



Loud music can be dangerous

Loud music or noise can still cause injury to someone who is deaf or hard of hearing.

Even though children who are D/HH need sound to be louder to hear it clearly, Audiologists treat the risk of hearing damage from loud noise the same in children with or without hearing loss.

When listening to music using headphones, it is still essential to stay within safe levels. These levels can be monitored using various apps on a smartphone. Airpods can be checked using the health app on an iPhone. Volume limits can also be set on various devices. There are even some headphones that can be tailored to your child's specific hearing capabilities. This is especially helpful for children who have asymmetrical hearing loss. Check out the Hearing Australia link above to "Tips for safe listening using headphones or earbuds" and their fact sheet - "Protect the sounds you love".

