



FIT MINNDS

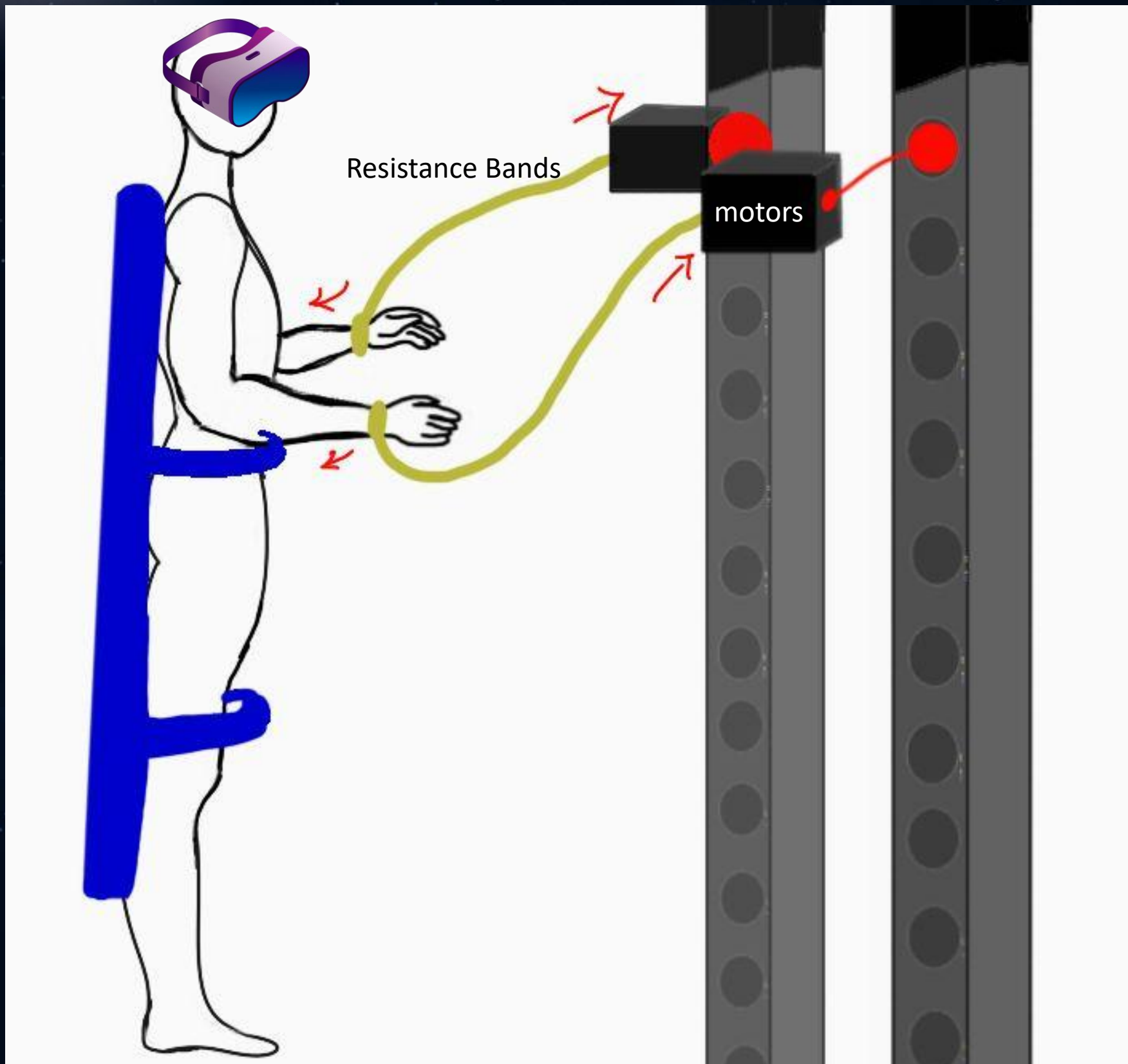
Why training bodies ?

