A new physical interpretation of optical and infrared variability in quasars

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ABSTRACT

Changing-look quasars are a recently identified class of active galaxies in which the strong UV continuum and/or broad optical hydrogen emission lines associated with unobscured quasars either appear or disappear on timescales of months to years. The physical processes responsible for this behaviour are still debated, but changes in the black hole accretion rate or accretion disk structure appear more likely than changes in obscuration. Here we report on four epochs of spectroscopy of SDSS J110057.70-005304.5, a quasar at a redshift of z = 0.378 whose UV continuum and broad hydrogen emission lines have faded, and then returned over the past ≈ 20 years. The change in this quasar was initially identified in the infrared, and an archival spectrum from 2010 shows an intermediate phase of the transition during which the flux below restframe ≈3400Å has decreased by close to an order of magnitude. This combination is unique compared to previously published examples of changing-look quasars, and is best explained by dramatic changes in the innermost regions of the accretion disk. The optical continuum has been rising since mid-2016, leading to a prediction of a rise in hydrogen emission line flux in the next year. Increases in the infrared flux are beginning to follow, occurring on a ~3 year observed timescale. If our model is confirmed, the physics of changing-look quasars are governed by processes at the innermost stable circular orbit (ISCO) around the black hole, and the structure of the innermost disk. The easily identifiable and monitored changing-look quasars would then provide a new probe and laboratory of the nuclear central engine.

Key words: accretion, accretion discs – surveys – quasars: general

1 INTRODUCTION

The Shakura-Sunyaev α -disk model (Shakura & Sunyaev 1973) has long been used to describe the basic properties of the optically

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thick, geometrically thin accretion disks expected to orbit the supermassive black holes at the nuclei of quasars. This accretion disk is thought to be the origin of thermal continuum emission observed in the rest-frame ultraviolet and optical. The thermal emission seen in the infrared spectrum of quasars is believed to originate from molecular dust outside the accretion disk and traditional broadline

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region (BLR). Thus, the IR flux is directly proportional to the emission from the disk, reprocessed by the dusty reservoir and delayed by the light-travel time between the two (see e.g., Antonucci 1993; Perlman et al. 2008; Lasota 2016, for reviews). As such, the thermal accretion disk photons are the seeds for both the X-ray emission – due to Compton-upscattering in the corona (e.g., Begelman et al. 1983; Risaliti et al. 2009; Lusso & Risaliti 2017) and the thermal mid-IR emission from the torus.

The α -disk model assumes that the disk is geometrically thin (i.e., $h/r \ll 1$ where h/r is the disk aspect ratio) and that angular momentum is transported by a kinematic viscosity, ν , parametrized by Shakura & Sunyaev (1973) as $\nu = \alpha c_{\rm S} h$ where $c_{\rm S}$ is the local mean sound speed in the disk and h is the scale-height perpendicular to the disk plane. The thermal emission need not be, but often is, treated as a superposition of blackbodies at varying annuli with an effective temperature dependence going as $T(r) \propto r^{-3/4}$.

Given the size scales and temperatures associated with supermassive black holes, a substantial fraction of the bolometric luminosity should be in the form of UV photons – the so-called "Big Blue Bump" (Shields 1978; Malkan & Sargent 1982). For the optically thick, UV emitting disk to accrete onto the black hole, substantial angular momentum must be lost. The kinematic viscosity of the plasma, α , seems the likely mechanism that transports angular momentum outward. This viscosity is likely due to magnetorotational instability (MRI; Balbus & Hawley 1991) with additional contributions to turbulence from the effects of objects embedded in the disk (e.g., McKernan et al. 2014).

However, as has long been established (e.g., Alloin et al. 1985) and recently re-visited (e.g., LaMassa et al. 2015; Runnoe et al. 2016; MacLeod et al. 2016; Ruan et al. 2016; Rumbaugh et al. 2017; Yang et al. 2017; Lawrence 2018), the observation of even slowly varying Balmer emission lines in quasars strongly suggests that if a thermal accretion disk does indeed contribute substantially to the ionizing or optical continuum, then it cannot be in quasi-steady state equilibrium. The variations must be due to more chaotic disturbances or instabilities in the disk that propagate at considerably higher speeds than the radial accretion flow and possibly as fast as the orbital velocity.

Furthermore as e.g., Koratkar & Blaes (1999) and Sirko & Goodman (2003) among others point out, the observed spectral energy distributions (SEDs) of typical quasars differ markedly from classical α -disk theoretical predictions (Shakura & Sunyaev 1973; Pringle 1981) with a typical observed quasar SED flat in λF_{λ} over several decades in wavelength (Elvis et al. 1994; Richards et al. 2006). Also, real AGN disks seem to be cooler (e.g., Lawrence 2012) and larger (e.g., Pooley et al. 2007; Morgan et al. 2010, 2012; Mosquera & Kochanek 2011) than the α -disk model predicts. The α -disk is an ad hoc parameterization of disk viscosity and does not permit predictions of global changes from local perturbations (King 2012).

Nevertheless, in this paper, we utilize the mathematically simple α -disk model as a framework and departure point for our own disk models. Here, we build on previous work (Sirko & Goodman 2003; Zimmerman et al. 2005; Hameury et al. 2009) and introduce a phenomenological model which does allow changes across

the accretion disk and, crucially, makes predictions which can be observed in the SED.

Changing-look quasars (CLQs) are luminous active galaxies in which the strong UV continuum and/or broad optical hydrogen emission lines associated with unobscured quasars either appear or disappear on timescales of months to years. CLQs have traditionally been discovered by looking for large, $|\Delta m| > 1$ magnitude changes in the optical light curves of quasars or galaxies. In contrast, we have taken advantage of the ongoing mid-IR Near-Earth Object Wide-Field Infrared Survey Explorer Reactivation mission (NEOWISE-R; Mainzer et al. 2014; Meisner et al. 2017b,a), supplemented with the optical Dark Energy Camera Legacy Survey (DECaLS²), in order to discover new changing-look quasars. While previous efforts have used the 1-year baseline of the WISE mission to identify changing-look quasars (e.g., Assef et al. 2018; Stern et al. 2018), our investigation is the first to extend this selection to the infrared using NEOWISE-R mission data. We have identified a sample of Sloan Digital Sky Survey (SDSS) quasars that show significant changes in their IR flux over the course of a few years. Importantly, our IR light curves enable us to set limits on SED changes due to obscuration.

