



# Simple Fit

a web-application using Polar H10<sup>©</sup> and Polar Verity Sense<sup>©</sup>



# Changes

- Got rid of basic HTML and migrated the project to reactJS
- One page for each sensor
- There is not going to be a database
  - Focus on cloud deployment
- We decided to leave the accelerometer measurement out completely because it does not fit in our envisioned prototype
- Decided against the use of PPG data (for now), because the documentation is not sufficient



React



# Struggles and success

## Struggles

The data is still not visualized in a user friendly way

Reading the PPG measurement is difficult

Implementing ACC-Support is unreasonable

Since data is on byte level, endianness is a problem

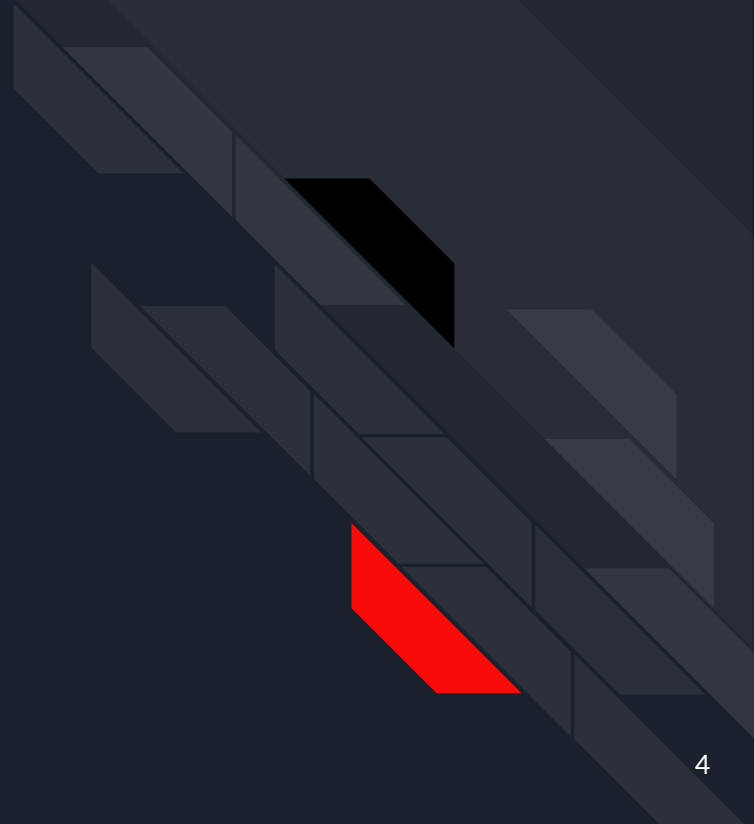
## Success

We are now able to extract all the datatypes we are going to be using

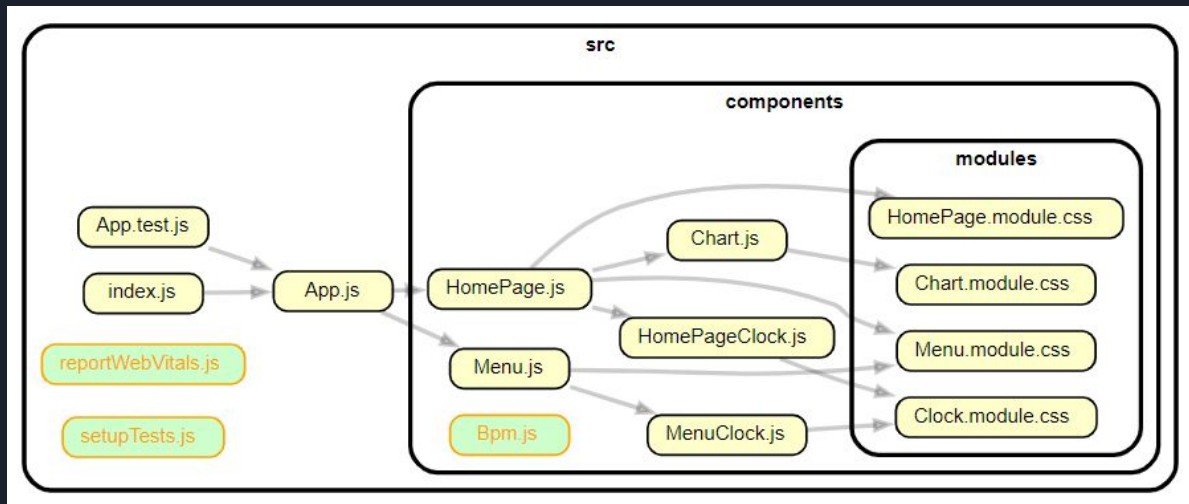
Project is now completely in reactJS

Front- and Backend are merged now

# Demo



# Architecture



This diagram was created with dependency cruiser in React JS

# Cloud service

To make our application available for everybody we will be using Google Cloud Platform (GCP)

## Reasons for GCP

- Prior knowledge
- Good service in the free version
- Unlimited free trial





# Use cases

## Medical use cases

- useful in clinical studies to measure certain body behaviors while a patient is watching their own data
- could be used to help diagnose heart diseases or detect suspicious behavior

## Athletic / general use cases

- monitor yourself in a workout to push your own limits even further
- as a trainer you can watch your athletes body performance and work on specific routines



# Surveys

In addition to our current use cases we made different public surveys for each user group

- Professional athlete/sport enthusiast
  - [https://docs.google.com/forms/d/e/1FAIpQLSdkFks3VcNdwWnPLWQcLXQ-8CT01FwwmEuig6Y7-EwNLM1MjQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdkFks3VcNdwWnPLWQcLXQ-8CT01FwwmEuig6Y7-EwNLM1MjQ/viewform?usp=sf_link)
- Medical personnel
  - [https://docs.google.com/forms/d/e/1FAIpQLSfiDv1USG6oDVYS209TNAdWYiQddj5bX7-gufE8D865\\_mBing/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfiDv1USG6oDVYS209TNAdWYiQddj5bX7-gufE8D865_mBing/viewform?usp=sf_link)





# Goals for the next Milestone

- Deploy web-application in GCP
- Visualize ECG data in a real time graph
- Visualize PPI data
- Complete and distribute the surveys
- Finish the page for the verity sense sensor



# Links

- [https://docs.google.com/spreadsheets/d/11SqF1FvS1LEMWFz0SsEXg5F3Ot5597p3i7\\_x48vym0/edit#gid=0](https://docs.google.com/spreadsheets/d/11SqF1FvS1LEMWFz0SsEXg5F3Ot5597p3i7_x48vym0/edit#gid=0)
- <https://trello.com/b/6x4HYCa9/project>