Safeguarding Children Policy: Feeling Safe and Happy at School

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Feeling safe and happy at school

We want to make sure you are healthy and looked after, in and out of your school.

This policy looks at how every grown-up can help make you feel safe, and how you can spot if something bad is happening.

We can help you by:

- Only hiring people who can be trusted to keep you safe.
- Teaching you how to see if people are not keeping you safe.
- Helping you if someone does not keep you safe.
- Making sure all adults at the school know what they have to do.

Sometimes we don't know if something bad is happening, so you need to tell us.

Signed by:

_____	Headteacher	Date:	_____
_____	Chair of governors	Date:	_____

Grown-ups and other children

The grown-ups in your life are there to **help** and **care** for you, but sometimes grown-ups do **bad** things to children.

Sometimes they say and do things that can **upset** or **hurt** you.

A safe grown-up can help you, but you need to **tell them** what is happening.

Children in our school are here to learn and try their best, just like you. Most children are friendly, but some can do bad things.

Feeling safe and unsafe

Playing with your friends or a hug from your mum, dad or carer can make you feel safe.

If someone or something makes you feel **unsafe** or **frightened**, tell a safe grown-up and they will make it **stop**. You should also get to a **safe place** as soon as you can as long as you know it's ok to do so.
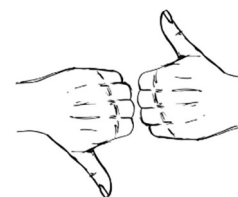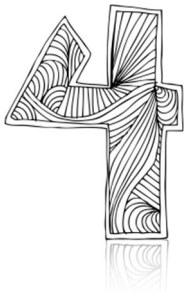
Saying no

Most of the time grown-ups know what is best for you, like when it is time for bed or eating your vegetables, but sometimes it is ok to say no to a grown-up.

If a grown-up or another child asks you to do something you know is **wrong**, like **stealing**, or if you feel **scared** or **unsafe**, you can say **no**.

It's not your fault! Don't be afraid to tell a safe grown-up.

Touch

There are **good** and **bad** touches.

Good touches:

- A hug
- Help with getting dressed
- Holding hands

Bad touches can be **scary**, **hurt** or be **rude**.

Parts of the body covered by a swimming costume or your underwear are **private**.

Unless you need help with washing or dressing, or need to see someone like a doctor, **no-one** should touch this area on your body.

If a touch makes you feel **scared**, say **no** or make a sign to the person to **stop**. You should also tell a safe grown-up.

Secrets

A **secret** is something we know but try not to tell anyone else.

A **good** secret is a birthday party surprise or knowing someone is going to win a prize.

Sometimes we have been hurt, are afraid, or don't understand what's happened. If someone says we must keep a **bad thing** a secret, that's a **bad secret**.

If you think you have been told to keep a **bad secret**, you must tell a safe grown-up. If they **don't listen** or understand, tell a different safe grown-up until someone helps you.

Telling a safe grown-up

Safe grown-ups are people who you **trust** to help you, maybe like your mum, dad or carer.

This is a list of **safe** grown-ups that children at **HPS** have suggested:

Mr Lynch, Mrs Hill, Mrs Wilkes, your own class teacher and the mid-day supervisors.

It is every grown-up in our school's responsibility to help keep you safe and happy.

You need to tell one of these safe grown-ups if something is done or said to you that **hurts** or **upsets** you. They can help you so you can feel **safe** and **happy** again.

You can tell a grown-up by:

- Speaking
- Drawing
- Making signs with your hands, face or body
- Showing or pointing to drawings or photos

After telling a safe grown-up, they can help **stop** the bad things happening, and you can be safe and happy again!

Let's make Heath Primary School a safe and happy place!