Physical & Mental Health

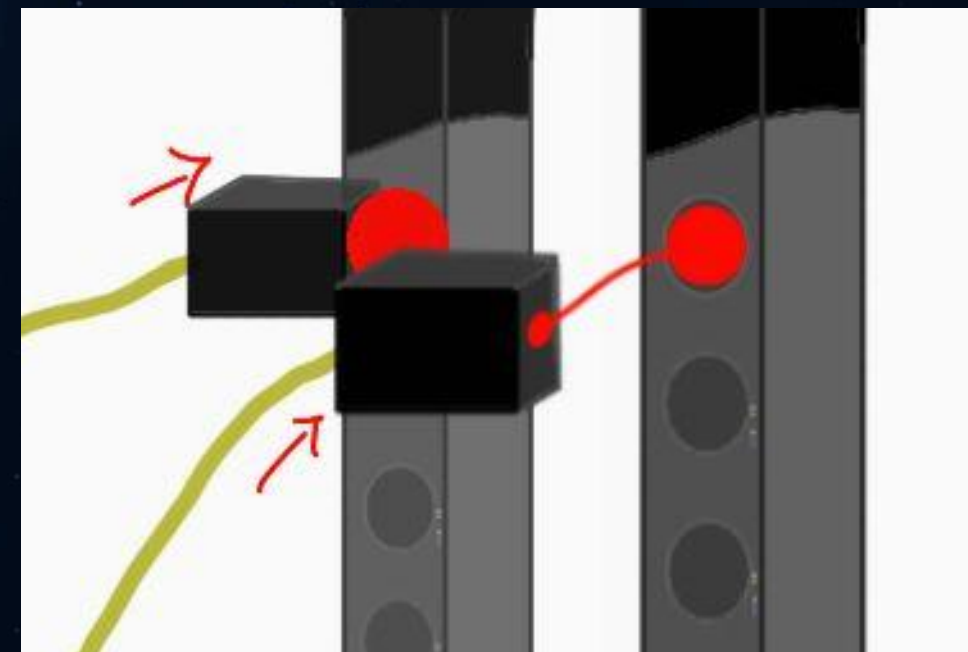


Astronauts lose up to 20% of muscle mass in just 2 weeks.

