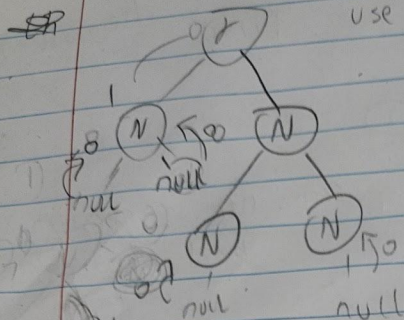


use recursion



```
base case:
if root == null
return 0,
```

2 variable: LS - left side  
RS - right side

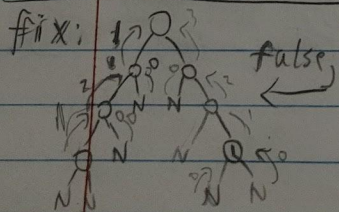
check their height  
method: recursion to  
left and right,

check: if  $|LS - RS| \geq 1$   
then return -1

checking heigh method

$\max(LS, RS) + 1$

if Root > 0, then true  
otherwise is false



add condition: if L<sub>1</sub> or R<sub>1</sub> equal 1, then return -1.