In this article we present the z=0.378 quasar SDSS J110057.70-005304.5 (hereafter J1100-0053). J1100-0053 was a known quasar we identified as interesting due to its IR light curve. We have spectral observations for J1100-0053 showing a transition in the blue-continuum into a 'dim state' where the rest-frame UV flux is suppressed, and then returning to a blue-continuum sloped quasar. The model we present invokes changes at the Innermost stable circular orbit (ISCO, defined as $r_{\rm ISCO}=\frac{6\,GM}{c^2}$ in the Schwarzschild metric), to be the triggering event for substantial changes in the wider accretion disk, including major structural changes out to $150r_g$ (where r_g is the gravitational radius; $r_g=\frac{GM}{c^2}$). Such a model explains changes in the broad emission lines, as well as the optical and IR light curves.

This paper is organised as follows. In Section 2, we describe our sample selection, catalogs and observationa data sets. In Section 3, we present various theoretical models and discuss if and how each describes and explains the data. We conclude in Section 4. We report all magnitudes on the AB zero-point system (Oke & Gunn 1983; Fukugita et al. 1996). For the WISE bands, $m_{\rm AB} = m_{\rm Vega} + m$ where m = (2.699, 3.339) for WISE W1 at $3.4\mu{\rm m}$ and WISE W2 at $4.6\mu{\rm m}$, respectively (Cutri et al. 2011). We choose the cosmological parameters $\Omega_{\Lambda} = 0.7$, $\Omega_{\rm M} = 0.3$, and h = 0.7 in order to be consistent with Shen et al. (2011).

2 TARGET SELECTION AND OBSERVATIONS

2.1 Selection in SDSS and NEOWISE-R of J1100-0053

We started by matching the SDSS Data Release 7 (DR7Q; Schneider et al. 2007) and the SDSS-III Baryon Oscillation Spectroscopic Survey (BOSS) Data Release 12 Quasar catalogues (DR12Q; Pâris et al. 2017) to the NEOWISE-R IR data. We use data from the beginning of the WISE mission (2010 January; Wright et al. 2010) through the thrid-year of NEOWISE-R operations (2016 December; Mainzer et al. 2011). The WISE scan pattern leads to coverage of the full-sky approximately once every six months (a "sky pass"), but the satellite was placed in hibernation in 2011 February and then reactivated in 2013 October. Hence, our light curves have a cadence of 6 months with a 32 month sampling gap.

 $^{^1}$ This $\,r^{-3/4}\,$ temperature dependence is not specific to the α -parametrization, and is independent from the nature of the viscosity, provided that the disk is geometrically thin, steady and heat dissipation and angular momentum transport and caused by the same, local mechanism.

² legacysurvey.org/decamls/

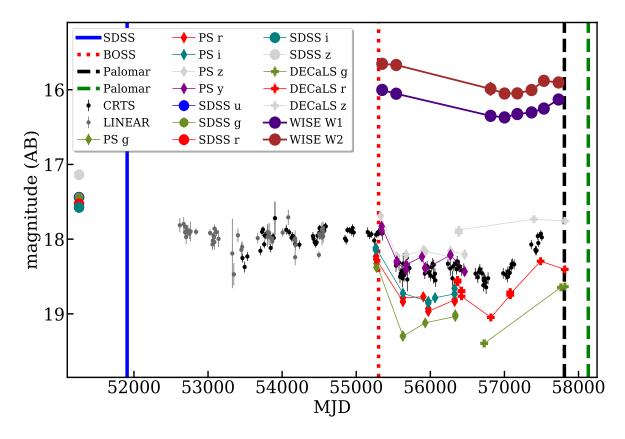


Figure 1. Multi-wavelength light curve of J1100-0053, including optical data from LINEAR, CRTS, SDSS, PanSTARRS and DECaLS, and mid-IR data from the WISE satellite. The four vertical lines illustrate the four epochs of optical spectra presented in Figure 2. J1100-0053 was flagged for further study due to the IR fading observed by WISE. Note that the optical emission has been recovering over the past few years, with the IR emission beginning to show similar behvaiour. The inserts show the images of J1100-0053 from SDSS in 1999 March and the DECaLS DR3 in 2014 March (50" on a side).

The W1/W2 light curves for ~200,000 SDSS and BOSS spectroscopic quasars were obtained by performing forced photometry at the locations of DECam-detected optical sources (Lang 2014; Meisner et al. 2017b,a). This forced photometry was performed on time-resolved coadds (Lang 2014), each of which represents a stack of ~12 exposures. The coaddition removes the possibility of probing variability on \lesssim 1 day time scales, but pushes \approx 1.4 magnitudes deeper than individual exposures while removing virtually all single-exposure artifacts (e.g. cosmic rays and satellites).

Approximately $\sim 30,000$ of the SDSS/BOSS quasars with W1/W2 light-curves available are 'IR-bright', in that they are above both the W1 and W2 single exposure thresholds and therefore detected at very high significance in the coadds. For this ensemble of objects, the typical variation in each quasar's measured (W1-W2) color is 0.06 magnitudes. This includes statistical and systematic errors which are expected to contribute variations at the few hundredths of a magnitude level. The typical measured single-band scatter is 0.07 magnitudes in each of W1 and W2.

We undertook a search for outliers relative to these trends. Specifically, we selected objects with the following characteristics:

- Monotonic variation in both W1 and W2 flux.
- W1 flux and W2 flux Pearson correlation coefficient $r \ge 0.9$.
- >0.5 mag peak-to-peak variation in either W1 or W2.

This yields a sample of 248 sources. 31 of these are assumed to be blazars due to the presence of Faint Images of the Radio Sky at Twenty-Centimeters (FIRST; Becker et al. 1995) radio counterparts,

and we discount them for further analyses. Another 22 objects are outside the FIRST footprint, leaving 195 quasars in our IR-variable sample, with no potential FIRST counterparts detected within 30".

