 6 am and in inclement weather	

## Line Guide

### New York Metro Area Bike Routes

<b>MANHATTAN</b> <ul style="list-style-type: none"><li>9 Avenue-Columbus Av</li><li>8 Avenue-Amsterdam Av</li><li>St Nicholas Av-Dyckman St</li><li>Henry Hudson Bridge</li><li>B'way-Central Park West</li><li>Frederick Douglas Blvd</li><li>Harlem River Dr-10 Av</li><li>Broadway Bridge</li><li>2 Av/1 Av-Willis Avenue</li><li>Hudson River Greenway</li><li>East River Esplanade</li><li>Central Park</li></ul>	<b>BROOKLYN</b> <ul style="list-style-type: none"><li>Eastern Parkway</li><li>Ocean Parkway</li><li>Atlantic Av (area)-Pittkin Av</li><li>Wlmsburg-Bushwick (area)</li><li>4 Avenue Bike Lane</li><li>Belt Pkwy/Jamaica Bay Gwy</li><li>Empire Blvd-Rockaway Pkwy</li><li>Bedford Av-Flatbush Av</li><li>Prospect Park</li></ul>	<b>LONG ISLAND</b> <ul style="list-style-type: none"><li>Long Island Expy Svc Road</li><li>Long Beach-Park Av-Lido</li><li>Nassau-Suffolk (area)-Pittkin Av</li><li>Bethpage Bike Path</li><li>Sunrise Highway (area)</li><li>Jones Beach (destination)</li><li>Meadow Avenue (area)</li><li>Montauk Highway (area)</li><li>Northern Boulevard</li><li>North Shore-Sound Avenue</li><li>Orient Point (destination)</li><li>Great Neck</li><li>Cow Neck</li><li>Oyster Bay-Glen Cove</li><li>Peconic River (area)</li></ul>	<b>WEST OF THE HUDSON</b> <ul style="list-style-type: none"><li>US Rt 9W-Nyack Express</li><li>Hudson Valley Rail Trail</li><li>Hackensack Valley (area)</li><li>NY Rt 218-Storm King Hwy</li><li>Walden-Walkkill Rail Trail</li><li>Tappan Zee-NY Route 119</li></ul>	<b>EAST OF THE HUDSON</b> <ul style="list-style-type: none"><li>Old Croton Aqueduct Trail</li><li>Croton Lake Road</li><li>Maple Avenue</li><li>US Route 202</li><li>Somerset Turnpike</li><li>South County Trailway</li><li>North County Trailway</li><li>Putnam Trailway</li><li>Maybrook Trailway</li><li>Bronx River Pathway/Pkwy</li><li>Saw Mill River (area)</li><li>NY State Route 22</li><li>Pequonnock Valley Gwy</li></ul>
<b>QUEENS</b> <ul style="list-style-type: none"><li>Queens Boulevard</li><li>Cross Bay-Rockaway Beach</li><li>Rockaway Boulevard</li><li>Jewel Avenue-73 Avenue</li><li>Rockaway Park Boulevard</li></ul>				