#### **Network Security for ARM based IoT Devices**

A Seminar Report

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Bachelor of Technology

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Computer Science and Engineering(Artificial Intelligence and Machine Learning

by

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#### **Abstract**

The proliferation of Internet of Things (IoT) devices, largely powered by ARM(Advanced Reduced Instruction Set Computing Machines) architecture, has revolutionized connectivity and automation across various domains. However, this technological advancement has brought forth unprecedented challenges in ensuring robust network security within these devices. This research paper investigates the critical role of network security in ARM-based IoT devices, addressing the vulnerabilities, threats, and the evolving landscape of security protocols and defenses.

The paper provides an extensive overview of ARM architecture's prevalence in IoT devices and delves into the unique security concerns surrounding these systems. It explores the inherent vulnerabilities in ARM processors, emphasizing the significance of secure design principles, firmware integrity, and protection against sophisticated cyber threats. Furthermore, the study examines the impact of network security breaches on IoT devices, including data privacy risks, potential exploitation by malicious actors, and the broader implications for user safety and system reliability. This paper also aims to explore the possible measures that can be implemented to secure a shared network between IoT devices and methodologies to resist a network attack on ARM devices.

#### **Contents**

Al	bstrac	et		i								
Li	List of Figures											
Li	st of '	<b>Tables</b>		v								
1	Intr	oductio	n	1								
	1.1	Proble	ems	1								
		1.1.1	Confidential Data	1								
		1.1.2	Botnet Formation	2								
		1.1.3	Privacy Breach	2								
		1.1.4	Fatal Implications	2								
	1.2	Preven	ntion Methodology	3								
		1.2.1	DNS Sinkholes	3								
		1.2.2	Virtual Private Network	3								
2	Lite	rature l	Review	4								
		2.0.1	Autonomous NAT Traversal - A. Muller, N. Evans, C. Grothoff,									
			S. Kamkar — Year: 2010 — Conference Paper — Publisher:									
			IEEE	4								
		2.0.2	Evaluating the Vulnerability of Network Traffic Using Joint									
			Security and Routing Analysis - Patrick Tague, David Slater,									
			Jason Rogers, Radha Poovendra	4								
		2.0.3	DNS Amplification and DNS Tunneling Attacks Simulation,									
			Detection and Mitigation Approaches - Sanjay, Balaji Rajen-									
			dra, Pushparaj Shetty D — Year: 2020 — Conference Paper									
			— Publisher: IEEE	5								

	2.0.4	Experimental performance comparison between TCP vs UDP	
		tunnel using OpenVPN - Irfaan Coonjah, Pierre Clarel Cather-	
		ine, K.M.S Soyjaudah — Year: 2015 — Conference Paper —	
		Publisher: IEEE	5
	2.0.5	Internet of Things Security - Multilayered Method For End to	
		End Data Communications - Craig Lee, Andrea Fumagalli —	
		Year: 2019 — Conference Paper — Publisher: IEEE	6
	2.0.6	IEE Colloquium on 'RISC Architectures and Applications'	
		(Digest No.163) — Year: 1991 — Conference Paper —	
		Publisher: IET	6
3	Implement	ation	7
	3.1 Tools		7
	3.2 Descri	iption	7
4	Results		10
	4.0.1	Testing Results	10
5	Conclusion		15
Re	eferences		16

#### **List of Figures**

3.1	VPN Classification	8
3.2	TCP vs UDP	9
3.3	DNS Sinkhole	9
4.1	tcpdump Output without defenses	11
4.2	iftop Output without defenses	12
4.3	TCP vs. UDP	12
4.4	tcpdump Output with defenses	13
4.5	iftop Output with defenses	14

#### **List of Tables**

3.1	Tools Used																																7
J.1	10015 0500	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	

#### Introduction

As the Internet of Things (IoT) continues to grow, ARM-based devices have become integral components of the connected ecosystem, serving diverse applications ranging from smart homes to industrial automation. However, this proliferation of ARM devices has also exposed a widening attack surface, making network security a paramount concern. Cybercriminals can compromise a large number of IoT devices and create botnets. These botnets can be used to launch distributed denial of service (DDoS) attacks, overwhelm online services, and disrupt the internet. Smart Home devices like assistants, cameras, appliances, etc. often collect sensitive data, such as audio and video feeds, and user preferences. Unauthorized access to this data can lead to privacy breaches. Some IoT devices, like connected cars or medical devices, have physical safety implications. If these devices are compromised, they can endanger lives and property.