Although aperture photometry and DECaLS forced photometry (Lang 2014; Meisner et al. 2017b,a) are available, J1100-0053 is significantly above the single-exposure detection limit so it is valid to obtain photometry from the publicly released W1/W2 Level 1b (L1b) single-exposure images at the NASA/IPAC Infrared Science Archive (IRSA). Upon querying the combined the WISE All-Sky, WISE Post-Cryo and NEOWISE-R databases, we have 101 measurements in 8 sky passes spanning nearly 2400 days.

Links to all our data, catalogs and analysis can be found online at: github.com/d80b2t.

2.2 Optical Imaging

Figure 1 presents the light curve of SDSS J110057.70-005304.5. J1100-0053 was first detected in the National Geographic Society-Palomar Observatory Sky Survey (NGS-POSS; Abell 1959; Minkowski & Abell 1963) in 1955 April. It is catalogued in the SuperCOSMOS Science Archive (SSA; Hambly et al. 2001a,b) and due to its equatorial position was also observed by the UK Schmidt Telescope (UKST; Cannon 1975, 1979). Querying the SSA returns gCorMag and sCorMag which are the magnitudes assuming the object is either a galaxy or star, respectively. We use the sCorMag values as is appropriate for an image with flux dominated by the point-like AGN; the sCorMag magnitudes are calibrated in the Vega

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system. For J1100-0053 we find the magnitudes are: 18.10 mag in the blue UK-J filter from MJD 45440.47 (1983 April 16); 17.49 mag in the red POSS-I 'E'-filter from MJD 35214.22 (1955 April 17); 17.92 mag in the red UK-R filter from MJD 46521.47 (1986 April 01) and 17.71 mag in the UK-I filter from MJD 47273.49 (1988 April 22). J1100-0053 is not in the Digital Access to a Sky Century @ Harvard (DASCH³).

J1100-0053 was imaged by the Sloan Digital Sky Survey (SDSS) in the u, g, r, i and z-bands in 1999 March, and more recently by the Dark Energy Camera Legacy Survey (DECaLS) where there are 4, 13 and 4 exposures in the g, r and z-bands, respectively, in the DECaLS Data Release 3 (DR3; Dey et al. 2018). The g-band observations span \approx 3 years (56727 $\leq g_{\rm MJD} \leq$ 57816), while the r-and z-band observations span \approx 4 years (56367 $\leq r_{\rm MJD} \leq$ 57814 and 56383 $\leq z_{\rm MJD} \leq$ 57815).

Along with WISE IR data, optical data from the SDSS, Catalina Real-time Transient Survey (CRTS; Drake et al. 2009; Mahabal et al. 2011), the Lincoln Near-Earth Asteroid Research (LINEAR; Sesar et al. 2011) program and the Panoramic Survey Telescope and Rapid Response System (PanSTARRS; Kaiser et al. 2010; Stubbs et al. 2010; Tonry et al. 2012; Magnier et al. 2013) are also available, and presented in Fig. 1.

2.3 Additional Multiwavelength Data for J1100-0053

J1100-0053 was observed by Röntgensatellit (ROSAT) and appears in the All-Sky Survey Bright Source Catalogue (RASS-BSC; Appenzeller et al. 1998; Voges et al. 1999) as 2RXS J110058.1-005259 with 27.00 counts (count error 6.14) and a count rate = 0.06 ± 0.01 counts s⁻¹ (Boller et al. 2016). The NASA/IPAC Extragalactic Database (NED⁴) gives J1100-0053 as having a flux $1.27\pm0.28\times^{-12}$ erg cm^{-2} s⁻¹ in the 0.1-2.4 keV range (unabsorbed). J1100-0053 is not in either the Chandra or XMM-Newton archives but is detected by the Galaxy Evolution Explorer (GALEX; Martin et al. 2005; Morrissey et al. 2007) and has reported flux densities 19.29 ± 0.12 mag in the far-UV and 18.89 ± 0.05 mag in the near-UV. As noted above, there is no radio counterpart within 30 arcsec in the FIRST survey, i.e. at 21cm. None of the Hubble Space Telescope, Spitzer Space Telescope or Kepler missions have observed J1100-0053. It is also not in the Hyper Suprime-Cam (HSC) Data Release 1 (Aihara et al. 2017) footprint.

2.4 Spectroscopy

2.4.1 SDSS and BOSS Spectroscopy

Figure 2 shows the four optical spectra of J1100-0053. J1100-0053 satisfied a number of spectroscopic targeting flags making it a quasar target in SDSS (Richards et al. 2002). An SDSS spectrum was obtained on MJD 51908 (SDSS Plate 277, Fiber 212) and the spectrum of a z=0.378 quasar was catalogued in the SDSS Early Data Release (Stoughton et al. 2002; Schneider et al. 2002).

The second epoch spectrum is from the SDSS-III Baryon Oscillation Spectroscopic Survey (BOSS; Dawson et al. 2013) on MJD 55302 and shows the downturn at \lesssim 4300Å (observed). SDSS-III BOSS actively vetoed previously known z < 2 quasars (Ross et al. 2012), but due to J1100-0053 being selected as an ancillary target (via a white dwarf program; Kepler et al. 2015, 2016) a second

Spectrum MJD	SDSS 51908	BOSS 55302	Palomar 57809
Equivalent Widths			
Ηγ	23	23	30
$H\beta + [OIII]$	132	124	101
λ4959 [O III]	5	7	11
λ5007 [O III]	16	25	26
$H\beta$	111	92	65
$^{\mathrm{a}}\mathrm{H}\alpha$ +[NII]:	390	530	462
Line Ratios			
$H\beta / (H\alpha + [N II])$	0.36	0.27	0.18
$H\gamma/(H\alpha + [N \Pi])$	0.09	0.08	0.08
$H\beta$ / $[O III]$	6.03	3.08	1.80
Ηγ / Ηβ	0.24	0.28	0.45

Table 1. Approximate Equivalent Width and emission line ratios for J1100-0053. Equivalent Widths are in Angstroms. $^{\rm a}$ Estimated by extrapolating the H α line, which is partially truncated at edge of spectrum.

spectral epoch was obtained. Due to a design tradeoff to improve throughput in the Ly α -forest of quasar spectra in BOSS, quasar targets were subject to spectrophotometric calibration errors (Margala et al. 2016). These are introduced primarily due to offsets in fiber-hole positioning between quasar targets and spectrophotometric standard stars. However, since J1100-0053 was not a BOSS quasar target, it is not subject to this "blue offset". J1100-0053 has no pipeline flag suggesting the spectrum was compromised during data taking. We checked the calibration of BOSS Plate 3836 that observed J1100-0053 and confirmed that the data were high-SNR and that the behaviour in the blue spectrum was not due to the instrument, telescope or data reduction. One significant aspect of the BOSS spectrum is the strong, broad Mg II emission line atop a fading red continuum. Mg II emission being prominent in objects without otherwise strong continuum is very unusual, but not unheard of. For example, Roig et al. (2014) find a group of objects with strong and broad Mg II line emission, but very weak H α and H β emission, and undetectably low near-ultraviolet AGN continuum flux.

