

**Pre-loved Uniform** - The Hub S45 Clay Cross-  
has opened a pre loved school uniform shop in  
the Hub. 01246 859210  
Email [info@thehubchesterfield.co.uk](mailto:info@thehubchesterfield.co.uk)

**Food Banks** - Abundant Life Christian Church –  
01246 856587

### **Mental Health**

- **MindEd For Families** is a free learning resource about the mental health of children, young people and older adults. All the courses are **FREE** for parents/carers and professionals to sign up to.
- **Mental health CRISIS Team** - 01332 623700
- **Kooth** - Children and Teenagers online counselling support <https://kooth.com>
- **Talking Mental Health**  
0300 123 0542 [talking@derbyshcft.nhs.uk](mailto:talking@derbyshcft.nhs.uk)
- **Children Adults Mental Health Services**  
<https://www.camhsnorthderbyshire.nhs.uk>  
This website has a lot of information about  
- supporting children.
- <https://www.camhsnorthderbyshire.nhs.uk/adhd>  
for support with children with an ADHD diagnosis.

### **Early Help Transition Team**

**Beverley Hooper:** [beverley.hooper@derbyshire.gov.uk](mailto:beverley.hooper@derbyshire.gov.uk)  
**Debbie Hadley** - [debbie.hadley@derbyshire.gov.uk](mailto:debbie.hadley@derbyshire.gov.uk)  
**Chris Caley** – [chris.caley@Derbyshire.gov.uk](mailto:chris.caley@Derbyshire.gov.uk)

**Community Directory Derbyshire**  
<https://communitydirectoryderbyshire.org.uk>

### **Always Heard Helpline is for children involved with children's services**

Freephone helpline: 0808 800 5792 [help@coramvoice.org.uk](mailto:help@coramvoice.org.uk)  
Text and WhatsApp: 07758 670369  
Online: [www.coramvoice.org.uk/alwaysheard](http://www.coramvoice.org.uk/alwaysheard)

## **Parental Guidance and Support**

**HEATH PRIMARY SCHOOL**  
01246 850277

### **Early Help Offer**

Nurture group  
Positive play  
Nurture breakfast club  
1:1 pastoral support  
Family liaison worker – supporting in school and in the family home  
Lunchtime play leaders  
Key adult meet and greet  
Learning interventions e.g. reading, maths, phonics  
Parent workshops  
Parent coffee morning  
After school extra-curricular activities  
Fare Share – weekly food bank  
Second hand uniform  
Additional support from outside agencies.



**Domestic Abuse** - 08000 198 668 - Derbyshire  
24/7 helpline

<https://www.saferderbyshire.gov.uk/what-we-do/domestic-abuse/domestic-abuse.aspx>

**Elm Foundation** - 01246 540464

The Elm Foundation is a local charity based in Chesterfield, Derbyshire offering a range of services appropriate to help and support women, men and children who are affected by Domestic Abuse.

### **Financial Support and Guidance**

- <https://www.understandinguniversalcredit.gov.uk>
- Up to date information for benefits, Universal Credits etc.
- **Cost of living information**  
<https://www.gov.uk/cost-of-living>
- **Citizens Advice Bureau** 0300 456 8437
- Citizens advice Service can provide free, confidential, independent and impartial advice on housing – employment – debt – benefits – consumer care issues – energy efficiency – families and relationships and universal credit.
- **Derbyshire Discretionary Fund**  
Application Line 01629 533399 Monday – Friday 10am – 4pm  
<https://www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/benefits-debt-and-legal-matters/managing-money-and-debt/derbyshire-discretionary-fund/derbyshire-discretionary-fund-ddf.aspx>

### **Parenting Additional Needs**

<https://parentingadditionalneeds.org.uk>

### **Derbyshire Local Offer**

<https://www.localoffer.derbyshire.gov.uk>

### **Online Safety**

<https://www.nspcc.org.uk/keeping-children-safe/online-safety>

**CEOP** - keeping children safe online

<https://www.ceop.police.uk/safety-centre>

**Internet Watch Foundation**

[Eliminating Child Sexual Abuse Online – Internet Watch Foundation | IWF](https://www.iwf.org.uk)