#### 1.1 Problems

#### 1.1.1 Confidential Data

Hackers have the power to launch assaults and enter thousands or millions of unprotected connected devices, destroying infrastructure, taking down networks, or accessing confidential data.

#### 1.1.2 Botnet Formation

Cybercriminals can compromise a large number of IoT devices and create botnets. These botnets can be used to launch distributed denial of service (DDoS) attacks, overwhelm online services, and disrupt the internet. One of the worst DDoS attack was executed with thee use of the Mirai Botnet. After becoming infected with the Mirai malware, computer continuously search the web for susceptible IoT devices before infecting them with malware by logging in using well know default usernames and passwords.

#### 1.1.3 Privacy Breach

Smart Home devices like assistants, cameras, appliances, etc. often collect sensitive data, such as audio and video feeds, and user preferences. Unauthorized access to this data can lead to privacy breaches. Verkada, a cloud-based video surveillance service, was hacked in March 2021. The attackers could access private information belonging to Verkada software clients and access live feeds of over 150,000 cameras mounted in factories, hospitals, schools, prisons, and other sites using legitimate admin account credentials found on the internet. Over 100 employees were later found to have "super admin" privileges, enabling them access to thousands of customer cameras, revealing the risks associated with over privileged users.

#### **1.1.4** Fatal Implications

Some IoT devices, like connected cars or medical devices, have physical safety implications. If these devices are compromised, they can endanger lives and property. This is one of the most severe implications of a network attack on IoT devices as it could ultimately lead to loss of life. In July 2015, a group of researchers tested the security of the Jeep SUV. They managed to take control of the vehicle via the Sprint cellular network by taking advantage of a firmware update vulnerability. They could then control the vehicle's speed and even steer it off the road.

#### 1.2 Prevention Methodology

#### 1.2.1 DNS Sinkholes

DNS sinkhole or black hole DNS is used to spoof DNS servers to prevent resolving hostnames of specified URLs. This can be achieved by configuring the DNS forwarder to return a false IP address to a specific URL. DNS sinkholing can be used to prevent access to malicious URLs at an enterprise level. The malicious URLs can be blocked by adding a false entry in the DNS and thus there will be a second level of protection. Normally firewalls and proxies are used to block malicious traffic across the organization.

#### 1.2.2 Virtual Private Network

A virtual private network (VPN) is a mechanism for creating a secure connection between a computing device and a computer network, or between two networks, using an insecure communication medium such as the public internet. A VPN can extend access to a private network to users who do not have direct access to it. A VPN is established by creating a virtual point to point connection through the use of tunneling protocols over existing networks.

#### **Literature Review**

The objective of this review is to provide a comprehensive overview of existing research, methodologies, and best practices concerning the security implications associated with ARM-based IoT devices.

### 2.0.1 Autonomous NAT Traversal - A. Muller, N. Evans, C. Grothoff,S. Kamkar — Year: 2010 — Conference Paper — Publisher:IEEE

Traditional NAT traversal methods require the help of a third party for signalling. This paper investigates a new autonomous method for establishing connections to peers behind NAT. The proposed method for autonomous NAT traversal uses fake ICMP messages to initially contact the NATed peer. This paper presents how the method is supposed to work in theory, discusses some possible variations, introduces various concrete implementations of the proposed approach and evaluates empirical results of a measurement study designed to evaluate the efficacy of the idea in practice.

### 2.0.2 Evaluating the Vulnerability of Network Traffic Using Joint Security and Routing Analysis - Patrick Tague, David Slater, Jason Rogers, Radha Poovendra

Joint analysis of security and routing protocols in wireless networks reveals vulnerabilities of secure network traffic that remain undetected when security and routing protocols are analyzed independently. This paper formulates a class of continuous metrics to evaluate the vulnerability of network traffic as a function of security and routing protocols used in wireless networks.