solution



Resistance



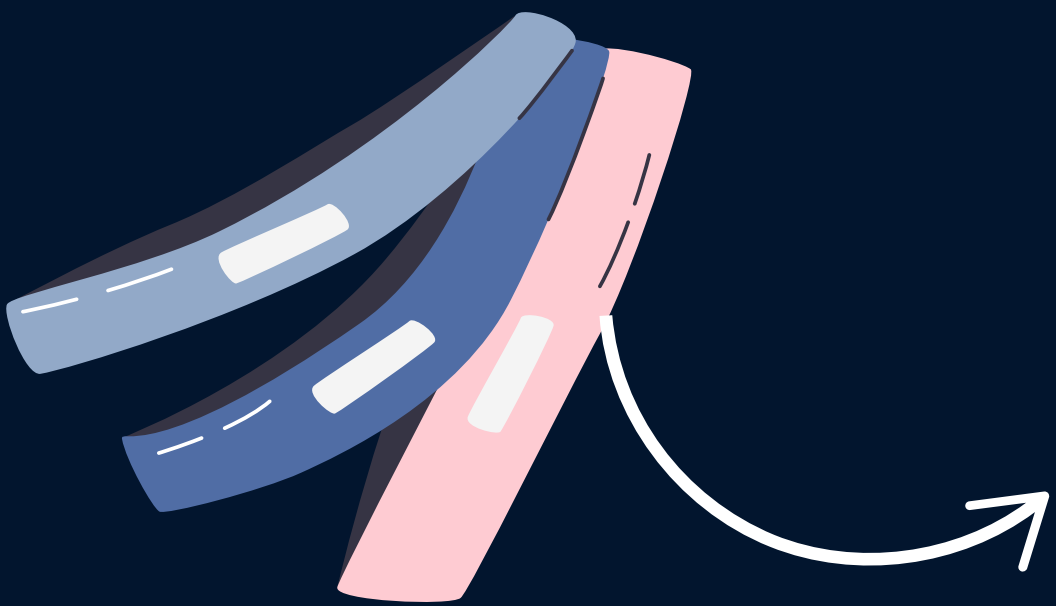
VR



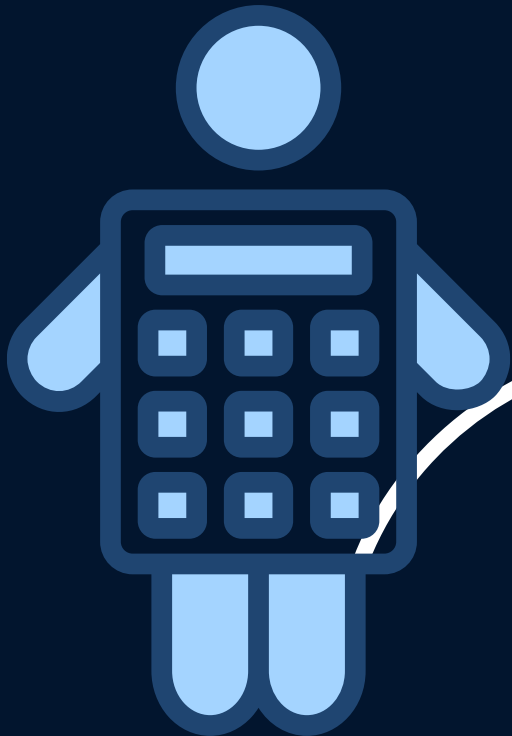
Example Exercises



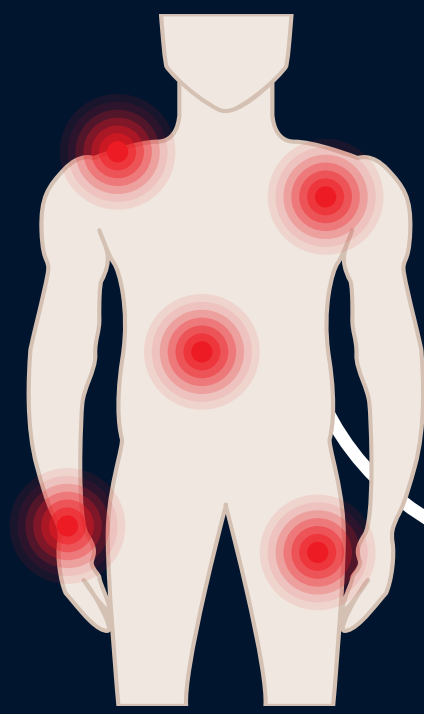
Connect Bands



Calculate (InBody)



