SAFEGUARDING NEWSLETTER

Respect Achieve Together

NOVEMBER 2024   **ISSUE 2**

" *This is what we do here!*

SAFEGUARDING STATEMENT

At Heath Primary School, we respect and value all children and are committed to providing a caring, friendly, and safe environment for all our pupils so they can learn in a calm and secure atmosphere.

We believe children should be able to participate in all school activities in an enjoyable and safe environment and be protected from harm. This is the responsibility of every adult employed by, or invited to deliver services at Heath Primary School. We recognise our responsibility to safeguard all who access the school and promote the welfare of all our pupils.

At Heath Primary School, we are aware that pupils may be bullied in any school or setting, and we recognise that preventing, raising awareness, and consistently responding to any cases of bullying should be a priority to ensure the safety and well-being of our pupils.

We are determined to promote and develop a school ethos where bullying behaviour is regarded as unacceptable, ensuring a safe and secure environment for all pupils. We aim for all pupils to reach their potential academically, socially, and emotionally.

BULLYING IS WHEN SOMEONE HURTS YOU...

S Several   **T** Times   **O** On   **P** Purpose

SEVERAL TIMES ON PURPOSE

Bullying - What Is It?

According to DFE guidance (2012), bullying is when an individual or group repeatedly hurts another, either physically or emotionally. This can be direct (physical or verbal) or indirect (ignoring or excluding someone). The result is pain and distress for the victim.

BULLYING IS A PERSISTENT FORM OF AGGRESSION INTENDED TO HARM ANOTHER PERSON AND CAN TAKE MANY FORMS:

Physical Bullying
- Using physical actions to control peers, such as kicking, hitting, punching, slapping, shoving, and other attacks.

Verbal Bullying
- Using words and name-calling to belittle and hurt others with relentless insults.

Homophobic Bullying
- Targeting someone based on their actual or perceived sexuality.

Racist Bullying
- Behaving in a way that marginalizes someone because of their colour, ethnicity, culture, faith, national origin, or status.

Cyber-Bullying
- Using digital technologies like computers, smartphones, and social media to bully. This can occur anytime and in both public and private settings.

Understanding these forms of bullying helps us create a safer and more inclusive school environment for all children.
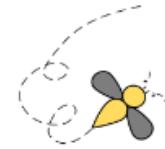
Is it Bullying?
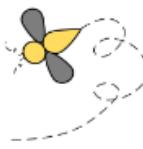
When someone says or does something unintentionally hurtful and they do it once.

That's RUDE

When someone says or does something intentionally hurtful and they do it once.

That's MEAN

When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them that you're upset.

That's BULLYING

Bullying vs. Falling Out

It's important to understand the difference between bullying and the normal 'falling out' that can happen between children at school. Often, these situations can be resolved quickly, and with a bit of help from an adult, friendships are soon restored. It's normal for children to have disagreements or one-off incidents with their friends, and these are not considered 'bullying' by the school. Instead, we approach these situations with problem-solving and restorative methods to help resolve them quickly.

We want both children and parents to feel confident in recognising the difference between bullying and common conflicts that can arise among children. If you're concerned that your child might be experiencing bullying, it's helpful to first talk with their teacher or a member of the senior leadership team to get the full picture.

PREVENTING BULLYING

At our school, we're committed to creating a safe and supportive environment for every child. Preventing bullying and raising awareness about it are important ways we keep incidents to a minimum. Through assemblies, circle time and PSHE lessons (following the SCARF Programme), we give children regular chances to talk about what bullying really is, and what it isn't, like when friends have a disagreement or a one-off argument. We always encourage children to let an adult know if they're worried about themselves or a friend. For children who find it hard to talk about their concerns, we have a class "worry monster" where they can safely share any worries and we also use the zones of regulation during registrations.

We also welcome parents to reach out to us anytime they have concerns about bullying. Our school values, Respect Achieve Together are at the heart of our school, discussed every day, promoted in assemblies, and displayed throughout our school. By following these rules and values together, our whole school community helps to keep bullying to a minimum.

Respect — First time, every time
Kind actions and words
Achieve — Do your best!
Have a go!
Care!
Together — Keep yourself and others safe.

we are here to help

Mr Lynch

Mrs Hill

Mrs Brough

Mrs Peltell - Governor

WHO TO CONTACT IF YOU HAVE ANY CONCERNS ABOUT A CHILD.

If you are worried about a child's safety, please do not hesitate to contact the DSL team straightaway. If a child is in immediate danger, call the Police on 999 or Call Derbyshire on 01629 533190

USEFUL WEBSITES

www.anti-bullyingalliance.org.uk   www.bullying.co.uk   www.kidscape.org.uk
www.nationalbullyinghelpline.co.uk