## 2.0.3 DNS Amplification and DNS Tunneling Attacks Simulation, Detection and Mitigation Approaches - Sanjay, Balaji Rajendra, Pushparaj Shetty D — Year: 2020 — Conference Paper — Publisher: IEEE

DNS is a critical infrastructure service of the Internet that translates hostnames to network IP addresses and vice versa. The criticality of DNS can be evidenced by the fact that all most all organizations and enterprises do not block DNS traffic, as it would eventually stop access to the Internet. As a result, attackers have been exploiting the DNS infrastructure and using it as a launchpad for carrying out various attacks e.g. DoS /DDoS , DNS reflection and amplification, DNS tunneling, NXDOMAIN attack, and DNS hijacking, etc. During the historic implementation of DNS protocol, its security was not considered which lead to the exploitation of various vulnerabilities in the DNS infrastructure. This paper brings out the technicalities behind DNS amplification and DNS tunneling attacks and presents a number of countermeasures and mitigation techniques to protect against these attacks and the DNS Infrastructure.

## 2.0.4 Experimental performance comparison between TCP vs UDP tunnel using OpenVPN - Irfaan Coonjah, Pierre Clarel Catherine, K.M.S Soyjaudah — Year: 2015 — Conference Paper — Publisher: IEEE

The comparison between TCP and UDP tunnels have not been sufficiently reported in the scientific literature. In this work, they use OpenVPN as a platform to demonstrate the performance between TCP/UDP. The de facto belief has been that TCP tunnel provides a permanent tunnel and therefore ensures a reliable transfer of data between two end points. However the effects of transmitting TCP within a UDP tunnel has been explored and could provide a valuable attempt. The results provided in this paper demonstrates that indeed TCP in UDP tunnel provides better latency. Throughout this paper, a series of tests have been performed, UDP traffic was sent inside UDP tunnel

and TCP tunnel successively. The same tests was performed using TCP traffic.

2.0.5 Internet of Things Security - Multilayered Method For End to End Data Communications - Craig Lee, Andrea Fumagalli
 Year: 2019 — Conference Paper — Publisher: IEEE

The aim of this paper is to put forth a multilayered method for securing data transport from a cellular connected Internet of Things device to a host through a cellular network. This method employs many interlocking security elements – described in this paper – that when implemented in their totality provide a highly secure connectivity solution.

2.0.6 IEE Colloquium on 'RISC Architectures and Applications'
(Digest No.163) — Year: 1991 — Conference Paper —

**Publisher: IET** 

#### **Implementation**

#### 3.1 Tools

Table 3.1: Tools Used

Sl. No	Item	Description
1	Laptop	Laptop running an x86-64 Operating System
2	Arch Linux	Linux Distro used for the laptop
3	Raspberry Pi 0-2	Single Board Computer used for implementing defensive measures
4	Raspberry Pi OS	Debian Based Linux Distro used for Raspberry Pi 0-2
5	CLi Network Tools	Tools like dnsmasq, iftop, nmap, tcpdump, etc.
6	Pi-Hole	DNS Sinkhole for network wide network defense
7	ProtonVPN	VPN Service Provider
8	Browser Extensions	Extensions for always use HTTPs and disabling Javascript

#### 3.2 Description

User friendly sinkholes like Pi-Hole that can run off of a cheap Raspberry Pi 0 running the ARMhf architecture can be used to block access to malicious websites and IPs. Tools used to evaluate this hyopthesis were a laptop computer running a barebones Linux Distro based on Arch Linux and CLi tools such as nmap, iftop, dnsmasq and tcpdump among many others as well as a single board computer Raspberry Pi 0-2 running a Debian based Raspberry Pi OS. Connections from the computer to the internet were routed through the SBC which was configured to block malicious IP addresses and websites. The SBC also acted as a VPN that would mask the orignal IP address of the computer. Another VPN connection was also used to mask user IP

