

# SMART QUESTION?

HOW TO APPLY ON DAILY BASSIC

# WHAT IS SMART QUESTION ?

• A smart question is a thoughtful, well-crafted inquiry that prompts meaningful conversations and solutions.

#### • The S.M.A.R.T. Formula:

- S: Specific Targets a precise aspect of a topic.
- ❖ M: Measurable Defines a clear outcome or impact.
- ❖ A: Attainable Achievable within the scope of the inquiry.
- R: Relevant Connects directly to the message and audience.
- T: Time-bound Has a timeframe for the answer.



## BENEFITS OF SMART QUESTIONS

- Boosts creativity and innovation.
- Leads to deeper understanding and problem-solving.
- Encourages active participation and engagement.
- Builds stronger relationships and collaboration.

## **EXAMPLE**

- Instead of: "What are the benefits of renewable energy?"
- Ask: "By 2025, how can we increase solar energy use in our city by 20%, reducing our carbon footprint by 10%?"
- Instead of: "How can we improve teamwork?"
- **Ask:** "What specific communication strategies can we implement within the next quarter to improve collaboration on project X, leading to a 15% increase in efficiency?"

=> Don't just ask about possibilities, define your target and ignite action!

## HOW TO APPLY in WORK & DAILY BASIS

### Approach :

**1. Identify your area of focus:** What problem are you trying to solve? What goal are you striving for? be specific, avoid generalities.

#### 2. Set S.M.A.R.T. criteria:

- > **Specific:** Define the precise aspect you want to address. Don't say "improve communication," say "improve team collaboration on project X by 15%."
- > Measurable: Determine how you'll gauge progress. Use numbers, deadlines, or observable outcomes.
- ➤ **Attainable:** Set realistic goals within your capacity and resources. Remember, "stretch goals" are okay, but avoid setting yourself up for failure.
- > Relevant: Ensure the question aligns with your priorities and objectives. Don't waste time on irrelevant inquiries.
- > Time-bound: Establish a timeframe for achieving the desired outcome. Create a sense of urgency and focus.
- **3. Craft your question:** Use the S.M.A.R.T. criteria to formulate a question that guides you towards action. Don't ask "what can I do better?" Ask "what specific skills or resources can I acquire within the next 6 months to achieve X?"
- **4. Take action:** Don't just ask answer! Use the insights gained from your S.M.A.R.T. question to develop a plan, implement solutions, and monitor progress.
- **5. Adapt and iterate:** As you move forward, adjust your questions and strategies based on feedback and results. S.M.A.R.T. questioning is a continuous process, not a one-time effort.