2.4.2 Palomar Spectroscopy

A third epoch spectrum was obtained from the Palomar Hale 5m telescope using the Double Spectrograph (DBSP) instrument. Exposures of 600s and 300s were taken in good conditions on UT 2017 February 25 (MJD 57809). Features to note include the continuum straddling Mg II being blue in the 2017 spectrum, as it was for the SDSS spectrum in 2000, as opposed to red, as it was for the BOSS spectrum in 2010. A fourth spectral epoch was also taken using the Hale 5m and DBSP on UT 2018 January 14 (MJD 58132).

The first-epoch SDSS spectrum shows a typical blue quasar, but the blue continuum decreases by nearly a factor of ten in flux in the second epoch BOSS spectrum taken 10 years later. The blue continuum then returns in the third epoch spectrum taken another 7 years later, albeit at a diminished level relative to the initial spectrum.

We measure the emission lines using IRAF's splot task for the SDSS, BOSS and Palomar spectra and the results are presented in Table 1. We note a couple of things. First, the $H\beta/[O\ III]$ line ratio has undergone a large change, decreasing by $\sim 3.4\times$. Second, the $H\beta$ equivalent width has decreased by a factor of ~ 1.7 . This first measurements implies that the luminosity of the broad line region has significantly changed relative to the narrow line region.

http://dasch.rc.fas.harvard.edu/project.php

⁴ https://ned.ipac.caltech.edu/

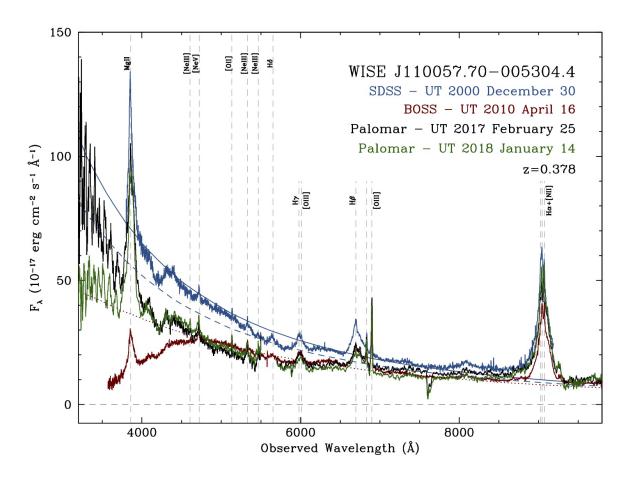


Figure 2. Optical spectra of J1100-0053 obtained on MJD 51908 (blue; SDSS), 55302 (red; BOSS), 57809 (black; Palomar) and 58132 (green; Palomar). Spectra have been renormalized to maintain a constant [O III] luminosity. Over the past two decades, the UV continuum and broad lines have changed significantly for this quasar. In particular, the 2nd-epoch BOSS spectrum from 2010 shows the rare occurrence of a temporary collapse of the UV continuum. Smooth lines show three simple thermal accretion disk models of the continuum. The solid blue line shows an inflated disk with non-zero torque at the ISCO (e.g., Sirko & Goodman 2003), while the dashed blue line shows the same model, but with zero torque at the ISCO (i.e., equivalent to a simple α -disk model, Shakura & Sunyaev 1973). Torque at the ISCO, possibly due to magnetic fields threading the inner disk and plunging region, heats the inner disk, causing it to puff up and become more UV luminous. The dotted red line shows a modified zero-torque model where the thermal disk emission interior to $80r_g$ is suppressed by a factor of 10.

The second point suggests that the continuum has decreased at a different rate than the broad line emission. Despite the factor of 3.4 drop in the H β line flux (normalized to [O III]), the continuum only shows about 30% of this decrease. This suggests the continuum and broad lines are respond differently to mechanism driving the changes.

Interestingly, when we fit the SDSS spectrum for J1100-0053 with the models provided by QSFit (see Calderone et al. 2017, and http://qsfit.inaf.it/), we require three components in order to replicate the observed asymmetric H β emission line profile. These comprise of a narrow FWHM=1000 km s⁻¹ part, and two broad (11897±556 and 4594±341 km s⁻¹ parts. QSFit considers these as a single line, whose profile is given by the sum of the two Gaussians, and the final FWHM (7415±499 km s⁻¹) is calculated on the latter profile. Thus, we suggest that J1100-0053, at least from its SDSS epoch, could be an "anomalous H β quasar" as described by Steinhardt & Silverman (2013). We return to the H β line profile in Section 3.

While continuum changes in the rest-frame UV/optical spectra

of quasars are not a new discovery (see e.g., Clavel et al. 1991, the review by Ulrich et al. 1997 and more recent studies by Vanden Berk et al. 2004; Pereyra et al. 2006; MacLeod et al. 2010 and Guo & Gu 2016). However, the identification of a "UV collapse" for quasars has only recently been noted by Guo et al. (2016). Those authors report the first discovery of a UV cutoff quasar, SDSS J231742.60 +000535.1 (hereafter J2317+0005; redshift z = 0.32), observed by SDSS three times, on UT 2000 September 29, UT 2001 September 25, and UT 2001 October 18. In the case of J2317+0005, a cycle of UV emission collapse, quasar dimming, and recovery was observed over the course of just a few weeks. For J1100-0053, the cycle is far longer; however, the combination of optical and infrared light curves, as well as observing J1100-0053 at four separate spectral stages is currently unique. As such, J1100-0053 and J2317+0005 are now two archetypal objects that any accretion disk model must predict and explain (e.g., Lawrence 2018).