address using a public VPN service provider. Other implementations were also put into place like force usage of TCP(Transmission Control Protocol) instead of UDP(User Datagram Protocol) to check whether or not the data packets received during data transfer were mangled or not as one of the most common Denial-Of-Service attacks on an ARM device is achieved by rapidly sending malformed data packets to the target computers which can be as simple as just sending data packets with incorrect headers which can lead to an ARM device crashing because it cannot process such large amount of malformed data as it can only process a reduced instruction set and doesn't support CPU parallelism i.e. it cannot pipeline tasks. Usage of browser extensions were also present to force websites to use an HTTPs(Hypertext Transfer Protocol Secure) connection instead of HTTP and force disable the use of javascript while using some suspicious websites. Testing was done on both private and public networks.

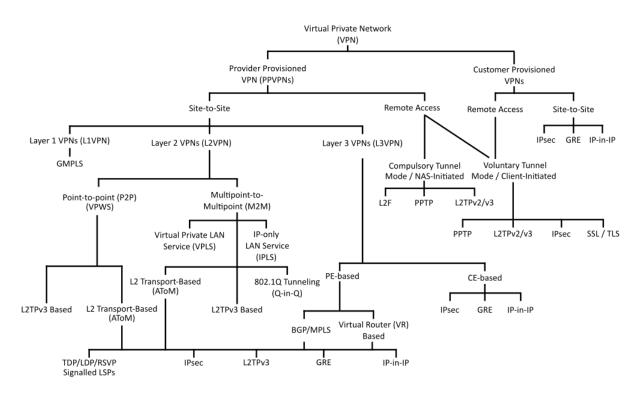


Figure 3.1: VPN Classification

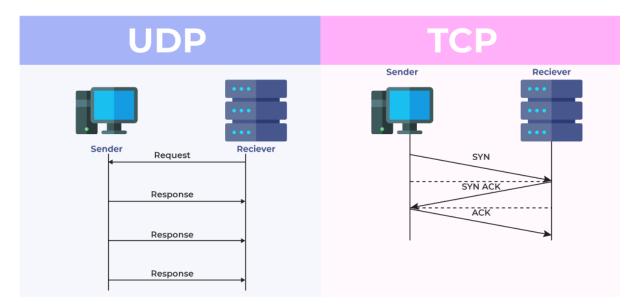


Figure 3.2: TCP vs UDP

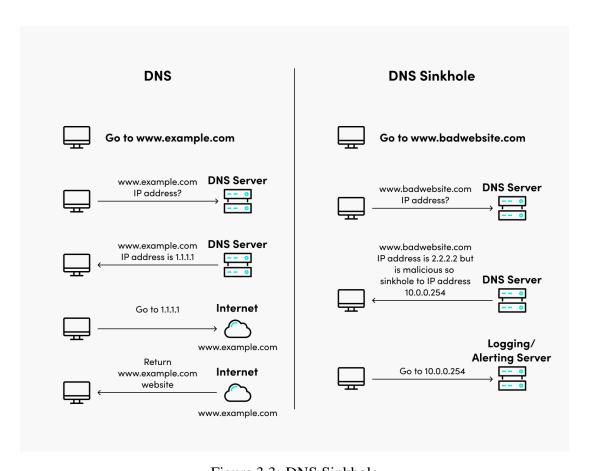


Figure 3.3: DNS Sinkhole

#### **Results**

Intensive testing by trial and error of network security implementations with different software applications working individually or in tandem shows positive results which means that the defenses put into place were successful at resisting network attacks up to a certain extent.

