

**Lunch**  
**A Buffet Lunch will be provided**  
  
**Please note any food allergies.**

**REQUIRED TO COMPLETE REGISTRATION:**  
**Please indicate, by check mark, that you have reviewed the conference policies:**

☐ **Family Caregivers:** I acknowledge this is a free conference and I am reserving a space. I will let the Alzheimer's Association know as soon as possible if I am unable to attend so someone else may go in my place.

☐ **Professionals:** I acknowledge no refunds will be provided.

☐ I give permission for the Alzheimer's Association to use photos taken at the conference for promotion of future conferences.

☐ I give permission for the Alzheimer's Association to contact me for future events and activities.

☐ The Alzheimer's Association, Western and Central Washington State Chapter, accepts no liability for injuries or losses incurred by participants and accompanying persons, or for any claims that may result from the use of information, techniques, products, and services discussed. Nor does the Chapter express or imply endorsement of sponsors, exhibitors, or faculty.

**ADA Accommodation**  
**Do you require ADA accommodation to attend?**

**Three Ways to Register**

**Mail:**  
  
Alzheimer's Association  
Skagit County Community Dementia Conference  
North Tower  
100 W. Harrison St. Suite N200  
Seattle, WA 98119  
  
**Phone:** 206-529-3894  
  
**Online:** [Alzwa.org/cms/sccdc](http://Alzwa.org/cms/sccdc)  
  
Questions: email [SkagitDementiaConf@alzwa.org](mailto:SkagitDementiaConf@alzwa.org)  
or call 206-529-3894

**Thank you to our  
Conference Underwriter**

**The Skagit Community  
Foundation**  
**From the:**  
**George B. and Ruth Elizabeth  
Ferguson Foundation Advised Fund**

**Questions?**  
**[www.alzwa.org](http://www.alzwa.org)**  
**email [SkagitDementiaConf@alzwa.org](mailto:SkagitDementiaConf@alzwa.org) or**  
**call 206-529-3894**

**Skagit County - Community Dementia Conference**  
*For Professionals & Family Caregivers*  
**November 7, 2013 | Burlington, WA**



alzheimer's  association®

**The Skagit County Community Dementia Conference is designed to provide tools and encouragement to both family caregivers and professionals caring for people impacted by dementia.**

**Each attendee will be able to attend a total of 4 sessions: opening and closing general sessions for everyone and two sessions specific to family caregivers or two sessions specific to professionals.**

The Skagit Community Foundation has provided a grant enabling us to bring this conference to Skagit County and to provide the conference free of charge to Family Caregivers caring for loved ones with dementia.

**Family Caregivers caring for loved ones with dementia: Free**

**Professional Fee: \$50.00**

5 Continuing Education Credits (CE's) provided for attending 4 sessions

Contact Information:  
Phone: 206-529-3894 FAX: 206-363-5700  
email [SkagitDementiaConf@alzwa.org](mailto:SkagitDementiaConf@alzwa.org)  
[alzwa.org](http://alzwa.org)

Opening General Session

The Power of Music  
Barbara Dunn, PhD, LICSW, MT-BC

This multisensory session will explore how music can be used to address a variety of challenges faced by people living with dementia, their families and caregivers. It will look at situations both in the home and in facilities, from behavioral challenges to caregiver stress. The profession of music therapy will also be highlighted, along with related research. **Come prepared to be inspired by the power of music!**

Closing General Session

Maintain Your Brain: Practical Strategies  
Rebecca Logsdon, PhD  
Clinical Psychologist, Research Professor UW School of Nursing

Dr. Logsdon will discuss changes that occur in memory and thinking as we age. Learn the role that activity, lifestyle, exercise, social interaction, humor, aging and more have on your brain and learn strategies for yourself and those you care for.

Professional  
Track Session Descriptions

**Session 1**  
**Understanding Dementia for the Professional**  
Joanne Maher, MSW | Director of Programs and Service, Alzheimer’s Association  
What is dementia ? How does it affect people? Learn the types of dementia and how they impact individuals. Come away with an understanding of the progress of the disease and how to help those with dementia.

**Session 2**  
**Understanding and Responding to Dementia-related Behaviors for the Professional**  
Michael Bower, BA, ACC | Education Coordinator Alzheimer’s Association  
This workshop will provide an approach for uncovering the meaning of dementia related behaviors and practical tools for responding in ways that can decrease distress and enhance quality of life as they relate to professionals.

Family Caregiver  
Track Session Descriptions

**Session 1**  
**Understanding and Responding to Dementia-related Behaviors for the Family Caregiver.**  
Michael Bower, BA, ACC | Education Coordinator, Alzheimer’s Association  
This workshop will provide an approach for uncovering the meaning of dementia related behaviors and practical tools for responding in ways that can decrease distress and enhance quality of life as they relate to Family Caregivers.

**Session 2**  
**Resources for the Caregiver Journey**  
Janet Ceballos, MSW | Social Services Manager, Alzheimer’s Association  
Caregivers face tests of stamina, problem solving, and resiliency. This session will provide Encouragement, practical tips and tools to help you on the caregiver journey. Learn about community and online resources.

Schedule

8:30 AM-9:00 AM	Registration, Resource Tables, Morning Snacks	12:00 AM-12:45 PM	Lunch, Networking, Resource Tables
9:00 AM-9:15 AM	Welcome	12:45 PM-2:00 PM	Breakout Sessions
9:15 AM-10:30 AM	Opening Keynote	2:00 PM-2:15 PM	Break, Resource Tables
10:30 AM-10:45 AM	Break, Resource Tables	2:15 PM-3:30 PM	Closing Keynote
10:45 AM-12:00 Noon	Breakout Sessions	3:30 PM-3:45 PM	Wrap Up & Closing Remarks

4 Ways to Register: Online, fax, mail or phone

**REGISTER ONLINE** at [Alzwa.org/cms/sccdc/](http://Alzwa.org/cms/sccdc/) or  
Complete BOTH sides of the following form and return to our office via mail or fax by Nov. 4, 2013 or  
Call: 206-529-3894

Demographic Information: Please print

Name: \_\_\_\_\_

Badge First Name: \_\_\_\_\_ Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

The Skagit Community Foundation has provided a grant enabling us to bring this conference to Skagit County and to provide the conference free of charge to Family Caregivers caring for loved ones with dementia.

- Fees:**
- ☐ I attest I am a family caregiver | Free
- ☐ I am a Professional | \$50 fee

**Payment:** \_\_\_ Check                      **Credit Card:** \_\_\_VISA \_\_\_MasterCard \_\_\_AMEX

Name on card \_\_\_\_\_

☐ Same as address above (If yes, no need to complete again)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Card # \_\_\_\_\_

Expires (mo/yr) \_\_\_\_\_ VIN# (last 3 digits on back of card) \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_

**Emergency Phone:** \_\_\_\_\_

**Online:** [Alzwa.org/cms/sccdc/](http://Alzwa.org/cms/sccdc/)    **Phone:** 206-529-3894                      **Fax:** 206-363-5700

**Mail:**                      **Alzheimer’s Association**  
**Skagit County Community Dementia Conference**  
**North Tower**  
**100 W. Harrison St. Suite N200**  
**Seattle, WA 98119**

**PLEASE COMPLETE REGISTRATION ON OTHER SIDE**