In our sister study, Stern et al. (2018) report on a new changing-look quasar, J1052+1519, identified with the same selection as J1100-0053, and where the broad H β emission has vanished com-

pared to an archival SDSS spectrum. The physical properties of J1100-0053 derived from the MJD 51908 spectrum using the methods in Shen et al. (2011), are given in Table 2, where we also give the properties of J2317+0005 (Guo et al. 2016) and J1052+1519 (Stern et al. 2018) for comparison.

3 PHENOMENOLOGICAL MODELING

In a similar vein to the discussion in Stern et al. (2018), in this section we discuss several models with the aim of determining the physical mechanism(s) driving the light curve and spectral behaviour of J1100-0053. The explanations come in two broad classes: obscuration and changes in the accretion disk. Ultimately, we are forced towards a model of the latter type that combines a cooling front propagating in the accretion disk along with changes in the disk opacity.

3.1 Scenario I: Obscuration by an Infalling Cloud

We explore the possibility that an obscuring cloud, or clouds, cause the observed light curve and spectral behaviour of J1100-0053. This explanation is dismissed for the CLQ J0159+0033 in LaMassa et al. (2015) but is the preferred explanation for J2317+0005 in Guo et al. (2016).

In this scenario, the obscuring cloud(s) are required to cross the line of sight. The clouds also need to block most of the inner disk such that the ionizing radiation could not impact on the BLR or the torus for a period of months to years, in order to explain both the IR drop and broadline disappearance. An explanation of why the light curves 'recover' after a period of ~ 2500 days (observed-frame) is also required; i.e., why do the light curves not rapidly return to their original flux levels once the obscuring event is over.

Clouds should not typically infall; they need to lose angular momentum if they are drawn from a distribution with Keplerian orbits, and even if they do lose angular momentum, e.g., in a collision with clouds of approximately equal mass, they would likely be either destroyed or no longer coherent. The relevant timescales here are the freefall and cloud-crushing times. The freefall timescale is

$$t_{\rm ff} \sim 100 {\rm yr} \left(\frac{\rm r}{0.4 {\rm pc}}\right)^{3/2} \left(\frac{\rm M}{10^8 {\rm M}_\odot}\right)^{-1}$$
 (1)

and Kelvin-Helmholtz instabilities would destroy the clouds within the cloud-crushing time, (e.g., Nagakura & Yamada 2008; Hopkins 2013; Shiokawa et al. 2015; Bae & Woo 2016), given by

$$t_{\rm cc} \sim 100 {\rm yr} \left(\frac{\rho_{\rm cloud}/\rho_{\rm medium}}{10^6}\right)^{1/2} \left(\frac{r_{\rm cloud}}{4\times10^{10} {\rm km}}\right) \left(\frac{v_{\rm rel}}{10^4 {\rm km/s}}\right)^{-1}. \eqno(2)$$

Thus, even if clouds did infall, they would end up fragmented, which should pollute the inner disk. The dust in the cloud would then be well inside the dust sublimation radius

$$R_{\rm dust} \approx 0.4 \, {\rm pc} \left(\frac{\rm L}{10^{45} {\rm erg/s}} \right)^{1/2} \left(\frac{\rm T_{\rm sub}}{1500 {\rm K}} \right)^{2.6}$$
 (3)

and so the dust will be destroyed in the ~ 100 year free-fall from the dust-sublimation region. Hence, one can not absorb the UV spectrum with dust, since it will have been sublimated well before it arrives at the inner disk.

3.2 Scenario II: Accretion Disk Model

Having discounted an obscuring event as the explanation for J1100-0053, we turn to accretion disk models (see also the recent review by Yuan & Narayan 2014). We consider 'cold' accretion flows, described as optically thick, geometrically thin and which drive relatively high mass accretion rates. They are 'cold' in the sense that the virial temperature of particles near the black hole is low. Similarly, we characterize optically thin, geometrically thick and low mass accretion rate flows as virially 'hot' accretion flows.

After giving our model set-up, we discuss whether J1100-0053 can be described by a 'hot' accretion flow, such as the advection-dominated accretion flow. We then discuss our preferred 'cold' accretion flow model, but where the temperature of the accretion disk is perturbed by propagating cooling and heating fronts in the inner parts ($\leq 1000r_g$) of the accretion disk. Our disk remains virially cold throughout this cycle.

We start with a multi-temperature blackbody (MTB) model, with a $L \propto T^4$ dependence and a $T \propto r^{-3/4}$ relation. A thin accretion disk has a negligible radial pressure gradient. Therefore, at each radius R the gas orbits at the Keplerian angular frequency, $\Omega_{\rm K} = (GM/r^3)^{1/2}$, where M is the mass of the central object and possesses specific angular momentum $l = \sqrt{GMr}$.

Zimmerman et al. (2005) compare models with 'zero' and 'non-zero' torque at the ISCO, and the impact on the temperature profile of the corresponding accretion disk, when the torque changes. From Zimmerman et al. (2005) the zero torque (ZT) luminosity is given by

$$L_{\text{disk}} = \frac{GM\dot{M}}{2r_{\text{in}}} = 73.9\sigma \left(\frac{T_{\text{max}}}{f}\right)^4 r_{\text{in}}^2 \tag{4}$$

and the standard, non-zero torque (NZT) luminosity is given by:

$$L_{\text{disk}} = \frac{3GM\dot{M}}{2r_{\text{in}}} = 12.6\sigma \left(\frac{T_{\text{max}}}{f}\right)^4 r_{\text{in}}^2 \tag{5}$$

where f is a spectral hardening factor, with a canonical blackbody spectrum having f=1. In zero-torque models, temperature $T_{\rm ZT}$ goes to zero at the inner edge of the disk (since the torque vanishes there) whereas a non-zero torque temperature profile, $T_{\rm NZT}$ reaches its maximum value at the inner edge of the disk (where the torque is maximal). Given a MTB model for disk emission, these differences at small $r_{\rm g}$ translate to large differences in the SED.