#### 4.0.1 Testing Results

```
[lycinthus@cynthesizer ~]$ sudo tcpdump -0 90 -c 24
tcpdump: verbose output suppressed, use ~v[v]... for full protocol decode
listening on wland, link-type ENIBMB (Ethernet), snapshot length 262144 bytes
85:33:01.775866 IP6 cynthesizer > _gateway: ICMP6, neighbor solicitation, who has _gateway, length 32
85:33:01.775866 IP6 cynthesizer.42046 > g2600-140f-6800-0000-8000-0000-1707-0758.deploy.static.akamaitechnologies.co
minttps: [lags .], ack 3879180683, win 501, options [nop, nop, Ts val 3820015683 ecr 22545177], length 0
85:33:36.90319 IP6 _gateway > cynthesizer: ICMP6, neighbor solicitation, who has cynthesizer, length 32
85:33:36.90319 IP6 _gateway > cynthesizer: ICMP6, neighbor solicitation, who has cynthesizer, length 32
85:33:36.90319 IP6 _gateway > cynthesizer: ICMP6, neighbor solicitation, who has cynthesizer, length 32
85:33:36.90384 IP6 cynthesizer - 42225 _gateway.downario: 3220255541e - 322525541e - 322
```

Figure 4.1: tcpdump Output without defenses

			- : sudo ifto	p — Konsole			• • 1
	195Kb		391Kb	586Kb	781Kb		977Kb
[cynthesizer]:48058			=> [bom07s10-	in-x03.1e100.net]:www-http	0b	58b	188b
F			<= . [h07-40 -	4-400+3 b++-	0b	58b	245b
[cynthesizer]:48074			=> [bom07s10- <=	in-x03.1e100.net]:www-http	0b 0b	58b 58b	188b 245b
[cynthesizer]:36736				in-x03.1e100.net]:www-http	0b	58b	157b
2 ,			<=		0b	58b	212b
[cynthesizer]:36738			=> [bom07s10-	in-x03.1e100.net]:www-http	0b	58b	157b
			<=		0b	58b	212b
[cynthesizer]:46814				in-x03.1e100.net]:www-http	0b	58b	157b
[cynthesizer]:36730			<= -> [bom@7s1@	in-x03.1e100.net]:www-http	0b 288b	58b 58b	212b 58b
[cynthestzer]:30730			=> [DOM07310-	tii-xos.ieioo.netj.www-nttp	288b	58b	58b
[cynthesizer]:48006				in-x03.1e100.net]:www-http	288b	58b	58b
- 7			<=		288b	58b	58b
[cynthesizer]:48022			=> [bom07s10-	in-x03.1e100.net]:www-http	0b	58b	58b
			<=		0b	58b	58b
[cynthesizer]:53994				f-6800-0000-0000-0000-17:ww		58b	58b
[cynthesizer]:54006			<= -> [a2600 140:	f-6800-0000-0000-0000-17:ww	0b w-http 0b	58b 58b	58b 58b
[Cylithes tzer ]: 34000			=> [g2000-140	1-0800-0000-0000-0000-17.ww	w-nrcp 0b	58b	58b
cynthesizer:45356			=> 152.195.38	.76:www-http	0b	42b	42b
-,			<=		0b	42b	42b
cynthesizer:45358			=> 152.195.38	.76:www-http	0b	42b	42b
			<=		0b	42b	42b
192.168.4.255:57621			=> _gateway:5	7621	0b	0b	0b
5 11 1 3 25222			<=		0b	54b	27b
[cynthesizer]:35228			=> [bom0/s30-1	in-x0e.1e100.net]:https	0b 0b	0b 0b	1.48Kb 19.9Kb
[cynthesizer]:60172				in-x03.1e100.net]:https	0b	0b	555b
[cynthesteen].dd1/2			<=	x05.1c100cc]ccp3	0b	0b	18.9Kb
[cynthesizer]:46154			=> [bom12s05-	in-x0a.1e100.net]:https	0b	0b	1.07Kb
			<=		0b	0b	8.44Kb
[cynthesizer]:55630				in-x04.1e100.net]:https	0b	0b	838b
			<=		0b	0b	5.26Kb
[cynthesizer]:36036			=> [bom12s12-	in-x04.1e100.net]:https	0b 0b	0b 0b	1.01Kb 2.70Kb
[cynthesizer]:60285				in-x0a.1e100.net]:https	0b	0b	1.11Kb
[cynthestzer]:00205			=> [DOM12303-	th-xou.leloo.het]:https	0b	0b	2.29Kb
[cynthesizer]:41986				in-x0d.1e100.net]:https	0b	0b	266b
- 7			<=		0b	0b	3.00Kb
cynthesizer:48866			=> dfw28s26-i	n-f9.1e100.net:https	0b	0b	565b
			<=		0b	0b	1.38Kb
cynthesizer:39942				n-f10.1e100.net:https	0b	0b	362b
cynthesizer:48868			<= -> dfw28c26_ii	n-f9.1e100.net:https	0b 0b	0b 0b	1.52Kb 550b
Cylithes tzel : 40000			=> u1w26520-ti	1-19.1e100.net.nttps	0b	0b	1.32Kb
cynthesizer:48858				n-f9.1e100.net:https	0b	0b	550b
-,			<=		0b	0b	1.31Kb
cynthesizer:48846			=> dfw28s26-i	n-f9.1e100.net:https	0b	0b	542b
			<=		0b	0b	1.31Kb
[cynthesizer]:55642				in-x04.1e100.net]:https	0b	0b	383b
[cynthesizer]:55640			<= -> [hom12s12=	in-x04.1e100.net]:https	0b 0b	0b 0b	1.18Kb 366b
Leynthes tzer J. 33040			=> [DOM12512-	th-x04.1e100.Hetj.Https	0b	0b	1.05Kb
					- 55		
TV	72 260	naalu	or evb		225	GEOP	12 0//
TX: cum:	73.3KB 415KB	peak:	85.6Kb 799Kb		ates: 576b 576b	659b 714b	12.8Kb 76.3Kb
TOTAL:	413KB 489KB		884Kb		1.12Kb		89.1Kb
	105110				1.1210	115 110	051210

