

# World-Record Progress in Track Events

## Potentially Novel Means to Detect Doping

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- doping is dangerous and causes health problems
- competition is vital to human endeavor



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- Insulin - increases glucose storage and bio-availability
- hGH - oh to be young again!!!



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Transition between anaerobic and aerobic respiration occurs at about 15 – 30s





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  - establishes permissible limits and tracks athlete's blood values and tests over time to detect malfeasance



