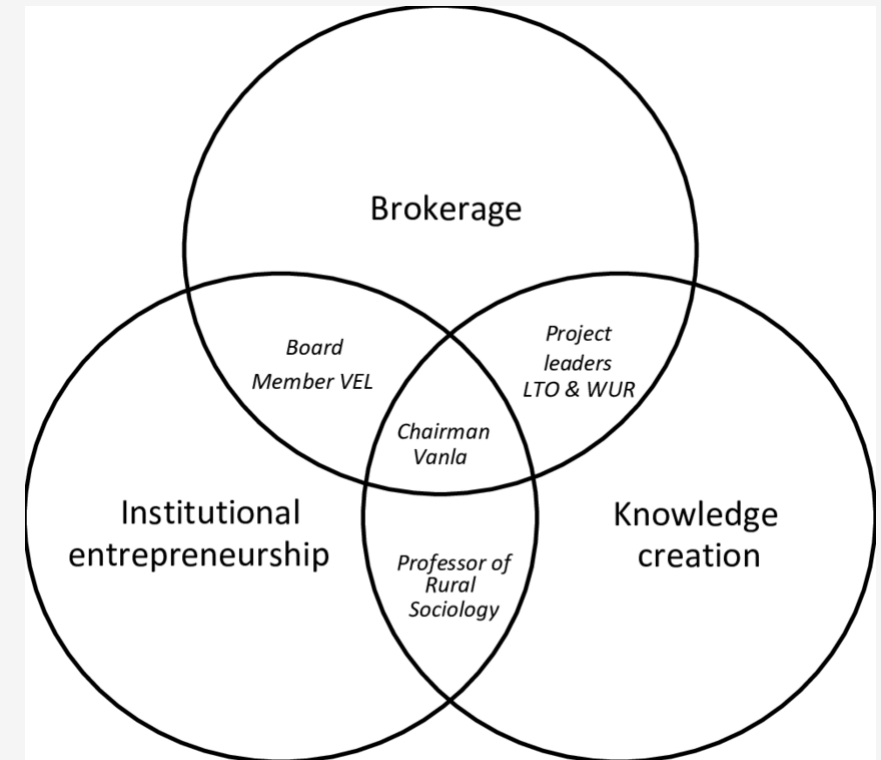




AUTONOMY AT WORK

WHAT IS AUTONOMY

- Autonomy is the freedom to make decisions about your work without being micromanaged.
- It includes the ability to:
 - ❖ Choose your own methods and techniques
 - ❖ Set your own deadlines
 - ❖ Manage your own time
 - ❖ Solve problems independently



THE BENEFIT AT WORK

- **Increased engagement and motivation :**
 - ❖ People who feel autonomous are more likely to be invested in their work and take ownership of their tasks.
- **Improved creativity and innovation :**
 - ❖ Autonomy allows people to experiment and try new things, which can lead to breakthroughs.
- **Enhanced problem-solving skills :**
 - ❖ When people are given the freedom to solve problems on their own, they develop their critical thinking and decision-making skills.
- **Improved people retention**
 - ❖ People who feel valued and trusted are more likely to stay with their company.

HOW TO CREATE AN AUTONOMOUS WORK ENVIRONMENT

- **Set clear goals and expectations**
 - ❖ People need to know what is expected of them, but they should also be given the freedom to decide how to achieve those goals.
- **Provide resources and support**
 - ❖ People need to have the tools and training they need to be successful
- **Communicate openly and frequently**
 - ❖ Keep your people informed about what is going on in the company and encourage them to share their ideas and feedback.

CONCLUSION

- Autonomy is not just a perk; it is a powerful tool that can help businesses achieve their goals.
- By creating an autonomous work environment, you can unlock the full potential of your staff and drive results.