As in shown in Figure 3, the SDSS spectrum from 2000 is well fit with a thin Shakura & Sunyaev (1973) α -disk and the NZT condition. However, just switching to just the ZT condition, while surpressing the bluer disk emissivity, is not sufficient to explain the 2010 spectrum.

3.2.1 Switching States to a RIAF/ADAFs:

A possible explanation for the behaviour of J1100-0053 is that it switches accretion modes, from a virially cold, high \dot{M} flow to a virially hot, lower \dot{M} flow, with the latter being, i.e., a radiatively inefficient accretion flow (RIAF; Narayan et al. 1998; Quataert 2001) or an advection-dominated accretion flow (ADAF; Yuan & Narayan 2014, and references therein).

There are examples of this type of behaviour in lowerluminosity objects. For example, Nemmen et al. (2006) successfully explain the SED for the low-ionization nuclear emission-line region (LINER) of NGC 1097 with a model where the inner part of the flow is a virially hot RIAF, and the outer part as a standard virially cold thin disk.

Quantity	this paper	Guo et al. (2016)	Stern et al. (2018)
SDSS name	J110057.70-005304.5	J231742.60+000535.1	J105203.55+151929.5
R.A. / deg	165.240463	349.42752075	163.01480103
Declination / deg	-0.884586	+0.093091	15.32488632
redshift, z	0.3778 ± 0.0003	0.3209 ± 0.0002	0.3022 ± 0.0008
	*277, 212, 51908	*382, 173, 51816	*2483, 204, 53852
SDSS Plate, Fiber, MJD		679, 551, 52177 680, 346, 52200	
BOSS Plate, Fiber, MJD	3836, 258, 55302	_	_
$M_i(z=2)$ / mag	-24.48	-23.65	-22.73
$\log (L_{\rm bol}/{\rm erg s}^{-1})$	45.78±0.02	45.56±0.004	45.07±0.004
$\log \left(M_{\rm BH}/M_{\odot} \right)$	8.83 ± 0.14	8.43 ± 0.03	8.46 ± 0.02
Eddington ratio (%)	7.0	10.7	3.2

Table 2. Physical properties of J1100-0053, J2317+0005 and J1052+1519 using the methods from Shen et al. (2011). *This spectrum was used to estimate the quantities reported. We use the regular definition of $L_{\rm Edd} = 4\pi GM m_{\rm P}c/\sigma_T = 1.26 \times 10^{38} \, (M/M_{\odot}) \, {\rm erg \ s^{-1}}$.

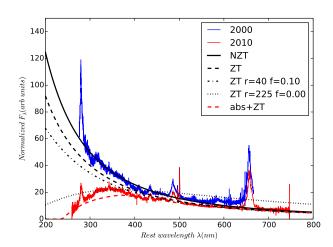


Figure 3. J1100-0053 data (blue line 2000 spectrum; red line 2010 spectrum) and 5 models. The solid black line shows non-zero torque at ISCO (following Afshordi & Paczyński 2003) while the dashed black line shows a zero torque at the ISCO. The dot-dashed (dotted) black line is a zero torque model, with emission within r=40 (225) r_g suppressed and the spectral hardening factor of Zimmerman et al. (2005) being 0.10 (0.00). The red dashed line as a zero torque at the ISCO model multiplied by an absorption law adapted from (Guo et al. 2016).

The broadband spectrum of NGC 1097 from Nemmen et al. (2006) initially appears similar to the UV/optical 2010 spectrum of J1100-0053. Figure 4 in Nemmen et al. (2006) shows the MTB-like model component from the thin disk at $r > 225r_g$ (their long dashed line) dramatically decreasing at $\sim 10^{15} \rm Hz \, (\sim 300 \rm nm)$). Nemmen et al. (2006) model the disk region interior to this as a RIAF⁵ at a power (in νL_{ν}), an order of magnitude lower than the MTB in the optical, but spanning from the X-ray to the far-IR.

Can J1100-0053 switch states from a thin disk quasar to an ADAF at small radii with the thin disk surviving at large radii?

Assuming the transition happens due to a thermal instability in the inner disk on the thermal timescale, and propagates outwards to radii $\sim 225 r_g$ as in Nemmen et al. (2006), we can parameterize the front propagation time as

$$t_{\text{front}} \sim 5 \text{ yrs} \left(\frac{h/r}{0.1}\right)^{-1} \left(\frac{\alpha}{0.3}\right)^{-1} \left(\frac{r}{225r_g}\right)^{3/2} \frac{r_g}{c}$$
 (6)

where we have had to assume a higher value of $\alpha \sim 0.3$ (King et al. 2007) than typically assumed for thin $(h/r \ll 1)$ disks. This is plausible if there exists a very viscous disk and the effect propagates outwards on a timescale of ≤ 5 years from the inner disk.

If the viscous disk switches to a RIAF at radii $<225r_g$, then the UV/optical emission should be supressed by several orders of magnitude compared to a radiatively efficient thin disk (Narayan et al. 1998; Abramowicz et al. 2002; Abramowicz & Fragile 2013). However, if the thin disk emission is simply uniformly suppressed within $<225r_g$ by a large factor, we cannot reproduce the shape of the 2010 J1100-0053 spectrum, see Fig. 3. Furthermore, in order to restore the thin disk in the 2016 observation, a thermal instability is required to occur at \sim 225 r_g and a front to propagate inwards, collapsing the RIAF back to a thin disk.

Noting RIAFs/ADAFs exist at lower luminosity than for a classic thin disk ($\epsilon \sim 0.005$ and $\epsilon \sim 0.1$, respectively, for $L = \epsilon \dot{M} c^2$) it is unclear first what physical processes would trigger the change of state to an ADAF and then cool back down to a thin disk, and second, why such an instability would occur at the thin disk/RIAF boundary in J1100-0053, whereas in NGC 1097 this interface appears to be stable. In any case, suppressing the MCD temperature profile inside a radius of $r_{\rm alt} = 225 r_g$ leads to a collapse in the total flux compared to unperturbed disk. These scenarios are difficult to reconcile with our data.