Scan Body Joints & Muscles Using AI



Choose Exercises



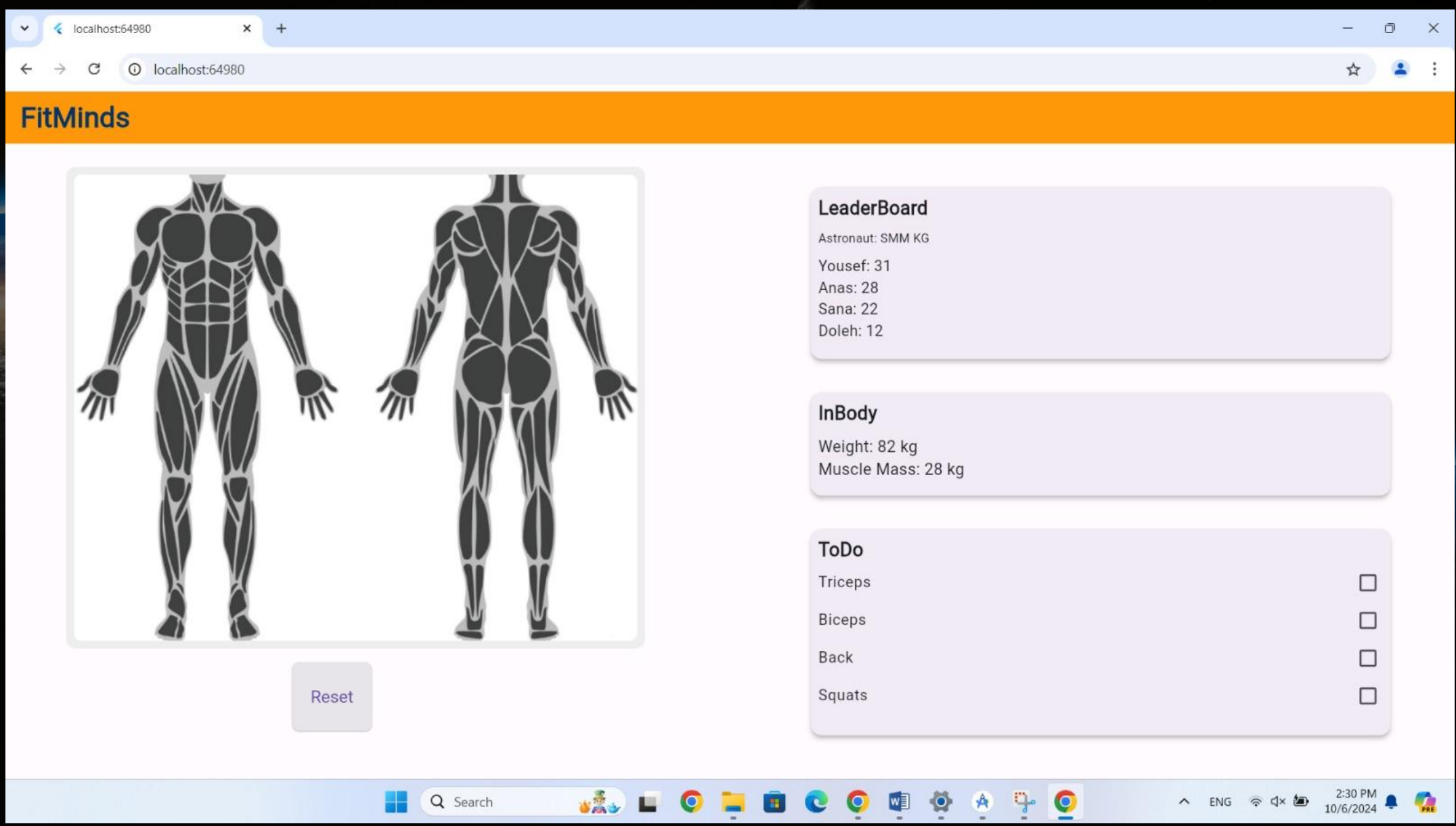
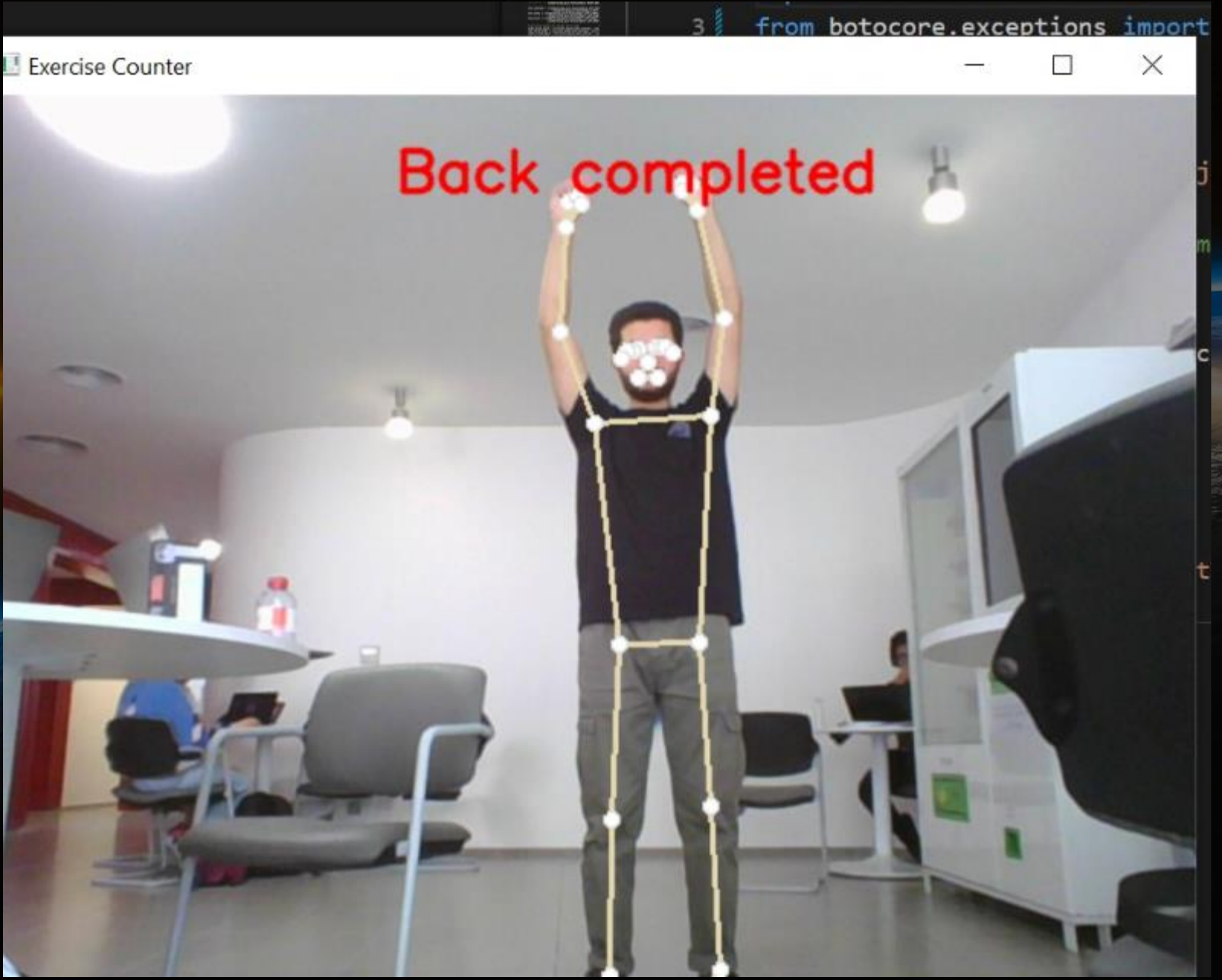
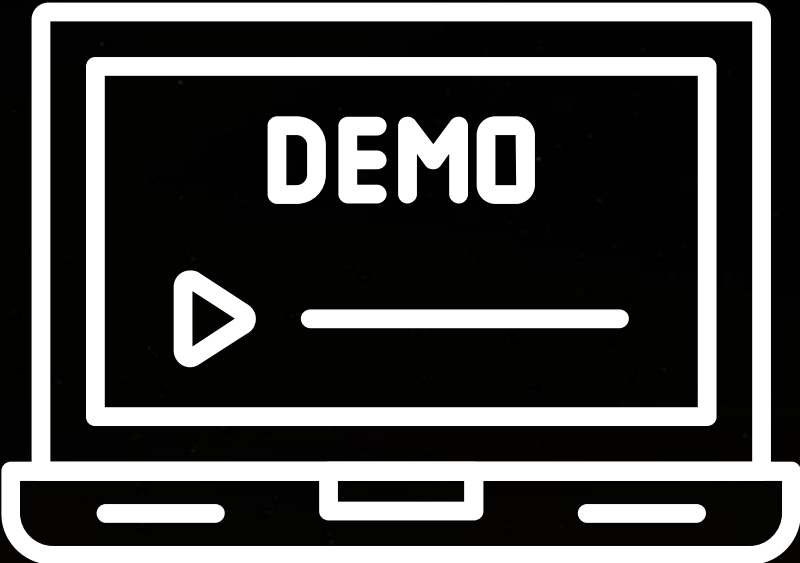
Real-Time Updates on Screen



Store Data on cloud



Track & Count
Reps per Muscle



A wide-angle view of Earth from space. The Earth's horizon is visible, showing a thin blue atmosphere and dark blue oceans with some white clouds. On the left, a bright sun is partially visible, creating a strong lens flare and illuminating the scene. On the right, a crescent moon is visible in the blackness of space. The text "Thank You" is centered over the Earth's horizon.

Thank You