Figure 4.2: iftop Output without defenses

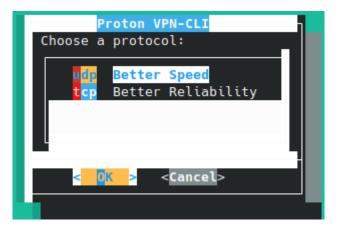


Figure 4.3: TCP vs. UDP

```
~ : bash — Konsole
[lycinthus@cynthesizer ~]$ sudo tcpdump -B 90
[lycinthus@cynthesizer ~]$ sudo tcpdump -B 90
tcpdump: verbose output suppressed, use -v[v]... for full protocol decode
listening on wlan0, link-type EN10MB (Ethernet), snapshot length 262144 bytes
05:28:32.249401 IP _gateway.57621 > 192.168.4.255.57621: UDP, length 40
05:28:42.699219 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [P.], seq 436777224:436777266,
ack 4162086416, win 251, options [nop,nop,TS val 379214631 ecr 575866792], length 42
05:28:42.699273 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [.], ack 42, win 501, options
[nop,nop,TS val 575876826 ecr 379214631], length 0
03:28:42.699383 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [P.], seq 1:43, ack 42, win 50
1, options [nop,nop,TS val 575876826 ecr 379214631], length 42
05:28:43.149272 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [.], ack 188, win 501, options
n 251, options [nop,nop,TS val 379218755 ecr 575879489], length 130
05:28:46.999929 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [.], ack 318, win 501, options [nop,nop,TS val 575881127 ecr 379218755,nop,nop,sack 1 {188:318}], length 0 05:28:55.675952 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [P.], seq 390:432, ack 318, wi
 n 501, options [nop,nop,TS val 575889803 ecr 379218755], length 42
05:28:55.755937 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [P.], seq 318:360, ack 390, wi n 251, options [nop,nop,T5 val 379227705 ecr 575881127], length 42
05:28:55.755938 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [.], ack 360, win 501, options
[nop,nop,T5 val 575889883 ecr 379227705], length 0
05:28:56.217497 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [.], ack 432, win 251, options
[nop,nop,T5 val 379228087 ecr 575889803], length 0
05:29:02.148777 IP _gateway.57621 > 192.168.4.255.57621: UDP, length 40
05:29:05.004494 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [P.], seq 432:474, ack 360, win 501, options [nop,nop,TS val 575899131 ecr 379228087], length 42
05:29:05.328530 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [.], ack 474, win 251, options
(%) 13-23-35 | Prunin-87-249-133-108.datapacket.com.7770 > Cynthesizer.47336: Flags [.], ack 474, win 251, options [nop,nop,TS val 379237230 ecr 575899131], length 0  
05:29:05.328531 | Prunin-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [P.], seq 360:402, ack 474, win 251, options [nop,nop,TS val 379237230 ecr 575899131], length 42  
05:29:05.328624 | Prunin-87-249-133-108.datapacket.com.7770: Flags [.], ack 402, win 501, options
[nop,nop,TS val 575899456 ecr 379237230], length 0
05:29:15.465448 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [P.], seq 402:444, ack 474, wi
n 251, options [nop,nop,15 val 379247240 ecr 5758994.7770 > Cynthesizer.47330. Ftags [F.], seq 492.444, atk 474, wt
n 251, options [nop,nop,15 val 379247240 ecr 5758994.651] length 42
05:29:15.465502 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [.], ack 444, win 501, options
[nop,nop,TS val 575909592 ecr 379247240], length 0
05:29:15.465699 IP cynthesizer.47336 > unn-87-249-133-108.datapacket.com.7770: Flags [P.], seq 474:516, ack 444, wi
n 501, options [nop,nop,TS val 575909593 ecr 379247240], length 42
05:29:15.772367 IP unn-87-249-133-108.datapacket.com.7770 > cynthesizer.47336: Flags [.], ack 516, win 251, options
 [nop,nop,TS val 379247723 ecr 575909593], length 0
05:29:22.423081 IP _gateway.57621 > 192.168.4.255.57621: UDP, length 40
23 packets captured
37 packets received by filter
14 packets dropped by kernel
[lycinthus@cynthesizer ~]$
                            ff02::1
ff02::2
                                                            ip6-allnodes
                                                                                         ip6-localhost
                                                                                                                      localhost
                                                            ip6-allrouters ip6-loopback
[lycinthus@cynthesizer ~]$ sS
```

