



Hair Care Tips

1

Shampoo: Color-safe shampoo (sulfate-free).

2

Conditioner: Lightweight formulas with keratin

3

Scalp Treatment: Massage scalp with castor or rosemary oil 2x a week.

4

Mask: Deep conditioning mask twice a month.

5

Avoid: Frequent heat styling and harsh shampoos.



Routine for Colored or Chemically Treated Hair