

Pre-loved Uniform - The Hub S45 Clay Cross has opened a pre loved school uniform shop in the Hub. 01246 859210
Email info@thehubchesterfield.co.uk

Food Banks - Abundant Life Christian Church – 01246 856587

Mental Health

- **MindEd For Families** is a free learning resource about the mental health of children, young people and older adults. All the courses are **FREE** for parents/carers and professionals to sign up to.
- **Mental health CRISIS Team** - 01332 623700
- **Kooth** - Children and Teenagers online counselling support <https://kooth.com>
- **Talking Mental Health**
0300 123 0542 talking@derbyhcft.nhs.uk
- **Children Adults Mental Health Services**
<https://www.camhsnorthderbyshire.nhs.uk>
This website has a lot of information about supporting children.
 - supporting children.
- <https://www.camhsnorthderbyshire.nhs.uk/adhd> for support with children with an ADHD diagnosis.

Early Help Transition Team
Beverley Hooper: beverley.hooper@derbyshire.gov.uk
Debbie Hadley - debbie.hadley@derbyshire.gov.uk
Chris Caley – chris.caley@Derbyshire.gov.uk
Community Directory Derbyshire
<https://communitydirectoryderbyshire.org.uk>

Always Heard Helpline is for children involved with children's services
Freephone helpline: 0808 800 5792 help@coramvoice.org.uk
Text and WhatsApp: 07758 670369
Online: www.coramvoice.org.uk/alwaysheard

Parental Guidance and Support

HEATH PRIMARY SCHOOL

01246 850277



Early Help Offer

Nurture group
Positive play
Nurture breakfast club
1:1 pastoral support
Family liaison worker – supporting in school and in the family home
Lunchtime play leaders
Key adult meet and greet
Learning interventions e.g. reading, maths, phonics
Parent workshops
Parent coffee morning
After school extra-curricular activities
Fare Share – weekly food bank
Second hand uniform
Additional support from outside agencies.

Domestic Abuse - 08000 198 668 - Derbyshire 24/7 helpline

<https://www.saferderbyshire.gov.uk/what-we-do/domestic-abuse/domestic-abuse.aspx>

Elm Foundation

The Elm Foundation is a local charity based in Chesterfield, Derbyshire offering a range of services appropriate to help and support women, men and children who are affected by Domestic Abuse.

Financial Support and Guidance

- <https://www.understandinguniversalcredit.gov.uk>
- Up to date information for benefits, Universal Credits etc.
- **Cost of living information**
<https://www.gov.uk/cost-of-living>
- **Citizens Advice Bureau** 0300 456 8437
- Citizens advice Service can provide free, confidential, independent and impartial advice on housing – employment – debt – benefits – consumer care issues – energy efficiency – families and relationships and universal credit.
- **Derbyshire Discretionary Fund**
Application Line 01629 533399 Monday – Friday 10am – 4pm
<https://www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/benefits-debt-and-legal-matters/managing-money-and-debt/derbyshire-discretionary-fund/derbyshire-discretionary-fund-ddf.aspx>

Parenting Additional Needs

<https://parentingadditionalneeds.org.uk>

Derbyshire Local Offer

<https://www.localoffer.derbyshire.gov.uk>

Online Safety

<https://www.nspcc.org.uk/keeping-children-safe/online-safety>

CEOP - keeping children safe online

<https://www.ceop.police.uk/safety-centre>

Internet Watch Foundation

<https://www.iwf.org.uk/eliminating-child-sexual-abuse-online-internet-watch-foundation-iwf>

