



## PE and Sports Newsletter

We had a busy term at Heath Primary, promoting physical activity. From exciting events to new initiatives, it's been wonderful to see the enthusiasm and energy across the school. Thank you for your continued support in encouraging our children to stay active and engaged.

*Miss Bradley*

**Play:** We strive to provide a wide variety of opportunities for all children to engage in diverse sports and activities through after-school clubs and events. These experiences encourage children to explore new interests, develop skills, and discover their passions, fostering inspiration and growth.

### Reception Events

Our Reception children had a fantastic start to their primary school journey, thanks to sessions with the Bolsover District Active School Network. They've loved participating in Active Story Time, where they brought stories to life through play, had great fun learning on balance bikes, and thoroughly enjoyed the play festival. We're excited for even more of these enriching events

in the new year!



Our afterschool clubs have been:

- Football (LKS2 & UKS2)

### KS2 Inclusion Festival

A group of KS2 children attended the Inclusion Festival at Shirebrook Academy, where they had the chance to try a wide range of exciting activities, including curling, golf, axe throwing, and more!

**Learn:** We strive to provide children with opportunities to participate in a variety of sports, helping them develop their skills, confidence, and passion for physical activity.

### Year 6 Playmakers Training

Our Year 6 children participated in the Playmakers training program, which combined practical activities with theoretical learning to equip them with the skills and confidence needed to become effective sports leaders.



### Bikeability

Some of our children participated in the Bikeability course, where they developed essential cycling skills and learned how to ride confidently and safely in a controlled environment.



### KS1 Fun run

Our KS1 students laced up their running shoes for the KS1 Fun Run, bringing energy and smiles all around. They developed their skills in running, pace and teamwork!

### Year 5/6 reading club

Some of our Year 5 and 6 children took part in a reading intervention led by Chesterfield Football Club. The program combined a focus on fostering a love for reading with their shared enthusiasm for football, creating a fun and engaging learning experience!





# Heath Primary School

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**Compete:** We are proud to represent HPS at various competitive events organised by the Bolsover District Active School Network, showcasing our children's skills, teamwork, and determination.

### **Football tournaments**

Our LKS2 and UKS2 children proudly represented us at the Football Competitions at Shirebrook Academy. With LKS2 placing an amazing 2<sup>nd</sup> place!

### **Team Challenge**

We had an action packed day during the 'Team Challenge'. With the winners being crowned as 56B and 56GB!

### **KS2 Cross Country**

Our KS2 children got their running shoes on and wowed us at the Cross Country Event! We have been invited to the District Final in February! Well done team Heath!

This term, we've launched our OPAL initiative, and it's already transforming lunchtimes at our school! We're committed to ensuring that children enjoy being outdoors every day, whatever the weather. Through OPAL play, they're exploring, creating, and having fun across all areas of our school grounds.

To support their adventures, please ensure your child has wellies and waterproofs in school. They're loving the freedom to explore – and getting muddy is part of the fun!



If you have anything that you are able to donate, please let us know.

To view our Play Policy, please follow the link:  
[https://heathprimary.schoolzineplus.co.uk/file/media/1130/play\\_policy.pdf](https://heathprimary.schoolzineplus.co.uk/file/media/1130/play_policy.pdf)

