

Self-Analysis

If you agree with the statement write 1 & if you disagree write 0 in the box

Greed Questions:

- | | |
|--|--------------------------|
| 1. I trade too much to make more money. | <input type="checkbox"/> |
| 2. I feel uneasy or anxious when I'm not trading. | <input type="checkbox"/> |
| 3. I invest more money than I can afford to lose. | <input type="checkbox"/> |
| 4. I often think about making quick, large profits. | <input type="checkbox"/> |
| 5. I see other traders' successes. | <input type="checkbox"/> |
| 6. I skip risk management to try for higher gains. | <input type="checkbox"/> |
| 7. I look for tips to make big profits. | <input type="checkbox"/> |
| 8. I sometimes feel overconfident in my trading skills. | <input type="checkbox"/> |
| 9. I get upset when I make reasonable profits. | <input type="checkbox"/> |
| 10. I borrow money to trade. | <input type="checkbox"/> |
| 11. I feel a sense of urgency to trade fearing I'll miss out. | <input type="checkbox"/> |
| 12. I justify risky trades with logic. | <input type="checkbox"/> |
| 13. I often regret not making more profit, even after a good trade. | <input type="checkbox"/> |
| 14. I ignore my trading plan to follow market news. | <input type="checkbox"/> |
| 15. I hesitate to set stop-loss orders, thinking the price will come back. | <input type="checkbox"/> |

TOTAL :

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FEAR Questions:

- | | |
|--|--------------------------|
| 1. I often hesitate to make a trade, even if it fits my plan. | <input type="checkbox"/> |
| 2. I am worried about losing money. | <input type="checkbox"/> |
| 3. I sell my positions too quickly because I think the stock will go down. | <input type="checkbox"/> |
| 4. I get stressed because of my trading. | <input type="checkbox"/> |
| 5. I am too influenced by news and market rumors. | <input type="checkbox"/> |
| 6. I frequently regret my trading decisions. | <input type="checkbox"/> |
| 7. I often feel stuck or unsure about making trades. | <input type="checkbox"/> |
| 8. I keep too much cash uninvested because I'm scared. | <input type="checkbox"/> |
| 9. I avoid taking calculated risks that are part of my plan. | <input type="checkbox"/> |
| 10. I am overly worried about market changes. | <input type="checkbox"/> |
| 11. I expect not to lose money. | <input type="checkbox"/> |
| 12. I always looking for reassurance about my trades. | <input type="checkbox"/> |
| 13. I am too conservative in my trading. | <input type="checkbox"/> |
| 14. I feel relief after closing a trade. | <input type="checkbox"/> |
| 15. I am scared to change my trading approach, even if i's not working. | <input type="checkbox"/> |

TOTAL :

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Stock Selection Questions:

1. I do not consider the stock's sector performance in my analysis.
2. I select stock as per News.
3. I do not consider the stock's trend before buying.
4. I invest in stocks without exit plan in advance.
5. I don't have a consistent method to evaluate and compare stocks.

TOTAL :

Entry Questions:

1. I am skipping technical analysis or other entry signals in my decisions?
2. I am often entering trades during market hours without pre-market research?
3. I second-guess my entry decisions frequently.
4. I do over-trading & make trades impulsively?
5. I rely too much on gut feelings instead of data.
6. I enter trades with profit expectations.

TOTAL :

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Stoploss Questions:

1. I ignore the risk-to-reward ratio when setting stop losses.
2. I struggle with the emotions of letting a stop loss trigger.
3. I forget to update my stop losses.
4. My stop losses seem to get hit more often than expected.
5. I avoid setting stop losses because I'm afraid of losing money.
6. I neglect to review and update my stop loss strategy regularly.

TOTAL :

Target Questions:

1. I miss out on profits by not setting or adjusting targets correctly.
2. I lack a clear method for changing targets in a volatile market.
3. Do I often regret not setting higher targets after the fact?
4. I am too focused on short-term gains instead of long-term growth.
5. I am influenced by emotions rather than data when setting targets.
6. I often change my targets based on market rumors or tips.

TOTAL :