3.2.2 Changes at the ISCO and a cold absorbing phase

An alternative explanation of our observations involves a triggering event at the ISCO and an associated cold, absorbing or scattering phase. Here we discuss the phenomenological requirements of this model from the photometry in Fig. 1, the spectra in Fig. 2 and the line EWs from Table 1. First we will outline the model fits that are required and then we will attempt to construct a simple coherent phenomenological picture.

⁵ A change to an advection-dominated accretion flow (ADAF) is also possible in this model.

8

The SDSS spectrum from 2000 can be well fit with a simple standard thin accretion disk model with non-zero torque at the ISCO. The 2010 spectrum is relatively well fit with a thin disk model but now with zero torque at the ISCO and with a cold absorbing screen very similar to that observed by (Guo et al. 2016). Both of these fits are shown in Fig. 3. From Fig. 1, the PanSTARRS fluxes drop strongly in 2011, particularly in the green band, and remain low until about 2014 (MJD 56800), whereupon the DECaLS green and then red fluxes climb back upwards. By 2017, the spectrum is well fit with a zero-torque disk model with strong grey-body suppression of the flux to 10% of an unperturbed disk at radii interior to $40r_g$. This can be interpreted as a modest change in the effective temperature in the innermost disk at $\leq 40r_g$. During this time the WISE W1 and W2 flux reaches a minimum around MJD 57000 (2015) and then climbs back towards the values from 2010. The line EWs in Table 1 imply that the broad lines are actually stronger in 2010 than in 2017.

Putting all this together into a simple phenomenological model suggests the following course of events, which we depict in cartoon form in Fig. ??. Conditions change around 2010 at the ISCO and this change is associated with a cold absorbing or scattering phase. Since the broad lines are relatively strong in 2010, the change occurs several months before the spectrum is taken. The triggering event may be a change in \dot{M} , due to a stochastic variation in the mass supply or a local change in α . Since accretion disk luminosity is probably powered by magnetized gas losing angular momentum, magnetized gas in the plunging region might be expected to torque the ISCO gas (e.g., Gammie 1999; Agol & Krolik 2000). If there is a change in the magnetic field configuration around the SMBH, such that the torque decreases to near zero, the temperature of the innermost disk will drop dramatically (Cao & Xu 2003). We speculate that just such a change occurs not long before the 2010 spectrum is taken.

Associated with a change at the ISCO, we require a cold, absorbing and/or scattering phase. There are several possible sources of such a cold phase. A scattering phase might arise from the collapse of a corona. Or a cold phase could appear in the helical outflowing wind which generates the innermost broad line region (BLR). A dramatic change in disk surface opacity might also be responsible, or some combination of all three of these. So while in 2000 only one model component is needed to fit the spectrum, namely a thin disk with non-zero torque at the ISCO, in 2010 two model components are required; a thin disk with zero-torque at the ISCO *and* a cold absorbing/scattering screen. The 2010 spectrum can not be fit with any variety of greybody absorption, or equivalently a simple MCD model with an alternate temperature profile. It is however, reasonably well fit using the wavelength dependent absorption model of (Guo et al. 2016).

The photometric data in Fig. 1 require a further drop of around a magnitude in the PanSTARRS colours by 2011. We can achieve this by keeping the two-component model from 2010, but by adding a third component, a greybody suppression out to $\sim 100 r_g$. We speculate that a cooling front propagates outwards in the disk from the changes at the ISCO in 2010 so that regions of the disk that contribute strongly to green and red emission are suppressed by 2011. A cooling front propagates at speed $v_{\rm front} = \alpha c_{\rm s}$ (Hameury et al. 2009) so $\alpha \geq 0.1 (c_{\rm s}/10^4 {\rm km/s})$ is required, but with $v_{\rm front}$ slowing the farther it travels since $c_{\rm s}$ is expected to fall rapidly with increasing radius (Sirko & Goodman 2003).

By 2014, the PanSTARRS green and red fluxes begin recovery. This may be associated with the inward propagation of a heating instability (Hameury et al. 2009). For example, if Σ reaches a critical value, a heating front can propagate back inwards, analogous to

the well-known accretion disk limit cycle mechanism in models of dwarf novae outbursts (e.g., Cannizzo 1998). The returning heating front travels more slowly because the disk is colder, thinner (and $t_{\rm front}$ is inversely proportional to h/r). However, the heating from will re-inflate the disk as it propagates inwards towards the SMBH. As a result the recovery to 2010 fluxes in the PanSTARRS bands will take longer than the drop from 2010-2011.

While the cooling/heating has been going on in the accretion disk, the initial dimming of the central ionizing flux will have an effect on the distant (parsec-scale) torus. After a light travel time of ~ 3 years the IR flux from the torus should drop (Koshida 2014; Jun et al. 2015) beginning in 2013, dropping to a minimum in 2014-15 (since the disk is most suppressed in 2011 and the PanSTARRS band recover slightly or remain flat in 2012-13). We speculate that the absorbing screen has dissipated by this epoch in order to match the IR minimum in 2015. This seems to be consistent with the behaviour of the source in the WISE W1 and W2 bands. The cooling/heating front disk propagation, the connection and origin of the BLR, and the effect on the inner dust has also recently been explored in Baskin & Laor (2018).

Assuming that nothing else drastic happens, our model predicts that the heating front returns to the ISCO in late 2018 (around now). That means the broad Balmer lines will reach a maximum a few months later in early 2019, but the WISE IR flux should return to full flux in 2021. If the cold phase is associated with the condensation or disappearance of part of the inner BLR, then the maximum EWs in 2019 may still be less than the EWs measured in 2010. We also note that if J1100-0053 is an "anomalous H β quasar" as suggested by Steinhardt & Silverman (2013) and described above, then the variable linewidths can be explained by the disk going into a low state and the innermost, fastest, outflow disappears (due to e.g., reduced radiation pressure).

