


Scroll, Pause & Reflect

Analyzing Time Management & Mood

on **INSTAGRAM**

happy

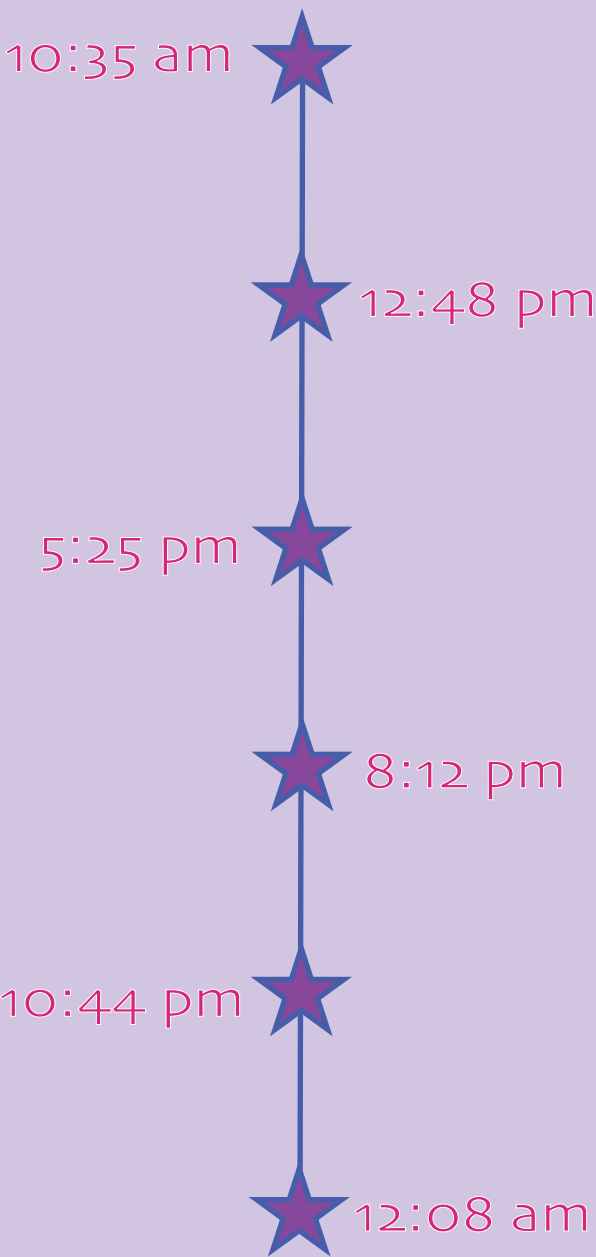
okay

sad



total hours spent: 4.5 hours

INSTAGRAM time



INSTAGRAM content ★

beauty.....	39%	life.....	13%
sports.....	4%	funny.....	16%
news.....	4%	food.....	24%