Figure 4.4: tcpdump Output with defenses

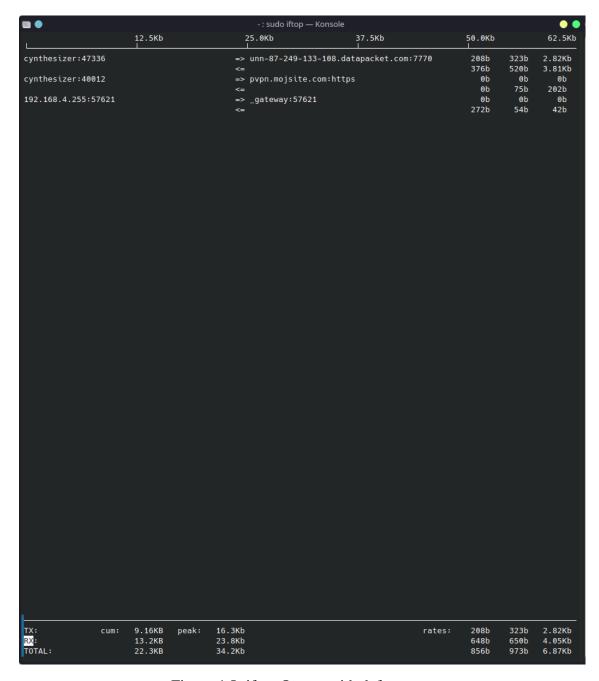


Figure 4.5: iftop Output with defenses

#### **Conclusion**

In conclusion, this paper has explored the crucial nexus of network security and Arm-based Internet of Things (IoT) devices. The challenges of securing resource-constrained Arm devices in the dynamic IoT landscape were examined, emphasizing the need for innovative security measures. The conclusion underscores the importance of collaborative efforts, continuous monitoring, and proactive security strategies to mitigate emerging threats. Looking forward, a commitment to security, information sharing, and adaptive technologies will be essential for fortifying the resilience of our interconnected world amidst the evolving landscape of Arm-based IoT devices.

#### References

- [1] A. Muller, N. Evans, C. Grothoff, S. Kamkar, et al., *Autonomous NAT Traversal*, 2010 *IEEE Conference Paper*
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