By 2017, the returning heating front has propagated back in to $\sim 40r_g$ and the cold phase has disappeared. So it seems the cold phase is required between 2010-13, but then has fully disappeared by 2017. This is an important constraint on the nature of the cold phase which is an important but poorly understood component in our phenomenological model. If for example, the cold phase clumps on size-scales of order r_g , with an overdensity of 10^4 relative to their hotter surroundings, and a relative velocity compared to the hot phase on the order of the orbital velocity, then the clumps are unstable to the Kelvin-Helmholtz instability (eqn. 2) on an approximate timescale of

$$t_{\rm cc} \approx 3 \,\mathrm{mo} \left(\frac{\rho_{\rm cloud}/\rho_{\rm medium}}{10^4} \right)^{1/2} \left(\frac{r_{\rm cloud}}{r_g} \right) \left(\frac{v_{\rm rel}}{10^4 \mathrm{km s}^{-1}} \right)^{-1} \,.$$
 (7)

The important point here is that cold phase clouds are unstable to collapse after a short time unless they are extremely over-dense with very cold cores relative to the surrounding medium. The main coolants at low temperatures are C,O resonance lines and H and He from neutral phase material (see e.g., Fig. 18 in Sutherland & Dopita 1993). The ionization energies for carbon and oxygen are 11.26 and 13.61 eV, respectively, i.e., ~ 100nm, and hence at wavelengths < 100nm the disk opacity will increase dramatically in edges. In the inner gas disk such edges must be pressure, turbulence and Doppler broadened, but to depress the flux out to ~ 300nm would require associated velocities of ~ 0.9c. Thus, cooling absorption edges could explain the cold absorbing phase only if substantial blanketing material is flung out from near the event horizon, but this would not match the mild, longer wavelength absorption required in (Guo et al. 2016) or our source. Rayleigh scattering might also help explain the steep cut-off in the 2010 spectrum; we might expect

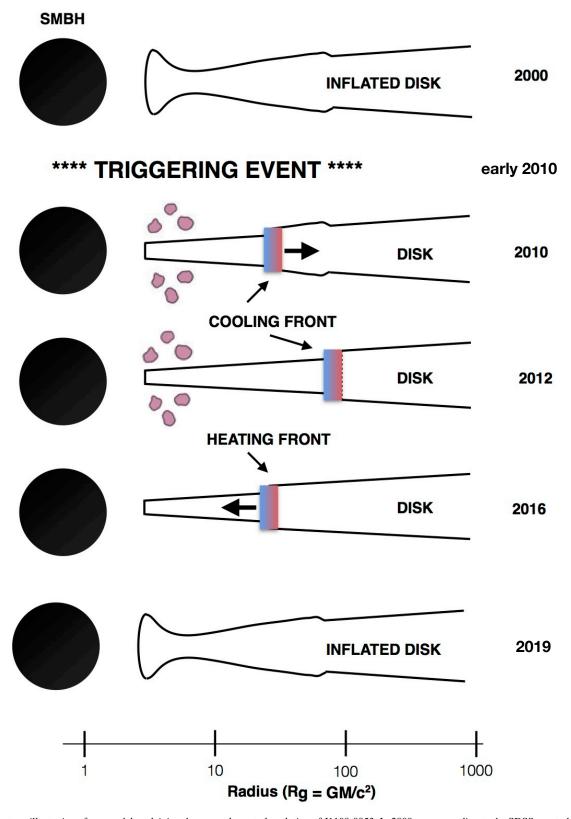


Figure 4. Cartoon illustration of our model explaining the unusual spectral evolution of J1100-0053. In 2000, corresponding to the SDSS spectral epoch, the quasar has a standard inflated accretion disk, i.e., where non-zero torque at the ISCO heats the inner radii of the accretion disk, causing it to puff up (e.g., Zimmerman et al. 2005). Just before the 2010 spectrum, a triggering event occurs that deflates the inner disk, possibly due to a shift in the magnetic field configuration leading to zero torque at the ISCO. This event is associated with some scattering/absorbing cold phase clouds, and causes a cooling front to propagate outwards in the accretion disk, traveling on the $t_{\rm front}$ time-scale (see also Hameury et al. 2009). Circa 2014, a heating front travels radially inwards, re-heating the inner accretion disk but on longer timescales, due to the thinner disk. We predict that in the next year, the quasar should roughly return to its initial state.

an additional scattering layer from slightly larger ions or neutral atoms in a cold or condensing phase from the corona or the BLR. However, we cannot take a strong position on the identity of the absorber without more data, especially time resolved spectra of an entire event such as this.

4 CONCLUSIONS

By monitoring changing look quasars we introduce new tests of models of accretion disk physics. We present the quasar J1100-0053 that was catalogued in the Sloan Digital Sky Survey quasar survey, but identified as an interesting due to its near-infrared photometric properties.

We have shown that a simple phenomenological model with a propagating cooling front is capable of describing the gross spectral and temporal variations in a changing looking quasar. Our model makes a prediction for this source, testable over the next few years and, if confirmed, implies that changing looking quasars as a class are driven by changes near the ISCO, close to the SMBH. The discovery of J1100-0053 (and J2317+0005) are specific key examples of time-domain astronomy and the resulting astrophysics to be studied. However, even with the coverage from WISE, PanSTARRS, SDSS, DECaLS and CRTS, we have a relatively sparse dataset which cannot tightly constrain our theoretical model.

The Zwicky Transient Facility (ZTF; Bellm 2014) has very recently started and will open a new data space with high cadence, multi-band photometric monitoring. Along with ZTF in the very near future, the Large Synoptic Survey Telescope (Ivezic & Tyson 2008; LSST Science Collaborations et al. 2009) will allow identification of the types of events such as J1100-0053 and J2317+0005 while they are occurring, allowing spectroscopic monitoring. We will be able to see how long a UV collapse lasts and closely follow its evolution. Such data will stringently test models of AGN disks at much higher fidelity than we are able to do with current 'Changing-Look' quasar samples.

Author Contributions. N.P.R. led the project, developed and wrote the initial drafts of the manuscript and co-ordinated the team. K.E.S.F. and B.K. orginated and developed the theoretical interpretation presented here. M.G. and D.S. were heavily responsible for the initial discussions and observations that were the genesis of this project. A.M.M. produced the initial infrared variable quasar catalogs. D.S., M.G. and A.J.D. were part of the Palomar observing team. N.P.R., A.M.M. and A.D. are part of the DECaLS Legacy Survey. R.A., A.D. and H.D.J. contributed to the manuscript.

Availability of Data and computer analysis codes. All materials, data, code and analysis algorithms are fully available at: https://github.com/d80b2t/WISE_LCs

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