

PhoneMD: Learning to Diagnose Parkinson's Disease from Smartphone Data

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1 Introduction

Parkinson's disease (PD) is a **neurodegenerative disease** that can affect a person's **movement, speech, dexterity, and cognition**. Physicians typically diagnose PD based on a **subjective clinical assessment of symptoms**. However, ...

- **Misdiagnoses** are common [1]
- Symptom severity may **fluctuate** over time [1]
- Symptoms may **not be pronounced during assessment**

2 Smartphone Tasks

To address these issues, we present a machine-learning approach to diagnosing PD from **long-term data collected from smartphone-based tests**. We utilise data collected during the **mPower study** [2].

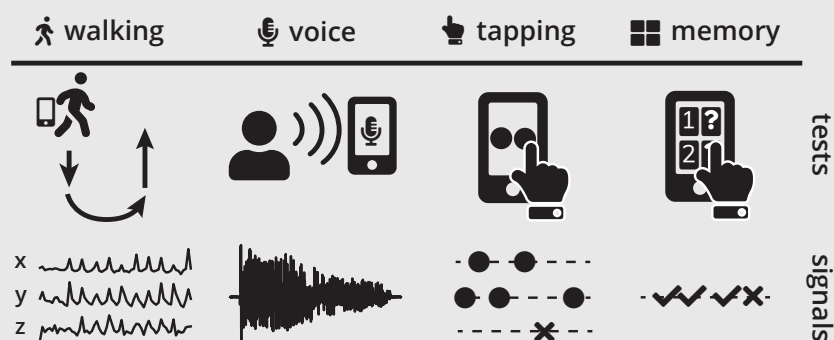
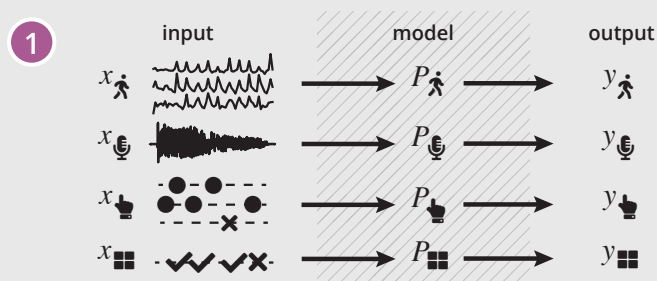


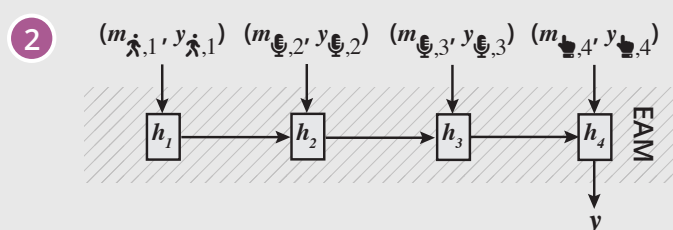
Figure 1. Smartphones can be used to perform tests that are designed to trigger symptoms of Parkinson's disease (top). During these tests, smartphone sensors record high-resolution signals (bottom) that we can use to diagnose Parkinson's disease.

3 Hierarchical Model

Per-test Models: Specialised for each test type.



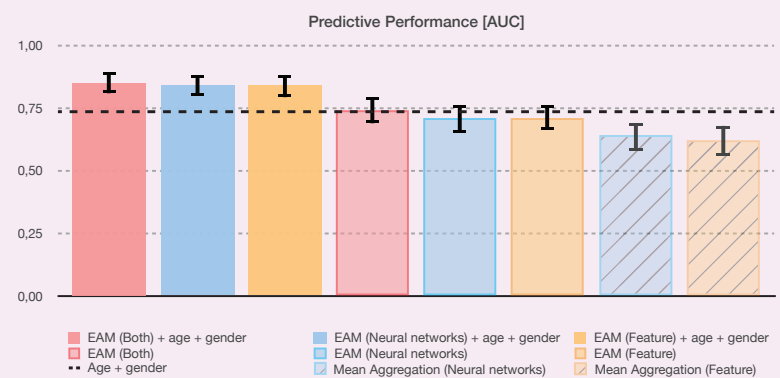
Evidence Aggregation Model (EAM): Aggregate test data over time.



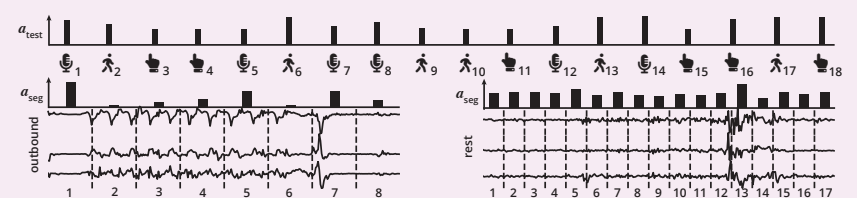
4 Results

We evaluated the proposed hierarchical machine-learning model with several baselines and under various configurations on a held-out test set of 347 patients (20%) of which 56.2% had PD. We found that ...

- The **EAM models significantly outperformed** the demographic baseline (Age + gender), and Mean and Max Aggregation.
- Expert features achieved similar performances as learned features.
- Expert features and learned features were to some degree complementary, as EAMs that used both performed slightly better.



Hierarchical Attention: We additionally determined the importance of individual tests and segments within those tests towards the final diagnostic decision using hierarchical neural attention.



5 Conclusion

We present an approach to diagnosing PD that ...

- **works** based on multiple smartphone-based tests that **cover a wide range of symptoms**
- informs the clinician about the **importance of tests and segments within those tests** using neural attention
- achieves **strong performance** in a **large, representative cohort** with an **AUC of 0.85 (95% CI: 0.81, 0.89)**

In addition, we highlight the potential of **smartphones** as accessible **tools** for gathering **clinically relevant data in the wild**.

6 References

1. Pahwa, R., and Lyons, K. E. 2010. Early diagnosis of Parkinson's disease: recommendations from diagnostic clinical guidelines. *AmJ Manag Care* 16(4):94–99.
2. Bot, B. M.; Suver, C.; Neto, E. C.; Kellen, M.; Klein, A.; Bare, C.; Doerr, M.; Pratap, A.; Wilbanks, J.; Dorsey, E. R.; et al. 2016. The mPower study, Parkinson disease mobile data collected using ResearchKit. *Scientific data* 3:160011. Web: <https://parkinsonmpower.org>
3. Schwab, P., and Karlen, W. 2019. PhoneMD: Learning to Diagnose Parkinson's Disease with Smartphone Data. *AAAI Conference on Artificial Intelligence*.